

**ONE TREE HILL**

# Grapevine

**JUNE 2020**

**VOLUME 43**

**EDITION 5**



**Community Magazine**

... I heard it through the Grapevine ...

Cover: Autumn View on Blacktop Rd / Photo Credit: Darryl Wolfendale



## READ THE GRAPEVINE ONLINE

For the online edition of the One Tree Hill Grapevine, please visit the

**WEB SITE: <http://onetreehill.org.au>**

Click on 'Grapevine', and scroll down, where you can download any editions of your choice, in PDF format back to 2011.

You can also now head to our facebook page and give it a "Like".



**One Tree Hill Grapevine**

**For submissions - NEW EMAIL: [grapevine@onetreehill.org.au](mailto:grapevine@onetreehill.org.au) or Mob: 0435 269 564**

The One Tree Hill Grapevine is published by the One Tree Hill Progress Association.

The views expressed in the One Tree Hill Grapevine are not necessarily those of the One Tree Hill Progress Association. Whilst every effort has been made to ensure that information in this publication is fair and accurate, One Tree Hill Grapevine cannot be held responsible for any content or advertisement, including errors or omissions.

## DEADLINE for the Next Edition is Wednesday 17th June

*To advertise in the Grapevine you must live in One Tree Hill or the surrounding area,  
or operate a business that provides a unique service to the district.*

## COMMUNITY MAGAZINE

The Grapevine is a great way to share local news, views and events.

A Gold Coin Donation towards the cost of the production of the Grapevine would be greatly appreciated.

Please place your gold coin donation in the Piggy Banks at:

- ◆ The General Store
- ◆ Post Office
- ◆ Fodder Store
- ◆ Pharmacy, or
- ◆ OTH Country Market



### ADVERTISING RATES PER ISSUE

#### Full Colour Pictorial Ads

1/8 page	\$40
1/4 page	\$80
1/3 page	\$135
1/2 page	\$195
Full page	\$395

#### Classified Ads (Black & White pg 22)

Single \$15 / Double \$25

## EMERGENCY NUMBERS

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Hospital: 8182 9000



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Bushfire Info Hotline (24hr): 1300 362 361  
General Business: 8280 7055



Contact us at [grapevine@onetreehill.org.au](mailto:grapevine@onetreehill.org.au)



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## From Behind the Desk...

Welcome to the June issue of the One Tree Hill Grapevine. Things are looking up with COVID-19 restrictions, but not back to normal just yet. Soccer training has just commenced, and the General Store are now operating with limited indoor dining. Hopefully as restrictions ease we can all find our "new normal".

Our cover page is a view across the grapevines taken along Blacktop Rd. I have had a lot of photos sent in from Bruce Hobby for this issue and he has been like a guest roving reporter. From his local shots I've created a couple of articles about caterpillars and fungi which I hope you'll find interesting. We had good feedback from Natasha Steen's wellbeing article, and she has shared some more wise words for this issue. David & Meredith Parker are taking a break from weed info and they have written up a nice article about a favourite hiking trail.

Our Business Booster centre pull out section initiative is still going, with some new additions, offering some free ads for locals— please support them where you can.



## COUNTRY MARKET



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## One Tree Hill Institute

### MARKET CANCELLED

*The One Tree Hill Country Market is cancelled until further notice due to COVID-19 issues.*


*Thank you to all stallholders, who have been extremely supportive of our Market in the past.*

*Stay safe every one.*

Enquiries / 0457 107 817 / [market@onetreehill.org.au](mailto:market@onetreehill.org.au)  
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# One Tree Hill Progress Association ~ President's Report

Dear Residents,

As of mid-May the One Tree Hill Institute and the Country Market remain closed. While the State Government has said that community halls can re-open, the required operating restrictions are too limiting for either normal or partial use.

It was good to see so many local businesses (that fit our normal advertising Terms and Conditions) taking advantage of the Business Booster section in the May20 Grapevine. We will be continuing this for the June and July editions, so it's not too late to take advantage of the free advertising offer. Contact the editor at [grapevine@onetreehill.org.au](mailto:grapevine@onetreehill.org.au) for details.

Thank you to Wain Walker for lowering the Australian flag and laying a wreath at the WW1 Memorial on ANZAC Day Dawn Service. Hopefully, we will be able to run a normal service in 2021, with the grateful assistance of a grant from the City of Playford to partially offset the cost of running the event.

The Association postponed the 14May20 Annual General Meeting until 7:30pm on 11Jun20; hopefully, the restrictions will allow us to meet in person. We are still in need of a secretary; please call me to discuss the role if you would like to become involved in Progress.

We have received the 2019-20 Audit Report back from Symes Accountants and everything is going well. Sorry, no updates from the Minister of Environment and Water regarding our water supply concerns during power outages, but good news about the movement of the eastern town sign, which has been completed. Traffic leaving Jordan Drive now have much better visibility of west-bound traffic.

Don't forget that you can read the Grapevine online and please check our website for any important community updates from the Progress Association or the Grapevine Facebook page for related community notices.

Kind Regards,

*Steve Huckstepp, President, One Tree Hill Progress Association  
[president@onetreehill.org.au](mailto:president@onetreehill.org.au)*

## Looking for a community volunteer role?

### One Tree Hill Progress Association is seeking a new Secretary. Could this be you?

*Come along and join our team's short and friendly meetings.  
You will be very well supported, with only minimal minute taking required, due to detailed agenda items provided by the president.  
This position would suit a person age 18+ who is seeking to make an important contribution to our One Tree Hill community.*

**Contact Steve Huckstepp, President at [president@onetreehill.org.au](mailto:president@onetreehill.org.au) / 0406 382 342**



# One Tree Hill CFS ~ Incident Report May 2020



A reasonably busy month for the two shifts this month with a couple of unusual calls. Red shift ended their second rotation with a tree down on a shed and a callout for rocks on the road in "Snake Gully", a timely reminder that there are several locations in our local area where debris is washed onto the road during stormy weather creating an extra slippery hazard during winter months.

Trees down were the order of the day for blue shift with 3 occurring in the first 3 days of the shift. One was a kerb-side tree in the township which had fallen across Jordan Drive in the early hours of Saturday the 2nd of May. The next two were on

the following Monday and both occurred on the Gawler-One Tree Hill road near Medlow Road early in the afternoon. These were all cleared quickly without causing much disruption to traffic. The only other call for blue shift was to a car versus tree on Medlow Road, this turned out to be closer to Dalkieth CFS station and their crew arrived before us placing a stop on call for the One Tree Hill appliance.

Red shift had a busy start to their 3rd rotation with 2 vehicle accidents within the first couple of hours. The first call was also for a car versus tree near the "new" roundabout, SAPOL were in attendance when our truck arrived, and our assistance was not required. Significantly, this is one of the first calls we have received to this area since the roundabout was constructed.

The second accident occurred a couple of hours later a bit further down Humbug Scrub Road with the driver lucky to escape with minor injuries after rolling their car. Although they managed to climb out of the car without assistance crews in attendance said that this could have been far worse. There was also another minor accident the following Monday involving a car, a tree and a kangaroo once again on Humbug Scrub Road. Finally, there was a call to the Little Para Treatment plant for a fixed alarm. This is a rather large facility hidden down in the valley near the dam and in this case the alarm was accidentally triggered by one of the staff.

## *Please take care on the roads*



With things slowly getting back to the "new" normal, there are a lot more cars on the roads and across the state we have seen a corresponding increase in serious traffic incidents. As you can see from the report above, we have also started to see an increase locally, fortunately without major injuries. The combination of people emerging from "hibernation" and the winter weather hitting us with a vengeance means we all need to take a bit more care on the roads.

As part of the Brigade getting used to the new mode of operating, we have taken to the Internet to maintain connection between the two shifts. The Captain has held 2 meetings online using Microsoft Teams software provided by the CFS and while there were a couple of hiccups to start off that has been a success. Training is an important part of the CFS, and many members have been taking part in online courses over the last couple of months. The good news this week from central office is that we will soon be able to re-commence practical training on a Monday night initially with only small groups from the active shift but hopefully expanding in the not too far distant future.

**For general information please contact OTH Duty Phone on 8280 7055. You can also visit the CFS website at <http://www.cfs.sa.gov.au> or phone 1300 362 361.**

*Garry Walsh, One Tree Hill CFS*

# One Tree Hill Rural Watch ~ Crime Report

Offences Reported between 20th April 2020 — 18th May 2020

Between 30/4/20 and 4/5/20	<b>Attempt Non Residential Serious Criminal Trespass</b>	Eagles Nest Drive Bibaringa	Attempt made to entry shed on property. Entry not gained. Nil Stolen
2/5/20	<b>Arson of Motor Vehicle</b>	Medlow Road Uleybury	Vehicle stolen from Munno Para and burnt out at above address
5/5/20	<b>Property Damage</b>	Humbug Scrub Road Yattalunga	Vehicle left at location after breaking down – damaged overnight by way of windows being smashed and side panels grafitted.
16/5/20	<b>Arson of Motor Vehicle</b>	Medlow Road Uleybury	Vehicle stolen from Northfield and burnt out at above address
17/5/20	<b>Arson of Motor Vehicle</b>	Medlow Road Uleybury	Vehicle left at location after breaking down. Vehicle destroyed by fire overnight.



**SOUTH AUSTRALIA POLICE**  
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As always, if you have any information to assist with any crime issues in the area please call Police Communications on 131 444.

*Darren McCue*  
Senior Sergeant First Class, ELIZABETH POLICE STATION

*One Tree Hill Gift & Post*

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# One Tree Hillians Out & About

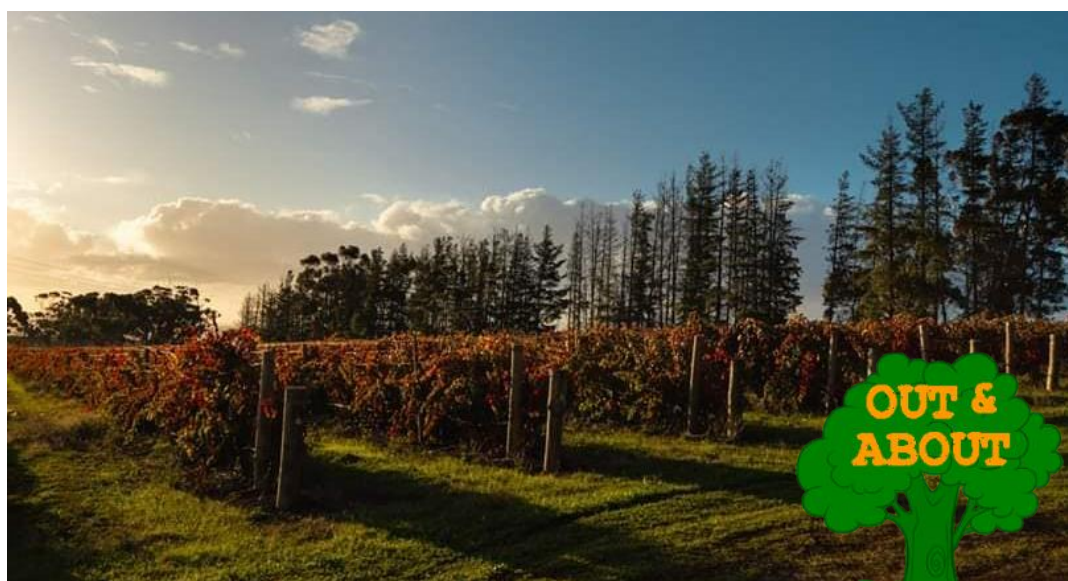
If you have any photos you would like to see in the Grapevine, please send in to [grapevine@onetreehill.org.au](mailto:grapevine@onetreehill.org.au)



*ABOVE: Chickens eat at their own dining table at One Tree Hill Primary School.  
(Photo credit: South Aussie With Cosi facebook page)*



*ABOVE: OTH Scout Group has been active across all ages every week including the school holidays, via Zoom video conferencing. (Photo credit: Bindi Hawkey)*



*LEFT: Autumn colours near OTH late afternoon. (Photo credit: Darryl Wolfendale)*

*BELOW LEFT: Training starts again at OTH Soccer Club. (Photo credit: OTH Soccer facebook page)*

*BELOW: A spiky echidna friend spotted in the area. (Photo credit: Bruce Hobby)*





# Playford Council ~ Local Councillor's Report

## HAVE YOUR SAY—Annual Business Plan 2020/21

Dear Fellow Ratepayers and Residents,

Last month the Draft 2020/21 Annual Business Plan and Budget, Long Term Financial Plan and Asset Management Plans for Public Consultation was deferred pending clarification from Minister Stephan Knoll, as per Council Resolution 4001. The City of Playford is now proceeding with the 28-day consultation period commencing from the 19th of May to the 16th June 2020, (Council resolution 4021). A Public hearing will take place as part of the Services Committee meeting on the 16th June, with options for both in-person and virtual submissions being available for the community to provide their feedback.

Please note the opportunity for in person verbal submissions is subject to change, based on any new advice on social distancing and maximum numbers in the chamber.

The City of Playford's Engagement Hub is being used as a one-stop shop for our community to have their say on the draft business plans. It provides convenient access 24/7 and is available over any browser/device. You can access the Engagement Hub at <https://playford.engagementhub.com.au/>

The Annual Business Plan and Budget incorporates a proposed 0.45% rate increase for 2020/21 raising \$370,000 comprising:

- \$313,000 - 0.39% funding State Government Waste Levy cost pressure.
- \$140,000 - 0.12% funding 11 new and enhanced services.
- (\$47,000) – (0.06%) savings from operating costs of previous initiatives.

The last eighteen months have allowed me the opportunity to work with fellow councillors and the administration staff. There has been a large amount of work done to deliver this economical budget in these difficult times and still deliver for the community. I am waiting to hear and consider all feedback before making my final decision on the rates for 2020/21. I look forward to hearing from the residents of Ward 3 and engaging in constructive discussions. Please view the document online and fill in the feedback forms. If you do not have access to the internet, please let me know and I will be happy to organise a hard copy.

As your Councillor it is my plan in the next twelve months to continue the work with fellow Councillors to drive efficiencies and savings. The two main areas that are currently in my focus are the procurement process and the asset renewal. These are two areas where significant savings maybe found and I wish to ensure the City of Playford is delivering strong financial outcomes for the ratepayers.

The relocation of the OTH Township sign near Jordan Drive was completed in early May. Thank you to the OTH Progress Association, residents and the City of Playford.

Due to the COVID-19 pandemic and restrictions the Public Consultation process for Fire Safety and Verge Mowing has been delayed. I will continue to work with staff to deliver the consultation when restrictions are lifted.

Please follow the City of Playford's internet page to keep informed and have your say during this process. As your councillor for Ward 3, I will be using my Facebook page Cr David Kerrison – City of Playford to communicate with residents.

**If matters arise that are of concern, please contact customer service on 82560333 or Visit Playford Online services or give me a call.**

Best wishes and regards,

*Cr David Kerrison / Phone: 0478283879 / Email: [crdkerrison@playford.sa.gov.au](mailto:crdkerrison@playford.sa.gov.au)*

# Fabulous Fungi Findings Around One Tree Hill

After the recent rains and cooler weather, we have entered “fungus season” - you may have noticed them springing up all over the place, and even perhaps on your own lawn. One Tree Hill local Bruce Hobby has been out hunting fungi with his camera in bushland around our district, and he recently sent me a bunch of photos to showcase his findings. There are so many different kinds, and I thought it would be interesting to share them with you.

I found an excellent fungi identification sheet (a downloadable PDF) on the SA Government’s Natural Resources website for the Adelaide & Mt Lofty Ranges region. The link is shown at the end of this article. I challenge you to go ahead and download the identification sheet to see if you can identify these!

The following text is contained in the identification chart, and is important to remember when out hunting fungi.

*Fungi play important roles in all ecosystems from our backyards and school grounds to forests, heath and deserts. Many fungi are recyclers, helping break down dead plant and animal material and putting nutrients back into the soil. Many others form essential partnerships with trees and other plants with the fungi collecting nutrients and water from the soil and passing them to roots. In return the plants provide energy-giving sugars. Fungi may be present all year round but are most common in autumn and winter, particularly following rain. It is important that we don’t damage fungi otherwise they can’t continue their important roles.*

*We know very little about the edibility or toxicity of native fungi.*

*There is no safe way you can tell which ones are safe to eat.*

**DO NOT EAT ANY FUNGUS FROM THE WILD.**

*If you touch a fungus, always wash your hands afterwards.*



FOUND AROUND HUMBUG SCRUB



FOUND AROUND WILLIAMSTOWN



# OTH BUSINESS BOOSTER

Due to COVID-19, many of our local people and businesses may be experiencing financial stress. To help combat this, and encourage local business connections, the OTH Progress Association is offering free advertising space in May, June and July editions, to local businesses, organisations or individuals who would normally qualify to advertise in the OTH Grapevine (see page 2). If you would like to take up this offer (see pg 11-13), please contact [grapevine@onetreehill.org.au](mailto:grapevine@onetreehill.org.au).

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*Article by Bindi Hawkey / All photos by Bruce Hobby*

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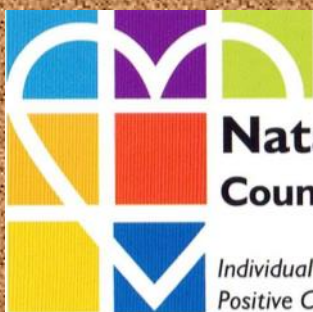
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# ONE TREE HILL SOCCER CLUB

At McGilp Oval, McGilp Rd, One Tree Hill

## PLAYERS WANTED

The goal posts are up.... Training has started and the soccer season is set to commence on Saturday 13 June.

*Does your child/children want to play soccer?*

We still have some limited spaces in teams and it's not too late to join in the fun, learn some skills, make some new friends & improve your fitness in the process.... so if you are interested, contact us!

We look forward to hearing from you!



**Call Tanya**  
**0414 828 981**

## 2020 Calendar Photo Competition

1 May - 30 June 2020



### Our Calendar.... Your Photo!

We want to give you something to get excited about! We're asking you to capture a photograph that celebrates the beauty of South Australia, for this year's Calendar Photo Competition. Your subject could be anything that makes you love where you live; get as creative as you can.

Enter your photo for a chance to win a share of **\$1,400 worth of prizes** PLUS your photo featured in our 2021 Community Calendar which will be available for sale later in the year. All **sale profits will be donated** to the CFS to say thank you for protecting us all, particularly during the 2019 Cudlee Creek bushfire.

For Terms and Conditions or more information visit **[cepropertygroup.com.au/news/competition](http://cepropertygroup.com.au/news/competition)** or call us on 0488 972 888. Good luck!

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## What's Flowering In My Garden?

The Autumn rains have come. All the paddocks are a vibrant green. The Kangaroos and new born lambs nearby are really enjoying the lush new pastures. The dam level is beginning to rise. The most welcome rain has washed off the accumulated dust and grit from all the trees and plants and now, the garden and surrounding bushland are encouraging us to take a walk to enjoy the trees, plants and birds.

Quite a few plants have burst into flower, creating patches of vibrant colour as well as nectar for the birds and the bees. Eucalyptus fasciculosa, some of the Thryptomes and some of the Correas are showing off all their bright colours and flower forms. Hakea petiolaris has been flowering for quite a few weeks now and is a delight to admire. This beautiful mature rounded plant has grown about 3 metres high and about 2 metres wide. It has large, round, tough, leathery, deeply veined leaves and it's many beautiful ball shaped flowers are borne along the old wood as well as from the leaf axils. The protective flower caps drop off to reveal small tightly compacted lime green balls that display a mauve/purple centre as each flower ball begins to open up. As the cream styles grow and stand out from the centre, the centre colour changes from mauve/purple to a soft pink and the colour develops further to a dark pink as the flower matures. A deep red/brown colour signifies the end of the flowering stage of this flower and is it often at this stage that tiny seed capsules, fertilised by birds and bees begin to appear.

With many flowers on this large open bush at various stages of development, this plant offers many shades of lime green, cream, pink and red/pink to enjoy for about 6 weeks during late Autumn to early Spring. The Honeyeaters are enjoying the nectar from these beautiful flowers and the many, many bees can be seen and heard foraging. Clusters of mature seed pods are distributed along this plant's many stems providing a safe home for small spiders and insects. This drought tolerant plant grows naturally in the Darling Range area of Western Australia and adapts well to grow in well drained loamy soil without any additional summer water. It is sometimes available from reputable nurseries and is worthwhile having as a feature plant for it's rounded shape, interesting leaf shape and colour and it's stunning colourful bird attracting flowers. Hakea petiolaris is a stunning plant to enjoy all year round.

Just Beautiful.

*Photo & Article submitted by Heather Fischer*

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# One Tree Hill Uniting Church

*Our Vision - "People of Faith, sharing God's love as we Worship & Serve in the Community"*



*Regrettably, all our Church Services, Sunday School and Monthly Fellowship Meetings are cancelled until further notice.*

**ENQUIRIES: MAUREEN 8280 7368**

*The partnership of One Tree Hill Uniting Church and Hands of Hope Foundation (HOH) is continuing to provide food relief and other services to people who are struggling in the Northern parts of Adelaide.*

*People requiring assistance from the partnership can call 0423 174 221, or can go to the HOH website, [www.handsofhope.asn.au](http://www.handsofhope.asn.au). If you would like to support the work of the partnership, please get in touch using the phone number mentioned above, or through the HOH website. The partnership continues to be guided by Desmond Tutu's inspiring words....*

*"Hope is a gift to be shared"*



**Hands of Hope  
FOUNDATION**

*We provide crisis assistance and emergency relief for vulnerable people experiencing life challenging events, through the provision of practical support and care.*

#### HOW WE HELP

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Homeless Packs	

[handsofhope.asn.au](http://handsofhope.asn.au)

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# One Tree Hill Institute Hall Hire

The One Tree Hill Institute is a beautifully maintained building with two inter-joining large halls, a complete kitchen and bar area.

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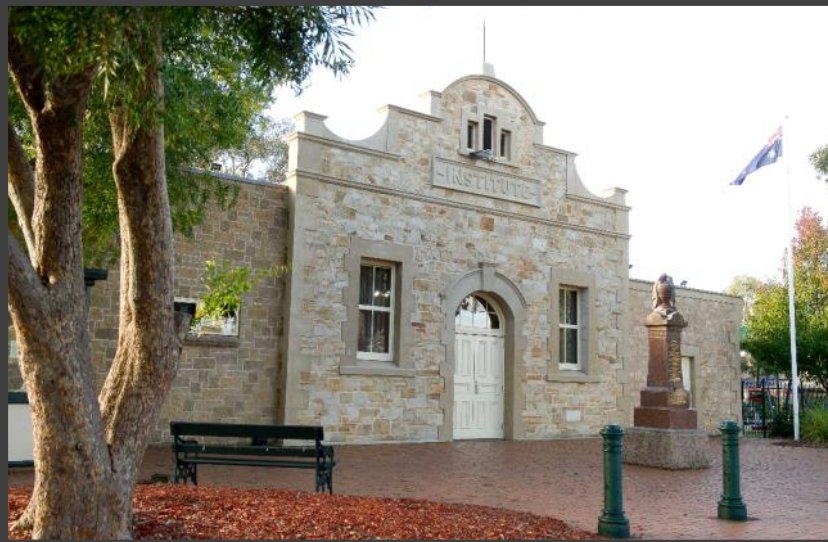
Outside you will find a sheltered playground that leads to picturesque garden areas which are ideal for photos.

The One Tree Hill Institute is an ideal location for Weddings, Engagement Parties, Birthday Parties, Reunions and Meetings.

*Why not come and have a look or check us out?*

**Ph: 8280 0000 / 0459 105 045**

**Email: [hall@onetreehill.org.au](mailto:hall@onetreehill.org.au)**



Enquiries can now be made online at <https://onetreehill.org.au/index.php/hall>



Photo credit: Walking SA web site





# Hiking the Andersen Trail near Kersbrook

The Anderson Loop trail is a lovely 8.1 km walk in the Mount Crawford Forest Reserve. The trail starts at a car park off the Little Para Road, 3 km south of Kersbrook, towards Chain of Ponds, and just over half a kilometre from the cemetery. It is a multi-use trail for walking, mountain biking and horse riding.

The trail was set up in 2017, and is part of the Mount Lofty Ranges Trails network. It is well marked with black and yellow trail markers, and can be hiked in either direction. Be sure to keep an eye out for the markers, as they may be hard to spot as the trees have grown since they were erected. The trail follows a series of forest tracks through young pine plantations, native forest and hardwood.

When we first walked this trail 3 years ago, the pine forest had been cleared, after having been destroyed in the Sampson Flat Fire, and the area was very open, quite a bleak landscape. Now the pines have been replanted and the young trees 1 to 3 metres high are just beautiful.

## ***SOME HIGHLIGHTS ALONG THE TRAIL***

The trail begins with a walk through 2m high Philarus grass along a creek flat with many new red gum seedlings. Along the way there is evidence of former Chain of Ponds dwellings with very old exotic trees, including some large pines, now ring barked to allow the native forest to flourish. Off the track but visible is Heatherdale Homestead.

There are a few gentle climbs with stunning views from the top. Good views of the Chain of Ponds reservoir and looking east, the Gumeracha weir. A delightful morning tea stop is beside to two old dams, which hold water in late winter.

Anderson Loop Trail is one of our favourite walks in the local area, and just perfect for a half day walk. More information including digital maps can be obtained from Walking SA website.

<https://www.walkingsa.org.au/walk/find-a-place-to-walk/anderson-loop-trail-part-of-mount-lofty-ranges-trails-network-at-kersbrook/>



*Article and most Photos submitted by  
Meredith & David Parker*



## Caterpillar Conga Line in Para Wirra

Recently I was sent some photos from Bruce Hobby, who came across a strange conga line of caterpillars in Para Wirra. I was intrigued by this, so I decided to do a little bit of googling on this phenomenon, and in doing so I found it pretty interesting information about caterpillar “procession behaviour”, so I thought I would share it with you.



These hairy caterpillars are the larval stage of the bag-shelter moth. They can often be found in late Summer and Autumn, in clumps around their “food tree” which is usually a wattle. Once they need to find more food, or they are ready to pupate (around May), they head off in search of another food tree or a suitable place to bury themselves and form silk cocoons to sit out the winter, before emerging as bag-shelter moths in October.



A willing leader caterpillar takes charge of the expedition, laying a pheromone trail scent, and the same species caterpillars, often in groups of hundreds, form a head to tail procession in a fascinating caterpillar conga line, blindly following their leader. If the leader stops, the caterpillars clump together and wait in a group until another one decides to be the leader. These caterpillars have been known to accidentally form an endless circle when the leaders of two conga lines pick up the trail left by each other, blindly marching for a week head to tail, before finally dying of hunger after a pointless search for food.

The hairs on these caterpillars are known to cause an itchy rash in humans so it's best not to touch them. They can be dangerous if ingested by pregnant mares and other farm animals, causing a bacterial infection in the placenta via the bloodstream. Farm animals instinctively avoid them.

So next time you see a caterpillar conga line, don't touch, but maybe wave as they pass by, and marvel at a unique display of mother nature at work!

*Article by Bindi Hawkey  
Photos by Bruce Hobby*





# Life In The Slow Lane!

## ***A Mental Health & Wellbeing Article by One Tree Hill Local Natasha Steen***

As COVID- 19 restrictions ease... We start facing the supposed return to “normal!” I could write a novel on the question of ‘what is normal’.... reality is, we all have versions of life that have probably differed a little or quite a lot since the pandemic outbreak.

Whatever your situation – why not take the time to hit pause and consider what you have liked, if anything, about life in the slow lane!

Maybe you have noticed a bit more time has crept into your week. Some of us are not missing travel time to work...yet I am sure others are longing for the bus trip to the office again! Maybe you are cherishing a routine that is less crazy and more about the small things, and the simplicity of old-fashioned community. Some families are enjoying the time to talk a bit more, play games, family movies, exercise together or undertake overdue household projects.



Others may have discovered that the technology they thought was so intimidating..... is not such a big and scary world!! Perhaps you have started connecting with friends and family in new and exciting ways. While nothing beats a face to face cuppa... there is no doubt that emails, video calls and online social media have shown many of us a socially convenient world we never knew.

Sadly, COVID-19 has had a staggering impact on our economy. This has left many in our community out of work, in strained personal relationships and with uncertain futures. It is important to remember that for some people this time has been really difficult and may continue to present challenges for their future. How quickly life can turn and throw obstacles that no one is prepared

for! Take the time to look out for others around you and know that everyone has their own story. There is nothing so difficult about asking someone if they are ok – it is not about having all the answers it is just about being there for people.

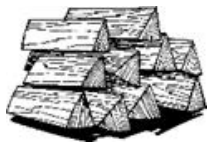
We have been fortunate with a safe, mostly jovial home and no job losses! This has enabled me to take the time to reflect on how busy and complex our lives really are. It is my hope that families consider the opportunity in this to take control and not shy away from continuing some of the things they have liked about this time. We truly can define our own lives and normal is what we want to make it.

You could ask yourself questions like.. What is important to me and how do I keep doing more of what is important? What can I/we stop? Who tells us to race around keeping up with the Jones'!? Are there different ways of keeping active? Has a period of home schooling taught me anything different about my kids that I can remember going forward? How can I be more “available” and “in the moment” with people who are close to me? Is it ok to lose a few friends! – yep perhaps you have realised there is smaller circle of people closer to you that really count and the rest are a tad exhausting with little return on investment! Do you really need to go to the shops so often? Who knows.. maybe you are contemplating a move to a regional area!? ...after all some companies are likely to allow continued work from home given the possibility of commercial dollar savings!

Whether it is challenges or opportunities... I think we can be thankful for the attention that has emerged around our Mental Health. There is still so much more our authorities need to do – but it is good to see that more information is being shared on how people can get the support they may need. Take a moment, reflect, look forward and remember you can be in the drivers seat!

*Natasha is a local One Tree Hill resident, proud Mum of 2 daughters - plus Dusty the Dog! Natasha - amongst other things - has her own Counselling and Coaching business. She has over 24 years of experience in this work and takes pride in supporting people to nurture their health by adopting simple things that really work to improve day to day living. See her details below. We can look forward to a regular Grapevine article from Natasha!*

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*Have you seen any fungi in One Tree Hill?  
See if you can identify them using the info on  
pages 10 & 11.*



## A to Z of One Tree Hill Local Advertisers ...

Angus Firewood Splitting	0412 395 017	Mr Clip Gardening	8365 8000
Bernalta Stud (Brian Hughes)	0427 910 801	NCPS Industrial Pumps	8285 2344
CE Property Real Estate	8280 0033	Olympic Drilling	0408 847 060
DN Roof Tiling & Restoration	0423 575 558	Olympic Boring	0408 847 060
ESJ Roller Shutters	0409 426 255	One Tree Hill Gift & Post	8280 0090
Inspiring Landscapes (Rick's Earthworks)	0418 829 332	Para Trees	0408 857 931
Jim's Mowing	0407 733 832	Puccini Electrical	0421 773 673
Just Wrecking Toyota	8359 4499	Rob Green Security & MSE Alarms	0419 398 346
LBE Excavations & Earthmoving	0404 109 089	Roger Girdham Electrical	0417 853 863
Leo's Concrete	0412 628 854	Wombat's Asphalt, Spray Seal & Civil	0417 456 656

## One Tree Hill Community Directory ...

<b>Council Members</b>	<b>David Kerrison</b>	<b>0478 283 879</b>	<b>OTH Progress Association</b>	<b>President</b>	<b>0406 382 342</b>
	<b>Veronica Gossink</b>	<b>0411 733 847</b>		<b>Treasurer</b>	<b>0406 382 342</b>
<b>Council Member &amp; JP</b>	<b>Andrew Craig</b>	<b>0417 016 160</b>	<b>OTH Playgroup</b>	<b>Monday</b>	<b>0426 978 262</b>
<b>Cricket Club</b>	<b>Mike Banwell</b>	<b>0415 177 955</b>	<b>OTH Primary School</b>	<b>Principal</b>	<b>8280 7027</b>
<b>Federal MP</b>	<b>Nick Champion</b>	<b>8254 2422</b>	<b>Para Wirra Conservation Park</b>	<b>Office</b>	<b>8280 7279</b>
<b>Fodder Store</b>	<b>Dean Whitehorn</b>	<b>8280 7680</b>	<b>Pharmacy</b>	<b>Shadi Ibrahim</b>	<b>8280 7890</b>
<b>General Store &amp; Diner</b>	<b>Matt &amp; Rachel</b>	<b>8280 7020</b>	<b>Post Office</b>	<b>Wain</b>	<b>8280 0090</b>
<b>Home Assist</b>	<b>Playford Council</b>	<b>8256 0355</b>	<b>Scout Group</b>	<b>Mike Branson</b>	<b>0430 422 895</b>
<b>Northern Hills Pony Club</b>	<b>Sharon</b>	<b>0401 214 950</b>	<b>Senior Citizens</b>	<b>Phil Waldegrave</b>	<b>8522 3630</b>
<b>OTH Grapevine</b>	<b>Compiler (Bindi)</b>	<b>0435 269 564</b>	<b>Soccer Club Registrar</b>	<b>Tanya Abela</b>	<b>0414 828 981</b>
<b>OTH Country Market</b>	<b>Enquiries</b>	<b>0457 107 817</b>	<b>State MP</b>	<b>Paula Luethen</b>	<b>8288 8218</b>
<b>OTH Institute Hall</b>	<b>Enquiries &amp;</b>	<b>8280 0000</b>	<b>Tennis Club</b>	<b>Garry Evans</b>	<b>0415 399 658</b>
	<b>Bookings</b>	<b>0459 105 045</b>	<b>Walking Club (Walkie Talkies)</b>	<b>Helen</b>	<b>8280 7035</b>

## Playford Council Contacts ...

24hr Emergency & Lost/Found Dogs 8256 0333

General Enquiries & Burning Permits (Seasonal) 8256 0333

Email: [playford@playford.sa.gov.au](mailto:playford@playford.sa.gov.au)

When telephoning council with request please remember to get a Customer Reference Number (CRN) to ensure registration and easy identification of your communication.

Contact us at [grapevine@onetreehill.org.au](mailto:grapevine@onetreehill.org.au)



# WHAT'S ON



Due to COVI-19 virus, most community events are currently suspended or cancelled.

The situation is changing rapidly so please make direct enquiries with event organisers.

## COUNTRY MARKET



• CRAFT • COOK • GROW • FRESH

**NEXT MARKET DATE TBA DUE TO COVID-19**

One Tree Hill Institute

Blacktop Rd, One Tree Hill

New stallholder enquiries welcome.

0457 107 817 / [market@onetreehill.org.au](mailto:market@onetreehill.org.au)

## Mobile Library



*This service has been replaced by a temporary home delivery service. Please Contact them Monday-Friday, 9am-5pm on 8256 0333 or email [library@playford.sa.gov.au](mailto:library@playford.sa.gov.au)*

## Next OTH Progress General Meeting

AGM - Thursday 11th June @ 7:30pm

OTH Institute, Black Top Rd, One Tree Hill



## CANCELLED UNTIL FURTHER NOTICE DUE TO COVID-19

For children 0-6yrs – Learn through play! Children have fun, learn and develop new skills and explore through play, painting and arts and craft.

Inside and outside facilities at the One Tree Hill Institute.

New members always welcome.

**Contact: Monday: Charlotte 0426 978 262**

## SENIOR CITIZENS

If you are over 50 years of age you are welcome to attend the One Tree Hill Senior Citizens. Our senior members of our community and surrounding neighbourhood meet:



## CANCELLED UNTIL FURTHER NOTICE DUE TO COVID-19

There is a variety of activities to come along and enjoy. Their favourite being Carpet Bowls! Wonderful company, general chit/chat and a great environment to spend your Tuesday afternoons. All welcome.

**Contact: Phil Waldegrave on: 8522 3630**



## OTH Grapevine June Edition Deadline

**Wednesday 17th June**

[grapevine@onetreehill.org.au](mailto:grapevine@onetreehill.org.au)

**Bindi / 0435 269 564**