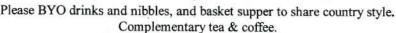


This monthly newspaper is published by the One Tree Hill Progress Association. Its purpose is to share local news, views and events. We want to encourage local people and groups to share what they are doing and to pass on items of interest to one another. A 50 cents donation to the cost of printing the Grapevine would be very much appreciated. (Donation tins are available in some of the local shops). We are happy to include some advertising from local businesses, and small classified Ads from individuals. Please contact Jill McLatchie, ph 8280 7214 for details of the cost. Maximum size for advertisements is one quarter of a page. Deadline for the next issue is Wednesday May 27th 1998 at 6.00pm at the Deli. Please leave items in an envelope marked Grapevine at the General Store well ahead of the deadline if possible.









### ONE TREE HILL COUNTRY FIRE SERVICE

ALARM CALLS ONLY in the OTH district 8280 7000 (24 hours) Fire station enquiries during fires 8280 7055 General enquiries (after 5pm) 8280 7206 or 8280 7059 Fire ban Information CFS Headquarters (24 hours) 82971000





To be held on Saturday May 2nd 9.00am until 2.00pm.(approx.)

Come and enjoy country produce, craft, bric a brac, plants, good things to eat and much more! See you there! If you want to book a site (and if there are any sites left) phone June on 8287 3306.



#### **EDITORIAL**

mean you are not happy with Grapevine? Please let us know how you would like this improved if this is the case.

I would like to get lots of imput from everyone in the community, stories, jokes, letters, information, because this is YOUR newsletter. You can leave items for me at the General Store in an envelope marked Grapevine, or fax it to me on 8280 7214 or send it via the email <imclatch@camtech.net.au>.

Adverts are very welcome too. In fact without the support of our advertisers we wouldn't be here so please support our local people, you are sure of good service then. It is very disheartening I am sure for our local shop keepers when people prefer to go elsewhere rather than shop locally. Even more disheartening is when local people make a point of telling this to the shop keepers concerned. Don't lets spoil each others day!

#### HEARD ON THE GRAPEVINE

Simon is very worried because people keep coming in to the shop when the fire siren goes off and ask him where the fire is and he doesn't know! He is thinking about climbing on the roof with his binoculars! And while we are on the subject of the shop, who was it who couldn't find the toilet paper recently! Could have been the See you at the Bush Dance on May 30th. same bloke whose belt broke once and left him in an embarrassing state!

Welcome to all new members of our community whether you've just moved here or been recently born! It would be nice to know your There is a great man who makes every man feel small. But the names so we can welcome you properly, but we hope you enjoy life really great man is the man who makes every man feel great. in One Tree Hill.

#### ONE TREE HILL PROGRESS ASSOCIATION

We seemed to have a few Grapevines left this month. Does this The April meeting, as usual, covered a wide range of topics. Of particular interest were the condition of Black Top Road, (near the Electricity sub-station) and the recent proliferation of grapevines in the One Tree Hill area.

> In March we wrote again to Transport S.A. about the very poor condition of the road surface on sections of Black Top Road. We recently received a reply similar to ones we have received before. The gist of it is that it's on the list and they'll get around to it when the money's available. Doesn't sound very hopeful.

> There was also considerable discussion regarding the increase in grapevine plantings recently. Concern was expressed that the extra water required would further reduce the flow in bores which many people rely upon for their water supply, some of which are already showing evidence of lower water tables. We'd like to hear your views on this as it appears that there's little control over new bore drilling or even accurate records of where the bores are.

> The May meeting, on May 21st, is the A.G.M. Come along and join us, we promise not to dob you in for anything, not on your first visit anyway. Following the AGM (which will be a short meeting) Annette Hurley, MHR, will address us about the proposed landfill site on Medlow Road.

Gordon Cooksey, President.

#### CHINESE PROVERB

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#### MEET OUR COMMUNITY

#### Sylvia and David Rowe.

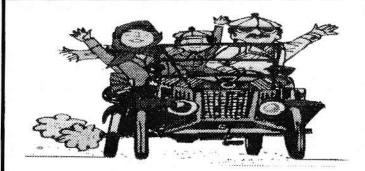
Sylvia and David are the owners of the latest shop in One Tree Hill, a furniture shop, situated next to the Fodder Store and the Pump shop. They have lived in the area for eight years. Sylvia was born in London, coming to Australia as a baby of 18 months. The family lived initially in Adelaide, but moved to Riverton, then Elizabeth, to New Zealand, England, and then back to Australia. David was born in Adelaide, but he moved around a lot as a child too, going from Adelaide to Darwin, to Port Augusta, and then Elizabeth. David was second eldest in a family of six children, leaving school at thirteen to look after his sick mother. He began in the carpentry business when he was fourteen and has been working as a carpenter ever since except for a brief period when he had a bobcat.

Sylvia began work in Australia at Foodland and then became a veneer stitcher in a carpentry business where she met David who was her supervisor. They have two daughters, their youngest, Delvene goes to Trinity College.

David specialises in furniture made the old fashioned way, solid, and strong with dove-tail joints. He uses Baltic pine, treating it with shellac, then tar and then more shellac, finally rubbing it down to give it a special baltic finish. David will do special orders for people, bookcases to fit your place, kitchens, built in robes, amongst other cabinet making needs.

When not busy with carpentry, David and Sylvia enjoy travelling and gardening.

(Thanks David and Sylvia for sharing some of your busy life with us - Editor)



## ONE TREE HILL PRIMARY SCHOOL CAR BOOT SALE

SATURDAY 23RD MAY 1998

#### CLEAN OUT THE GARAGE

Time to get rid of that unwanted 'stuff' that takes up valuable space in your garage or house. We'll rent you a space in the school grounds for \$10 and all you have to do is open up your boot and sell! We won't even ask for a % of your sales....although any further donations will be gratefully accepted. Weather permitting we are proposing the BOOT SALE for Sarturday 23rd May. Make the school holidays a time for the children to gather up all their unwanted gear too! Your discards may be someone else's 'new treasures'.

All enquiries and bookings from April 27th Phone: 8280 7027

#### ENVIRONMENT WORKING GROUP

Last month I put in a call for people who might be interested in some environmental working bee projects around One Tree Hill. The aim is to identify a number of projects that we, as a community, can work on over a period of time, perhaps even attracting some funding for materials required. Those who have responded will be meeting on Monday May 11 at 7.30pm at the home of Ann Davenport - opposite the OTH Church and Graveyard in the township. We'll use this initial meeting to discuss project ideas and strategies. Please come if you are interested. The more the merrier! If you can't come but would still like to be involved in some way, keep a look out in the Grapevine newsletter as we will let everyone know of plans and action days, so that others can join in as they are able. For more information ring Ann Davenport on 8280 7188.

#### MEDLOW ROAD LAND FILL

Yes, it's on the Council agenda again. However Progress Association has not had any response to concerns it submitted to Council after perusal of the Environmental Impact Statement. It appears the Playford Residents Against Garbage Dumps Action Group has not received a satisfactory response consequently, they are renewing their action against the proposal and urging other residents to assist their cause.

Progress Association has invited Annette Hurley to our AGM on Thursday May 21 (7.30 pm in the OTH Institute) in the hope that she may be able to find some answers.

#### **PUZZLE CORNER**

Which is the odd word out and why?
RUE RUCTION ANT RAIN RUDE ABLE

# ONE TREE HILL **GARDEN CENTRE**

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#### SIMON'S PET CORNER

Simon reports that his chicks are nice and fat and doing well. Soon he will have to weigh them as part of his project. It seems he has only one rooster after all, as the others combs have not matured.

Are you having a millipede problem? Quail and Guinea Fowl will eat these pests!

Simon's planning to put his two gorami fish into separate tanks for two weeks to enable them to ripen prior to mating. Then they will be put back together. The male gorami wraps his body around the female, squeezing her so that she lays her eggs, which he then fertilizes. The male makes a bubble nest from his saliva and he THANKS FOR DONATIONS! pushes the eggs into it. He then guards the nest ferociously. Simon plans to take the female out as soon as she has laid the eggs because the male will attack even her. More on this next month!

Simon has 6 new fish, 2 giant danios, 2 zebra danios with long fins and horizontal stripes and 2 peppered cat fish. He also has two bronze catfish which love each other.

Simon has had problems with his pump which he hopes to fix soon. A pump is essential equipment to give the tanks oxygen.

Simon is busy trying to decide which unusual pet he will be taking to the Pet Competition at the Rural Watch Animal Jamboree. He is not sure whether to take one of his pigeons, a skink, or spend time looking for spiders! We will have to wait until next month to find

Simon won a lot of prizes with his pigeons at the Mount Pleasant Show, including Champion Medina, Best Utility, Best Young Utility, Best Magpie, Best Young Magpie, Best Birmingham Roller, Best King and Best Young King. At the end of May the Racing season starts. He has a white pigeon which stands out on the roof of

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the pigeon loft and calls all the racers in.

Emerald and Pippa, Simon's budgies are talking at last and sharing a cage together. Emerald has stopped talking which Simon thinks is a good sign because it shows he is concentrating on breeding instead!

Have you seen a turtle wandering about? The turtle that walked in last month has wandered off again! Simon says he saw heaps of turtles at the South Para reservoir.

Lets hear news of your special pets! Write to the Grapevine and tell us about them or phone Jill on 8280 7214

Special thanks to Vic and Sheila Olley for generously sponsoring 100 copies of the Grapevine this month!

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#### WALK AGAINST WANT

I would like to thank the following One Tree Hill people for the generous support they gave me in the recent Walk Against Want.

Jim Dahl, Heather Fischer, Ann Davenport, Eric Leiper, Sybil Winsor, David Axon, Simon Salter, Christian Kimberley, Anne Faraonio, Phil Squire, Linda Kean, Mark Kean, Helen Duncan, Viv Turner, Irene Peryman, Wendy Altschwager, Peter Beeby, One Tree Hill Fodder Store, Chris Myles, Lance Walter, Dean Gibb, Stuart West, Keith Gooley, Ivor McLatchie, Pam Farrington, Terry Hemmings, Doug Winsor, Sarah Cooksey, Brian Hatcher, Mick and Chris Adley, Lea Stevens and Martin Lindsell. (I hope I haven't missed any one out!)

Thanks to your generosity, I was able to raise \$290 for Community Aid Abroad.



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#### **GARDENING NOTES**

Know your area.

The gardeners knowledge of the climate in their own specific area is the basis of contented gardening for, unless climatically suitable plants are selected there is only disaster ahead.

If moving to a new locality, even within a known city (One Tree Hill is very different to say Norwood) take time to determine what is doing well, e.g. bore water, hot north winds, cold southerly, soil

If you have moved to an established garden, let the four seasons come and go before deciding what has to be replaced.

In our area, with summer temperatures consistently over 30 °C, and in winter down to freezing, then tender tropical plants or delicate introduced species must be avoided until there is plenty of protection. There are loads of suitable varieties at the One Tree Hill Garden Centre.

Don't forget your potted chrysanthemums and other gift ideas for Mother's Day from the One Tree Hill Garden Centre.

#### **ROTARY CLUB OF TORRENS VALLEY**

A representative of the TORRENS VALLEY ROTARY CLUB recently attended the district 9500 conference in Swan Hill Vic. along with our hosted student Indah. One of the highlights was a presentation by ROMAC (ROTARY OVERSEAS MEDICAL AID COMMITTEE). Max Walker who is a patron of this charity spoke to the 750 delegates along with the organiser, Rotarian Barrie Cooper, and one of the plastic surgeons involved. One of the most notable of the aid given by this group was the separation some two years ago of the Bosin twins from P.N.G. The audience was then suprised to have the twins walk on stage! Not a dry eye in the

District 9500 is now joining this project.

Another highlight was when it was announced that the district govenor had asked the 19 hosted students if they would like to do something for the delegates, only one put up their hand, and then in traditional costume Indah came on stage and performed an Indonesian dance. It made a host dad very proud.

See you all at the sausage sizzle on Market day.

Any questions about Rotary or requests for assistance should be directed to President Viv, or Secretary Ron, or our Community Services Director Jim Dahl, ph.8280 7284.

Meets: Each Wednesday, 7.00pm for 7.30pm.

At: Blacksmith's Inn, One Tree Hill.

Contacts:

President Viv Turner, ph 8280 7571 Secretary Ron Harrison, ph 8389 3179.



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#### **MATTHEW HAYDENS UPDATE**

The community of OTH is extremely lucky. And why are you so lucky? Well, month after month, year after year, a small but dedicated group of locals produces one of the best newsletters (The Grapevine) for your pleasure, the local Progress Association tackles issues which impact upon your community both big and small, voicing objections and/or support, and one of the best local markets takes place here in OTH every month and the list goes on and on. To those people who take the time to become involved I should like to say thank you and keep up the good work.

There is one common denominator in all groups/organisations that operate throughout the country, and that is people, individuals, volunteers, whatever description you wish to use, it is the giving up of one's time, unselfishly for the benefit of others that allows so much to happen, and yet how many of us could with a little effort contribute just one hour a week or month, which could lighten the load of those already committed and assist the cause of your preferred organisations/groups.

It was very disappointing to read in the April Grapevine about another break-in at the OTH Playgroup, and Mike Stevens and I are seeking budget money for an upgrade, let's keep our fingers crossed.

Last month Mike made mention of the Horse Trail on Blencowe Rd now being open. Unfortunately this is not the case, and no fault of Mike's. I had been seeking confirmation that the trail had opened when a letter arrived from Council stating a number of difficulties, which can be overcome, but further funding is holding up the completion. This is now my third year attempting to get this project up and running, and I am determined it will not take a fourth.

The latest on Mobile Phone Towers: a) Telstra is currently assessing the possibility of locating its tower on the existing CFS site. b) The Kaiser Drive site is no longer considered an option. c) The Optus proposal on Precolumb and Johnson Rd's will not proceed at this stage.

A sign I intend to place above my desk.

ANOTHER DAY ENDS-All targets met All systems working All customers satisfied All staff eager and enthusiastic All pigs fed and ready to fly

Until June I wish you all health and happiness.

Kind regards Cr. Matthew Hayden Ph:8287 7020

#### CHILDREN'S CONTRIBUTIONS

We've had wonderful contributions from Anna Pain's class and Julie Tauba's class at the One Tree Hill Primary School. I don't have room for them all this month, but I will try to use them in future editions.

On Thursday I went to my cousin's birthday with the whole family and my Nanna and my Granddad and my Aunts and Uncles. We sang happy birthday to my cousin and we played chasey. Then we went home. Then I went to bed. By Steven

On the weekend my family went to the market and I got a teddybear. After the market my brother and I and my Nanna went to the park. We had fun. By Kayla

#### KIDS JOKES

When were there only 24 letters in the alphabet? Before U and I were born!

What would you get if you crossed a rabbit with an insect? Bugs Bunny!

#### WILDLIFE REHABILITATION

#### What is rehabilitation?

Rehabilitation is defined in the dictionary as; 'help to readjust to society after a period of illness, imprisonment etc'. Also; 'to restore to former capacity'.

In biological and conservation circles there are often conflicting opinions on the value of wildlife rehabilitation. Concerns are raised by ecologists and government agencies with regard to the genetic pool, potential spread of disease by released animals and stress to individual animals. Rehabilitation can also be costly and some conservation agencies believe that these resources would be better spent elsewhere.

Wildlife rehabilitation is supported by arguments, such as the moral responsibility, the value of the individual animal and the species, the knowledge and skills gained from rehabilitation and release process.

The indirect contribution of wildlife rehabilitation to the conservation of wildlife can be very significant. Membership of wildlife groups involved in hand rearing and rehabilitation are growing. This means more contact with our native wildlife for many Australians, neighbours and friends of wildlife rehabilitators, school groups etc.

Rehabilitated animals can be used as living tools for conservation to educate the public and bring awareness of loss of habitat. A better understanding of wildlife issues will help preserve our endangered and vulnerable animals and birds. In One Tree Hill many people are involved in caring for native animals and birds. Let us hear about your experiences, write to the Grapevine and spread the word!

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#### LOCAL HISTORY NOTES

A post office was established in One Tree Hill as early as 1858. The post office was located on the top of the hill on the road that lead past the inn and it formed the nucleus for the village. Before this, postal matters had been handled by the One Tree Hill inn. The store boasted a large cellar (is this still there Simon?) which was used to store local produce and wine. The first postmaster at One Tree Hill was Francis Buttfield, who was succeeded by R. Fiebig.

In November 1877, a stone store room was built on the site. The store room was demolished to make way for a new group of shops in the 1880's, while the post office building was incorporated into the new construction. It appears the roofline was substantially altered at this time.

This building is recognised as having heritage value since it was the first post office and store. It also helped establish One Tree Hill as a township. (History notes researched by Jill McLatchie)

#### M.U.M. GROUP

Our next afternoon tea will be on 4th June. We have invited the Rev. Mark Boyce to speak to us, and now extend the invitation to one and all to hear him! Mark is the hospital chaplain at the Lyell McEwin Health Service, and is also a trained psychiatric nurse. His relaxed, easy, matter-of-fact manner is sure to make for an interesting, entertaining afternoon. As always, we meet at the back of the One Tree Hill Uniting Church, no cost, afternoon tea supplied, and a free creche. Make a note of the date now - Thursday 4th June, 1pm for a 1.30pm start. We look forward to seeing you there. For more information phone Sally 8280 7683.





#### THE GREAT TREE HILL SHORT STORY COMPETITION

The following story won third prize in Section Two of the Great One Tree Hill Short Story Competition:



### Humbug Scrub by Pamela Brombal, aged 14.

Dear Mother,

Hello it's Frank here. How have you been? I hope you are well! Dad and Vanessa are fine and healthy. I am well also but I'm a little heart broken. I miss you very much mother. I wish you could be here with us. We are now living in the Humbug Scrub. It is very hot down here. Is it hot in Italy? All of us have been working very hard to establish a life style. Dad and I have been grazing the land to put crops on soon. We have 10 cows and 12 sheep and 3 horses. I can't really remember how many acres we have but I think we have about 2000.

Vanessa and I both really like school. I am finding English really easy. My favourite subject is Geography. Its really fun. We are learning about the land and stuff.

The house is okay. Vanessa has been keeping it tidy and she has been cooking very nice food. Every day after school Vanessa and I ride to the General Store on horses to buy stuff for dad and us. I really enjoy riding the horses. In Australia there is so much open space that we can ride just about anywhere.

When are you coming over to live with us again? Hopefully it's soon. I look forward to your reply.

Love you lots and lots. Dad and Vanessa give their love also.

Love Frank.

xxxxxxx

Dear Frank,

Thank you for your letter. The Humbug Scrub sounds wonderful! I can't wait to get there. You know that I will come over when your father has enough money to send me over. Hopefully that will be soon. Sorry this letter is short but I don't have time.

Send my love to everyone.

Love you always

Mother

xxxxxx

#### Dear Mother,

Thank you for your letter. Father said to say that he is earning a lot of money and soon you will be with us again. I really love it here and so will you. It's so beautiful and open.

This is really exciting!! Here is your money to come over!!!!! Thats from Dad and all of us. We have been working hard to get you here.

Hopefully the next time we hear from you will be when you come here.

See you soon

Love always

Frank.

Their mother got to the Humbug Scrub safely and was very overwhelmed to see them all. The Humbug Scrub (now One Tree Hill) was and still is a wonderful, beautiful place to live!!!!





























Thanks Pamela for your story, the last of our prize winners in the Great One Tree Hill Short Story competition for 1997. Now is the time to be planning your entry for the 1998 competition. Remember your entry should 800 words or less and must be set in One Tree Hill either past, present or future. The competition closes at the end of August, so start writing NOW.

#### PEST PLANT OF THE MONTH

#### Salvation Jane

After the recent heavy rain we had you can expect the Salvation Jane to begin to germinate. For anyone who doesn't know what this plant looks like, it grows to be a tall plant, about 1 metre in height, with a rough coarse hairy stem, and has bright blue-violet flowers. The sepals of each flower contain four seeds. It is unpalatable to stock and poisonous to horses, fast growing and a prolific seeder.

The seed is hard and persists for at least 10 years in the soil. Rosettes have a short dormant period in the coldest part of winter. Flowering begins in early spring and continues until stopped by summer drought. This plant can replace more useful plants in heavily grazed pasture leaving bare ground when it dies back in

summer.

The aim should be to prevent the spread to clean properties, contain infestations, reduce density by preventing seeding and exhaust seed reserve in the soil.

Sale or transport of produce contaminated with Salvation Jane is prohibited throughout the state. Don't do what someone in One Tree Hill did once, and grow this plant for your bees!..Yes it really happened!

Now is the time to spray when the plant is at the rosette stage, or you could cultivate the ground and sow a cereal crop to encourage competition. Sheep are also useful in control of this pest plant.

#### POETS CORNER

Mother

What do I do for a living? Well for living I breathe air, It gives me life, and love I also breathe in And out for I like to care.

I am:

A cook, a caretaker, A teacher, a linguist, A hairdresser, a dressmaker, A gardener, a psychologist, A writer, an artist... Ta da da da da I am who I want to be And that is "me". I tickle my fancy, Nothing wrong with making oneself happy! I got my training from life, Experience is my greatest teacher, The proof of my training is "life" For I gave it to become a mother. Why waste my precious time In schools to learn theories For all those professions are mine, And benefit my children who are no "dummies". Yes, that is what I do for now,

I glorify myself and All Mothers
who are good listeners and observers,
Let the voice of Mothers be heard
For they are the "belly" of the world
In more ways than one.
Let us not forget too soon where we come from
Respect and recognise our Mum.

I am glad to say "I am a Mother".

CHANTAL copyright 1992
A gift to all Mothers for Mothers Day.

#### **RURAL WATCH NEWS**

During the last month there has been a dramatic drop in criminal activity within our area. There has only been a total of four incidents reported between 15/3/98 and 18/4/98 and these are as follows:-

- 1.16/3/98 Hotel break. Alarm activated and offenders decamped.
  2.18/3/98 Shed break and larceny. Institute Playgroup. Padlock cut and toys stolen.
- 3.21/3/98 Larceny Kentish Road. Vehicle broken into and radio stolen.
- 4.9/4/98 Shedbreak and larceny. Alexandra Ave. Bibaringa. Door open and television stolen.
- I have also received several phone calls regarding suspicious vehicles in the area. The details have been forwarded to the Elizabeth CIB for follow up.

I would also like to thank all the people involved in the organisation of the Animal and Pet Jamboree especially the committee members Neil Smith, Brian Hatcher, Lance Walter and Roger Zeuner. Without the support of these people, events like this would not have gone ahead.

Darren McCue, Police Co-ordinator.

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INTRODUCING

# SLIMTONE SEA CLAY BODYWRAP

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We invite you to come in and talk to our friendly professional staff.

Ph:82559522
For your appointment.

Craigmore S/C Yorktown Rd. Craigmore



#### BLACKSMITH'S INN SOCIAL CLUB

Bonfire Night and fireworks
Saturday May 23rd
Entertainment for kids from 5.00pm.
Food, drink available.
Bonfire lighting at 6.00pm
Two firework shows at
7.00pm and 8.00pm.

Free admission and everyone is welcome!

Hopefully we will have good weather, unlike the day we wanted to go crabbing which had to be cancelled.

#### LETTERS TO THE EDITOR.

The following letter was passed on to the Grapevine by Albert Baggs as he thought other members of the community would be interested.

#### Dear Mr Baggs,

I refer to your telephone call to this office on 4th March 1998 following our recent conversation on Radio 5DN regarding the condition of Black Top Road, One Tree Hill and Yorktown Road, Craigmore. I requested Transport SA to investigate the condition of both of these roads.

Transport SA has advised that undulating road conditions are caused by the movement of reactive soil due to changes in the moisture content during different seasons of the year. In the interests of road safety, warning signs are installed to advise motorists of the condition of the road until remedial action can be undertaken.

The interests of all road users are considered on a State-wide basis when determining the priority of particular projects. This approach ensures that the funds available are allocated to the projects where the greatest benefit can be provided for the community as a whole. To this end, I have been advised that funds for the current financial year are already fully committed.

However Transport SA recognises the importance of repairing these roads in the longer term and as such will program remedial treatment when funds become available.

In the meantime if you wish to discuss this matter further, please do not hesitate to contact Transport SA officer, Mr Stephen Pascale, on telephone number 8226 8324.

Thank you for bringing these matters to my attention.

Yours sincerely,

Diana Laidlaw MLC Minister for Transport and Urban planning.

#### CHILDREN'S CONTRIBUTIONS.

We've had wonderful contributions from Anna Pain's class and Julie Tauba's class at the One Tree Hill Primary School. I don't have room for them all this month but I will try to use them in future editions.

On Thursday I went to my cousin's birthday with the whole family and my Nanna and my Granddad and my Aunts and Uncles. We sang happy birthday to my cousin and we played chasey. Then we went home. Then I went to bed. By Steven

On the weekend my family went to the market and I got a teddybear. After the market my brother and I and my Nanna went to the park. We had fun. By Kayla

#### **ANSWERS TO PUZZLE CORNER**

CONST - will precede any of these words to form another valid word, with the exception of RUDE. So RUDE is the odd word out.

#### VETERINARY NOTES FOR MAY CATS WITH OVER ACTIVE THYROID GLANDS

Most of us would love to be able to eat more and still lose weight, but when this happens in older cats, it could be a sign of problems with their thyroid gland. In recent years hyperthyroidism (an over active thyroid) has been identified as a disease of cats. Although this occurs mainly in older cats, it can be seen as early as three years of age.

Thyroid hormone plays an important role in the rate at which cells in the body work. Too much thyroid hormone, and the cells burn energy too fast. Many of the signs of hyperthyroidism can be related to body functions going faster. Higher heart rates, increased appetite but loss of weight, and urinating, increased drinking, diarrhoea, anxiety, rapid nail growth and poor coat may be seen in these cats. The thyroid glands themselves, which are situated half way down the neck on either side of the windpipe, may also be swollen.

A blood test is used to cofirm the diagnosis. Treatment options include, drugs which reduce the thyroid function, which must be given daily and can cause long term side effects, removal of one or both of the thyroid glands, or radioactive iodine.

A point to remember, a healthy appetite does not always mean a healthy cat.

IDr Alan M.Irving, Al-Ru Farm

#### **NEIGHBOUR PROBLEM?**

Do you own a tree which has fallen on to a neighbours property and caused damage? For you to be responsible under the laws of negligence, it would be neccesary for your neighbour to show that you knew that the tree was dangerous and that it may cause damage. Your neighbour would have to show that the danger had been drawn to your attention, and was supported by expert opinion. The tree owner is not responsible for leaves blowing into a neighbours property by the wind. However if the tree is poisonous and the leaves hang over the boundary then the tree owner could be responsible, for loss or injury to stock. (Information from the Legal Services Commission.)

## ONE TREE HILL SENIOR CITIZENS CLUB

As stated in my last report, re the Meningie trip, it proved to be a success, we had a full coach of 49 made up of club members and friends. At Meningie Hotel a two course lunch was provided, which was very good. Then on the coach to go to Narrung, passing the aboriginal settlement and the church

# Is Weight Your Worry?

<del>,</del>



Tell us what it feels like!

Tell us what you need!

#### A PHONE IN FOR -

People or carers of those

concerned about body shape and putting on weight

ব ইৰা ৰামা কাৰা বাৰা বাৰা মাধাৰ মান্ন বাৰা ব্যাবাৰা বাৰা

or prone to bingeing and starving

or who use laxatives or induce vomiting for weight control

BREAK THE SILENCE! BREAK THE DESPAIR! & SHARE YOUR SUFFERING!

The Phone In is about finding out what services and support systems you want in the North!

Speak to a Community Nutritionist at

Northern Metropolitan Community Health Service

4 May 1998 - 9 am to 5 pm Kirsten 8396 1345

6 May 1998 9 am to 5 pm Julee 8254 1444 7 May 1998 9 am to 5 pm Pauline 8282 1206

7 May 1998 · 9 am to 5 pm Pauline 8282 1206

# Taarnby&Taarnby

### THINKING OF SELLING?

RECENT SALES HAVE LEFT US SHORT OF PROPERTIES IN THE ONE TREE HILL AREA WE HAVE REGISTERED PURCHASERS WAITING TO INSPECT YOUR PROPERTY

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FOR A FREE NO OBLIGATION MARKET APPRAISAL PHONE FRANK NOW 8250 4444 OR 8238 8287 LET MY EXPERIENCE BE YOUR SUCCESS

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SHOP 18, PARAFIELD PLAZA SHOPPING CENTRE,

SALISBURY HIGHWAY, PARAFIELD GARDENS. SA. 5107.

which you will see depicted on the \$50.00 note. On to the ferry at Narrung and then home.

Our Easter Lunch again was very good, many thanks to the ladies. The table decoration competition was won by Gwenda Prew.

The ten pin bowls this month was won by Hazel again!! with Reg, second, and Trevor, third, followed by a good lunch at the Grenfell Centre.

Several members are away on various trips. Anyone interested in coming along to a nice group, would be very welcome. We meet Tuesdays, 1pm-4pm.

B.Saunders, President.

#### **QUOTABLE QUIPS**

I am a great believer in luck, and I find the harder I work, the more I have of it. (Stephen Leacock, Author)

#### TO ONE TREE HILL RESIDENTS

Did anyone see the person or persons enjoying themselves on the night of Easter Friday or the early hours of Saturday morning by tipping over the rubbish bins on Black Top Road? What bright sparks! And how about the sparks that light fires in the area. There is a way to stop these events. Lets not be apathetic about Rural Watch and support it better than we have in the past. Firstly by attending their meetings, and secondly by reporting such foolish acts as those above. The few members of Rural Watch who go out of their way to try to keep it an effective organisation and organise events such as that to be held on the oval on Anzac day need to be congratulated but need more support, so please help them in their efforts and make One Tree Hill a better place for all to live in, and report suspicious activities.



### THE BLACKSMITH'S INN

Our LOUNGE BAR features a new menu supplemented by innovative specials Available Mon-Sat 12-2 & 6-8 Sunday 12-2 & 5-7.

> Our RESTAURANT is a la carte showcasing local products at affordable prices. Bookings advisable. Ideal as a function venue.

BLACKTOP ROAD ONE TREE HILL VILLAGE

Ph 8280 7666

#### RECIPE OF THE MONTH

#### Swedish Apple Pudding

You will need 250 grams of sweet biscuit crumbs, 30 grams of butter, 750 grams of apples, peeled cored and sliced, 1 strip of lemon peel, 125 grams of sugar.

Fry the crumbs in butter until lightly browned. Stew the apples in a saucepan with the lemon peel sugar and a little water until very soft. Puree in a blender or food processor, or push through a sieve. Arrange alternate layers of the crumbs and apple puree in a greased pie dish. Bake in an oven preheated to 180°C for 30 minutes. Allow to cool. Turn out and serve with vanilla custard.

#### JOKE OF THE MONTH

A farmer bought a new car and was miffed when he saw the final cost. The dealer had given him a price, but the itemised extras

The car dealer eventually bought some acres at One Tree Hill and decided to buy a cow from the farmer. The farmer delivered the cow and presented his bill this way:

Basic cow	\$100
Two tone finish.	\$45
Four barrel stomach.	\$75
Genuine cow hide upholstery.	\$125
Product storage, dispenser	\$60
Four spigots @ \$10 each	\$40
Dual horns.	\$15
Automatic fly swatter	\$35
Field fertilizing device	\$45
TOTAL PRICE	\$540
(From Rotary Down Under April 1998)	

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