

Vol. 21, No: 10 **ONE TREE HILL** November 1998

GRAPEVINE

November

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EDITORIAL

It is good to see two letters to the editor this month and I encourage everyone to write if you have something to say - after all it is obvious that the Council reads the Grapevine and takes us very seriously! It is also good to see contributions from a wide range of One Tree Hill people. All contributions are very welcome because this is YOUR newsletter.

A big welcome to the two new businesses in One Tree Hill, I hope you do well here.

Please remember that next months Grapevine is the last for the year. We do not have an edition in January, so all Christmas announcements etc need to be in by Monday 23rd November.

I would like to say an especial thank you to all of you for donating, sponsoring and advertising in this newsletter. Without the support of the community we would not exist. A very special thank you to the children of the One Tree Hill Primary School. There will be more about this in next months edition!

ONE TREE HILL PROGRESS ASSOCIATION

We were a small group at our October meeting with several of our "old faithfuls" absent for various reasons. It was good to hear that the Mobile Day-care Program for senior citizens has started.

The environment sub-committee has been active with a couple of small working bees, one to weed and mulch the gardens around the Institute and another to visit the Bushcare site at the eastern end of the town. We were angered to find that a large amount of cement had been dumped into this site - obviously a cement truck cleaning out its tank! It's created quite an ugly scar! This is an offence, so if you happen to see anyone doing this please note the number plate and company, and report the incident to Elizabeth Police on 8207 9411 and/or City of Playford on 8254 0222.

Another working bee is planned for Sunday November 8 so if you're interested, see the advertisement in this edition of The Grapevine.

The plans for upgrading the roadside park on the western end of the town are progressing - see report from Chris Myles in this edition.

Playford Council have been running a number of workshops about their Open Space Strategy, collecting opinion from residents about how they want these to be designed/developed/preserved. There was no workshop planned in One Tree Hill. A small group from Progress has sent in some ideas, but if residents want to sent their own contributions, address these to Marcus Rolfe, Hassell Pty Ltd, 70 Hindmarsh Square, Adelaide 5000. (For more information phone 8203 5222, Fax 8203 5200)

Please address

- ⇒ current openspace issues
- ⇒ identify valued spaces, and
- ⇒ opportunities for use of these spaces

At our next meeting, we intend to discuss access for people with disabilities at the Institute. According to the Disability Discrimination Act, all public buildings should now provide this access and we have a problem with toilet facilities for people in wheel chairs. We need to consider what can be done about this. It obviously must be a problem for several of our senior citizens already attending groups at our premises.

All residents and folk interested in the welfare of One Tree Hill are most welcome to attend Progress Association meetings: in fact, we would be delighted to see some more new faces! Our next meeting is on Thursday, November 19 at 7.30 in the Institute. We generally go until 9.30pm, then stop for coffee and a chat. It's a good opportunity to get to know other residents and the issues affecting our community.

Ann Davenport

ENVIRONMENT SUB-COMMITTEE

Two working bees kept the group busy during October. On Friday 2nd the gardens surrounding the Institute were weeded, shrubs were pruned, and there was a general tidy up of the area. During all this activity, the Bunyip's photographer arrived and there was only time for a quick dust off before the camera lens was clicking. The Bunyip became aware of the groups activities through reading the Grapevine and are interested in following the progress of the proposed roadside picnic/rest area along Blacktop road. This project is one step closer to becoming a reality as verbal approval has been given by Transport S.A.. However further consultation is still required with ETSA and residents adjoining the area.

The first task to be tackled at the next working bee on Sunday 11th was to spread mulch which had been provided by Playford Council, around the Institute garden. This provided the finishing touch to what is a high profile area in the township. Following this at the Bushcare site on Blacktop Road, Paul Smith provided a practical workshop on weed and plant identification. Volunteers collected rubbish along the site while being familiarised on aspects of Bushcare.

All in all, a very busy but also rewarding and enjoyable time for the volunteers. So why not come and join the happy workers? For more information phone 8280 7604.

Another working bee has been organised for Sunday, November 8, at 9am at the bushcare site just east of the intersection of Blacktop, Crosshill and Precolumb Roads. Bring gloves, hat, sunburn cream, a rubbish bag and a sharp knife or secateurs for cutting grass. (One of our tasks will probably be cutting off the seed heads of the veldt grass and disposing of this.)

ALL RESIDENTS WELCOME.

Chris Myles (convener)

Committee members: Paul Smith, Karina Bobridge, Mary Martin, Eric Leiper, Heather Fischer, Ann Davenport.

ONE TREE HILL PROGRESS ASSOCIATION

Environment subcommittee

WORKING BEE

SUNDAY NOV 8 9-11.30am

At the Bushcare site, eastern end of the township

Bring gloves, hat, sunburn cream, a drink, secateurs or a sharp knife and a bag for rubbish.

ALL WELCOME

This monthly newsletter is published by the **One Tree Hill Progress Association**. The views expressed in this newsletter are not necessarily those of the One Tree Hill Progress Association. Its purpose is to share local news, views and events. We want to encourage local people and groups to share what they are doing and to pass on items of interest to one another. A 50 cents donation to the cost of printing the Grapevine would be very much appreciated. (Donation tins are available in some of the local shops). We are happy to include some advertising from local businesses, and small classified Ads from individuals. Please contact Jill McLatchie, ph 8280 7214 for details of the cost. Maximum size for advertisements is one quarter of a page. Deadline for the next issue is **Monday October 26th 1998** at 6.00pm at the Deli. Please leave items in an envelope marked Grapevine at the General Store well ahead of the deadline if possible.

CITY OF PLAYFORD DEVELOPMENT PLAN WORKSHOPS

Here is a summary of the results of the recent workshop held in One Tree Hill.

- ⇒ Rates were considered to be excessive when compared to the services provided.
- ⇒ Employment generating activities and home businesses should be encouraged.
- ⇒ The lack of public transport was an issue along with the upgrading of roads, lower speeds and the encouragement of alternative transport such as walking, jogging and cycling.
- ⇒ The Elizabeth Regional Centre was seen as in need of a major facelift/upgrade which will lift the image of the area.
- ⇒ Strong response to Ecological Sustainable Development, specifically relating to the impact of chemicals, fertilisers used in vineyards and the impact of bores and other agricultural activities on the underground water supply.
- ⇒ Roadside advertising should be minimal and sensitive.
- ⇒ It was believed that One Tree Hill should be recognised as an agricultural area and that innovative agriculture should be encouraged.
- ⇒ There was considerable comment regarding community development with the dominant theme being the provision of appropriate housing and support services for the aged which is currently not supplied in One Tree Hill.
- ⇒ Activities and facilities should be provided for children and youth such as child care and playgrounds.
- ⇒ Strong agreement that the rural character of One Tree Hill should be maintained by restricting new housing development and the subdivision of land, except in the case of housing for the aged.
- ⇒ Local services such as schools should be supported.
- ⇒ Low impact tourism should be encouraged.

It's not too late for others to have their say but be quick! Closing date for submissions is 12th November and a public hearing is to be held on 25th November. Contact Kieron Barnes, Planner, Hassell Pty Ltd 70 Hindmarsh Square Adelaide 5000 or telephone 8203 5222 or fax 8203 5200.

THE MOBILE DAY-CARE PROGRAM FOR SENIORS

The Mobile Day-care program, organised through the Playford Council, provides a get together, a hot lunch and a program of activities for seniors who may be frail, have a disability, be socially isolated or at risk of having to move into institutionalised care due to lack of supports. It is also for carers of older people who may attend to support the person they care for and to meet their own social and activity needs. The aim is to provide support for older people to participate in recreation, leisure, education, art and cultural activities appropriate to their interests and abilities. The coordinator can also provide information and referral to other services as needed. The content of the program is designed by those attending so it's tailored to their particular needs and interests. Cost of attending is \$5 including lunch. Assistance with transport can be arranged and regular outings are held each month with transport provided. It sounds like it's got off to a good start on the 15 and 22 of October with a lot of fun had by all!

If you're interested (as a participant or volunteer helper) the group meets on Thursdays, 10.30 am to 3pm in the One Tree Hill Institute.

ONE TREE HILL PLAYGROUP

If anyone is interested in joining playgroup, or just coming along to see what it is all about, please phone Katrina on 8252 3725 or Julie on 8255 9202 for further details and session availability.

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8280 7172

CFS NEWS

Hopper: The hopper operates on the second Saturday of each month between the hours of 8.30 a.m. and 3.00 p.m. (approximately - when the last bin is full, we close). Please do not leave any rubbish in the bins or surrounding area outside these hours. The bins are separated into general rubbish, paper and cardboard and the metal bins. Recently, general rubbish has been dumped in the metal bins after the Saturday hopper day which makes it a difficult and tiresome sorting job for the removal company. Please bring identification (rates notice, drivers licence etc. stating you are a resident of the One Tree Hill area) with you as it may be asked for. Please place donations for use of the hopper in the helmet.

Dawn Leonard

Administrative Officer

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RECIPE OF THE MONTH

Marbled Cookies

You will need 125g unsalted butter, softened, 250g(1 cup) caster sugar, 1 large egg, beaten, 375g(3 cups) plain flour, 4 teaspoons milk, 1/2 teaspoons almond essence, 4 teaspoons cocoa.

Preheat oven to 190C. Line two baking trays with non stick baking paper. Put the butter and sugar in a bowl and beat until pale and creamy with an electric mixer or wooden spoon. Beat in the egg. Sift the flour over and stir in the almond essence and enough milk to make a stiff dough. Break off an eighth of the mixture and knead in the cocoa. On a lightly floured surface roll out the almond dough to a large rectangle. Scatter small pieces of the cocoa dough over the top. Roll up the dough like a swiss roll and then fold in half lengthwise. Re-roll into a 24cm sausage shape. Wrap in clear plastic and chill for at least two hours. (It will keep for up to two days in the fridge.) Cut the length of dough evenly into 30 slices. Place the slices on the baking trays about 2 1/2 cms apart. Bake for 8-10 minutes or until the cookies are lightly golden in colour.

POETS CORNER

Torn

*Is it a cruel trick being played?
He is kind and cares but the attraction
so vital isn't there.
So much I wish it was
Everything would be so fine
I would be his and he would be mine.
Then there's Mr Wrong
He does not care
But boy O'boy the attractions there!
When he touches me I quiver
Down my spine I feel a shiver.
I feel so confused - Mr Right or Mr Wrong
Is Mr Wrong really Wrong
I fear YES
My feelings for him I should not confess.
So many questions which trouble my mind
All the answers I need to find.*

By R.K.S.

BACK TO CHAIN OF PONDS

The Kersbrook Soldier's Memorial Park Inc Fund Raising Committee is planning a fund raising activity to mark:-

**The 20th anniversary of the closing of the
"Morning Star" Hotel at Chain of Ponds.**

This event will be held on

November 22nd, 1998, from 11.00am until late.

Funds will go to the new Kersbrook Soldiers Memorial Park Sports complex. The event will be fully licensed and catered with admission \$2 adults and children free. There will be a live band and other amusements such as stalls, and rides. The Gumeracha Historical Society will display many interesting items. Memorabilia will be on sale including commemorative T-shirts and photos of the old hotel. This will be a great family occasion so please come along and make this event a great success.

A bus will be available for pick up at the Kersbrook Tavern but if there is sufficient interest in One Tree Hill a bus could be organised. Please contact Carol Michalsky with any queries, Phone 8389 3271. Carol is also looking for stall holders if any One Tree Hill people are interested in having a stall. It will cost \$10 a site. Please ring Carol for any more information.

"YULETIDE YUMMIES AND CHRISTMAS CRAFTS"

Brought to you by the M.U.M. Group.

We would like to invite one and all to an afternoon of "Yuletide Yummies and Christmas Crafts" on Thursday 26th November at O.T.H. Uniting Church, 1.30-3.00pm. This is sure to be a fun afternoon with demonstrations of foods and crafts to help you plan your Christmas festivities. Afternoon tea, with a Christmas theme, is free. There will also be a Christmas activity for children to enjoy. We look forward to seeing you there: 1.30pm Thursday 26th November.

ONE TREE HILL SENIOR CITIZENS

Presidents report.

My apologies for no September report as my wife and I have been away on a holiday. As I have stated before, as soon as some of our members return, others take off on holiday, so we always seem to be short of numbers.

We all enjoyed the Club's 11th Birthday on the 29th September. Three of our members were made Life Members; Albert and Joyce Baggs and Gladys Humphreys. My congratulations to them.

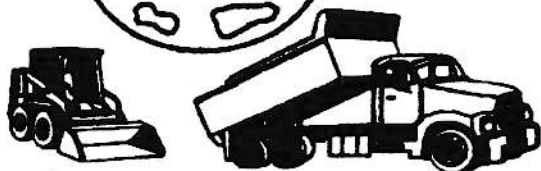
Nine of our Club went to the Vine Inn at Nuriootpa on the 30th September to celebrate Senior's week in the Barossa. The meal was excellent and the entertainment by the St Petriti Singers was superb. Ten Pin Bowls this month was won by Les Moyle 278; second was Rose Shillabeer with 250 and third was Reg Lawrence 242.

A few members and myself enjoyed the Service at One Tree Hill Church Sunday for Seniors and the lunch provided was just perfect and so was the company!

We haven't any trips planned at the moment as it seems to be getting very busy with Christmas not far away.

B.Saunders, President.

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ONE TREE HILL EQUESTRIAN AND PONY CLUB.

Affiliated with the Pony Club Association of S.A.

Recent results:-

North East Riding Clubs Gymkhana, High Point rider for our club was Narelle Rohrlach. Also Danielle Hood, Carl Wildman, Trish Hegg, Jeanette and Melissa Wutke were our top six scorers. Haley Rivers, Robert Hood and two year old Caitlin Duncan-Coward riding in her first show all did very well and won many ribbons for our juniors.

20th Sept. Owen Dressage Day. First to Lynette Bassani in the 1.C test and 3rd in the 2.D test.

27th Sept. SADA Dressage Competition. First to Liz Duncan in the 3.B test and 2nd in the 2.F test.

Congratulations to all riders!

Coming Events:-

8th Nov. Club Rally. Riding Instruction, Show jumping instruction, and Time Trial competition.

15th Nov. Pony Club Camp at Hazelmere Park Echunga and North East Riding Clubs Cross Country Time Trial at Kersbrook.

29th Nov Club Rally. Riding and Show jumping instruction. Games practice for club gymkhana.

Our club has been operating in One Tree Hill for many years and lessons and activities are available for all ages and levels of riding. New members welcome.

Any enquires, please contact Helen Duncan, Secretary, ph 8280 7461.

QUOTABLE QUIPS

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THE GREAT ONE TREE HILL SHORT STORY COMPETITION

We are now proud to present the winning story in the Junior Section:

A Snake Named AKE. By Rebekah Clezy, aged 8.

Once upon a time a snake named Ake went on an adventure. He was sick of sitting on his little dull rock and wanted to go on a ship ride. He packed his little bag with some mice and rats to snack on, said goodbye to his little rock by the tree on Precolumb Road and slivered down the road.

First he met a dog. The dog said, "woof! Where are you going, snake? I think I should eat you!"

Ake said, "I am going on a great adventure. Why don't you come with me?"

The dog said, "All right. I'm not hungry any way."

Next they met a cow. The cow said, "Moo! Where are you going, you two?"

Ake said, "On a great adventure to the sea. Wanna come?"

The cow said, "Oh all right."

So the snake, the dog and the cow slivered, ran and trotted down the road.

Next they met a cat. The cat said, "Meow. Where are you fellows going?"

"On an adventure," they said, "wanna come?"

"Sure", meowed the cat.

So the four friends travelled down the road until they got to the main street in One Tree Hill. They sneaked into the Fodder Store and got the cow some hay. Then they snuck into the Deli and got some icecream for morning tea.

After their delicious icecream they went over a road. They looked both ways except the cat. The cat ran at the sight of a big truck and it squished her tail!

The others all ran to the cat and shrieked, "Are you all right?"

"I think so," said the cat. So they all helped her up and decided to call her Flat Cat.

So Flat Cat, Dog, Cow and Ake set off

again.

After a little while they came to the sea, (which was really the dam at Jess Hite's house on Uley Road). They were tired but happy as well so they had a little drink at the edge of the sea.

Dog said, "Let's have a paddle!" and Ake said, "All right!"

So all four friends were splashing about in the sea. In fifteen minutes the four friends saw some funny animals running on two legs. They jumped out of the sea and ran, trotted and slithered all the way back to Precolumb Road.

They were so tired that Flat Cat, Cow and Dog said goodbye to Ake and slowly walked home. Ake slithered to his little rock by the tree and there he hissed to himself, "Ah. I'm never going on an adventure like that again."

The end.

SIMON'S PET CORNER

Simon's pet corner was delighted to receive a letter this month as follows:

Dear Simon,

Congratulations on your success at the Adelaide Show! The prize money will keep your birds in seed for a while!

Also welcome to Erin your new pup. She sounds great. Have to change her night habits soon won't you?

We had a surprise visitor last week. Late afternoon our dog Jess, started up her "Help, help! There's something strange here and I don't know what it is but it looks fierce and I'm frightened of it!" bark. We left it for a little while thinking it was probably a stumpy lizard or inoffensive creature, but when the noise got worse and more panicky we thought we had better investigate before she had a heart attack or got bitten. Well it was an echidna, trying valiantly to bury itself before we saw it! We took Jess away and tied her up to give it some peace, and watched quietly as it just sort of lowered itself into the ground, with a few scratching motions of its back legs! We left it alone and in the morning it was gone. Really exciting! Jess still hasn't worked out what it was.

PS I got pricked when I tried to pick it up! Silly me.

Love Pam.

Thanks Pam for your letter. This column welcomes letters from everyone about pets and wildlife.

Simon went to the Strathalbyn Show and won some more prizes for his pigeons winning Champion King, Best Young King, Champion Birmingham Roller and Best Young Roller. However his Golden

Pencilled Hamburg Chooks played up and his rooster covered him with sawdust. They are very flighty birds, he calls them psycho chickens! His rooster can jump over his head. However his Chinese Langshan has gone clucky which is unusual for Langshans so he has put 12 eggs under her.

Erin the Irish Setter pup is doing well but likes to drink out of the fish tank and killed his jewel Cichlid! She also dribbled water all over his school project and then walked on it with muddy paws so he has had to do it again! She still sleeps in his bedroom though.

Simon has two new fish also Cichlids. They breed in an amazing way. The female lays her eggs in a crater in the gravel at the bottom of the tank. The male then fertilizes them. Then the female sucks up all the eggs into her mouth where they stay-and she doesn't eat - for two weeks. They then hatch out but shelter back in her mouth if danger threatens.

Let's hear news of your special pets! Write to the Grapevine and tell us about them or phone Jill on 8280 7214

HEARD ON THE GRAPEVINE

Janet and Rob Green of Jordan Drive proudly announce the arrival of Tyler James on 15th September, a brother for Brody and Ayden. Congratulations!

Did anyone else hear Lance Walter on the ABC 5AN the other day telling everyone about the early days of the One Tree Hill C.F.S? Seems he nearly got into big trouble tapping on a certain lady's window at 3.00am!!

Has any one seen two nice red perlagoniums which were dug up from the garden by the charity bin in the car park recently?



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THANKS FOR DONATIONS

Thank you to G.E.Hickin and G.N.Hickin for sponsoring 20 copies of this edition. Also thank you to the Han family for sponsoring 100 copies of this edition. Thanks too to John Chapman for sponsoring 20 copies of this edition.

LOCAL HISTORY NOTES

Did you know that once One Tree Hill had its own flour mill which operated by use of a water wheel. It was situated in an extremely deep valley of Smith's Creek, where the foothills meet the plains adjacent to Uley Road. The structure was two stories high but still hidden from view from both roads which pass by on either side of it. Its inaccessibility must have been a big problem for farmers delivering their grain, or any movements to and from the mill, and this factor was a major contributor to its downfall. The water-wheel mechanism was not much of a success either. During the winter there was a reasonable flow of water over the wheel but during the summer the flow of water was very reduced. The mill owner constructed a series of dams so that the flow could be regulated and the necessary force of water released but eventually he conceded defeat and installed a steam engine instead. The establishment of big mills in Salisbury and Gawler eventually led to its closure. (information taken from "The One Tree Hill Sketchbook by Steven A Hill. Sketchbooks obtainable at the Uleybury School Museum.)

ROTARY CLUB OF TORRENS VALLEY

Meets at Gumhaven Wednesday at 7.00 for 7.30 p.m.

Our exchange student Lisa has just returned from a tour of the West coast (of S.A.) and the opal fields. She acquired during the trip several pieces of opal including potch, uncut opal and polished opal. Lucky girl!

The club has decided to join with the Progress association in pushing for a playground to be built on a suitable area within One Tree Hill township. A letter has been sent to the council asking for their cooperation.

During the month the most enjoyable meeting was in fact a wine tasting. A full range of whites and reds were sampled and enjoyed and discussed as were the tokay, the port and Angels delight. A most enjoyable evening.

See you at the sausage sizzle at the market. Try our new bacon and egg sandwich.

Contacts:

Secretary	Ivor McLatchie	Ph 8280 7214
President Elect	Heather Fischer	Ph 8280 7104

PLAYFORD LATE STARTERS BAND

It's never too late to start playing a musical instrument even if your musical knowledge is totally lacking. The Playford Late Starters Band has started! The band is meeting regularly on a Wednesday night at the old Fremont High School music centre on Leonard St Elizabeth Park. If you don't have an instrument you can hire one. This band is for all ages and it is lots of fun. (There are now five One Tree Hill residents involved so far!). Just contact Shirley Gordon on 8262 2360 and she will be able to tell you all about this exciting concept. The Late Starters Band is a community band with the focus on Wind, Brass and Percussion instruments. It only costs \$5 a night and you get good tuition. Look out for us on the back of a truck in the Salisbury Pageant!

GARDENING NOTES FOR NOVEMBER

Crown Gall

Roses, pome and stone fruit, dahlias, geraniums and grapes are among the many plants attacked by this bacterial disease. It usually begins as a rough lump on the stem near ground level and other galls may appear on the roots and stem later. Plants will be slow to grow and produce few flowers. The bacteria live in the soil and enter the plant through a wound like a graft or an insect hole. Affected plants should be removed and burnt. Treat subsequent plantings for the affected area with NOGALL and check plants for galls before purchase.

Happy Gardening!

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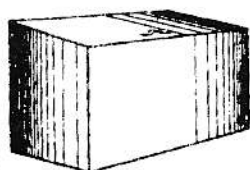
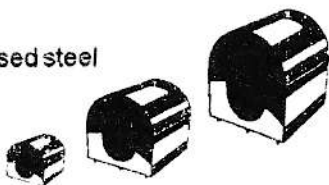
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LETTERS TO THE EDITOR

Dear Editor,

It is our understanding that a decision will be made shortly by the State Government on NAWMA's application to use the quarry on Medlow Road Smithfield as a balefill garbage dump.

It is our opinion there are no significant differences between the original EIS plans which the EPA rejected some time ago and the amended EIS (other than baling).

It is unfortunate that NAWMA's article "Let's get our landfill right" (NRM 12/8/98) appears to give the impression (rightly or wrongly) that anyone who opposes NAWMA's plans are ill informed and lack credibility. Comments such as "The knockers who offer no alternatives" and "Do these people have any history or environmental concerns? I have observed none."

Our committee would be deeply offended if these comments were in any way directed at AAUWCC. NAWMA must have been made aware of the reasons why the EPA refused to issue a licence in 1996 and the comments made by the EPA regarding our committee- I quote: "The Authority (EPA) has had regard to public submissions and in particular to a submission on behalf of the Action Against Underground Water Contamination Committee (AAUWCC). This submission highlighted concerns of social and environmental nature."

We have also suggested alternatives to the Medlow Road site which are documented in the Parliamentary Waste Management Committee Report.

We hope that NAWMA will try to understand that active protesting does not always mean negative thinking - and expert views can differ.

Yours sincerely, Jack Webb (J.P.) for Action Against Underground Water Contamination Committee (AAUWCC).

Dear Editor,

My husband and I, during our time as residents of the area, and also during which time we have been involved in providing a basic and meaningful service to residents in our vicinity, we feel we are well experienced to comment favourably regarding the following.

Both before and after the amalgamation of the Elizabeth and Munno Para Council into our New Playford Council, we have had many occasions to seek Council co-operation for various needs and concerns. Before the amalgamation, Council co-operation was usually disappointing, to say the least, often many phone calls to the same person with still no positive outcome.

However the level of service now being provided has greatly improved for example-

Any response is now quicker and more positive for:-

- * Road maintenance
- * Clearing vegetation
- * Removal of noxious vegetation
- * Health matters
- * Disposal of dead animals
- * Wasp control
- * Measures regarding the control of dumping of rubbish
- * Anti-social behaviour

Whilst it is realised that no human being is perfect and we all as individuals fall into this category, perhaps the cynics amongst us can still realise and appreciate the extra effort and hard work which is being offered to ratepayers by our new Playford Council. Congratulations Playford: we note the improvements.

Signed G.E.Hickin and G.N.Hickin.

VETERINARY NOTES FOR NOVEMBER

Diabetes in cats and dogs

Diabetes mellitus is a common disorder in humans, affecting approximately one out of every ten people. Diabetes in cats and dogs is very similar and is treated similarly.

The most common cause of diabetes in dogs and cats is the failure of the pancreas to produce insulin. Insulin is secreted into the blood stream and its function is to regulate the level of glucose in the blood. When an animal is diabetic, the lack of insulin cause excess glucose to build up in the blood stream. This means that the glucose is not utilised by the body cells, and is wasted, often causing loss of weight and body condition, excessive drinking and excessive urination. Although the true cause of diabetes is unknown, it is thought that it is caused by hormonal imbalances within the body.

Usually your veterinary surgeon will diagnose diabetes by performing urine and blood tests.

Treatment is relatively simple but must be continued throughout the life of the animal following a strict regime. Once diagnosed, the veterinarian will usually recommend hospitalisation for a few days while the exact dose of insulin required to control the condition is determined. When stabilised, it will go home with a supply of insulin and syringes, for the owner to continue.

Dogs with diabetes and treated with insulin are in most cases able to lead a normal life, with a normal life expectancy.

Dr Alan Irving. Al-Ru Farm

QUOTE OF THE MONTH:

An expert is a person who can talk about something you already knew and make it sound confusing.

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BLACKSMITH'S INN SOCIAL CLUB

On Sunday November 1st the Club had a brunch from 11.00am.

MEMBERSHIPS ARE NOW DUE FOR THE COMING YEAR!

On Sunday November 8th a Golf Day in the Barossa is planned. It will cost \$25 for members and \$35 for non-members. Meet at the Blacksmith's Inn at 8.00am. A bus has been organised.

On Sunday December 6th is the Annual Christmas Party for children. This is for MEMBERS ONLY. It will be from 12.00-4.00pm. There will be a BBQ, drinks, games for the children and Father Christmas will be arriving.

Enquire at the bar if you are interested in joining the Social Club, or talk to Steve Lindsay on 8280 7666.

JOKE OF THE MONTH

Looking down at the accused, the judge said: "Haven't I seen your face before?"

"You have, your Honour," said the man hopefully. "I gave your son violin lessons last year."

"Ah yes" recalled the judge. "Twenty years". (From Rotary Down Under, Mar '97)

PUZZLE CORNER

These thirteen words have to be arranged in order so that each word is followed by a word which is either an anagram of it, differs by one letter or has the same meaning. We hope your efforts will not be a WASTE of PAPER!

SPILL PLATE WASTE PATER PRATE QUIET TAPES
PLACE STILL PAPER PASTE PEACE TAPER

ONE TREE HILL RURAL WATCH NEWSLETTER - NOVEMBER 1998

CHRISTMAS IS COMING - BEWARE THE BREAKER!!

As Christmas approaches, please take warning that the number of house/shed breaks may increase. This is the time when you must pay particular attention to any suspicious persons or vehicles in your area. Over the last couple of months the number of break-ins has increased dramatically, so to avoid your premises being added to the list ensure you lock all doors and windows of your house and shed when you are not home. Remember to engrave all valuable items with your licence number and photograph any jewellery. Don't let your Christmas celebrations be spoiled by an unwelcome visitor.

There have also been problems at the One Tree Hill Institute during evenings where young males have been hanging around and causing problems with community groups using the Institute. Police Patrols have been informed of this problem and will pay attention if time permits. If you see any trouble makers hanging around outside the Institute, contact the Police on 11444.

ADELAIDE GAOL VISIT

This visit has been booked for Friday the 27th November 1998. A bus will depart opposite the Institute at 6.15 p.m. sharp and be returning at about 10.00p.m. The cost is \$5 per person with coffee and biscuits included. The informative tour takes about 2 hours. There are only a limited number of seats available so if you wish to book one of these seats, contact Lance WALTER on 8280 7259. Once the bus is full you are welcome to attend but will have to make your own travel arrangements. So get in early and experience our criminal history.

INCIDENTS IN OUR AREA BETWEEN 20/9/98 AND 22/10/98.

- 1) 22/9/98 (daytime) Uley Road, ULEYBURY.
Housebreak and larceny. Entry via forcing rear window. Electrical goods worth \$400 stolen.
- 2) 22/9/98 (daytime) Craigmores Road ULEYBURY.

Housebreak and larceny. Entry by jemmying sliding door. Electrical goods worth \$3500 stolen.

- 3) 21/10/98 (daytime) Medlow Road, ULEYBURY.
Illegal use of motor vehicle. Vehicle stolen value \$500.
- 4) 14/10/98 Cornishman's Hill Road, O.T.H.
Shedbreak and larceny, unknown entry, fishing gear worth \$720.00 stolen.
- 5) 30/9/98 Gawler Scenic Route, O.T.H.
Larceny of traffic bollard and lights value \$150. Offender reported re this incident.
- 6) 27/9/98 Jordan Drive, O.T.H.
Larceny and illegal interference of Motor Vehicle. Vehicle broken into and items stolen, value \$950.
- 7) 3/10/98 O.T.H.-Kersbrook Road, O.T.H.
House break and larceny. Entry by smashing window (house vacant). Power tools value \$1000.00
- 8) 3/10/98 (daytime) Cornishman's Hill Road, O.T.H.
Shedbreak and larceny. Entry by forcing door. Chainsaw taken, value \$450.00
- 9) 3/10/98 (daytime) Gawler Scenic Route, O.T.H.
Shedbreak and larceny. Entry by forcing lock. Power and hand tools taken value \$1000.00
- 10) 8/10/98 (daytime) Cornishman's Hill Road O.T.H.
Shedbreak and larceny. Entry via unlocked and open door. Tools worth \$2500 taken.
- 11) 8/10/98 Blacktop Road, O.T.H.
Shedbreak and larceny. Entry via unlocked door. Lawnmower and tools worth \$2000.00 taken.

Police Co-Ordinator, Darren McCue, Elizabeth Police 8207 9411.
Police attendance 11444

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ONE TREE HILL SCHOOL OF DANCE

Our Concert '98 will be held in the Shedley Theatre on Saturday November 21st starting at 7.15pm. Most of my students live in One Tree Hill and surrounding suburbs and have been putting a lot of effort into getting their dancing routines just right.

If you would like to come and see just how great they are, tickets can be bought from Mrs. Diane McLean on 8280 7569.

KIDS JOKES

What happened to the boy who couldn't stop eating marshmallows?
He turned into a real softy.

What do two oceans say when they meet?
Nothing, they just wave.

What nut has no shell?
A dough nut.

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PEST PLANT OF THE MONTH - VARIGATED THISTLE

This is a very tall growing thistle up to 4 metres high with shiny variegated leaves with spines on the end. The flower heads are large, purple to 120mm in diameter and they flower from June to February. The seeds are numerous and are black with a long white parachute. It smothers pasture and can be poisonous to livestock. Try cutting down the plant before it has a chance to flower and sow some strong growing perennial grasses to beat it. As it is an annual you can effectively control it this way. Don't let it seed all over your neighbours.

BIRD CARE NEWS

This is the time of year when baby birds hop out of the nest and well meaning people pick them up because they feel they should be rescued. Most birds like this don't need rescuing at all but are quietly waiting for their parents to come back and feed them. If you find a bird like this and it is uninjured and fully feathered, help it up onto a low branch and watch to see if the parents return. Many babies are still a little weak for the first few days out of the nest, and just need a little protection rather than be taken into care. They are usually better off with their parents. This advice does not apply though to baby ducklings which often get separated and lose mum. They will be picked off by crows and other predators and do need care. Ring Jill on 8280 7214 if you need advice on rearing wild ducks or want your duckling looked after.

DID YOU KNOW?

Did you know that in England until 1752 the year began on the 25th March?

CHILDRENS CONTRIBUTIONS

On Saturday I went to my cousin's house and we played the Nintendo 64. We played Cruising USA, Mario Carts and Super Mario because he went out and I felt happy.

By Tom

On the weekend Mum and I tidied up the Family Room. I helped Mum to cook. I felt happy.

By Claire

On the weekend I helped my Dad with the bikes. My brother and I had a biscuit. When I helped my Dad my feelings were good.

By Kaitlin.

My favourite room

My favourite room is my bedroom. When you walk into my bedroom, on the right hand side of the door is the light switch and the light dimmer. Next to the light switch is my wardrobe. On the right hand side of the wardrobe are the drawers and shelves which contain my jocks, socks, pyjamas, shorts, pants and jumpers. The left hand side of the wardrobe contains my T-shirts which are hanging on a bar. The rest of it is my mum's stuff. If you move along the room anti-clockwise you come to a set of drawers made of wood. They only have some pants in one drawer and the rest are empty. When you move on you come to my bed by the window. The window has one Holland blind. On my bed sits a little teddy bear called "Cornflake". He sits at the top end of the bed with the pillows. When you move on you come to my bookshelf. One shelf is set out with all my rocks and the rest is books and toys. Then you're back to the door.

Sometimes I do my homework in there, but I don't have a desk to write on so I lean on the drawers. When I get told off I play with my toys in my room. It is my favourite room because no other room is like it.

By Brett Merrills.

ONE TREE HILL SCOUT GROUP

There are a few vacancies in all sections, so if you or your child are interested in scouting, come along and give us a go!

Joey's	6-8 yrs.	Thurs. 6.30 - 7.30pm
Cubs	8-11 yrs	Mon. 7 - 8.30pm
Scouts	1-14 yrs	Fri. 7 - 9.30pm
Venturers	14-18 yrs,	Thurs. 8 - 9.30pm.

Jenni Lewis, Group Leader, ph 8280 7658

TREES FOR LIFE

The Trees For Life Web site on the Internet took form near the beginning of last year after Adelaide Service Provider, Camtech, kindly donated some space on its server. Now the world can be informed about Trees For Life; its aims, practices and achievements. For those of you with access to the Internet try <<http://www.camtech.net.au/trees>>. Included are lists of native plant species suitable for South Australian regions and information about weeds which are threatening our remnant bushland. The weeds section aims to help people recognise some of the worst offenders and to give some advice on their removal. So happy surfing! (From Trees for life newsletter, June 1998)

Our Branch organisers are Chris and Mick Adley, Ph. 8254 9126..

HAVE YOU GOT YOUR PHONE BOOK YET?

One Tree Hill residents often miss out on getting their new phone books and yellow pages. If you are one of these people try ringing Telstra at 1800 810 211.

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ANSWERS TO PUZZLE CORNER.

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PLACE-PLATE-PRATE-PATER-PATER

MARKET REPORT

The market continues to flourish with many interesting and varied
stalls. It's a great place to do your shopping for Christmas as there
are some unique items as well as a good spot to have breakfast now
that the Torren's Valley Rotary Club are offering bacon and egg
sandwiches - yum! The Christmas Market in December promises to
be an exciting event with Christmas music and decorated stalls.
Why don't you come and have a look?

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AGE IS A FUNNY THING

Do you realise that the only time in our lives when we like to get old
is when we're kids?

If you're less than 10 years old, you're so excited about aging that
you think of fractions. "How old are you?" "I'm four and a half."
You're never 36 and a half -- you're four and a half going on 5.
That's the key.

You get into your teens: now they can't hold you back. You jump to
the next number. "How old are you?" "I'm gonna be 16" You could
be 12 but you're gonna be 16. Eventually.

Then the great day of your life; you become 21. Even the words
sound like a ceremony. You BECOME 21.....Yes!!!!!!

Then you turn 30. What happened there? Makes you sound like
bad milk. She TURNED; we had to throw her out. What's wrong?
What changed?

You BECOME 21; you TURN 30.

Then you're pushing 40.....stay over there.

You REACH 50.

You BECOME 21; you TURN 30; you're PUSHING 40; you
REACH 50; you MAKE IT to 60.

By then you've built up so much speed, you HIT 70. After that, it's
a day by day thing, you HIT Wednesday....

You get into your 80's; you HIT lunch, you HIT 4.30. My
grandmother won't even buy green bananas. "Well, it's an
investment, you know, and maybe a bad one. And it doesn't end
there.....

Into the 90's, you start going backwards. "I was JUST 92." Then a
strange thing happens; if you make it to over 100, you become a
little kid again. "I'm 100 and a half."

(Contributed by David Evans, thanks David, Editor)

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