



Vol. 21, No: 1

ONE TREE HILL

February 1998

# GRAPEVINE

This monthly newspaper is published by the One Tree Hill Progress Association. Its purpose is to share local news, views and events. We want to encourage local people and groups to share what they are doing and to pass on items of interest to one another. A minimum of 50 cents donation to the cost of printing the Grapevine would be very much appreciated. (Donation tins are available in some of the local shops). We are happy to include some advertising from local businesses, and small classified Ads from individuals. Please contact Jill McLatchie, ph 8280 7214 for details of the cost. Maximum size for advertisements is one quarter of a page. Deadline for the next issue is Wednesday February 25th 1998 at 6.00pm at the Deli. Please leave items in an envelope marked Grapevine at the General Store well ahead of the deadline if possible.



## ONE TREE HILL COUNTRY MARKET

To be held on Saturday February 7th. 9.00am until 2.00pm.(approx.)

Come and enjoy country produce, craft, Bric a brac, plants, good things to eat and much more! See you there! If you want to book a site (and if there are any sites left) phone June on 8287 3306.



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February

February

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## ONE TREE HILL COUNTRY FIRE SERVICE

ALARM CALLS ONLY in the OTH district 8280 7000 (24 hours)  
Fire station enquiries during fires 8280 7055  
General enquiries (after 5pm) 8280 7206 or 8280 7059  
Fire ban Information CFS Headquarters (24 hours) 82971000



## EDITORIAL

Welcome to the first edition of the Grapevine for 1998! I hope you all had a Merry Christmas and wish everyone the best for the New Year.

Some of you know that I have just returned from an amazing holiday in Antarctica and I'm finding it a bit hard to get back to work so I hope this edition will be up to the usual standard!

Please keep your contributions coming in. Don't forget you can email me on /imclatch@camtech.net.au/ if you are computer literate and you can also send me a fax at the phone number on the cover page. I welcome letters stories, funny incidents, even complaints so let's have lots of input.

A new policy has had to be developed about advertisements. Most of you probably don't realise how difficult and time consuming it is to design and alter advertisements. Ideally you need to design your advert yourself and give it to us in a form that can be photo copied, good quality and the right size. Otherwise although we will do our best for you we will have to charge you something for the service. Further details about this can be found elsewhere in this edition. I hope you understand the need for this. We run to tight deadlines and alas there are only 24 hours in each day!

Jill McLatchie, Editor.

## ONE TREE HILL PROGRESS ASSOCIATION

As this is the first Grapevine of the year, I would like to wish you a happy and successful 1998.

Since the December Grapevine there have been advances in two areas. Orders have been placed for the cleaning and re-gilding of

the War Memorial and for the installation of a public address system in the Institute. We look forward to the early completion of these two worthwhile projects.

The saga of the public toilets continues! Up to the time of writing the promised re-furbishment hasn't been carried out. We'll continue to keep nagging away until it's done. On a more positive note, McGilp Road has been tidied up in answer to our requests. Please let us know if there are other areas of concern.

Finally, I'm sure it's not too late for a New Year's resolution-what about coming along on the third Thursday of every month - we'd love to meet you and your input would be very welcome.

Gordon Cooksey, President.

## ONE TREE HILL PRIMARY SCHOOL NEWS

At One Tree Hill Primary School there are many children like me. Hello, my name is Alex Pane. We learn lots of things like maths as well as writing stories. This term my class went swimming for a whole week. There are nine classes in the whole school. I like my school because I like the teachers and my friends. By Alex Pane.

My name is Talia. I go to One Tree Hill Primary School. We like swimming lessons. I and my friends like the teachers and Mr Mango. We all went to see The Little Prince play. By Talia Parsons.

Crows are black. Magpies are white and black. The magpie is different from the crow. I like both of these birds. They are different to each other. By Matthew Tulip.

Today I brought a sparrow's egg for my Show and Tell. I asked the teacher for special Show and Tell. Mrs Pain said "yes you can have a special Show and Tell". By Chelsea Palmer.

## QUOTABLE QUIPS

Middle age is when you have two choices and you choose the one that gets you home earlier!

### ONE TREE HILL GRAPEVINE BLOCK ADVERTISEMENT POLICY

The One Tree Hill Progress Association has developed the following policy and charges for block advertisements in the One Tree Hill Grapevine. The policy has been developed to fairly apportion the cost of production and to increase the efficiency of the production process.

#### Block Advertisement Policy and Charges.

Block advertisements can be supplied by the advertiser or produced by the Grapevine production team at cost. Although the publication team does not have graphic artists, it will endeavour to produce presentable graphic displays. Advertisements supplied by advertisers must be in a form that can be photocopied, of good quality and the correct size. Advertisements that are oversized will be trimmed. Advertisements can be submitted in electronic form if they are suitable for Microsoft Publisher 2.

Publication, modification and design charges for 1998, and the maximum sizes of each class are listed in the following table. Minor modifications are limited to textual changes that do not require changes to the underlying graphic structure.

| Class                                | Cost |
|--------------------------------------|------|
| Eighth page(68mm x 97mm)             | \$15 |
| Quarter page portrait(137mm x 97mm)  | \$25 |
| Quarter page landscape(69mm x 202mm) | \$25 |
| Minor modifications                  | \$2  |
| Simple design/major modifications    | \$5  |
| Complex design                       | \$10 |
| Scanning images                      | \$5  |

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# ONE TREE HILL



INSTITUTE

Hazel Walter, Ph: 280 7259

FOR HIRE

## CFS NEWS

Fire Ban Season 1st December, 1997 to 30th April, 1998

Dawn Leonard

Administrative Officer

## LOCAL HISTORY NOTES

This is the story of one of One Tree Hill's early settlers, Mr Richard Westley, better known as 'Dick'. He was granted a parcel of 20 acres of land known as a working man's block. This was very hilly but he set to work firstly and built a wattle and daub hut. This consisted of sticks and mud with a few stones mixed in. When this was completed, he dug a small well from which he obtained water, previously to this, water was obtained from a small waterhole in a creek nearby. Then he set to work clearing the land on which he grew the largest amount of thyme, sage and marjoram in the Southern Hemisphere. The thyme was grown on very steep land with a gully between on which was erected two drying sheds. The thyme was cut with sheep shears and put to dry in the sheds. When dry, it was laid on hessian in the sun and beaten with pieces of wire to remove the leaf, the sticks being easily rolled off. Next it had to be sifted to remove any small sticks left in it, then bagged for market. The sage was put in a machine and ground up. All this was done with the help of his wife and four sons. The sage and thyme was then put on a sled and pulled to the top of the hill in small quantities, by a big white horse named Dobbin.

(Written by R.M.Shillabeer)

## POET'S CORNER

*Red is a sign of red petals falling off a beautiful rose.  
Orange reminds me of Autumn leaves falling out of a big orange tree.*

*Yellow makes me shine as the sun.  
Green is the juicy green grass in my garden.  
Blue is the deep warm water in the sea.  
Indigo makes me flow with the wind.  
Violet reminds me of everything.*

By Lana Demchenko.

*Strawberries.  
Looks like red lovehearts.  
Tastes like smooth, juicy and sweet.  
Sounds like silent and soft.  
Feels like squishy and bumpy.  
Smells like juicy, sweet and yummy.*

By Room 16, Rebecca.

## SIMON'S PET CORNER

Simon has been buying some new fish. He has six more neon tetras but his old neon has died. He was very old, about four years old. Simon has only four guppies left. He has sold over 200 to pet shops! He is being careful not to inbreed any more. His gorami is feeling miserable because she is getting picked on by his new addition, a big black mollie male. She hides in the barrel to get away from him! His swordtail is pregnant and looking very fat so should be producing babies soon. He has two catfish and two angel fish.

Simon's pigeons are doing very well with lots of new baby racing pigeons. It is the breeding season for his show pigeons now. He has bred a mealy coloured king this year, who will be good for showing, from his favourites, Little Ripper and the brown checker hen. By inbreeding brother and sister he has produced two rollers with blue bars. Show season starts at the end of February and Simon will begin to train them soon to go into the show cages.

Simon has had no success with breeding his budgies. Pippa still will have nothing to do with Emerald and won't let him in the cage. She plays tunes on the wire of her cage and is making a new nest.

Nash the sulphur crested cockatoo has become a master of escape by biting through the wire in his cage. You need to have very strong wire for cockies! Part of the problem is that he has a girl friend. She and his parents come down and talk to him.

Simon says this is the way to hypnotise chooks. You turn them upside down onto their backs and tickle them on the belly, running your fingers from beak to tail. Once they lie still you lie them on the ground and let them go and they will stay asleep for a long time!

Simon has now begun his High School career at Urbrae. During the next few months we are going to follow Simon in his first project, rearing day old chicks. More on this subject next month! Lets hear news of your special pets! Write to the Grapevine and tell us about them or phone Jill on 8280 7214

## ONE TREE HILL UNITING CHURCH M.U.M. GROUP

We usually break until March, but if you have any suggestions for next year we'd love to hear them. Contact either Sally 8280 7683 or Karen 8280 7011.

## THANKS FOR DONATIONS!

The Aerobic Waste Water Treatment Service.

Thank you very much! If anyone needs a receipt please let us know and one can be arranged.

## BLACKTOP AUTO REPAIRS

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## HEARD ON THE GRAPEVINE

We are very pleased to welcome the following families to our community:-

The Stolpe family(both Senior and Junior)  
The Coulsen family  
The Campbell family  
The Cristarella family  
The Oborn family  
The Brazier family.

We hope you will all enjoy life in One Tree Hill. If we have missed any one out please let us know. If you have a new neighbour why not go round and make them welcome. Perhaps you could take them a copy of the Grapevine!

Congratulations to Alison and Luigi Acella on the birth of their baby!

## GARDENING NOTES FOR DECEMBER

Powdery mildew is a group of related fungi producing a white or light grey powdery coating on leaves, buds, flowers, fruit, or young shoots of a wide variety of plants, including crepe myrtles, roses, grapes, azaleas and snapdragons. Attacks are in summer and autumn beginning as faint spots and gradually spreading to cover wide areas of the plant, causing distortion and defoliation. Spores are spread by wind from plant to plant. They need moisture in which to germinate, but once started will continue to grow in dry conditions. As soon as the disease is noticed, coat plants with sulphur dust.

The One Tree Hill Garden Centre has Lombardy poplars from \$2. These are large fire retardant wind break trees, deciduous and fast growing.

Happy Gardening!

## ROTARY CLUB OF TORRENS VALLEY

Now that all the festivities and feasting are over we can get back to the more mundane things of life. During the break the club sent four students to the Siemens summer science school. This short exposure to the benefits and excitement of science subjects is designed to help students decide on their future careers. The students concerned were Mathew Turner, Angus Henderson, Justin Woon and Mathew Granfield. We had a most enjoyable evening when they each gave us a short talk on the experience.

Rebecca our exchange student to Brazil has returned home after a most enjoyable and instructive year in Sao Paulo. It is nearly time to select our next student for overseas so if you are interested contact our International Director Ivor McLatchie on 8280 7214

Indah our student from Indonesia has been enjoying herself over the holidays and thinks that Australia day is wonderful with all its activities and especially the fireworks.

See you all at the sausage sizzle on Market day...

Any questions about Rotary or requests for assistance should be directed to President Viv or Secretary Ron or our Community Services Director Jim Dahl ph.8280 7284.

Meets: Each Wednesday-7.00pm for 7.30pm.

At: Blacksmith's Inn, One Tree Hill.

President Viv Turner,

ph 8280 7571

Secretary Ron Harrison,

ph 8389 3179

## PUZZLE CORNER

This riddle has two answers which must be put together to get the complete solution. Each line refers to both answers at once, so for

example the first letter of each answer is in SPARE and in PARTS. Do you want a clue to put you on the right track? Just think of warm sunny days, a girl, a boy...and you are almost there.

My 1st is in SPARE and also in PARTS,

So are my 2nd and 3rd also.

My 4th is in SURGING and also in STRINGS

So are my 5th and 6th you know.

My 7th in TENDER and also in NIGHT,

My 8th and 9th in THIMBLE and MIGHT

My last in FEEL and also in SEE,

My whole where young lovers would like to be.

## ONE TREE HILL EQUESTRIAN AND PONY CLUB.

Our first rally for the year will be held on:-

Feb. 8th. Activities planned are:

Riding instruction-Pat Hutchens-\$3.00 a group lesson.

Jumping instruction-Linda Beenjes-\$5.00 a group lesson.

Horse control, fun and games-Corry Kisbee.

Feb.22nd. How to ride a better dressage test-Denise Fenwick-\$3.00 a group lesson. A chance to practise for our dressage competition on 22nd March.

Horse control, fun and games - Corry Kisbee.

Cross-Country practice.

Rallies are held on the 2nd and 4th Sunday of every month at the club grounds, Precolumb Rd, One Tree Hill. Most rallies commence at 10.00am sharp and finish at approximately 1 pm. All activities are open to all ages.

Any enquiries, please contact Helen Duncan, Secretary, ph 8280 7461.

## JOKE OF THE MONTH

Two lions escaped from Taronga Park Zoo and headed off in different directions. One was caught a few hours later and returned to its cage. However it was six months before the other lion was recaptured.

"How come you were free so long?" asked the first lion.

Replied the second: "No problem. I crossed the Harbour Bridge after dark and holed up in an empty room I found in some Government building. It was packed with advisers and advisers to the advisers. Every time I got hungry I just nipped out and ate one. I could have stayed there for years."

"How come you got caught?" Questioned the first lion.

"Oh, I made a big mistake by eating the tea lady." (From Rotary Down Under)

Phone: 8280 7353

Mobile: 0419 806 213

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## SENIOR CITIZENS CLUB

Except for a short break over Christmas our meetings have continued on Tuesday afternoons at the Institute.

The last month has not been a particularly happy month. One of our members, Charley Hunt, who has been very ill for some time, died, and two members have had falls at home. One broke a leg and the other had to have a number of stitches in a cut. It appears that if you come to our meetings you will be safer than staying at home.

Hazel Walter continues to dominate at 10 pin bowling, as she had the highest score at the last meeting.

We had a very interesting outing in December, when a visit to Chateau Yaldara was enjoyed, followed by a drive through the Barossa and a Christmas dinner at Tanunda.

Two of our members, Reg and Margaret Lawrence, had their Golden Wedding Anniversary in December and to celebrate the occasion a barbeque was held at the home of Albert and Joyce Baggs.

The progress on Independent Living Units is slow. Council have promised to consider it in their "strategic Plan" which should be presented to the Council Meeting in February for discussion. It is now in the third year awaiting action. For some the requirement will not exist when approval will be given.

This is my last report as President on Senior Citizens activities as our A.G.M. will be our next meeting and a new President will be elected. The Club have been very supportive and are, I believe, an essential establishment which fulfills the needs of the not so young to get out and have some fellowship together.

Don Needham, President.

## ANSWERS TO PUZZLE CORNER

The second answer just follows the first to give: PARIS IN THE SPRINGTIME.

## BARKING DOGS IN OUR COMMUNITY

Complaints about barking dogs are amongst the most frequent received by Councils.

If you think your dog may be barking excessively or could be a nuisance please contact the Dog Management Officer of your Council for advice on how to rectify the problem. It is much easier to deal with at this stage before a formal complaint comes in. If you have a neighbour with a barking dog, tell them about it and suggest they contact the Council for advice. There are many reasons why dogs bark excessively. Don't do what someone in One Tree Hill did a while ago and drop poison baits around.

Playford Council have a very helpful pamphlet which could help you with ideas on how to help your dog-and your neighbours.

You will need to find out when and why your dog is barking. The most common causes of barking to excess are:-boredom, children or others teasing them, hostile neighbours, separation anxiety and loneliness, changes to a dogs life or lifestyle, health issues, distractions and breeding. There are effective strategies for dealing with all of these problems. Councils, Legal Services Commission, Vets, Community mediation Services, Dog and Cat Management Board, are all available with advice on different aspects of this problem.

## BIRD CARE NEWS

Some of you have reared native birds which have become very tame. Sometimes these birds have become very used to your pets including dogs and cats. This can result in great problems and possible death for the bird if they stray away from your home and visit neighbours. Fear of humans, dogs and cats is a must if birds are to survive and act normally in the wild. It is important to avoid imprinting when rearing wild birds. Imprinting is when the bird thinks that it is human and does not recognise itself as belonging to its own species. While it may seem great to have wild birds tame in this way, actually you are not being fair to the bird. Please contact Bird Care and Conservation Society if you have any questions about bird care.

## BLACKSMITH'S INN SOCIAL CLUB

The children's Christmas party was a great success. Some events are being planned for this year. A special Children's picnic and Sports Day is being planned for Sunday March 1st, in the area behind the Blacksmith's Inn. A Car Trial is being organised for later on in March. Further details in next month's Grapevine.

There are plans for a Bonfire and Fireworks early in May. In conjunction with this a Home Brewing Competition will be held, to be judged by Coopers. So start brewing now!

Looking for a quality venue not too far from home?

We invite you to try....

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|----------|-------------|
| Mon      | 9.00 - 6.00 |
| Tues     | 9.00 - 6.00 |
| Wed      | 9.00 - 6.00 |
| Thurs    | 9.00 - 7.00 |
| Friday   | 9.00 - 6.00 |
| Saturday | 9.00 - 2.00 |

## FIRE PREVENTION

This was in the December edition but it is worth repeating especially for those new to our community.

**Follow these simple steps and beat the bushfires**

1. Clear away all dried grass, dead leaves and branches etc under trees near your house.
2. Establish broad leaf deciduous trees to the North and West to act as spark shield.
3. Set up sprinklers to keep ground, roof and walls damp. A portable diesel or petrol pump drawing water from your tanks or dam is ideal. It will make you independent of power failure.
4. Maintain a well cut, green lawn around the house, with well spaced trees.
5. A wide gravel or paved drive will provide additional protection.
6. Use metal posts around house, keep wood to a minimum.
7. Ensure roof and roof capping is well sealed to prevent entry of sparks.
8. A low profile roof, securely fixed, is safest. Tiles should be tied down with cyclone clips.
9. Protect windows and vents with wire mesh to prevent sparks entry.
10. Pave around buildings with masonry, slate or concrete.
11. Cover all under floor areas with brick and 'fire stop' board.
12. Check walls for cracks and gaps.
13. Store all your fire fighting equipment in one handy place.
14. Clean out your gutters, consider leafless guttering.
15. Connect large diameter gate valve to your tank.
16. Masonry garden walls stop embers blowing on to house walls and deflect grass fires.
17. Seal your garage or workshop doors. Store flammable fuels well away from the house. Site garage on eastern boundary of the house.

18. In event of fire, put farm animals in bare paddock or large yard.
19. Store firewood away from the house - preferably on eastern side.
20. Ensure all pumps are working well by testing weekly. Your hose should reach every part of the house.

## ONE TREE HILL SCOUT GROUP

Our scouts are back from the recent Jamboree in Queensland, with lots of stories and memories of two weeks of fun, friendships and adventures. As one of the scouts told me it was money really well spent. So looking to 2001 we'll have even more children from One Tree Hill off to the Sydney Jamboree.

Our group continues to grow, with a new Venturer section commencing this term. We already have 6 of our older 'scouts' ready to 'kick off' our new section. The age group for venturers is 14-18 years and it is in this section of scouting, the members are able to work for and achieve their "Queen Scout Award", the highest award a youth member can achieve.

With four active sections, our group is one of the most active in the Elizabeth Scouting District. We have an excellent core of leaders and really terrific youth members, so if you or your son/daughter is at all interested please contact me for more information:

Joeys 6-8 years. Tues. 6-7pm

Cubs 8-11 yrs Mon. 7-8.30pm

Scouts 11-14 years Fri. 7-9pm

Venturers 14-18 yrs to be confirmed, possibly Fri. 7.30-9.30pm.

Jenni Lewis, Group Leader, ph 8280 7658

\* Grumble to the person/persons who vandalised the scout hall and forced open the ETSA box and removed the fuses. Please could neighbours etc. around the oval area keep an eye out for any people acting "stupidly".

## ONE TREE HILL GARDEN CENTRE



Potted Roses, Ground  
Covers, Seedlings,  
Herbs, Cottage  
Perennials, Shrubs,  
Native and Non-  
Native Trees.

Various Plants in Tubes  
Premium Potting mix \$4-00  
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## NORTHERN EARTHWORKS



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Damian Georgeson  
PO Box 88  
One Tree Hill 5114  
Phone 0419 857362  
Home: 8280 7748

## VETERINARY NOTES FOR FEBRUARY

### Bottom dragging

Have you noticed your dog dragging its bottom along the ground, or chewing at its front paws? This complaint is commonly caused by either a tapeworm infestation, or blocked anal glands. Tapeworms are easily treated with an Allwormer. This should be done every 3-6 months. Be aware that fleas carry the Tapeworm eggs, so if you don't control the fleas the worms will keep coming back.

The anal glands are small scent glands situated on either side of the anus, and are responsible for the small foul smelling patch of fluid that dogs secrete when they are scared. It is unknown what causes the anal glands to become blocked, however low fibre diets and allergic conditions are suggested causes. Occasionally the anal glands become infected, forming an abscess over the area which will eventually burst through the skin. Your vet will be able to express the glands to relieve irritation and treat any infection. If the glands continually get blocked, it may be best to have the anal glands surgically removed. Your vet can advise you further on this procedure if it is necessary.

Dr Alan M. Irving, Al-Ru Farm

### KIDS JOKES

Question: What do you call two robbers?  
Answer: A pair of nickers.

Question: Why is it wrong to whisper?  
Answer: Because it's not aloud.

Question: How do you catch a squirrel?  
Answer: Climb a tree and act like a nut.

## CHILDRENS CONTRIBUTIONS.

### The Blue Bird

There was a Blue Bird. His best friend was a turtle. Every day the Blue Bird would go to his friends just before they went to school together.

After school they always went to Blue Bird's house to play. They played on the swings. When they were playing on the swings Blue Bird said 'It is my birthday. Do you want to come?' Turtle said 'Yes. It is next Saturday'. 'That is tomorrow' said Turtle. 'It is a sleepover party.'

The next day it was Blue Bird's party. Turtle was there, Rabbit was there and Fox was there. They had lots of fun until it was time to go to bed. In the morning they had toast for breakfast. Then they played Hide and Seek until their Mum's came to pick them up. Turtle got picked up last because his Mum's car broke down so they had to take Turtle home.

On Sunday they went to the Royal Show. They went on lots of rides. Blue Bird's favourite was the rollercoaster. He went on it lots of times. Then he went home and went to Turtle's house. They played with blocks and they did some making until Blue Bird had to go home.

Blue Bird's Mum sang him a song that night. It was: 'you better not pout, you better not cry, I'm telling you why, Santa Claus is coming to town.'

All night and all morning Blue Bird had the best time with Turtle his best friend.

By Amy Baker.

## ONE TREE GENERAL STORE & POST OFFICE

Proprietors: David and Mary Axon

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## THE GREAT TREE HILL SHORT STORY COMPETITION



The following story won second prize in  
Section One of our competition.

### Constant changes by Callan Taylor, age 11

Everyone knows it can be a very scary experience starting at a new school, especially one so different from the usual suburban one. I thought that changing from suburban to country would be very scary, however, I was in for a surprise.

I thought my first day at One Tree Hill Primary School would be horrifying. Mum walked me to the front office. I met the principal, Mrs Anderson and she showed us around the school. I was amazed by the lovely scenery and open space around the schoolyard. The trees, greenery, birds, views and open spaces were so much different from my old school at Holden Hill. There were birds flying around and playing in the beautiful tall gum trees growing inbetween the classrooms. Paddocks on the side of the school had horses galloping through them and there were great views of the countryside. It made me feel so welcome and free.

Now we had reached what I thought would be the most frightening, going into my new classroom. The building was beautifully decorated with neat work hanging on the walls. Then I met my new teacher. Her name was Mrs Tauba. She introduced herself and welcomed me to the school. Mrs Tauba was very friendly and reassuring and had already made a spot at a table for me to sit. Throughout the day, rules and expectations were explained in a way which didn't make me feel threatened, but so that I could understand them well. Mrs Tauba made me realise the expectations of students, and that helped me a lot then and now.

Later on I met my first friend, Ben. He was very scared at first too. He sat next to me and we were friends straight away. This also made me feel a lot better, in fact the whole class was very comforting and caring towards me. Thanks to this caring start, I have always felt happy at One Tree Hill Primary.

Even though that was only about five years ago, I can see a lot of changes in the school. The grounds have been improved with more trees and gardens being planted all the time. Another building has been added, the arts room, which allows more types of activities to take place within the school. Many great teachers have left and new ones have come and joined the staff including our excellent new principal, Mrs Simpfendorfer. The school has also introduced uniforms of colour code which are compulsory and includes a sunsafe hat policy. There are now set bookwork standards through the school and higher expectations of students for work and behaviour, which is a great idea and improves the school even more.

As I move up through the grades I can see another frightening beginning ahead-starting high school. However if that start is like my one at One Tree Hill Primary School I have nothing to worry about. I will always remember the atmosphere of the school, some of my teachers, my first friend Ben, and know that Primary School was a great part of my life.

### RECIPE OF THE MONTH

#### Apple Snow

Here is a family favourite for you to try. You will need 750 g of cooking apples. 125g white sugar, juice of one lemon, 3 egg whites beaten until stiff.

Chop the apples roughly, leaving skin on and stew in a little water until tender. Force through a sieve. Return to a clean pan; add the sugar and the lemon juice and whisk over low heat until stiff. Remove from the heat, whisk until cool and fold in the egg whites. Place in individual serving dishes and chill until very cold. Serves 4-6.



Thanks Callan, and good luck to all those starting both primary and high school for the first time this year.

Editor

## AEROBIC WASTE WATER TREATMENT SERVICE.

### AWWTS

We would like to introduce a new committee for 1997/98.

|                  |                |           |
|------------------|----------------|-----------|
| Margaret Heywood | Chairperson    | 8280 7773 |
| Julie Sieben     | Secretary      | 8280 7414 |
| Kim George       | Treasurer      | 8280 7699 |
| Rita Schuster    | Public Officer | 8280 7759 |
| Karen Rowland    | Committee      | 8280 7638 |
| Dawn Tschirn     | Committee      | 8280 7623 |
| Lloyd George     | Committee      | 8280 7699 |

Almost the entire previous committee has vacated after more than their share of 'time served' so please be understanding if we don't get it quite right. The committee was formed as a requirement of an encumbrance imposed by the Council on the development of the Rose and Jordan estates. Our role is to collect service data for the aerobic systems from all residents of the Jordan and Rose estates. This is to ensure that everyone does the right thing in maintaining their systems so that the health and comfort of neighbours is not put at risk.

If residents have problems with their systems or service providers we can perhaps offer you some advice or direct you to someone more appropriate but please remember we are residents ourselves who have taken on this task and that while we will try to help if we can we have limited 'powers'.

Julie Sieben-Secretary.

### PEST PLANT OF THE MONTH-VARIGATED THISTLE

This is a very tall growing thistle, in fact it can grow as high as 4 metres. The leaves are shiny, large, deeply cut, light to dark green and they have spines on the tips. The leaves have white veins and a variegated appearance. The flower heads are large and purple growing to 120 mm diameter. They are produced from June to February. These flower heads produce numerous seeds which are black with a long white parachute, helping them to fly all about your property and your neighbours as well. This thistle smothers pasture and can be poisonous to livestock. Cultivation before flowering and the establishment of vigorous perennial grasses will help control it. Try and cut it down just as the flower head forms as this weakens it, and as it is an annual you can really set it back and get rid of it. This is a common weed in One Tree Hill, and you will be helping your neighbours too.

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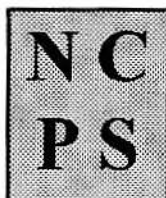
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## THE TEN COMMANDMENTS FOR REDUCING STRESS

1. Thou shalt NOT be perfect, or even try to be.
2. Thou shalt NOT try to be all things to all people.
3. Thou shalt leave things undone that ought to be done.
4. Thou shalt not spread thyself too thin.
5. Thou shalt learn to say 'NO'.
6. Thou shalt schedule time for thyself, and thy supportive network.
7. Thou shalt switch OFF, and do nothing regularly.
8. Thou shalt be boring, untidy, inelegant and unattractive at times.
9. Thou shalt NOT even feel guilty.
10. Especially, thou shalt NOT be thine own worst enemy, but be thy best friend.



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### KIDS HELP LINE

Kids Help Line is a free confidential telephone counselling service for all 5 to 18 year olds in Australia which meets the highest standards of professional practice and management. Its goals are to assist young people develop strategies and skills to enable them to deal with their problems, to have a direct voice on those policies or issues which affect them, to collect non-identifying information to aid research on the issues and problems of the clients, and to advocate on behalf of the clients where their interests are ignored, minimized or unrepresented.

Those who use the service do not have to identify themselves unless they wish to. The counsellors encourage the young people to believe in themselves and their personal strengths, and to critically evaluate and implement options. They may use the service as long and as often as they need. Productive relationships with parents teachers and other care givers are encouraged.

The number to ring is:- 1800 55 1800 for KIDS HELP LINE

### HELP SAVE THE SEALS

Last year sealers killed more than a quarter of a million seals - eight out of ten were pups under a year old. Some were only days old. Others were killed so their penises can be used in aphrodisiacs. This year they will take more innocent lives and often in very cruel ways. The International fund for Animal Welfare has joined with Canadian citizens in a fight to end the hunting and the atrocities involved. One of the ways you can help end this is by writing a letter of protest to the Canadian Ambassador at the following address:- Mr B.Schumacher, High Commissioner, Canadian High Commissioner, Commonwealth Avenue, Canberra, ACT 2600.

### PLACES TO VISIT AROUND ONE TREE HILL

The Roseworthy Agricultural Museum strives to present the history of the development of agricultural machinery, much of which was invented in South Australia. The Museum is operated by volunteer members of the Gawler Machinery Restorers Club Inc. and includes static displays of vintage farm implements, working tractors and stationary engines. It is situated at the Roseworthy Campus of the University of Adelaide and is open each Wednesday and the 3rd Sunday of each month. Tours by appointment. Admission is \$2 for adults and \$1 for children, Family \$4.

For information and enquiries contact J.Miels, manager (0885 282 336) or D.Beaty, historian, (0885 222 198)

### FOR THE OLDER AMONGST US

Since I've been getting older, I've been seeing more men. Will Power gets me out of bed in the morning. Uncle Toby is there for breakfast. Then Arthur Itis comes to visit and stays all day. Every now and then Al Zheimer drops in. Sometimes Ted spends the night with me. It's a full life!

Before deciding to retire take a week off and watch day time television! (from Rotary Down Under)

### ONE TREE HILL PLAYGROUP

Playgroup returns for 1998, in the same time slots as this year: Monday, 9.30-11.30 am, Tuesday, 9.30-11.30 am, and Wednesday, 9.30-11.30 am. If you are interested in starting this year please feel free to ring and put your name down.  
Contact Sally 8280 7683, or Vicki 8280 7452.

### INTERNET NEWS

In the last edition of the Grapevine we gave you information about the group for the Third Age but the address was a little bit wrong. It should have read:-<http://www.thirdage.com/index.html> Hope you find it now!

### ONE TREE HILL SCHOOL OF DANCE

Do you have a child or children who love to dance around the house to their favourite music? Do they pretend they are performing on stage in front of an audience? Or maybe you have a secret yearning to do a little shuffling on stage? Well, here's your opportunity! My dancing school is starting its fourth year this year and is always welcoming new students of three years and up who would like to learn how to tap dance, do jazz ballet or maybe Techno (gets the heart and leg muscles pumping!).

This year's lessons begin on Tuesday 27th January. Please phone me if you would like more information.

Diane McLean 8280 7569.

P.S. Remember to bring your smile with you!

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