

# ONE TREE HILL Grapevine

OCTOBER 2022  
VOLUME 45  
EDITION 9



*Her Majesty  
Queen Elizabeth II  
1926-2022*  
*HRH Prince Philip -  
Duke of Edinburgh  
1921-2021*

*We thank you both for your  
lifetime of service and  
humble commitment  
to duty.*

*May you rest in  
peace together.*



Community Magazine

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**One Tree Hill Grapevine**



**DEADLINE for the Next Edition is 15th October**

**For submissions - EMAIL: [grapevine@onetreehill.org.au](mailto:grapevine@onetreehill.org.au)**

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## From Behind the Desk...

Welcome to the October edition of the One Tree Hill Grapevine.

As you would have seen, the front cover is a dedication to Her Majesty Queen Elizabeth II and HRH Prince Philip. A Marriage of over 70 years has undoubtedly earnt them the right to be side by side together, resting in peace.

I would like to thank everyone that contributed to this months edition, it certainly is packed full again which is fantastic (Keeps me busy!).

Just a note, on page 8 is a letter to the Editor from Shaun Reardon (Candidate for Mayor) who recently attended a Progress Association meeting. Shaun and David Kerrison collaborated previously to review the councils rating policy. The residents of One Tree Hill received a positive result and for that we thank you both. We wish you and all candidates well in the future.

The August Progress Association meeting was well attended, the September meeting was a bit lighter but the weather was horrible that night. A couple of new faces have attended which is amazing to see but it would be great to have more people get behind The Progress Association and help the One Tree Hill community into the future. There are some great ideas in the works but as always we need Volunteers to make it happen.

I would love to receive letters to the Editor, let me know your thoughts. Give us some history we may not know. Give suggestions on what you'd like to see in the Grapevine, and tell me what events are happening around the place like a birthday, anniversary etc. Anything really... (within reason)

If you would like, you can email myself at [grapevine@onetreehill.org.au](mailto:grapevine@onetreehill.org.au), you can message via Facebook or contact me on 0458 208 823 (I prefer SMS's).

Thanks for reading and hope you enjoy this edition.

*Kelly Fischer*

*Grapevine Manager*

## **Next OTH Progress Meeting**

**Thursday 13th October @ 7:30pm**  
**OTH Institute, Black Top Rd,**  
**One Tree Hill**



# ONE TREE HILL PROGRESS ASSOCIATION

## President's Report

It is with a heavy heart that we say goodbye to Ian and Kaye Slater from the district after 63 years of living amongst us. Ian was President of Progress for over 10 years and Kaye was one of our proof readers for the Grapevine. Both Ian and Kaye have served on Progress for many years and have made significant contributions to One Tree Hill to help make our town a better place to live and to visit. Thank you for your investment of time and efforts and we would like to wish you both the very best for your future.

A note that the Playford City Council elections are coming up in November. Please vote and have your voice heard. We have been informed that we have a selection of 10 candidates to vote for in Ward 3. An interesting selection of candidates are on this years menu. Please read the candidate profiles carefully and select who you think will be best suited to help One Tree Hill moving forward.

Also up for election is the position of Mayor. We have a choice of three candidates for mayor, including current Mayor Glen Docherty and candidate Shaun Reardon who strongly advocated for One Tree Hill and district in 2017 when the Playford Council tried to increase our council rates by over 30%.

I wish to acknowledge the ongoing support of One Tree Hill and Ward 3 in Chambers of Cr David Kerrison and Cr Andrew Craig. Without their support and contributions we would not be getting the \$3 Million McGilp Recreation Park upgrade. Thank you both for your contributions and wish you the best for the upcoming elections.

Warm Regards,

**Graham Watson**

President - One Tree Hill Progress Association

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# PLAYFORD COUNCIL - LOCAL COUNCILLOR'S REPORT

Dear Fellow Ratepayers and Residents, I hope this edition of the Grapevine finds everyone well.

**Blacktop Road / Yorktown intersection** - Following up from last month's Grapevine, the Mayor has written (as per Council Resolution) to Tom Koutsantonis MP, the Minister for Infrastructure and Transport, and Rhiannon Pearce MP for King inviting them to meet with Council, the One Tree Hill Progress Association and residents at the Blacktop Road and Yorktown Road intersection to address the short comings of the recent Road Safety Audit and resulting intersection concerns. We are hopeful of a positive response.

**McGilp Recreation Park Upgrade** - Council will be undertaking a 28 day community engagement process across October and November 2022. The engagement process will provide an opportunity for the community to provide feedback on the project.

**Cornishmans Hill Road** - While it has been excellent to see the increased rainfall this winter, it has added to the disastrous delivery of Cornishmans Hill road. The works again being delayed from the proposed 5<sup>th</sup> September until a suitable window is available to avoid the heavy rainfalls. I am hoping that the Asphalt reseal will be complete before this edition of the Grapevine is distributed.

The City of Playford's aim to meet the Austroads Guides is impacting the delivery of our Rural Road Renewal program. The increase in the carriage width is problematic in the hills and is often resulting in larger shoulder drop offs and water management issues. I have raised these concerns and completed roadside inspections with our CEO and the General Manager City Assets and will continue to seek resolve.



**Intersection of Hannaford Hump Road and One Tree Hill Road**: - Thank you to the residents that have raised the accident damage to the guard railing on the intersection Hannaford Hump Road and OTH Road (start of Snake Gully). The guard railing is the responsibility of the TTG Council. The City of Playford has made contact and can confirm that the TTG Council has raised a request for a quote.



**Potts Road and Gawler OTH Road Intersection**: - Thank you to the residents who raised the safety concerns with the signage. The existing T-junction sign has been reinstated appropriately with a supplementary sign (250m ahead). The assessment supported our concerns that the existing hazard marker sign may not be seen by some motorists in a combination of circumstances. The Council is proposing to upgrade the existing hazard marker sign with a larger sign of 3.2m (W) x 0.8m(H), with proposed works scheduled for October/November 2022.

TRAFFIC SAFETY IMPROVEMENT - UPGRADE THE EXISTING SIGN

**Olive Control Field Day** – The wild olive control is often time consuming and difficult especially in hilly terrain. Local residents have contacted me to gain information on the effective control methods, which has resulted in conversations with Green Adelaide and a planned field day on the 22<sup>nd</sup> October between 10am to 12noon. If you are interested in effective Olive Control methods, please keep an eye out for information from Green Adelaide.

**Blacktop Road Flower Beds** – The City of Playford will be preparing a consultation letter for residents that maybe affected by any changes to the existing flower bed removal works along Blacktop Road, One Tree Hill. The letters are planned to be sent in September / October 2022. Please provide your feedback to the City of Playford and raise any concerns with me.

I always enjoy a good community market and look forward to seeing you if you're available at One Tree Hill on the first Saturday of every month (excluding) January. If you happen to miss me at the One Tree Hill markets, you can catch me at the Craigmore Community Markets on the last Sunday of every month at the YMCA Building Craigmore between 10am and 2pm. Thank you for the local support and interest in our community.

Keep safe and kind regards,

Cr David Kerrison / Phone: 0478283879 / Email: [crdkerrison@playford.sa.gov.au](mailto:crdkerrison@playford.sa.gov.au)



**Cr David Kerrison - City of Playford**

Page · Adelaide, SA, Australia · Public figure · Community · Public & government ...



## CFS REPORT SEPTEMBER 2022

### Incident Report



With only 2 incidents over the last 4 weeks to the 13<sup>th</sup> of September, this has been one of the quietest months on record for the One Tree Hill Brigade. The first on the 20<sup>th</sup> of August was for a tree down on Gulf View Drive which took less than half an hour to clear and the second was a 3 car pile up at the intersection of Blacktop and One Tree Hill Roads on a sunny Sunday afternoon on the 28<sup>th</sup>. Fortunately, there were no serious injuries and the appliances called were able to return to the shed within 25 minutes.

### New Fire Danger Rating System

From September the 1<sup>st</sup> a new fire danger rating system, known as the AFDRS, has been introduced nationally by AFAC, the National Council for Fire and Emergency Services, to help introduce consistency between the states and reduce confusion. While the new system looks like the old one it has been developed scientifically and reduces the number of categories to four, these are Moderate, High, Extreme and Catastrophic and these focus on the likely behaviour if a fire should start and how you should respond.

**Moderate** means most fires can be controlled, and you should plan and prepare. **High** means fires can be dangerous, and you should be ready to act. **Extreme** means fires will spread quickly and will be extremely dangerous, you should act immediately to protect your life and property. **Catastrophic** means that if a fire takes hold, lives are likely to be lost, and for your own survival you should leave bushfire risk areas. Under the new system, our Fire Weather District remains the same, that is the Mount Lofty Ranges. More information available on both the CFS and AFAC websites if you are interested.

The One Tree Hill Brigade started our preparations in earnest for the upcoming fire season this week completing the first stage of our burn-over drills. This is an annual process and prepares us in case we are caught in a situation where we cannot escape an active fire front. This is also a good time for everyone in the community to review and update their fire plans and ensure they are prepared

One way you could use the new AFDRS is to build it into your own bushfire survival plan as a trigger and have different levels of action based on what the Rating is for a particular day. What, you don't have a plan? Making correct choices when you are threatened by the smoke, noise and confusion of a fire can be very difficult and having a written plan could help save your life and the lives of people around you. Making a plan isn't that hard and because each plan will be slightly different there are many resources available to help you. From the "5 minute bushfire plan" to more in depth advice, the CFS website is a good place to start.

For general information please contact OTH Duty Phone on 8280 7055.

You can also visit the CFS website at <http://www.cfs.sa.gov.au> or phone 1300 362 361



## ONE TREE HILL RURAL WATCH ~ CRIME REPORT

### Offences Reported between 13th August 2022 — 12th September 2022

Wednesday 17th August	<b>Residential Serious Criminal Trespass and Illegal Use of Motor Ve- hicle</b>	Chapman Road ULEYBURY	Front door of premises forced open. Vehicle stolen and subsequently located at Golden Grove on 1 <sup>st</sup> Sept. Suspect has been identified and further enquiries being undertaken in relation to CCTV etc.
Wednesday 7th September	<b>Residential Serious Criminal Trespass</b>	Gawler – One Tree Hill Road BIBARINGA	Entry gained to house via unlocked door. Entry gained to property by chain on front gate being cut Trailer and Tools stolen



**SOUTH AUSTRALIA POLICE  
SAFER COMMUNITIES**

**As always, if you have any information to assist with any crime issues in the  
area please call Police Communications on 131 444.**

Darren McCue / Senior Sergeant First Class  
ELIZABETH POLICE STATION

### PLAYFORD - WARD 3 - VOTE 1 - DAVID KERRISON

### MAKING A DIFFERENCE AND GROWING THE CHANGE

It has been a pleasure to serve the community and the residents of my hometown over the last four years. As your voice and advocate we have delivered with downward pressure on rates (average rate increase 1.96% well below the previous two term average of 5.09%), implemented debt reduction strategies (\$30M Debt Reduction), improved transparency with live recordings of meetings, increased community engagement & service delivery and significant & continuous savings.

The role of Councillor has also allowed me to advocate alongside the OTH Progress Association, the OTH Sports Association & clubs along with residents to deliver the required funding for the McGilp Recreation Park Upgrade, the backup generator for our township water supply, the relocation of our eastern township sign to improve safety & visibility, the planned footpath upgrade for Blacktop Road, pram ramps for the pedestrian crossing from the OTH Institute to the shops, increased service level in our verge mowing program (reach mower), the new memorial wall for the OTH Cemetery, the reduction of the speed limit for Humbug Scrub Road and assist many residents with local concerns.

It is great that we have been able to accomplish these results for our local community and the City of Playford however we have more to achieve.

In the next term I am planning to drive culture & staff efficiencies, address the problems with our road renewal programs, further address our roadside management and community issues as raised.

If you appreciate my commitment and dedication, please support me for a second term. I will continue to work diligently for the residents of Ward 3, engaging with the community as required on a one-on-one basis and via the OTH & Craigmore markets monthly.

Thank you for your support and kind regards,

**David Kerrison**      Phone: 0417847810 Email: [davidkerrison4playford@outlook.com](mailto:davidkerrison4playford@outlook.com)

Authorised by David Kerrison, Candidate for Ward 3 –City of Playford, PO Box 107, One Tree Hill SA 5114





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## It's time for change!



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### What I stand for

- A council that is transparent and accountable to residents
- Developing long term plans for sustainable development
- Improving the appeal of our neighbourhoods by increasing urban greenspace
- Lower rate increases

### For more information



Shaun Reardon - Candidate for Mayor, City of Playford



[puttingplayfordfirst@gmail.com](mailto:puttingplayfordfirst@gmail.com)

Written and authorised by Shaun Reardon, PO Box 179, Angle Vale SA 5117.

Dear Editor,

I recently attended a meeting of the One Tree Hill Progress Association, which reminded me of the first Progress Association meeting I attended in One Tree Hill back in May 2017. This was as a result of having chaired a community meeting in Angle Vale concerning the councils plan to change it's rating policy. The proposed policy change would have resulted in some massive rate increases across the community. Examples include, increases of 27.6% if your home was valued between \$400,000 and \$500,000 and if you had a primary production property valued over \$300,000 you would have faced a increase of between 21% and 221%. Increases like this are totally unaffordable for many.

It was only because of these established community groups that David Kerrison and myself where able to lead a campaign which brought the community together making a stand against those unjust rate increases in the small amount of time available. This resulted in a win for the community, but this is not a reason to be complacent. Being part of one of the fastest growing areas in Australia there are always new challenges around the corner so it's important for members of the community to take an interest in local issues. Don't let silence be your voice.

While the recent meeting I attended had much smaller numbers it's great to see the Progress Association continuing to be active across the community.

Shaun Reardon  
PO Box 179, Angle Vale.



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RhiannonPearceKing



Authorised by R. Pearce, Suite 1, Level 1, The Grove Shopping Centre, The Golden Way, Golden Grove SA 5125.

# VOTE: CRAIG



I am asking for your vote

Keep your local voice  
at City of Playford.

Along with David

Kerrison, who I support, I am a local. I live in One Tree Hill region. I also endorse Veronica Gossinck, Tom O'Donnell and Joe Federico. A vote for me means a voice on regional concerns, opposing rate hikes, improving services, and supporting our economic future. My commitment to you is to be your strong active advocate.

I commit my experience and energy to listen and represent you and the interests of locals. Authorised by Andrew Craig

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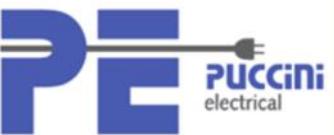
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# COUNTRY MARKET



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The cold weather necessitated a cold start to the last Country Market held on Saturday 3<sup>rd</sup> September. Visitors to our market were all rugged up and enjoyed shopping from an interesting collection of hand crafted gifts and products. New to the market were beautifully crafted pens and wooden boards. Some people purchased gloves and beanies knitted using bamboo thread to help alleviate the cool morning.

Do visit our Market on the first Saturday of every month, there are many talented craft makers present and you have the opportunity to talk to the makers.

Next month will include Plants, Produce, Gifts, Wooden toys, fabric bags & Craft papers.

Enquiries: Heather — 0457 107 817 / [market@onetreehill.org.au](mailto:market@onetreehill.org.au)



One Tree Hill Country Market



Enquiries can now be made online at <https://onetreehill.org.au/index.php/hall>

## Next Market:

**Saturday 1<sup>st</sup> October**

**8:30am — 12:30pm**

## One Tree Hill Institute Hall Hire

The One Tree Hill Institute is a beautifully maintained building with two inter-joining large halls, a complete kitchen and bar area.

The hall has a new surround sound system, TV, microphone facilities, and heating and cooling.

Outside you will find a sheltered playground that leads to picturesque garden areas which are ideal for photos.

The One Tree Hill Institute is an ideal location for Weddings, Engagement Parties, Birthday Parties, Reunions and Meetings.

*Why not come and have a look or check us out?*

**Ph: 0459 105 045**  
**[hall@onetreehill.org.au](mailto:hall@onetreehill.org.au)**

# WHAT'S ON IN OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**Saturday 1st** OTH Country Market (Pg 12)

**Sunday 2nd** Daylight Savings Starts (Clocks 1hr Forward)

**Monday 3rd** PUBLIC HOLIDAY (Labour Day)

**Friday 7th** Playford Council Mobile Library

**Saturday 8th** Mt Pleasant Farmers Market

**Thursday 13th** Progress Association Meeting (Pg 3)

**Saturday 15th** Mt Pleasant Farmers Market

**Sunday 16th** Gift Box Shoe Boxes for Children (Pg 14)

**Monday 17th** 1. Back to School - Term 4 (public schools)  
2. Trinity College Open Day (Pg 22)

**Friday 21st** Playford Council Mobile Library

**Saturday 22nd** Controlling Olives - Demonstration Day (Pg 22)

**Monday 24th** Diwali / Deepavali

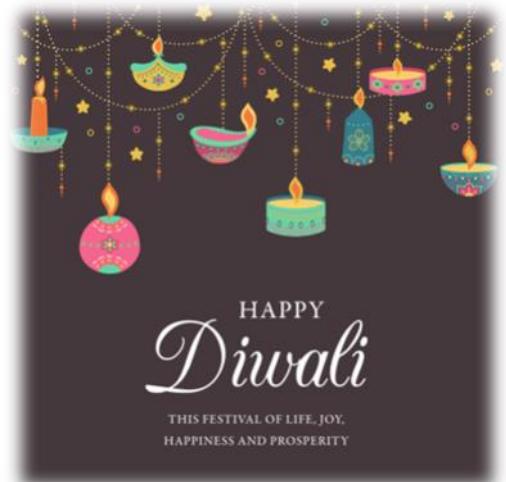
**Saturday 29th** Mt Pleasant Farmers Market

**Monday 31st** HALLOWEEN (Pg 19)

**Mobile Library**

*Alternate Fridays:  
3:00pm—4:00pm*

*Opposite Blacksmith's Inn  
7th & 21st October*





## One Tree Hill Uniting Church

*Our Vision - "People of Faith, sharing God's love as we Worship & Serve in the Community"*

### SUNDAY MORNING SERVICE

10:00am

The children's church program - **"Jesus and Me" (JAM)** is held each Sunday morning during the 10.00 am service.

All children are very welcome to come and join in.

### BIBLE STUDY/FELLOWSHIP GROUPS

The church has two Bible study / Fellowship Groups which are held:

First Thursday of the month - **1.00 pm**  
2<sup>nd</sup> & 4<sup>th</sup> Wednesday evenings - **7.00 pm**

### OTH MONTHLY MARKET - FELLOWSHIP STALL

Our ladies will be there each month selling their usual favourites - home-made cakes, slices, & biscuits. Drop on by and grab a bargain.

### WEDDINGS, BAPTISMS & FUNERAL

The church is available for any of the above Services. If you would like further information, please phone Edna on **8255 7987**

### RED BIRD OP SHOP

Opening hours 9.30 am-4pm, Monday - Friday.  
Address - 4 Hilcott Street, Rosewood Village, Elizabeth North.  
Donations of second hand clothing are always appreciated, and can be dropped off at the shop.

Enquiries – Maureen – **8280 7368**



### GIFT FILLED SHOE BOXES FOR CHILDREN

(“**Gifts of Love**”) which bring joy and hope to children in desperate situations around the world  
If you have been kind enough to fill a box, please contact Kendrie on **0419 994 332**

**no later than 16<sup>th</sup> October**

to arrange for it to be collected.

Alternatively, boxes can be brought to the church on a Sunday morning - by **16<sup>th</sup> October**.

**Thank you.**



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## What's Flowering In My Garden?

Spring has arrived but there's not much warm weather yet and with more rain forecast, we could enjoy a rather damp early Spring. With most dams full, many creeks are trickling well.

The Blue Wrens are building nests and the New Holland Honeyeaters have come together as a family to welcome the arrival of some youngsters.

Many shrubs are flowering creating many glorious splashes of bright colour throughout the garden. There's the large cylindrical spikes of both the red *Hakea buccelenta* and the pink *Hakea francisiana*. *Philoteca myoporoides*, a huge rounded mass of stunning cherry red and white flowers is attracting so many honey bees. The local *Hakea rostrata*, with its magnificent honey scented perfume is another magnet for the bees.

Many Grevilleas flowers have opened up and one spectacular Grevillea is Grevillea Jelly Baby. This stunning hybrid, a cross between *Grevillea lanigera* and *Grevillea lavandulacea* is a great small rounded hardy plant for any small or large garden. It bears bright mid pink spider like flowers over soft mid green/grey elliptical foliage and flowers from mid Winter to late Spring. This compact rounded plant provides a brilliant splash of colour and attracts many bees and foraging New Holland Honeyeaters. It is perfect as a border plant, as a focal point in a rockery or as a potted plant on a patio. Grevillea Jelly Baby grows well in full sun or part shade in free draining acidic soils but may need a little extra water during late Summer. It is available from most nurseries. If you have a few rabbits (or lots) it would be advisable to protect this most attractive plant with a tallish surround of wire mesh.

Grevillea Jelly Baby is one of my favourite plants. It is small rounded, compact and offers many brightly coloured mid pink spider like flowers over a long flowering time. Just beautiful.

*Article and photo provided by Heather Fischer @ Humbug Scrub*





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# ONE TREE HILL

## MONDAY 31<sup>ST</sup> OCTOBER



Hi, I am once again organising Halloween Trick or Treating for the kids of One Tree Hill (and surrounding area).

Each year the event seems to get bigger and it is something that the children love and look forward to.

I am seeking local residents to register their homes.

We put them on a map and have the kids trick or treat to those homes only. It would be fantastic if residents could contact me to let me know if they are happy for kids to visit. Please contact Tanya on

**0414 828 981 or email [tanya.abela07@gmail.com](mailto:tanya.abela07@gmail.com).**

If you have children who would like to participate, please also contact me as this gives us an idea of how many children will be attending on the night (and how many maps I need to make).

This year we will meet at the playground outside the Institute from 5:30pm. We will hand out maps from 6pm.

Thanks in advance and we look forward to the wonderful costumes and fun of  
Halloween!



### ONE TREE HILL CRICKET CLUB

McGilp Oval, McGilp Road,  
One Tree Hill

#### Players Wanted

Our club is looking for new junior (Boys and Girls)  
and senior cricketers

Places are available in the following age groups

Woolworths Cricket Blast Junior Blasters (5 - 8 yo)

Under 10's (8 - 10 yo)

Under 12's (10 - 12 yo)

Seniors

**Players of all abilities are welcome**

Come and join "The Billies"

#### Registration

Please register through Cricket Australia PlayHQ

Junior Blasters:

<https://www.playhq.com/cricket-australia/register/8e9787>

U10 & U12 and Seniors:

<https://www.playhq.com/cricket-australia/register/727195>

**Non-Playing Volunteers Also Welcome**

#### **Times**

Junior Blasters: 20 Oct – 8 Dec.

Thursday afternoons: 3.30 – 4.30 PM

U10 & U12: Oct – Mar, Friday evenings: 5.00 – 7.00PM

Seniors: Oct – Mar, Saturday afternoons: 1.00 – 7.00 PM

Training times to be confirmed

#### **Cost**

Junior Blasters: \$75

U10 & U12: Registration and Membership Fee: \$16.

Membership fee to be advised (\$120 last season.)

Seniors: Registration Fee: \$22.50.

Membership fee to be advised (\$200 last season.)

Family discounts apply.

Student and Unemployed Concessions available.

Payment plans available

#### **Contact**

Juniors:

Ben Schmidtke - 0421 711 626

[schmidtke@dodo.com.au](mailto:schmidtke@dodo.com.au)

Seniors:

Dave Armitt- 0419 695 359

For more information



## Why do Koalas sometimes eat a Termite Mound ?

Free range Koalas have been observed eating termite mound ( see image ) and soil.



This may be for minerals or digestive enzymes excreted by termites. Koalas with gut issues often ingest soil or termite mound. This may be another form of self-medication.

Koala Rescue appreciate all the help from the local One Tree Hill Community.

*Article written by Merridy Montarello / Photo by Carolyn Vince*

### REMEMBER:

***Do not pick up a sick koala, it can still inflict serious injuries with its teeth and claws.***

***If you see an injured, sick or orphaned koala please ring our free 24/7 hotline on 0474 737 283***

## **\*\* GREY WOLF AWARDS \*\***

Congratulations to senior One Tree Hill cubs Leila and Charlotte who were awarded their Grey Wolf Awards at Para Wirra in September. The Grey Wolf Award is the peak award in the cub scout section, and is only achieved by a small number of cubs each year.

Grey Wolf takes a huge amount of effort - great attendance and participation, organising and leading activities to complete Milestone 3, Stage 3 outdoor skills in Camping, Bushcraft and Bushwalking, completing 6 SIA (Special Interest Area) badges of their choice, planning and leading a 4 hour patrol hike, and attending a Cub Leadership Course. Leila led a 12km hike on the Heysen Trail at Mt Crawford, and Charlotte led a 9km hike in Warren Conservation Park.

Leila and Charlotte have shown exceptional dedication to cubs, and have demonstrated persistence in working towards this award, especially over the last 12 months. As they have turned 11, both girls have now moved up to the scouts section, ready to continue their scouting journey. Congratulations Leila and Charlotte! As cub leaders, we are equally proud of your achievements as your parents are.

*Steve Schneid (Akela) and Bindi Hawkey (Raksha), One Tree Hill (Kumanti) Cub Pack*





# Friends of Para Wirra / OTH Scout Group

## 2022 Whack a Weed Day



An impressive team of 51 turned out on 3rd September to tackle wild olives and bone-seed around an old clearing in the heart of Para Wirra. The weather was perfect for the task ahead.

One Tree Hill Joeys, Cubs, Scouts, Venturers, 6 Leaders, a couple of community members and the Friends of Para Wirra banded together for a brisk 2km hike out from the Lake to a lesser known part of the park, for a couple of hours of solid weed control, followed by a sausage sizzle.

The younger group of Joeys and Cubs focussed their efforts to help protect the Endangered Peppermint Box Woodland from boneseed invasion. The older group of Scouts and Venturers learned to treat wild olives by drilling and applying herbicide, guided by Friends of Para Wirra.

This part of the park didn't have a great display of Spring wildflowers for us as it is still regenerating from stock grazing days, but we had good views across the valley to Lizard Rock. A relaxing break at the Lake was appreciated by all, after a hard morning's work in the bush.

This community service event was a great opportunity for the Friends of Para Wirra to see the One Tree Hill scouts in action across all ages working naturally together in effective teams. It was noted that the scouts displayed teamwork and leadership skills which are not normally seen in other groups of young people. For their efforts, the scouts across all age groups will use this community service towards an Environment badge, and each member clocked up 4km on their bush-walking log total.

This was a challenging and new task for both volunteer groups to work on together and get to know each other. The Friends of Para Wirra volunteers were amazed at the energy and enthusiasm of the youth, while the youth were guided by the knowledge and expertise of the Friends of Para Wirra.

***We look forward to working and  
socialising together again soon!***



Hiking to the weeding location



Getting to work on the boneseed



Lining up for a BBQ



Cubs working together  
with cutters and poison  
to kill bone-seed



The result: this thoroughly  
treated olive is unlikely to  
need any follow up work!



The drilling technique



Cubs and Joeys working  
in the bushland



2 teams working on one  
old wild olive



Boneseed

## OTH PLAYGROUP NEWS

In the second half of term playgroup children have been busy as ever. The children have celebrated their 'cool Dads' by making ice lolly cards for Father's Day. We have also made handprint Zebras while enjoying the stories 'Za-Za's Little Brother' by Lucy Cousins and 'The Shy Zebra' by Philip Gwynne, and decorated leopard faces with finger painted spots and read 'Spots or Stripes?' by Vasanti Unka. Most recently we have celebrated the arrival of Spring by making flowers from pop sticks and muffin cases and shared the stories 'When Spring Comes' by Kevin Henkes and 'Alfie Weather' by Shirley Hughes. Next week we will be making our own multicolour, shiny rainbow fish and enjoying the classic books by Marcus Pfister.

New members are always welcome to join at any time. The first two sessions are free and there's no requirement to book places in advance. Playgroup is a great opportunity for little ones to develop friendships, learn new skills and have fun with a parent or carer, not to mention providing the chance for parents to make new friendships with Mums and Dads at the same stage in life. Please text Charlotte on 0426 978 262 or message our Facebook page 'One Tree Hill Playgroup SA – Information' for more details.



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# R U OK?

## **A Mental Health & Wellbeing Article by One Tree Hill Local Natasha Steen**

On Thursday 8<sup>th</sup> September Australia observed RUOK day. Do you know what this day is all about? The concept is simple... reach out to someone near you and check in if they are ok. "RU OK" was founded in 2009 – it is an Australian non – profit suicide prevention organisation. It revolves around the slogan "RU OK" and advocates for people to have conversations with others. Many workplaces and schools are starting to recognise this day and offer education around the concept.

Once per year this organisation sets aside a natural day of action to remind Australians that every day is the day to ask, 'Are you ok?' and to try to start some warm conversation if we spot any signs that someone is struggling with life.

Some of the signs we can look out for that may indicate someone is not ok:

- Major health issues
- Relationship challenges
- Describing being overwhelmed
- Acting differently
- Experiencing grief
- Changes at work
- Not engaging socially
- Agitated
- Just not themselves
- Moody
- Less interested in their physical appearance or hygiene

If we notice these signs it can be awkward to know what to do. Here are a few basic tips...

### **1. Ask RUOK? For example:**

- "How are you going – What has been happening for you lately?"
- "You seem less chatty than normal – How are you going?"

If they don't want to chat, try to share your concern and leave them with something like "Please call me if you ever want to chat?" OR "Is there someone else you would rather talk to?"

### **2. Listen with an open mind**

- Don't judge
- Don't feel you have to have all the answers
- Repeat back what you hear to show you understand

### **3. Encourage Action**

- Ask what they would like from you
- Be positive and encourage the role of professionals – seeing a Doctor/Counsellor/Psychologist – or check out my resource list below...

### **4. Check in**

- Once someone has opened up a little to you - pop a reminder in your calendar for a gentle follow up.

If you think someone is in immediate risk of suicide, please call 000 and ask for an ambulance.

Remember you don't have to be an expert to make a difference. Just by keeping the conversation going and showing someone you care can be just what they need to access appropriate help and avoid any crisis.

For more information head to [ruok.org.au](http://ruok.org.au) - RUOK website offers you lots of different scenarios and how you can approach the conversation and ask if you are ok. Also - you can always contact Lifeline on 13 1114 for 24/7 help.

*Article by Natasha Steen  
Counselling and Coaching /  
natasha.steen11@gmail.com /  
0400 740 003*





# Come & explore Trinity College

Monday 17 October 4pm  
Thursday 3 November 9:15am

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[trinity.sa.edu.au](http://trinity.sa.edu.au)

TRINITY COLLEGE

## DEMONSTRATION DAY CONTROLLING OLIVES

Controlling olives? Looking for the best option?

Join us and other property managers to  
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An experienced weed controller will demonstrate methods and herbicide  
application to kill a variety of aged and different forms of olive trees.

Methods will be provided for a range of situations, including  
for sensitive natural vegetation sites and open grazing land.

Methods demonstrated will include conventional applications  
of "drill and fill" and "cut and swab", and the new "basal bark application".

When: Saturday 22nd October  
Where: Yattalunga- One Tree Hill

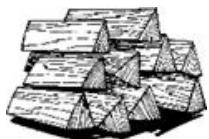
Time: 10am - 12pm

Cost: FREE

What to wear: closed in shoes and sunhat

Please RSVP by 18 October to  
Monica Seiler 8256 0411 or email  
[monica.seiler@sa.gov.au](mailto:monica.seiler@sa.gov.au)

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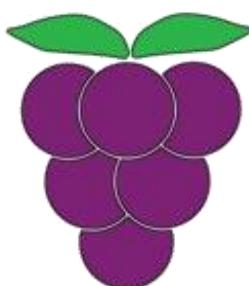
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# One Tree Hill Community Directory ...

Council Members	David Kerrison	0478 283 879	OTH Playgroup	Charlotte	0426 978 262
	Veronica Gossink	0411 733 847	OTH Progress Association	President	0417 861 623
Council Member & JP	Andrew Craig	0417 016 160		Treasurer	0406 382 342
Cricket Club	Brad Schmidtke	0421 711 626	OTH Primary School	Principal	8280 7027
Federal MP	Matt Burnell	0416 587 800	OTH Vet Clinic	EquiClinic	8280 7947
Fodder Store	Ron & Julie	7092 4976	Para Wirra Conservation Pk	Office	8336 0901
Friends of Para Wirra	friendsofparawirra@gmail.com		Pharmacy	Shadi Ibrahim	8280 7890
General Store & Diner	Matt & Rachel	8280 7020	OTH Gift & Post Office	Wain	8280 0090
Home Assist	Playford Council	8256 0355	Scout Group (Group Leader)	Mike Branson	0430 422 895
Koala Rescue Hotline		0474 737 283	Senior Citizens	Louise Niva	0409 315 625
Northern Hills Pony Club	Sharon	0401 214 950	Soccer Club (President)	Jake Milka	0439 280 608
OTH Grapevine	Compiler (Kelly)	0458 208 823	State MP	Rhiannon Pearce	0451 695 400
OTH Country Market	Enquiries (Heather)	0457 107 817	Tennis Club (President)	Garry Evans	0415 399 658
OTH Institute Hall	Enquiries & Bookings (Pat)	0459 105 045	Walking Club (Walkie Talkies)	Helen	8280 7035

## A to Z of One Tree Hill Local Advertisers ...

Angus Firewood Splitting	0412 395 017	JI Smith Earthworks	0412 397 225
Brian Hughes Firewood	0427 910 801	Just Wrecking Toyotas	8359 4499
CE Property Real Estate	8280 0033	Mowers Plus	8250 5666
DN Roof Tiling & Restoration	0423 575 558	NCPS Industrial Pumps	8285 2344
ESJ Installations	0409 426 255	Olympic Drilling & Boring	0408 847 060
Firescape	0424 407 415	Puccini Electrical	0421 773 673
GGD Maintenance	0411 581 986	Roger Girdham Electrical	0417 853 863
Haywood Carpentry	0411 527 694	Tony Bobridge	0408 899 688
Inspiring Landscapes (Rick's Earthworks)	0418 829 332	Trinity College	8522 0666
Jim's Mowing	0407 733 832	V&S Electrical	0412 303 676

## Playford Council Contacts

24hr Emergency & Lost/Found Dogs. General Enquiries & Burning Permits (Seasonal)

Phone: 8256 0333 or Email: [playford@playford.sa.gov.au](mailto:playford@playford.sa.gov.au)

When telephoning council with request please remember to get a Customer Reference Number (CRN) to ensure registration and easy identification of your communication.

