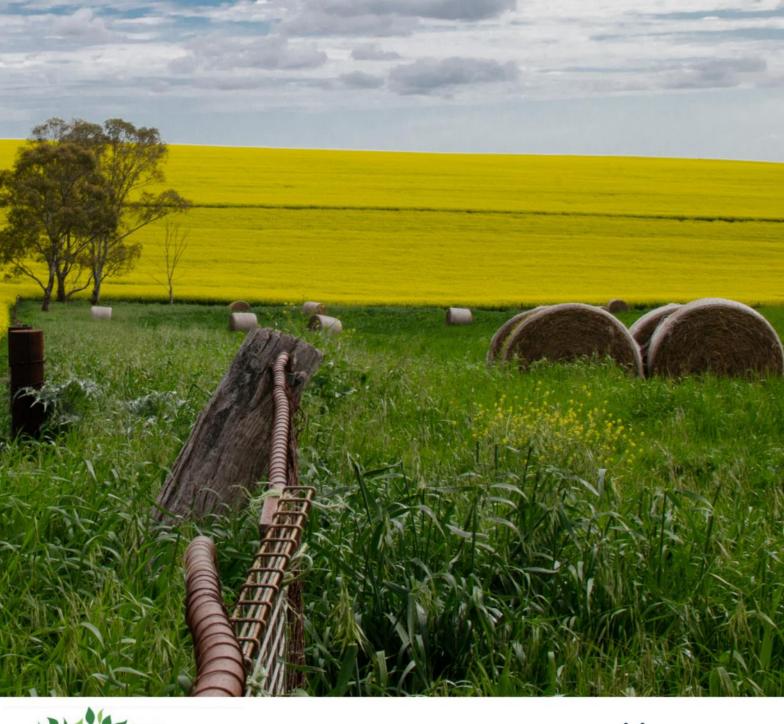
VOLUME 46 AUGUST 2023 EDITION 8





One Tree Hill Progress Association

COMMUNITY MAGAZINE

Photo: Alan Gill Instagram: alangillphotography



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From the Editor...

Welcome to August Grapevine. It's JAM PACKED!! So many awesome articles and information for you.

Natasha Steen has returned with an article which I know a few people have been asking about. Thank you Natasha.

A few new advertisers this month too, so if you need a service etc have a look on the last few pages, might be someone local!

Be sure to check out the CFS report page with information on a focus group here in OTH.

As always, feel free to share any events, birthdays, anniversaries etc via the Facebook page. We are happy to share these and other community information you may have.

EDITION IS 15TH AUGUST 23

grapevine@onetreehill.org.au 0458 208 823

To advertise in the Grapevine you must live in One Tree Hill (or surrounding areas), or operate a business that provides a unique service to the district.

The One Tree Hill Grapevine is published by the One Tree Hill Progress Association. The views expressed in the One Tree Hill Grapevine are not necessarily those of the One Tree Hill Progress Association. Whilst every effort has been made to ensure that information in this publication is fair and accurate, One Tree Hill Grapevine cannot be held responsible for any content or advertisement, including errors or omissions.



Kelly FISCHER Grapevine Manager

COMMUNITY MAGAZINE

The Grapevine is a great way to share local news, views and events. A Gold Coin Donation towards the cost of production would be greatly appreciated.

Please place a gold coin donation in the 'Piggy Banks' at:

- General Store

- Post Office

- Pharmacy

- OTH Country Market
- Fodder Store

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ONE TREE HILL PROGRESS ASSOCIATION - PRESIDENT'S REPORT

Wow I can't believe it is August already, we have had a few things happening over the last month.

The fire siren has been removed from its current location, big thank you to Roger and Angus for assisting with this. I would also like to acknowledge and thank the McKay Family for the donation of the fire siren to the One Tree Hill community.

At the July meeting, Progress approved new signage for out the front of the Institute and on the corner of Precolumb Rd and Black Top Rd.

Lastly, a communications sub group was appointed and we are currently looking into reinstating a local Neighbourhood Watch Program. So if you have an interest in community safety, communication and marketing, event or project management let us know. Maybe you have some skills you could share or maybe you want to learn a new skill or two.

There are many ways you can be involved in Progress. Meetings are held monthly at 7:30pm on the second Thursday of the month (you can come at 7pm for a coffee and chat before the meeting) members don't have to attend every meeting but the more community involvement the better the community is represented and we all know a connected community is a strong community.

You can always reach out to us via email or our website.

Let's work together to keep our community safe and connected.

Take Care - Tabatha Pettigrew

President - One Tree Hill Progress Association

OTH Progress Association - MEETING

THURSDAY 10TH AUGUST 2023 @ 7:00PM FOR 7:30PM START

ONE TREE HILL INSTITUTE, BLACK TOP RD

YOU CAN ALSO READ THE GRAPEVINE ONLINE

WEB SITE: http://onetreehill.org.au

Select the 'Grapevine' page link and scroll down to 'Read the Grapevine Magazine Online'. A large number of past editions are also available to download.

Head to our Facebook page and give it a "Like"



One Tree Hill Grapevine



PLAYFORD COUNCIL - LOCAL COUNCILLOR'S REPORT

Dear Fellow Ratepayers and Residents,

The last month has seen an increase in community feedback on local matters. Thank you to the residents that have made contact via email, phone and visited me at the One Tree Hill Markets.

I really appreciate being kept in touch on local matters however please first register your concerns by placing a Customer Service Request (CRS) with the City of Playford. The Customer Service Centre can be contacted, by phone on (08) 82560333 or by email to playford@playford.gov.au. The City of Playford – My Playford app is another convenient method to place your CRS. If you haven't downloaded the app, please take the time to have a look.

The CRS system is used to collect data and is used in the prioritisation process of service delivery and assists me when advocating on behalf of the community on local matters.

The tender process for detailed design has commenced for McGilp Recreation Park. The project is on track to be delivered in accordance with the project schedule. The works are planned to commence in December 2023 with a completion date of December 2024.

Thank you to the residents that have raised the traffic concern on Burnett Drive at school drop off and pick up times. The recent survey between the 29th May and the 8th June 2023 adjacent 12 Burnett Drive showed the average speed at this location was 36.86 kph with the average traffic volume of 516 vehicles per day. As expected, the peak volumes were between 8-9 am and 4 to 5pm. Council staff are yet to consider issues and potential rectifications regarding school traffic and pedestrian safety. The work will be scheduled pending the recruitment of the currently vacant traffic engineer role.

The school traffic congestion and the impact upon our community is constantly raised by residents. When I attended the OTH Primary School in the 1970's, the school was serviced by two buses. The school numbers have increased, the bus service cut which has heavily impacted traffic congestion. I have previously raised the need for the return of a bus service as a positive solution with our former MP. Thank you to the local resident for emailing me with the recommendation of a bus service. I have raised this recommendation with the administration and will continue discussions.

Please visit my FB page Cr David Kerrison – City of Playford for the latest information on:

- The One Tree Hill cemetery update.
- The Yorktown Road / Blacktop Road Intersection.
- Uley Road, Uleybury, Motion for safety review.

I will continue to be at the One Tree Hill Market on the first Saturday of every month (excluding January) to engage and discuss local matters. I'll now be located at the community table inside the hall from 9:30 to 11:30 am, hopefully see you then.

Keep safe and kind regards





Cr David Kerrison / Phone: 0478283879 / Email: crdkerrison@playford.sa.gov.au



CFS REPORT - JULY 2023

Incident Report

The month started with a three-week period from the 9th of June to the 1st of July where there were no callouts for the Brigade. That was very unusual considering the adverse weather conditions, although there were a couple of minor incidents reported elsewhere which did not warrant a callout.

This quiet period was broken by a series of 3 car accidents on the 1st and 2nd of July. The first of these occurred at the intersection of Gawler-One Tree Hill Road and Alexander Ave and involved a clean-up following a 2-car collision at the junction. An MFS vehicle dispatched to the incident in case of entrapment was turned around and the crew on scene cleared debris and waited while both cars were cleared away.

The following morning saw 2 incidents within 15 mins of each other. The first was a collision between a car and a tow truck. The driver of the car was able to exit the car with assistance and was taken to hospital by private vehicle. The third in the series of accidents occurred not far from the Kentish Road intersection and involved a car versus tree, with vehicles responding from One Tree Hill, Dalkieth CFS and Gawler MFS. The following week saw 2 trees down. One on the 6th blocking the One Tree Hill rd near Shillabeer Road and the other on the 8th blocking Uley Road. Both these incidents were able to be completed within half an hour of the callout.

A crew attending Breathing Apparatus training at Dalkieth were called to an actual 'BA' incident on the 14th when the contents of abandoned stables at Womma Road caught alight. There's no training like the real thing! While on the subject, it's great to see the number of 'BA' operators increase with 2 members completing their 'BA' accreditation. 'BA' is used not only at house fires, but also car fires where toxic fumes are common, and hazmat (hazardous material) incidents.

<u>El Niño Summer:</u> Early advice is that there is a very high probability (around 70%) of an El Niño event developing over the upcoming months with the weather bureau releasing an El Niño alert on the 6th of June. These events typically produce a warm-dry spring over south-eastern Australia and result in increased fire danger over the ensuing summer. It is pleasing to see several landowners getting an early start on clearing their properties for the upcoming fire season.

With August just around the corner, a reminder to all members that there is an Annual General Meeting on the 7th of August. With another year passed, the Captain would like to thank all members, especially those who have taken on extra responsibility for the Brigade. This year is a 'voting' year for all positions at the Brigade and *attendance is compulsory*. Brigade members are asked to familiarise themselves with new voting guidelines recently released by the CFS and distributed to all members.

Finally, congratulations to those members of the Brigade who received medals recognising long service with the Brigade. In a ceremony on the 2nd of July. Congratulations also to the Brigade team who collectively performed over 20,000 push-ups for the Push-Up Challenge raising over \$2,400!

For general information contact the OTH Duty Phone on 8280 7055 or visit the CFS website at www.cfs.sa.gov.au.

BUSHFIRE ARCHETYPES COMMUNITY FOCUS GROUP

Meeting communities where they are – CFS surveys South Australians to create tailored approaches for bushfire preparedness and response

The SA Country Fire Service (CFS) is seeking to understand bushfire preparedness attitudes in the lead-up to the 2023/2024 Bushfire Danger Season. Join this two-hour workshop focusing on community bushfire engagement and help keep SA communities safe by sharing your attitudes towards bushfire preparedness.

Attendees can share their thoughts on how to engage different community groups to increase behavioural change. The workshop will be facilitated by Kantar Public, a South Australian market research company.

Don't miss this opportunity to help shape the future of bushfire preparedness and community resilience. Together, we can be ready for bushfire emergencies.

<u>DATE</u>: 15th August <u>TIME</u>: 18.00-20.00 <u>VENUE</u>: One Tree Hill CFS Station

CONTACT: CFS Community Engagement Ph:8115 3319 / Email: cfs.communityengagementsupport@eso.sa.gov.au

ONE TREE HILL RURAL WATCH - CRIME REPORT

OFFENCES REPORTED BETWEEN 11/6/23 AND 13/7/23

30 June Unlawfully on Premises

McGilp Road ONE TREE HILL

Unknown male observed on CCTV entered rear yard of premises and left shortly after. Incident occurred at approx 6:45 am. Nil stolen.

11 June Residential Serious Criminal Trespass

Craigmore Road ULEYBURY

Rear window smashed to gain entry to house.

13 July Property Damage

Bassnet Road HUMBUG SCRUB

Road work vehicle left at location overnight. Windows on vehicle smashed and a small amount of property stolen.

SAPOL/SAAS and CFS have attended numerous vehicle accidents within the One Tree Hill area over the last month. The number of collisions is abnormally high and this may be due to weather conditions and/or driver inattention. The current road toll for South Australia is $1/3^{rd}$ higher at this time of the year compared to the same time last year. Please drive to the weather conditions and in the absence of any blue tooth connection for your mobile phone – ignore the call/text until you come to a complete stop in a safe location. One poor decision can cause immense ongoing impact to many people.

As always if you have any information to assist with any crime issues in the area please call Police Communications on 131444 or the undersigned.

Darren McCue - Senior Sergeant First Class

Elizabeth Police Station

SOUTH AUSTRALIA POLICE SAFER COMMUNITIES

SPOTLIGHT ON POTHOLES

It's that time of year in the midst of winter when small holes in the road surface can quickly become a major traffic hazard thanks to the frequent and prolonged downpours we often experience. Potholes are easy to report and both Playford Council and the DTI are quick at responding and will often fix potholes within 24-48 hours. Potholes flagged as urgent/dangerous are usually rectified the same day. However, they cannot fix them if they don't know about them! Please be community-minded and report any potholes you see; it doesn't matter if multiple people end up reporting the same pothole/s and it may actually help expediate the filling in process.

Who to contact:

Body	Contact Details	Applicable roads in our area
State	Dept of Transport and Infrastructure Traffic Control	Black Top Rd, Yorktown Rd, Kersbrook Rd
Government	Centre: 1800 018 313 (phone line operates 24 hrs	Humbug Scrub Rd (as far as Para Wirra Conservation
managed	a day & is permanently staffed. You may have to	pk)
roads	hold, but all calls are answered)	Main North Road
Playford	08 8256 0333	Roads in Bibaringa, Yattalunga, Uleybury, One Tree Hill,
Council	Playford@playford.sa.gov.au	Sampson Flat, Humbug Scrub (as far as Basnett Road,
	Playford Online Services:	the boundary with Adelaide Hills Council)
	https://www.playford.sa.gov.au/live/city-	One Tree Hill Road (as far as Shillabeer Road, the
	infrastructure-and-maintenance/roads-and-	boundary with Tea Tree Gully Council)
	transport	Gawler-One Tree Hill Road (as far as Somerton Road,
	·	the boundary with the Town of Gawler Council)

Tea Tree Gully Council: https://my.teatreegully.sa.gov.au/s/ customerservice@cttg.sa.gov.au Tel: 08 8397 7444

Adelaide Hills Council: https://www.ahc.sa.gov.au/council/contact-us/report-an-issue Tel: 08 8408 0400

Town of Gawler Council: https://www.gawler.sa.gov.au Tel: 08 8522 9211



MENTAL HEALTH - Feeling it is the way to go

Some people drink it, some smoke it, some gamble it. Others hide it, ignore it, or argue it out.

Let me give you a few scenarios:

After experiencing trauma, Jennifer shut down. She became quieter and more reserved, and she turned to smoking as a coping mechanism. What she didn't do was properly *feel* or seek help around the impact of the trauma.

Or how about Michael? When one of Michael's closest friends died, Michael pushed his feelings aside thinking 'I'll be right'. He thought he didn't need to attend to his feelings, but really, he was afraid of grieving as he didn't know how it would *feel*. Michael soldiered on, but so did his gambling habit.

Finally, we have Christian. Instead of taking ownership of his feelings and poor self-esteem, Christian uses aggression to deflect *feelings* that have never been dealt with.

In each of these examples the healthier choice would be to learn how to "feel it" rather than "smoke it, gamble it or argue it! Of course, the 'it' that I'm talking about is the emotion that comes out of our life experiences.

While feeling 'it' is rarely the easier choice, it is the healthier choice – research has shown that denying, ignoring, or putting feelings aside can make these emotions more intense.

Some of the typical reasons people hide/mask feelings are: **To avoid showing 'weakness'** – showing emotion can put you in a vulnerable place; it's normal to want to avoid exposing vulnerabilities to others.

To avoid getting hurt – people often hide emotions to protect their relationships or avoid conflict.

A lack of confidence – if you grow up receiving the message that your opinions and feelings don't matter, you'll likely learn to hide your feelings from an early age.

On the surface these might sound like valid reasons, but by not allowing yourself to feel and express emotion you risk: Your negative feelings becoming more intense.

Your unexpressed emotions having a negative impact on our communication, leading to conflict with people we care about.

A build-up of stress in your body. <u>Unaddressed stress tends</u> to linger in the body, where it can contribute to diabetes, sleep issues, high blood pressure, or even heart problems.

In my work, I support people who want to uncover or explore reasons for their emotional suppression. I help them understand how they can get in touch with these feelings and to develop strategies to manage their emotions going forward. This may include working through what is going on in their head and how they can acknowledge who they are, why they are how they are and what experiences have shaped them.

It can take time and effort to learn to share feelings openly, so the first thing I do when I meet with people is encourage people to give themselves a pat on the back for taking the first step. They have reached out and are feeling it!

If you'd like to get more comfortable with feeling, here are a few things that might help.

Practising mindfulness. Try taking a deep breath and saying to yourself *I am feeling really angry, I am feeling really sad.* Sit with that emotion in the moment.

Sharing your feelings honestly. There are ways to share feelings, even negative ones, without being inappropriate. You can practice emotional communication by opening up to loved ones and others you trust. Try using 'I' statements to bring up feelings respectfully.

Talking to someone you trust. Opening up and sharing with someone your trust is a great way to start lightening the load.

Keeping a journal. A journal is for you and you only, so let loose and get your feelings onto the page.

Reaching out to a therapist/counsellor if you have let emotions build up for a long time. It will be important to learn what helps you when you get certain big emotions.

Understandably we don't share every little thought and feeling with other people, but if you have strong feelings of anger, sadness, guilt, regret, or depression, I encourage you to not let these build up. Take a first step and chat with someone you trust. Just by talking, you take some of the load away from yourself. It can make a big difference in how you enjoy life.



NATASHA STEEN

BA (Psych), GradDipSocSc (Counselling) M.A.C.A. Counsellor | Coach | Speaker | Founder



WHAT'S FLOWERING IN MY GARDEN

Heather Fischer, Humbug Scrub

It's Winter! I can't work in the garden after 5.30 pm as it is too cold and too dark to see those unwelcomed biting insects. It has been quite wet with extremely useful rainfall but we have endured some windy days and nights. As the Winter solstice is behind us, the daylight hours of sunshine is increasing , minute by minute.

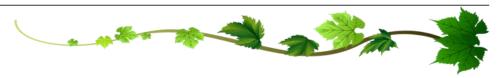
The white, cream and yellow jonquils with their distinctive perfume permeating the moist atmosphere are in full flowering mode. These flowering bulbs have certainly brightened up the garden. Early flowering daffodils have sprouted with some even showing their flower buds.

There are a few early blooms on the local wattles, Acacia pycnantha as well as Acacia myrtifolia. These brilliant yellow puff balls remind me that flowering plants can brighten up the dark and gloomy grey days of Winter. Acacia acinacea is another locally growing wattle that is soon to burst into flower. This wattle grows throughout south eastern Australia on a variety of soils and can be seen along our roadsides and in our paddocks. It is very hardy, drought tolerant and can grow to a height of 2.5m and live for approximately 15 years. This wattle may have a spread



of 2m and only be 40cms high and other plants may have several gangly sprawling branches. Branches bear shiny mid green phyllodes which look like leaves and it is from the base of the phyllodes that two stemmed puff balls of brilliant golden yellow emerge. The flowers are held all the way along the stems/branches and are a delight to the eyes. The new growth of Acacia acinacea is quite spectacular being a golden bronze red shade which is set off against the shiny mid green phyllodes. Many pollinating insects visit this colourful hardy plant which will produce many spirally, coiled and irregularly twisted seed pods. Mature seed pods produce many shiny dark browns seeds which are enjoyed by many seed eating birds and seed collecting ants. This delightful wattle is suitable for any small garden and is a worthwhile addition to any garden of Native plants.

Acacia acinacea, Just Beautiful.



BIRDS IN MY BACKYARD Julie Buttery, Humbug Scrub

Lunch time. I'm looking out my dining room window and can see three species of little birds.

An unidentified brown bird is checking out the window frame.

A troop ("flock" sounds too large) of Superb Fairy-wrens are working through the leaf litter. They appear from this distance to be three females and two non-breeding males. The beak colour is indicative of sex and status.

And now a red-browed finch has wandered up. It's on the edge of the wren group, possibly feeling safer as part of a group although they tend to prefer more cover where they feed.

My lunch may last longer than usual. If we move we will probably scare them away.

Red-browed finches (*Neochmia temporalis*) tend to hang around in large groups. Twenty or more is not uncommon. They are sometimes called "firetails" but true firetails are a different species.

Adult red-browed finches have a red stripe through the eye and extending into the red bill. They also have red on the upper rump with grey under the rump and a black tail. Females tend to be paler than males, but sometimes not notably so. Their olive green back and wings blends to a pale or grey chest. Juveniles do not have the red brow or bill.

And, outside my window, more finches have arrived. There may be as many as twenty in the group now. With the increase in numbers they are more confident. The flashes of red as they move in the green grass catch the eye. Although finches are primarily seed eaters, they do also hunt insects. Their preferred habitat is grasses with small seeds but they must have sheltered places to hide from more aggressive birds and predators.

Red-browed finches share the shrubs (those with closely packed small branches) with the fairy-wrens.

birds RAW/8823





ONE TREE HILL PLAYGROUP

Playgroup celebrated the end of this very successful term with a dress up day and a variety of delicious party food including cakes, cookies and assorted fruit. The cold weather kept the group indoors mainly, but it didn't deter the more adventurous children from enjoying the playground. The bouncy castle in the hall was a great way to use up

surplus toddler energy and work up an appetite for snack time for those who preferred to stay in the warm. At craft time the children made winter icicle snowflake wands complete with glitter glue decoration ready for a game of 'Freeze'! Playgroup is lucky to have such a big hall space at the Institute which enables a variety of activities to be set up simultaneously.

At the end of the session sadly it was time to say goodbye to two children leaving playgroup to start school and kindy in the mid-year intake. They were presented with their graduation certificates, and they will hopefully take with them happy memories of playgroup as they continue on their education journeys.

It was also Charlotte's final session, so she too received a graduation certificate in recognition of all her hard work as Chairperson and Co-ordinator of Playgroup over the last five years.

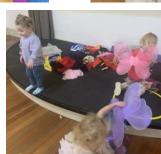
Playgroup resumes for Term 3 on Monday 24th July from 9.30 am at the Institute, and it would be wonderful to see some new faces there.

Playgroup is a great opportunity for little ones to develop friendships, learn new skills and have fun with a parent or carer. New members are always welcome at any time; just turn up to the Institute on a Monday morning during school term time, or for more information text Julie on 0427 937336 or message the Facebook page 'One Tree Hill Playgroup SA – Information'

























KOALA RESCUE NEWS Bronwyn Wilton

RESCUE

KOALA COMMUNICATION

Koalas use a range of sounds to communicate with each other over large distances.

There is a deep grunting bellow that the male uses to signify it's social and physical position. Males will save fighting energy by bellowing their dominance.

Female's do not below as often as the male, but their calls are also used to express aggression as well as being part of sexual behaviour, often giving the impression of fighting. Female koalas and joeys make a soft clicking sound, squeaking sounds and a gentle humming or murmuring sounds to one another, as well as gentle grunts to signal displeasure or annoyance.

All koalas share a common call which is elicited by fear.

Which is a cry like a baby screaming and is made particularly when the koala is under stress. It will often be accompanied by the animal shaking.

<u>REMEMBER:</u> Do not pick up a sick koala, it can still inflict serious injuries with its teeth and claws. If you see an injured, sick or orphaned koala please ring our free 24/7 hotline on 0474 737 283



ONE TREE HILL UNITING CHURCH



SUNDAY MORNING SERVICE 10.00 AM

The children's church program - "Jesus and Me" (JAM) is held each Sunday morning during the 10.00 am service.

All children are very welcome.

MONTHLY FELLOWSHIP MEETINGS

Held on the 4th Wednesday morning, every 2nd month.

Next meeting – 27th September, 10.00 am **Everyone Welcome**

BIBLE STUDY/FELLOWSHIP GROUPS

Held on the first Thursday of the month at 1.00 pm.

WEDDINGS, BAPTISMS & FUNERAL

The church is available for any of the above services.

If you would like further information, please phone Edna **on 8255 7987**

RED BIRD OP SHOP

Opening hours 9.30 am–4pm, Monday - Friday. Address - 4 Hilcott Street, Rosewood Village, Elizabeth North.

Donations of second hand clothing are always appreciated, and can be dropped off at the shop.

Enquiries – Maureen – 8280 7368



COUNTRY MARKET



SATURDAY 5TH AUGUST

8:30AM-12:30PM



One Tree Hill Country Market

ENQUIRIES:

HEATHER 0457 107 817

MARKET@ONETREEHILL.ORG.AU

The weather for the last market was cool but dry but it is Winter time. Stallholders and visitors enjoyed the indoor warmth that our Hall's air conditioning offers. Pot holders and casserole carriers were popular sales items as well as beanies and fabric shopping bags.

Are you in need of a hand crafted wooden cheese board or a beautifully crafted pen? Do visit the market to speak to the maker, Chris. You may be able to do some early Christmas gift shopping. Sarah and Sonya have scented candles. Rosemary has knitted baby clothes. Lee has exquisite one of a kind book marks, all worth a good look and purchase. There is so much more available.

Do visit the next market to meet Linley, the Playford Council's Community Engagement Officer. She's happy to listen to your concerns and hopes and dreams that are associated with living in One Tree Hill township and it's greater rural area.

See you at the Market for some CRAFT PRODUCE PLANTS & PRESERVES

P.S. The Blacksmith Inn is open from 9.00am on market mornings. You can wander through the market and enjoy lunch and perhaps live music at the Blacksmith Inn.

ONE TREE HILL INSTITUTE HALL HIRE

The One Tree Hill Institute is a beautifully maintained building with two inter-joining large halls, a complete kitchen and bar area.

The hall has a new surround sound system, TV, microphone facilities, and heating and cooling.

Outside you will find a sheltered playground that leads to picturesque garden areas which are ideal for photos.

The One Tree Hill Institute is an ideal location for Weddings, Engagement Parties, Birthday Parties, Reunions and Meetings.

Why not come and have a look or check us out?

Ph: 0459 105 045 hall@onetreehill.org.au



Enquiries can now be made online at https://onetreehill.org.au/index.php/hall



What's on in AUGUST

SU	JNDAY	MONDAY	TUESDAY	WEDN	IESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2		3	4 Jeans for Gens	5 OTH Market
6	WAIK	7 WAIK	8	9	WAIK	Progress Association Meeting	11 WA	OF
13	WAIK	14 WAIS	15	16	WAIK	17	18 WA	19 Mount Pleasant
20	WAIK	21 WAIS	22	23	WAIK	24	25 WA	OF
27	WAIK	28 WAIK	29	30	WAIK	31		

Saturday 5th OTH Country Market

Thursday 10th OTH Progress Meeting

Thursday 15th GRAPEVINE DEADLINE

Tuesday 1st Horse's Birthday

Friday 4th Jeans4Genes Day

Saturday 19th Book Week Starts

Friday 25th Book Week Ends

Thursday 31st Cancer Council

Daffodil Day

REGULAR COMMUNITY EVENTS

Mondays 9.30am-11.30am

OTH Playgroup

Saturdays 8.00am-12.00pm



Mt Pleasant Farmers Market

Mon, Wed, Fri & Sun 8.00am



The Walkie Talkies

Thurs/Fri Which Bins go out





Mobile Library

Opposite Blacksmith's Inn Black Top Rd, One Tree Hill Alternate Fridays: 3:00pm-4:00pm 11th & 25th August



DEAR DA VINCE — A BIG THANK YOU FROM THE ONE TREE HILL SENIORS CLUB

As a close knit group of friends for 35 years, the OTH Seniors have thoroughly enjoyed regular lunches at Da Vince's delightful restaurant on Crosshill Road. Vince Pitta has created an ambience like no other in SA with stunning statues, romantic nooks and old world Roman scenery. So many weddings and birthdays have enjoyed his unique brand of creativity, enhanced by his wife Rose's unforgettable home cooking. This is truly a family affair with daughter Amy and grandkids Mia and Val providing your warm and friendly service to locals and travellers alike. And we have been the luckiest patrons to enjoy your extra special care over the past 13 years since you began your hospitality adventure. Luckiest of all is our Club's founding member, Gladys Williams, who was there at your beginning and now at your new start.

After all those hardworking years running your 5-star boutique restaurant, you've decided to take a well earned mid-year break before downsizing your workload when Amy takes over running your Book & Coffee Lounge—a first for One Tree Hill. And how exciting for Vince and Rose to go travelling around Australia soon! (Please send lots of photos)...

We all totally understand and support your new lifestyle changes and we're looking forward to getting together again soon to keep our friendships going, check out your new library and enjoy Amy's excellent coffees. We know you'll be opening again on 2nd August so you can expect us back soon after.

Best wishes to your creative and adventurous family from Gladys, Barbara, Mary, Brian, Gloria, Jenny, Louise, Margaret, Karen, Trevor, Joylene, Colin, Sue, Heather, Wendy, Phil, Pam, Joan, Pat and Ken XXX



Gladys at our final lunch with Nanna Rose (R) & daughter Amy (L)



Louise with your very capable wait staff, Val (12) & Mia (14)



The very last lunch at Da Vince was a unique exclusive treat for the Seniors.



Founding member Gladys Humphreys, 100, with Eric Chippett who held the first meeting of the OTH Seniors Club

FRIENDS OF PARA WIRRA



On a sunny Saturday in June, about a dozen Friends of Para Wirra met at the park headquarters and car-pooled to a remote part of Para Wirra, behind a gate that's usually locked. We spent the morning dealing with a common weed called Boneseed, which can vary in size from tiny seedlings up to shoulder-height

shrubs. The photo shows some large Boneseed amongst grass trees and eucalypts.

The Friends of Para Wirra organise working bees in the park on the first Thursday and third Saturday of the month 9am-12pm.

New members and guests are always welcome. Mem-

bership is only \$10 per family per year. For more details, contact <u>friendsofparawir-ra@gmail.com</u> or check out our Facebook page.



FRIENDS OF PARA WIRRA & ONE TREE HILL SCOUTS

WHACK A WEED DAY

It's that time of year again when One Tree Hill Joeys, Cubs and Friends of Para Wirra get together to work on major weeding projects at Para Wirra Conservation Park. On Sat August 19th we will be revisiting last year's weeding sites where we can check and see how effective we were, and then extend the control area of Boneseed and Olive weeds further into the endangered Peppermint Box Woodland in the heart of Para Wirra.

It's a bit of a hike to get there from the eastern Lake carpark but that won't stop our enthusiastic Joeys and Cubs with support from leaders and parents. Both groups are excited about the joint working bee, sharing our skills and enthusiasm and a tasty sausage sizzle afterwards.

If you would like to help look after Para Wirra, our amazing local Conservation Park, please contact Friends of Para Wirra.





Scout treating a wild olive in 2022, and as of July 2023 the tree is dead





ONE TREE HILL SCOUTS

Term 2 was a busy time for One Tree Hill Scouts. The highlight of the term was the three night 'Survivor' themed Camp at Woodhouse Activity Centre in Piccadilly over the June long weekend. A less-than-

ideal weather forecast proved better than anticipated but the Scouts were undeterred by the cold and occasional shower. They tackled the obstacles of Challenge Hill; played 'Capture the Flag' where the Gator Patrol were victorious; and toasted s'mores on the campfire in the evening. There was much hilarity with the team building exercises 'Pass the Hoop' entailing passing a hoop around the group as they stood in a circle with linked arms and a plank walk activity where they had to work together effectively to race as a team of three on two planks of wood holding onto long rope handles without falling over and descending into chaos!

At the Scout Hall there was games night, a soap-making night to make presents for Mother's Day, and woodwork night to learn some new skills. Scouts were busy repairing the group's billy karts and they also made some wooden condiment holders shaped like picnic benches to take away on future camps. During Fire safety night volunteers from One Tree Hill CFS taught the Scouts how to use fire extinguishers, the importance of having a fire plan, and what to do if a fire breaks out at home.

Scouts also took part in the District Swimming Carnival at Starplex and honed their cycling skills with a visit from the Scouts SA Cycling Team focusing on bike safety and maintenance. They learned how to test if their bike is roadworthy and how to repair a puncture, and they put this into practice on a very cold Sunday morning riding on the Cobbler Creek

At the very end of term we celebrated 8 years of service to One Tree Hill by our Scout leader Chad Ownsworth as he steps aside from our group and now continues his Scout journey planning district events. We welcome Ben Martin stepping into the vacancy as our new leader and we are looking forward to next term's events which will include science

night, cooking night and another camp.

bike trails enjoying the jumps and drop offs where lots of fun

was had by all.

Thursday 10th August is 'Bring a Friend Night' so if you are considering trying Scouts, please come along and join in with some other 'newbies'. It will be a pioneering themed night where Scouts will be having fun building structures using just rope, wood, and knots.

One Tree Hill Scouts are aged 11 to 15 and they meet every Thursday evening during school terms at the One Tree Hill Scout Hall. If you are interested in finding out more, please contact the Group Leader, Mike Branson, on 0430 422 895.























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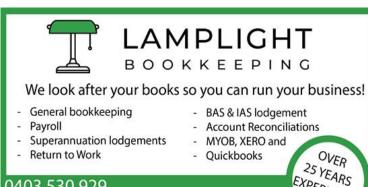
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Local Councillors	Tanya Smiljanic	0467 576 611	Koala Rescue Hotline		0474 737 283	
	Andrew Craig (JP)	0417 016 160	Para Wirra Conservation Pk 08 8336			
	Matt Burnell	08 8258 6300	Scout Group (Group Leader- M	like Branson)	0430 422 895	
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