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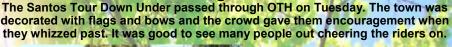
Store, r copy.

Deadline for the MARCH edition is Monday 20th February 2017

FEBRUARY - Volume 40 - Edition 1 - 2017

























EMERGENCY NUMBERS

Police: 131 444

Ambulance & Other Emergencies:

Country Fire Service: 000

Station: (When manned) 8280 7412

Hospital: 8182 9000

000

General Business: 8280 7055

Bushfire Info Hotline (24hr): 1300 362 361



www.cfs.org.au

From the Desk

Welcome to our first edition of The Grapevine for 2017. What a hot stormy start to the year. It sounds like the CFS were kept very busy over the past month or so. (Their report is on the opposite page - well done everyone)

We hope you like the snapshot of the Tour Down Under on the front page, more follows on page 4 along with photos taken at the Twilight Market which was a very popular event.

Page 5 begins a series of articles submitted by Tom and Yvonne Clayton who are writing about the history of the One Tree Hill Church. We hope that you will find it as interesting as we did.

It's that time of the year when most of us are paying off credit cards for overspending at Christmas and now with kids returning to school the budget is really stretched. Page 8 gives you some tips for saving money on things around the home, we hope the ideas come in handy for young families around the town who are feeling the pinch.

Page 9 is a humourous look at surviving our childhood 30+ years ago. It does make you wonder how we survived!

Playford Council has a notice about Silverleaf Nightshade in the area on page 10, please make sure you get the weed under control it if you have found it on your property to stop it from spreading.

Gardening tips are on page 16, although our weather at the moment is warm there are still things that need to be attended to so that we are ready for Autumn planting.

The first installment of the history of Humbug Scrub is written by Julie Buttery who is a volunteer and has promised to bring back how Humbug Scrub came to be and how it has become a very popular wildlife park for native animals. The story is on page 17.

Page 18 has some very good juices to help recharge our systems, perhaps they will alleviate some of your complaints with health.

Natural Insecticides recipes appear on page 19, instead of using costly and non environmental sprays that will become a thing of the past.

Page 20 gives us some good advice on foot care, please take the time to read it and seek a good podiatrist to help with any problems you may have. We also look at some very funny "puns" on this page. No doubt you will all be grinning when you read them!

Page 20 should give you a bit of a chuckle too with things that we do as we get older!

We hope that you enjoy the February edition of The Grapevine, don't forget if you have a special occasion coming up, send in a photo and notice to share with our readers because we do want this to be a newsletter about people who live in the area.

Until next month, The Grapevine Team.

Email: oth.grapevine@bigpond.com

Post: P.O. Box 196 One Tree Hill, S.A. 5114.

Phone: 8280 7095

President's Report January 2017

Hi everyone, I hope you all had a great Christmas and I wish you all a happy 2017.

The Christmas period saw the One Tree Hill Progress Association hold a Twilight Market in December that was very well attended. Along with many new stall holders and the visit of Santa, the children and those who came seemed to all enjoy themselves.

In January we also held a TDU Market, to celebrate the passage of the Tour Down Under bicycle race.

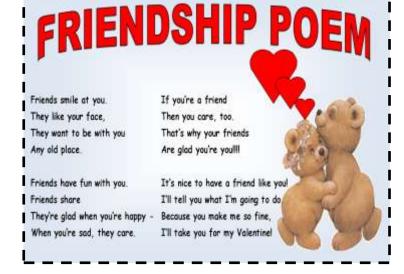
Whilst I was not able to be present, it was certainly a different event - with the promotional cars and bicycle teams heading the large group of riders, who streaked through our town at a rapid pace.

Our thanks to all the stall holders who set up for the event, and in particular a big Thank You to the staff from Playford Council, who assisted the Progress committee in decorating the main street.

Due to the extremely hot weather, the attendance was down on expectations, however those who did come out enjoyed themselves.

We are adding the final touches to our new security and audio system - more on this when it is up and running.

Thanks and regards, lan Slater.



To contact OTH Progress Association Email: oth.progress@bigpond.com Ph: 8280 7095 or by post: P.O. Box 196 One Tree Hill, SA 5114

Read the Grapevine on line

If you haven't had a chance to see an online edition of the Grapevine please go to the site: www.onetreehillhall.com.au
"About Us", scroll to the bottom of the page where you will be able to select the edition of your choice, the Grapevine will open up as a PDF. We have as many back editions of the Grapevine online as possible, if you can't find the one you are looking for, email us and let us know. This is a great way to share local news with friends and family who can't get a hard copy of the Grapevine. The Grapevine now has a facebook page. Check it out and have your say about your newsletter.

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ONE TREE HILL GRAPEVINE CFS REPORT JANUARY 2017



Hello and Happy New Year to the One Tree Hill community, wishing you all a safe 2017. Well, to say that it has been a busy holiday break would be an understatement. Since the last Grapevine, the Brigade has been called to more than 50 call-outs and in many cases, these escalated to multiple incidents for the same call-out.

Of course, there were the severe weather events (more later), but in addition, we have attended car fires and accidents, bonfires, smoke sightings, grass fires, as well as assisting the MFS and joining CFS strike teams. Picking out a couple of significant events; the season started with a major grass fire that burnt 3 hectares and threatened houses near the corner of Medlow Road and Craigmore Road. The fire was quickly raised to 3rd alarm bringing in units from surrounding Brigades to assist. As widely reported in the press, this was a suspicious blaze and a good reminder that if you see anything unusual no matter how insignificant please take down details and if necessary report it later.

The 17th of January started quietly with a stand-by for the Tour Down Under but escalated in the afternoon with a strike team called to attend a fire in the Mid-North. This was cancelled as the MFS committed numerous resources, including the OTH tanker, to the Maxiplas fire in Salisbury. OTH was called in during the evening to assist with a suspected house fire in Craigmore and a grass fire in Salisbury Heights.

Back to the weather, and many of us were awoken in the early hours of the 28th of December by the violent storm that passed through the area. The Brigade was called out almost as soon as the storm hit and was kept busy until well into the next day. One unit responding to a tree down on Crosshill Road then moved to the Kersbrook Road area removing trees and branches for the next 7 hours. In a smaller repeat, last Thursday's storm resulted in another extended shift with units attending 6 calls followed by a car roll-over and later flooding in the Shillabeer Road area.

We are all hoping for a quieter February but with the current weather patterns and high fuel load caused by the ongoing rain it seems like the season may go a bit longer than usual this year. Please have your bushfire plans ready to enact and above all else, stay safe.

For general information please contact One Tree Hill Duty Phone on 8280 7055.

You can also visit the CFS website (http://www.cfs.sa.gov.au)

or Phone 1300 362 361.

Councillor's January 2017 Report

Happy New Year to all. I hope everyone has had a Merry Christmas, and a happy and safe Festive season.

I acknowledge and congratulate the One Tree Hill Progress Association for the magnificent work that went into making a really successful Tour Down Under Event.

Unfortunately due to staff shortages at work and the holiday period, I was unable to attend. However I received several phone calls from Elected members and ratepayers applauding the efforts of our community and expressing their appreciation for the market and other venues in providing fun and value for money alternatives to allow them to spend both, time and money, prior to the passing of the bikes. At the January Council meeting the Mayor, elected members and Council staff made comment on the community effort and success of the Event. I also thank Playford Council for their support and involvement in the festivities, a great collaborative effort by all involved.

Playford Palace (Fringe) Release, Council is excited to release the full program details for the Playford Palace event on Friday 24th and Saturday 25th February, 2017. To add to the entertainment of Dave Hughes and Greg Hart at Playford Palace, the program will feature acrobatics from the Adelaide German Wheel team and CirKidz, Once Upon a Princess, Satisfaction: The Stones Show, Keep the Change, and much more.

The official launch of the festival will kick off on the Friday night from 7.00pm, followed by a jam packed evening of entertainment. Saturday will provide opportunities for families to enjoy a day of activities, followed by the coronation of the King and Queen of the Royal REVolution

art competition and Aussie comedy royalty Dave Hughes. There will be plenty for the family to do with affordable and <u>free</u> entertainment for all ages.

A copy of the Playford Palace Program is available online at www.playford.sa.gov.au/playfordpalace.

Please take the time to visit the web site as there is something for everyone and in most cases its **FREE**. To purchase tickets for Dave Hughes, Fringe Bookings at http://bit.ly/2h0fSDA and to secure your seats for Greg Hart contact the Shedley Theatre Box Office on 8256 0500. Check Facebook, Twitter and Instagram accounts for more info and to spread the word.

If you have any concerns or issues with or about our City, please in the first instance phone Council's 24 hour phone number "8256 0333" and or email playford@playford.sa.gov.au , and cc your email to me at crifederico@playford.sa.gov.au . When speaking to Council please remember to get a Customer Reference Number to ensure registration, and easy identification of your communication. If you have a pressing concern you can talk to me at the Country Market, or pop a note into my letter box or email me. It would be appreciated if you put your concerns in writing.

Cr Joe Federico Fax: 8280 7963 Phone: 0417 016 164



Fun at the OTH Twilight Market 2016







































Tour Down Under Passes Through OTH



The OTH Country Market hosted a TDU Market. While the day was extremely hot it didn't deter a lot of onlookers. Although attendance numbers were down at the market, we couldn't blame them for rushing home to air conditioning. Here we give you a snapshot of the stallholders and their wonderful products. Entertainment was provided by Sam White and music students from Northern Adelaide Senior College in Elizabeth. Thank you to Playford Council for all their

help in the promotion of the market.

































150th Anniversary 1867 - 2017 The Story of the Church at One Tree Hill

Part 1: The Beginning

In 1849 a Bullock dray piled high with building and household goods struggled up the rough winding track from the Adelaide Plains to the new township of One Tree Hill where pioneer families were just moving into the district.



The bullock team, urged on by a tough looking man wearing a cabbage tree hat, moleskin trousers and carrying a long bullock whip, lurched up the track at a pace of about 3 miles an hour (just under 5kmphs).

Perched high on top of the load on the dray was a man named Frank Bowman. Shortly after his arrival at One Tree Hill he joined the local church and went regularly to conduct church services at the neighbouring Lady Alice gold mine township in Humbug Scrub for the benefit of the miners and their families.

Meanwhile, in 1851 the One Tree Hill Inn was being constructed (opposite what is now the junction of Black Top and Yorktown Road) which for many years was to be the meeting place for the district council of Munno Para. A section of land was granted to William Henry Gartrell, by Sir Henry Fox Young, the Governor of South Australia, and in 1855 the property was transferred to a man named James Purdie.

On September 26th 1866 the Gawler Wesleyan Circuit decided

One Tree Hill and also at Pinkerton Plains and Willaston. On December 26th, 1866 the township of One Tree Hill was chosen to be a central place for the establishment of regular preaching.

Seven months later on July 26th 1867 James Purdie with the consent of the Rev. Thomas Lloyd, transferred the title of land to the Trustees of the One Tree Hill Methodist Church for the token sum of £5 (approximately \$500 in today's money) and thus Methodism came to One Tree Hill.

The Baptism Register dates back to July 1867 when Archibald, son of Angus and Sarah Campbell of One Tree Hill, born on March 18th, 1867 was baptised by Rev. T. Lloyd. On the same occasion he baptised Laura, daughter of James and Eliza Campbell of One Tree Hill, born on July 16th, 1866. The baptisms were probably carried out under a big old gum tree on the site of the current church.

To be continued.....

Unit \$100 & a further

10% discount when 3 ore residents book

If anyone has old photos, records, letters or stories relating to the One Tree Hill Church we would love to hear from you.

Please contact Tom or Yvonne on 8255 1064 or 0417 888 171 or leave a message on the church phone on

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CHALLENGE YOURSELF. DON'T SETTLE FOR MEDIOCRE OR GOOD ENOUGH. THERE IS ALWAYS MORE, BETTER, THAT NEXT LEVEL OF ACHIEVEMENT.
GO FOR IT. BELIEVE THAT THE BEST IS REALLY YET TO COME.

ONE TREE HILL UNITING CHURCH



OUR VISION

"People of Faith, sharing God's Love as we Worship and Serve in the Community"

SUNDAY ACTIVITIES - 10am

Sunday Service and Sunday School

Visiting children are welcome to join our children attending Sunday School which takes place during the Service.

SMYG (Sunday Morning Youth Group) & Young Adults

Meet every Sunday at 10am with their leader whilst the Service is taking place. Throughout the year they enjoy various activities - paint-balling, 10-pin bowling, weekend camps, cinema evenings, and more.

New members are very welcome, just come along to their room located behind the church.

OTH FELLOWSHIP - MARKET STALL

Our ladies will be there with their usual variety of home-made cakes, slices and biscuits, as well as plants, bric-a-brac, games and books.

WEDDINGS, BAPTISMS & FUNERALS

The church is available for the above Services. For further information please phone Edna on 8255 7987

> **ENQUIRIES - Please Phone** Maureen - 8280 7368

Bob forgot his Wedding Anniversary. His wife was mad as a March Hare.

She told him "Tomorrow morning, I expect to find a gift in the driveway that goes from 0 to 200km in 6 seconds AND IT BETTER BE THERE!!!!!

The next morning she looked out of the window and saw a box - gift wrapped in the middle of the driveway. She opened it and found a brand new set of bathroom scales....

Apparently Bob hasn't been sighted for a few days so if you see him tell him he is needed at home!

Anti Valentine's Message I don't understand why Cupid was chosen to represent Valentine's Day. When I think about romance, the last thing on my mind is a short, chubby toddler coming at me with a weapon.

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Do You Know South Australia?

ARCHITECTURE IN SOUTH AUSTRALIA

- 1: Where is the tallest flagpole in South Australia?
- 2: Which building in the Adelaide Zoo grounds is classified by the National Trust?
- 3: Kadina, Yorke Peninsula, has a royal association. Why is
- 4: When was Adelaide's East End Market Fruit Produce Market built?
- 5: 1863 saw the foundation stone laid for a most prestigious Adelaide building. What was this building?
- 6: What Adelaide architectural feature is used to host the annual Carols By Candlelight and other free concerts?
- 7: Can you name a former home of the (George Fife) Angus family, Barossa Valley, which is now a National Trust property?
- 8: What stones were used to build Adelaide's Parliament House?
- 9: Which is the oldest standing building in South Australia?
- 10: What is Map Kernow?
- 11: In 1852 a mill was built which was to be a major tourist attraction. It now houses, a world famous collection. What building is it?
- 12: What is Dingley Dell?

- 13: What figures are before the angel on the Shrine of Remembrance?
- 14: What was the purpose of the honeycomb brickwork in the Adelaide Gaol?
- 15: What is a curious feature of the floor in Bonython Hall **University of Adelaide?**
- 16: For what purpose was the Grenfell Street balcony of the Adelaide Arcade originally constructed?
- 17: What words are carved on the fountain side of the Shrine of Remembrance?
- 18: Where did the Adelaide Botanic Gardens Palm House originate?
- 19: What is the Whispering Wall at Sandy Creek?
- 20: The intersection of North Terrace and King William Street has a statue of a soldier and his horse. What does this commemorate?
- 21: Which important Australian landmark was built between 1935 and 1937 and came about through the marriage of **Edward Hayward and Ursula Barr-Smith?**
- 22: What is Carclew?

Answers appear on page 14









One Tree Hill \$750,000 80.45ac

One Tree Hill 13.06ac \$615.000



One Tree Hill \$719,900 Luac



One Tree Hill \$845,000 20ac





One Tree Hill

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Crime Report - One Tree Hill Rural Watch Offences reported between 20TH November 2016 and 7th January 2017

<u>Overnight 25th November</u> Non Residential Serious Criminal Trespass Uley Road, , ONE TREE HILL Shipping container on property broken into by cutting padlock. Tools stolen.

<u>Daylight 2nd December</u> Residential Serious Criminal Trespass Black Top Road, ONE TREE HILL House entered by forcing window. Electrical items, Jewellery stolen.

<u>Overnight 14th December</u> Illegal use of Motor Vehicle Jordan Drive, ONE TREE HILL Work vehicle stolen from driveway.

<u>Daylight 14th December</u> Residential Serious Criminal Trespass Chapman Road, ULEYBURY Entry to house by jemmying door. Jewellery and Electrical items stolen.

<u>Daylight 21st December</u> Paddock Fire Craigmore Road, ULEYBURY Fire burnt approximately 7.5 hectares, unknown cause.

<u>Overnight 31st December</u> Non Residential Serious Criminal Trespass Uley Road, ULEYBURY Shed and shipping container entered by forcing lock. Motor cycle and Tools stolen.

As always if you have any information to assist with any crime issues in the area please phone Police Communications on 131 444 __







Many thanks to Darren McCue (Senior Sergeant First Class) - One Tree Hill Rural Watch Liaison Officer for this information.

\$ \$ \$ Save Money Around Your Home \$ \$ \$

After the expense of Christmas and the kids starting back at school we think it's time to take control of our household expenses. This list will hopefully get some of the bills down.

- 1: Make sure you have adequate insurance, shop around for house and contents, a few phone calls may save you \$100+.
- 2: Save on the power bill by washing clothes in cold water.
- 3: Turn the thermostat down on your hot water system.
- 4: Try not to use the dryer unless it's an emergency. Hanging clothes outside on a clothes line or clothes airer gives your clothes a breath of sunshine.
- 5: Buy yourself an espresso machine if you are a coffee lover, the initial outlay will save you hundreds of \$ in time.
- 6: Research your gas and electricity options, compare the prices charged and change companies after calling your present company, ask if they will price match.
- 7: Buy energy efficient appliances, remember that each star represents power usage.
- 8: Use your oven on fan forced rather than conventional as it uses around 30% less energy.
- 9: Wait until the dishwasher is full before running it.
- 10: Need to get your garden looking good again? Ask friends and neighbours for cuttings instead of buying plants.
- 11: Grow your own herbs to add a dash of flavour to your meals.
- 12: Clean the clutter off the top of your fridge, poor ventilation can add up to 15% to the energy cost of running your fridge.
- 13: Join the local playgroup for a fun and inexpensive way to entertain kids.
- 14: Buy nappies in bulk or perhaps give fabric nappies a go.
- 15: Make your own baby food. It will save you heaps.

- 16: Join the Playford toy library, this is cost effective and provides constant variety and less clutter for children.
- 17: Playford Council provide lots of activities for children during the holidays. Check it out next school holidays.
- 18: Picnics, playgrounds and parks are free and lots of fun. Pack your bags and head out to some of the amazing parks that Playford has to offer.
- 19: Shop on ebay or gumtree for both new and secondhand items (such as baby baths, for example), you'll be surprised at what you save.
- 20: Label your children's belongings. A small outlay and a little time could save you a large outlay on lost items.
- 21: Make sure your children take their lunch to school, it could save you hundreds of dollars a year. An occasional canteen bought lunch will keep the kids happy.
- 22: Consider generic at the supermarket, many home brand products are great quality and around 20% cheaper.
- 23: Make your own cleaning products at home, you'll save hundreds of dollars. Basics you will need are a box of bi-carb soda, white vinegar, borax and a bar of laundry soap.
- 24: Try to write up a weekly menu. It helps ensure that you have the ingredients handy, saving time and reducing the need to buy a take-away.
- 25: Grow your own vegetables and plant some fruit trees. There is nothing like fresh fruit and veggies from your garden and it will save you a lot of money over time.





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How Did We Survive?

- 1: Our school canteen sold sausage rolls and cream donuts but kids were wiry and fast!
- 2: Our parents rarely knew our teachers' names, let alone their NAPLAN prep strategy!
- 3: When our teachers gave us a whack, we wouldn't tell our parents for fear of getting punished again, so we avoided trouble in the first place.
- 4: We went on excursions and camps without 18 forms to be signed and witnessed!
- 5: Generally, we went to the closest school, not the "best" one.
- 6: We got ourselves to Saturday sport and told tall tales about how the win was won.
- 7: Helping with the washing up was as important as homework.
- 8: Meat was bought at the butcher, and was packed without a use-by-date.
- 9: Cubby houses were built by kids not bought from a toy shop.
- 10: A teacher could put a band aid on a scraped knee without obtaining our parents permission and completing an incident report.
- 11: When playing pass the parcel at birthday parties, there was only one winner!
- 12: There was one kind of milk. It was full cream and it was delicious.



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Elizabeth

Lookout for Silverleaf Nightshade!

Silverleaf Nightshade (*Solanum elaeagnifolium*), also known as Tomato Weed, can be toxic to stock and is a problem for farmers as it outcompetes pastures reducing yield and property value.

Widely distributed across the plains this prickly and deeply rooted weed is starting to make its way into the foothills so Natural Resources Adelaide and Mount Lofty Ranges staff are trying to stop it from getting a foothold.

Roadside control programs are underway this summer but it is necessary for landholders to be on the lookout for the declared plant on their property and control any outbreaks before it sets seed.

Silverleaf Nightshade has purple flowers, occasionally white, emerging from October and throughout summer. It can reproduce by seed and vegetatively by plant fragments.

It forms large, clonal infestations that are not easily controlled due to its deep and connected root systems. This perennial system of roots and rhizomes, often two metres or more below ground, help it withstand drought and enables it to regenerate repeatedly.



Photo credit: John Heap

Seed is viable for at least 10 years in the soil and can be spread by fodder and through the gut of stock

Soil cultivation will break up the roots and spread plant fragments which can develop into new plants.

Sheep and contaminated soil is a common way the weed is brought onto clean properties.

The best control strategy for Silverleaf Nightshade is prevention, so continued vigilance on your property for new outbreaks is required to prevent it establishing.

Please refer to the *Weed control handbook for declared plants in South Australia* for advice on chemical control.

You can find it on Biosecurity SA's website at: www.pir.sa.gov.au/biosecuritysa or pick up a copy along with the weed fact sheet from the local **One Tree Hill Fodder Store**.

For more information and advice on controlling Silverleaf Nightshade contact your local Natural Resource Centre:

Gawler: 8523 7700 Black Hill: 8336 0901 Metropolitan Urban: 0429 584 080





Natural Resources Adelaide and Mount Lofty Ranges is seeking community cooperation in efforts to combat this weed.

From The Past - Assorted Clippings From The Early Days

ONE TREE HILL January 13, 1887

FIRE AT DOCHERTY'S

A fire broke out on Sunday about 2 o'clock, on a section belonging to Thos. Docherty, near his house, and consumed about 100 acres of grass and a large quantity of timber and fencing. Mr. Ifould being the greatest sufferer, Mr. Muller also lost one line of fence and a quantity of timber, and a few vines were scorched before the fire could be arrested.

Mr. Ifould had about 500 sheep running in the paddock at the time which were with difficulty saved, the fire reached within a few yards of them. The fire was with difficulty confined to the space burnt owing to the large quantity of burning timber and had to be watched all Sunday night.

Great praise and many thanks are due to the people who flocked from all parts of the district for their exertions in arresting the further progress of the devouring element.

This is the second or third occurrence of fire near Docherty's

ONE TREE HILL Friday 13th November, 1925

FAREWELL TO JAMES PURDIE

One Tree Hill is losing one of its oldest and most respected residents in Mr. James Purdie, who is leaving to reside in Gawler. Mr. Purdie was born in the district, and with the exception of a few years in the north has lived in the One Tree Hill district all his life, has for many years been conducting a cream carrying round for Taylor Bros. Limited, of Gawler, and has never missed a trip during the term of his contract.

He has always been courteous and obliging, and his place will be hard to fill. A farewell evening was tendered to him in the One Tree Hill hall on Saturday evening, when the attendance was a tribute of the goodwill in which he is held.

Speeches were made by Messrs. F. L. Ifould, W. Groth, F. Dawson, Cundy, and the chairman, (Mr. H.H. Blackham), who on behalf of the residents presented Mr. Purdie with a purse of money as a token of recognition and esteem.

Mr. O. Cundy also presented the guest with a gold watch on behalf of Taylor Bros. Limited, of Gawler (for whom he has carried cream for 17 years), and a silver mounted pipe and tobacco pouch from their employees. The watch bore the initials J.P., and was suitably inscribed inside.

The programme for the evening consisted of pianoforte selections and songs by the following: - Mesdames French and Toby, Miss Fiebig, and Mr. Toby. Another feature of the evening was community singing, led by Mrs. H. W. Kelly. A supper and dance followed.

ONE TREE HILL January 4, 1882

BAZAAR HELD AT ONE TREE HILL

On December 26 a most successful bazaar in aid of the Wesleyan Church Trust Fund was opened at One Tree Hill by the Rev. R. Campbell. Active business was at once begun, and continued without intermission throughout the afternoon and evening.

A number of visitors from the Lady Alice and other surrounding districts assisting in the rapid clearance of the stalls.

Mesdames Bowman, Blackham, Gifford, Beckwick, Kelly, Misses Kelly and Blackham presided at the stalls, the Mesdames Harvey and Skewes being unavoidably absent.

Mrs. Emerson disposed of fruit and flowers to all who would pay, and the refreshment stall and Christmas tree were under the charge of Mrs. Beck, the Misses Bowman, Gifford, Harvey, Beckwick, Stuart, Kelly, and Skewes.

A public tea, held in the evening, was largely attended, as was the promenade concert. Duets by the Misses Blake, Innes, and Beckwick, Master and Miss Harvey, and the Misses Wilson were much appreciated by the audience.

Mrs. Linklater, Misses Gifford, Blackham, Kelly (3), Beckwick (2), Skewes, Messrs. Bowman (2), Blackham (2) and K. Own also took part in the entertainment. The proceeds amounted to £60 9s.

ONE TREE HILL February 21, 1936

CONTINUOUS TELEPHONE SERVICE

Mr. C. A. S. Hawker, Representative Member for Division of Grey, handed us the following letter received by him from the Deputy Director of Post and Telegraphs. (Mr. Griffiths)

"Further to my communication of 17th January, 1936, I have to advise you that an officer of this Department visited One Tree Hill and discussed the matter of continuous telephone service and fire alarm facilities with Councilor H.H. Blackham and Mr. A. O. Sachse. It is the intention of those gentlemen of contributions towards the cost of the continuous service may be discussed. The offer of the Department to connect Mr. Sachse's service to the trunk line meanwhile, during the absence of the Postmistress, was accepted and arrangements have been made accordingly. In addition a proposal was submitted and accepted for the connecting up of two groups of subscribers covering various danger points in the district so that an alarm could be conveyed to Mr. Sachse and assistance from other centres summoned, if necessary.

This arrangement will also operate during the absence of the Postmistress. Councillor Blackham and Mr. Sachse stated that these arrangements would adequately meet their present requirements, and it was hoped to arrange for continuous service before the next danger season.

I should be glad if you would kindly advise the District Clerk, Council of Munno Para East, Gawler, accordingly."

ONE TREE HILL, February 24, 1919

CRICKET AT ONE TREE HILL

On Saturday afternoon last a cricket match was played between teams representing Married and Single men of the district.

H. Blackham (Captain of the Married Team) won the toss from G. McKenzie, and batted.

They put together 90 runs of which H. McKenzie and Crocker were the chief contributors.

With an hour to bat the single men knocked up 100 runs, of which W. McKenzie made 50 by fine forceful cricket.

Several of the boys showed promise.

For the winners G. McKenzie (5) and Smith bowled well, and R. Hissey did best for the losers.

YOU WILL LIVE LONGER

BHD

ENJOY LIFE BETTER

IF YOU KIND YOUR STOMACH, LIVER AND RIGHRYS SHALTHY

BY TAKING THIRTY DROPS OF

Composition of rout and here extracts which set directly on the showard, there and address. Sinther neighbor assets dignition, regulates the bowers, expels all important from the voices, twinters the hood and spot departs health said juntative states and the departs health said juntative states, which there are a final states, which there are a final said states, which there are a final said profession. The there will be final derivate. "If they will said profession who will give health the said that and can need softer from indigention, who will give health said that and can need softer from indigention, who will give health said that

MOTHER SEIGEL'S

DAILY AFTER MEALS.

Kids' Page

Hello and welcome to the pages reserved for kids. I hope that you all had a lovely Christmas and that you received what you wanted.

I am disappointed to see that nobody apart from Riley wrote me a letter this month, perhaps you have all been so busy playing and haven't had time to write to me.

I hope you enjoy the jokes I have put together for this edition of the Grapevine. I would love to see some of our Kookaburra members contributing to the page.

School is back for 2017, I wish you all the success for the year whether it is here in One Tree Hill or another school. Best of Luck!

Until next month, Auntie Bev.

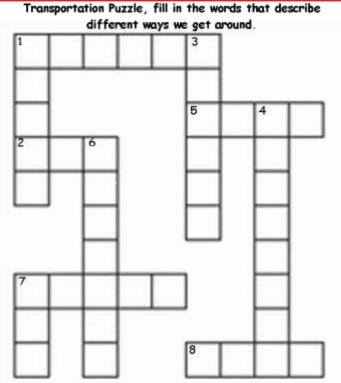
Email: oth.grapevine@bigpond.com or drop me a line at the Grapevine, Postal address is OTH Grapevine P.O. Box 196 One Tree Hill Post

Office, SA 5114.

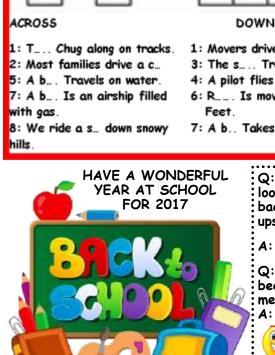


The Kookaburra Club is open to all children 15 <mark>years and under</mark>. If you would like to become a member email or post your name, address, birthdate and a story or jokes to the grapevine. (Details are on page 2 of this edition) We have a monthly prize for the best story or jokes, this is a \$10 voucher. Birthday cards and a \$10 voucher will be awarded for your birthday but please note that if you don't submit something for 6 months you will not receive your birthday gift. I hope to hear from lots of you this year.

Thank you to OTH Progress for the awards.



- Movers drive a T....
- The s.... Travels underground.
- 4: A pilot flies an a......
- 6: R Is moving fast with your Feet.
- 7: A b.. Takes kids to school.



Q: What word looks the same backwards and upside down?

A: SWIMS!

Q: What kind of bed does a mermaid sleep in? A: A water bed!



- Q: Why were the teacher's eyes crossed?
- A: Because she couldn't control her pupils!
- Q: What do you call a bear with no socks on?
- A: Bare-foot!
- Q: What can you serve but never eat?
- A: A tennis ball!
- Q: What kind of shoes do all spies wear?
- A: Sneakers!
- Q: Why did the soccer player bring string to the game?
- A: So he could tie the score!
- Q: Why is a baseball team similar to a muffin?
- A: They both depend on the batter!
- Q: What did the alien say to the garden?
- A: Take me to your weeder!
- Q: Have you heard the joke about the butter?
- A: I had better not tell you, it might spread!
- Q: How do baseball players stay cool?
- A: They sit next to their fans!
- Q: Why was the math book sad?
- A: Because it had so many problems!
- Q: What runs but doesn't get anywhere?
- A: A refrigerator!
- Q: What is an astronaut's favourite place on a computer?
- A: The Space Bar!
- Q: What exam do young witches have to pass?
- A: A spell-ing test!
- Q: Why did the young lad eat his homework?
- A: Because his teacher said it was a piece of cake!
- Q: Why is Basketball such a messy sport?
- A: Because you dribble on the floor!
- Q: How do you communicate with a fish?
- A: You drop him a line!
- Q: Why can't a leopard hide?
- A: Because he is always spotted!
- Q: What do you give a dog with a fever?

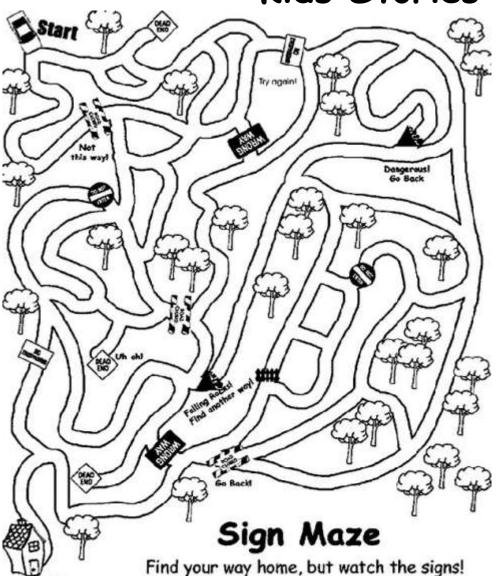
A: Tomato sauce, it's the best thing for a hot dog!

- Q: What do you get when you cross a cat with a lemon?
- A: A sour puss!
- Q: Why do birds fly south for the winter?
- A: Because its easier than walking!
- Q: Why did the M&M go to University?
- A: Because he wanted to be a Smarty!





Kids Stories



Hello, over the holidays I had lots of fun with my sisters and mum and dad.

My sister taught me how to ride my new bike that Father Christmas brought to me.

I went to see my Nanny yesterday, she lives at a nursing home. Last year my Nana took me see Nanny on a Monday to play carpet bowls but this year I start school so I won't be able to. I had lots of fun helping to gather the balls for the old people and I made heaps of new friends. I sometimes even managed to hit the white ball. I will miss them this year but perhaps Nana will take me in the holidays.

Riley D. (with help from Nana).

Age 5 years.



Q: What kind of key opens a banana?

A: A monkey!

Q: Why does a Hummingbird hum?

A: Because it doesn't know the words!

Q: Why are some fish at the bottom of the ocean?

A: Because they dropped out of school!

Q: What goes up and down but doesn't move? A: The temperature!

Q: What happened to the wooden car with wooden wheels and wooden engine?
A: It wooden go!

Q: What weighs more, a ton of feathers or a ton of bricks?

A: Neither, they both weigh a ton!

Q: What has one horn and gives milk?
A: A milk truck!

WORDSEARCH - CAN YOU FIND THE HIDDEN WORDS?

A D A G L N G W I D Q B G L E N A F Y O E A L L D T M L A K O D Q E E D L A L E L E N M H A T Y T D R E M I R G E Y G A A E H L E Q B I L L N S N D Y S S E T R U B N O I H B O D Y L I A T S A E A R C L I N F T S W D S C C M A T M F R E L O W E L N G K M A E C D D O I I I I P I A O G H S R E H T A E F N S W C D P E T T K L A K E L G O I I E V F L Y R I N Y Q G S I V B A P M L E U E N Y D U A E P S I E S A S N A A G K A N O I T A R G I M R W W M S D

animal migration bill pond bird quack body species dive stream tail eggs waddle eyes feathers water fly Mild hatch wings head lake legs

Q: Did you hear about the party a little boy had for his sister's Barbie dolls?

A: It was a Barbie-Q!

Q: Why did the barber win the race?

A: Because he took a short cut!

Q: When I was young why were there only 25 letters in the alphabet? A: Because nobody knew why!

Q: What is it called when a cat wins a dog show?
A: A CAT-HAS-TROPHY!

Q: Why was the broom late?

A: It over swept!

Q: Why didn't the 11 year old go to the pirate movie?

A: Because it was rated ARRRR!

Q: What is the difference between Ms and Mrs?
A: Mr!

marine

markings

E & A Vanin

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If you bought \$1,000.00 worth of Lehman Brothers shares one year ago, you would have \$0.00 today!

BUT If you purchased \$1,000 worth of beer one year ago, drank all the beer, then returned the aluminum cans for recycling YOU WOULD HAVE RECEIVED \$214.00.

So based on the above, the best current investment plan is to drink heavily and recycle.

And did you know.... A recent study found that Aussies drink on average 22 gallons of alcohol a year, that means on average Aussies get 41 miles a gallon.

MAKES YOU PROUD TO BE AN AUSSIE DOESN'T IT?

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How Well Did You Know South Australia?

Answers from page 7

- 1: On Port Road. It was built as part of the Bicentennial celebrations and stands 46 metres in height. The flag measures 14 x 8 m.
- 2: The Elephant House built in 1900 and designed like an Indian Temple.
- 3: The Royal Exchange Hotel has a coat of arms as a result of a stay there by the Duke of Clarence in 1880.
- 4: In 1904.
- 5: The Adelaide Town Hall opened in 1866.
- 6: The Elder Park, Rotunda.
- 7: Collingrove.
- 8: Locally quarried granite and marble.
- 9: The Holy Trinity Church on Adelaide's North Terrace. It was built in 1838, two years after European settlement.
- 10: An eight metre high bronze statue of a copper miner. Map Kernow (son of Cornwall) pays tribute to early copper miners in the Kapunda area
- 11: The Birdwood Mill. It houses the largest collection of veteran, vintage, and classic motor vehicles in Australia.

- 12: Situated near Port MacDonnell, it is the former home of the famous poet Adam Lindsay Gordon from 1864-67.
- 13: A farmer, a student and a young girl.
- 14: The design of the bricks was such that anyone trying to go over the wall would cause the bricks to crumble noisily - thus alerting staff.
- 15: The floor is sloping, because Sir Langdon Bonython benefactor did not want the building being used for frivolities such as dancing.
- 16: The balcony was intended to be used for orchestral concerts.
- 17: All Honour Give To Those Who Nobly Fell That We Might Live.
- 18: The glass building was imported from Germany in 1871.
- 19: The wall is a retaining reservoir wall, 140 metres long. The angle of the curve and the position of this structure means a person at one end of the wall will hear someone softly speak at the other end.
- 20: South Australia's help to England in the South African War which was between 1892 and 1902.
- 21: Carrick Hill, in the suburb of Springfield. The Tudor style mansion is set on 40 hectares of manicured English gardens and Australian bushland.
- 22: Adelaide's fairy tale castle/ Located in North Adelaide, Carclew Houses an active advisory body for the development of youth performing arts.

Horse Care - Summer Green Pick from your Lawn

Summer means no green grass. Some green pick is always advantageous to the health of the horse's gut. So what are we going to do about it?

One possibility is to give them mowings or clippings from our lawn, the neighbours' lawns, the relatives' lawns....

But many of us know these can be dangerous. Why dangerous? They are just grass. Nope, they may have weed killers, fertilisers, petrol fumes (from the mower). They may contain plants that are toxic to horses. But they may also have started to go mouldy and therefore be toxic. The grass may be so tempting to a greenhungry horse that the horse scoffs it: colic danger. So in order to safely feed the clippings from your mower please:

- Be sure of what was put on the lawn (roadsides can be dangerous.
- Be sure of what plants are in the lawn, including any leaves that may have fallen on it (avocado and peach are dangerous. ONE avocado leaf may kill a horse.
- Aerate the clippings to allow petrol fumes to dissipate (fluff them with your hand).

- Feed soon after cutting within an hour.
 - Feed small amounts one catcher full is probably enough per animal per day.
- Prevent rapid eating. One way is to blend some chaff through it to slow down the eating.

Of course, if you have a suitable lawn area, you can always let your ride on mower cut his own grass. You will need reasonable fences, no poisonous plants and no dangerous obstacles. Please do not put a horse on a lawn with a swing set on it, or anything else that could be a trap for narrow legs, including trailers (the A frame is very dangerous).

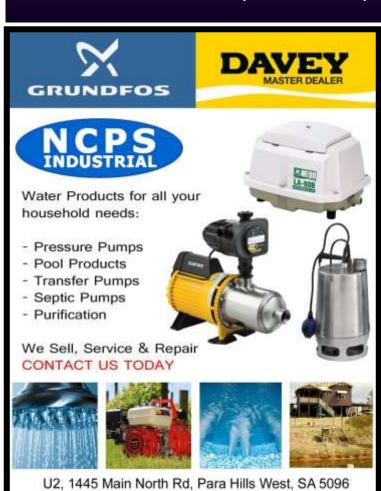
To all those well-meaning neighbours: PLEASE DO NOT feed someone else's horse without checking with the owner. Even if you have done all the right things, you may be the third person to be feeding lawn and this could be the unwelcome load.



If you have any horse query for Julie please email or post to the Grapevine and we will pass it on.
P.O. Box 196, OTH, 5114
or Email: oth.grapevine@bigpond.com

A best friend is someone who you can talk to, who won't judge you, loves you for you, and, most of all, makes you feel like you are worth something!





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GOATS - Alphabetically speaking "B"



BARK - a favourite nutrient source. Goats have high needs for some nutrients and will get them whenever they can, including your favourite big gum tree.

Keep the trees fenced off from goats. They can ring bark a big gum in 2 or 3 years.

BLACK MASTITIS - a very serious infection of the udder. This needs urgent veterinary treatment. At first, the udder is hot, swollen and painful, with the goat going off her feed. This is quickly followed by the udder going cold and black. Antibiotics are essential but goats do recover if they are treated early. It is rare but don't' think it won't happen.

BLOAT - too much gas in the rumen. It can be caused by eating too much lucerne, clover or grain but occasionally simply because the goat is not able to belch enough. The goat goes off its feed and stands around looking miserable. The belly is distended, usually the left more than the right as that is where the rumen is. If it is frothy bloat, a dose of oil will usually clear it, followed by a walk up and down hills. Any cooking grade oil will work in the early stages. Then get the belly moving, shake it if the goat will not walk (rock the gut sideways and lift and release it - hard work for you). If it does not subside in an hour, you will need assistance. If you don't catch it early, you may need the vet well before the hour of grace. In severe cases, the vet may need to puncture the rumen to release the gas.

Try to get the vet out before this is necessary as the puncture wound can get infected. Bloat kills by compressing the heart and lungs until the animal cannot breathe, then finally, the heart cannot beat.

BROWSE - leaf and small sticks obtained from trees and bushes. This is a favoured feed, most wild goats getting most of their nutrients from browse. Goats seem to know which are poisonous, but they do make mistakes. Goats have inhabited areas of poor pasture and they survived by eating leaves. This means they get less contamination from their own droppings (worms etc.) and they get the nutrients the trees bring up from deep underground. If you have the ability, take some browse to your goats every day or two. Cut and carry so they don't get the chance to strip the preferred ones.

BUCK - the correct name for a male (or billy) goat.

BUCKLING - young male from 12 to 24 months old.

BUTTING - a strength challenge to rivals. Do not get involved with this contest, someone will be hurt (it may be a young friend or older person, not you). But, it is a normal behaviour between goats to establish pecking order and unless used aggressively by a dominant animal, do not try to stop it. Kids play at butting and this helps establish their position in the herd, so it never becomes a serious battle. If you have a goat that continues to butt humans, refer to a previous article on how to retrain (or contact me). Article written by Julie Buttery

Gardening Chores for February

As your summer crop is having a little bit of a last hoorah, it's time to start preparing your garden for autumn planting. This article is full of tips and ideas on what to do now, this will ensure your garden beds are ready to go. Wait until the heat of the day is over or first thing in the morning and then spend some time in your garden.

WEEDING: Now is the time to cut down the competition between your tasty treats and these space invaders.
With the recent rain it's brought weeds up everywhere!

MULCHING: Top up the mulch on your veggie patch, herb garden and ornamental beds. A hot summer tip is to mulch, to a depth of about 7cm. Keep mulch clear of plant stems, especially young seedlings. Choose a sustainable, low environment impact mulch to enrich your soil as it breaks down.

PLANNING: Now is the time to think about what wonderful plants you will be planting come April. Preparing beds now means that when autumn planting time rolls around, your garden will be ready and waiting. Removing spent plants, clearing areas of weeds and topping up organic matter is a great job for February.

SHADE FOR YOUR PLANTS: On non-gardening days, why not head out to the garden shed and construct a couple of shade cloth tents. They don't have to be elaborate, just a simple, moveable structure that you can pop over the top of some of the sun sensitive

veggies like eggplant and capsicums. Pop the shade covers over plants on extremely high UV days or hot northerly wind days.

GREEN MANURE: Consider a green manure crop to add some life to an overworked garden plot. This will improve the soil. Try cow pea, mung bean, soy bean or millet.

Because SA is so hot during our summer months it is not advisable to plant most herbs this time of the year but you can try lemon basils and sweet basil. You may like to try leeks, capsicums, chillies, cabbage, silverbeet, lettuce, sweet corn, spring onions and tomatoes but try to wait until at least the end of February. If the recent heat has caused a bit of grief to your plants don't be too tempted to tidy the plants up yet - cruddy looking leaves will protect the new, young sensitive shoots underneath from a serious case of sunburn. Wait until the evenings cool down in a month or so, then you can get your secateurs out to tidy your shrubs etc.

Why not try some lovely flowering plants in your

garden beds, like nasturtium, verbena, petunias and marigolds. These plants are great at attracting pollinators and beneficial insects to your garden and they look great as well.



Prior to European settlement, Humbug Scrub was inhabited by indigenous people, the Kaurna people of the plains and western face of hills, the Permangk of eastern hills, and possibly as a meeting and trading place with the Narrinyeri who mainly inhabited the Murray area.

It was rich in large trees with an under-storey of shrubs and grasses and associated animals. Little remains of their civilisation, with paintings on cave walls and remains of camp sites the main clues.

European diseases, destruction of their traditional food sources and killings over property ownership quickly destroyed the indigenous people. Some cave paintings remain, mostly fenced off on private property.

South Australia was colonized in 1836 and within a very few years there were rough huts in the Humbug Scrub area. Most of these were for the shepherds who tended the flocks of sheep, usually owned by others. However, there were landowners in the area, with land titles from the new South Australian government. One of the earliest was built in what is now called One Tree Hill, in 1839.

Settlers were clearing the land: trees made way for sheep, pastures and crops, and were used for firewood and building.

In 1856 the area was noteworthy as "escaped convicts were found hiding". One must assume they were locally convicted of a crime as there were no convicts transported to South Australia from Britain.

Also in the mid 1850s, Richard Nurse found a little gold. Further searching resulted in gold finds in the Barossa (Barossa Goldfields Road runs off the Humbug Scrub to Williamstown Road) and Hamlin found some in what is now called Hamlin's Gully, within the Humbug Scrub area.

In 1864, Edmund Hargraves visited the area. While he found gold, he stated that there would not be enough to warrant the work of extracting it. Hargraves had been a key figure in the gold rushes of the Eastern states. But Hargraves' views did not stop the diggers and soon there was a gold rush to the

Humbug Scrub Wildlife Sanctuary







In this photo you can see where aborigines have taken bark as a single piece to make a canoe. Many of these trees are in the Adelaide hills and are known as Canoe Trees. This one is in Humbug Scrub.



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The Juice Cure

Here we look at juices to ease some common health issues.
Please note that these are suggestions to help ease a
complaint. Please seek medical advice if symptoms persist.

COLD: Blend Carrot, Pineapple, Ginger and Garlic to relieve a head cold.

HEADACHE: Apple, Cucumber, Kale, Ginger and Celery blended will help if you have a headache.

ULCER: Cabbage, Carrot and Celery blended together and drunk a couple of times a day will relieve the pain of an ulcer.

HIGH BLOOD PRESSURE: Blend together, Beetroot, Apple, Celery, Cucumber and Ginger to lower your blood pressure.

KIDNEY DETOX: Carrot, Watermelon, Cucumber and Cilantro will flush your kidneys out.

EYES: Well, we all know that carrots help with eyesight but did you know if you blend Carrot with Celery your eyes will be

CONSTIPATION: Now we all get a bit of constipation every now and then, this will certainly get you moving again. Blend together Carrot, Apple and Fresh Cabbage.

HANGOVER: Perhaps we should have printed this before the Festive Season! Mix together Apple, Carrot, Beetroot and Lemon, this will freshen your breath and get you back on track.

NERVOUSNESS: We all get a little nervous when we have exams or have to make a speech. If you blend together Carrot, Celery and Pomegranate it will shake off nervousness.

DEPRESSION: Now that all the bills have started to arrive after the binge spending at Christmas you may find yourself a little down. Mix together Carrot, Apple, Spinach and Beetroot, it will brighten your mood but unfortunately it won't pay your bill!

DIABETES: Carrot, Spinach and Celery is a great pick me up if you are a diabetic.

ASTHMA: Drinking a glass of Carrot, Spinach, Apple, Garlic and Lemon will have you breathing better if you suffer with asthma.

ARTHRITIS: A glass of Carrot, Celery, Pineapple and Lemon will help ease the aches and pains away.

KIDNEY STONE: Orange, Apple, Watermelon and Lemon make a wonderful juice to help relieve the pain of kidney stones.

STRESS: Banana, Strawberry and Pear Juice is a very tasty way to unwind at the end of a busy day.

FATIGUE: Carrot, Beetroot, Green Apple, Lemon and Spinach will have you turning cartwheels if you are feeling exhausted.

MEMORY LOSS: Drink a glass full of Pomegranate, Beetroot and Grapes each morning if you remember to!

INDIGESTION: Mix together Pineapple, Carrot, Lemon and Mint to relieve a bout of indigestion after a heavy meal.











Natural Homemade Insecticides

There is noting like having a home garden to make you begin to appreciate the trials and tribulations of the farmers who grow our food. Between weather, weeds, and insects, not to mention the challenges of soil fertility, it can be incredibly humbling experience to try to put food on the table with a home garden - especially when adhering to organic protocols that don't rely on quick, yet potentially harmful, solutions, such as herbicides, pesticides, and conventional fertilisers.

Here we have a couple of insecticides that will not harm you or your family but get rid of a lot of garden pests.

Oil Spray Insecticide: A homemade insecticide made from vegetable oil mixed with a mild liquid detergent can have a devastating effect on certain troublesome insects such as aphids, mites, thrips, etc. To make a basic oil spray mix 1 cup of vegetable oil with 1 tablespoon of soap (cover and shake thoroughly) and then when ready to apply, add 2 teaspoons of the oil spray with 1 litre of water, shake thoroughly, and spray directly on the surfaces of the plants which are being affected by the little pests. The oil coats the bodies of the insects, effectively suffocating them, as it blocks the pores through which they breathe.

Soap Spray Insecticide: A very similar homemade pesticide to the oil spray is a soap spray, which is also effective for controlling mites, aphids, whiteflies, beetles and other hungry little insects. To make a basic soap spray mix 1½ teaspoons of a mild liquid soap with 1 litre of water, and spray directly on the infected surfaces of the plants. A soap spray insecticide works in a similar fashion as an oil spray pesticide, and can be applied as necessary (though it is always recommended to NOT apply it during the hot sunny part of the day, but rather in the evenings or early mornings.

<u>Garlic Insecticide Spray:</u> Garlic is well-known for its pungent aroma, which is delectable to some and yet repellent to others, and it is this strong scent that comes into play when

used as a natural insecticide. Actually, it's not really clear if garlic spray and chilli spray (below) are actually insecticides or are more likely insect repellents, but either way, these common kitchen ingredients can be used to knock down, or even knock out, insect infestations in the garden. To make a garlic spray, take 2 whole bulbs (not just cloves) and puree them in a blender or food processor with a small amount of water. Place in a container and let sit overnight, then strain into another container, add ½ cup of vegetable oil (optional), 1 teaspoon mild liquid soap and enough water to fill a 1 litre container. To use this insecticide, use 1 cup of mixture with 1 litre of water and spray liberally on infested plants.

Chilli Pepper Insecticide Spray: Similar to garlic spray, chilli pepper spray is a great homemade natural insect repellent that can be used for a variety of different pests. Chilli spray can be made from either hot peppers or chilli powder. To make a basic spray powder, mix 1 tablespoon of chilli powder with 1 litre of water and several drops of mild liquid soap. This mixture can be used full strength on the leaves of affected plants. To make chilli spray from fresh peppers, blend or puree ½ cup of peppers with 1 cup of water, then add 1 litre of water and bring to a boil. Let sit until cooled, then strain out the chilli material, add several drops of liquid soap to it and spray as desired. (Caution Hot Chilli Peppers can be very potent to humans as well, so be sure to wear gloves when handling them, and keep any sprays made from them away from the eyes, nose and mouth).

Just remember, killing off all the insects in your garden is not the desired result here, as any healthy ecosystem requires an abundance of beneficial insects, microbes and fungi, both in the soil and on the plants themselves so creating a good habitat for them can encourage the good guys to live happily in your garden.

Getting To Know Your Feet!

We all take advantage of our feet and it's only when we begin to experience pain or discomfort that we notice how much we rely on them.

Many problems with our feet are not necessarily life threatening, they often become ignored or overlooked because we are just too busy. It's only when the pain begins to impact on daily activities that people seek help.

Just 30 seconds a day is all you need to make sure you don't have any obvious problem as in the following:

1: An external growth on the foot is considered abnormal.

If you notice lumps and bumps on your foot such as a spur, cyst, soft tissue mass you need to seek advice as soon as possible. Conditions like this, when treated early can be easily maintained but when left for prolonged periods it can develop into a more serious issue and often cause severe pain.

2: A dramatic increase or decrease in temperature or a numbness and tingling sensation in your feet.

It is important to address the issue with your podiatrist asap. Symptoms like this can be a warning sign for conditions such as an infection, deep vein thrombosis or charcot foot. Anytime you notice a change in temperature or numbness in your feet it is critical to seek help straight away.

3: If you have diabetes or fall into a high-risk category.

Anyone who has diabetes, types 1 or 2 are at risk of developing a variety of foot problems. Maintaining regular check-ups is the best way your podiatrist can monitor any changes with your feet and establish an underlying problems. A check up every 6 months is vital.

Inspecting your feet frequently and maintaining regular check-ups with your Podiatrist is the best way to maintain the health of your feet.





A Play on Words

What is a Pun? A pun, or paronomasia, is a form of word play that deliberately exploits an ambiguity between similar-sounding works for humorous or rhetorical effect. Such ambiguity may arise from the intentional misuse of homophonic, polysomic, metonymic, or metaphorical language.

- "A Pun is a joke or type of wordplay in which similar senses or sounds of two words or phrases, or different senses of the same word, are deliberately confused; To tell a pun, to make a play on words."
- 1: The Grim Reaper came for me last night and I beat him off with a vacuum cleaner. Talk about Dyson with death!
- 2: A mate of mine recently admitted to being addicted to brake fluid. When I quizzed him on it, he reckoned he could stop any time!
- 3: I went to the cemetery yesterday to lay some flowers on a grave. As I was standing there I noticed four grave diggers walking about with a coffin. Three hours later and they're still walking about with it. I thought to myself, they've lost the plot!
- 4: My daughter asked me for a pet spider for her birthday, so I went to our local pet shop and they were \$70! Blow this, I thought, I can get one cheaper on the web!
- 5: I was at the ATM yesterday when a little old lady asked if I could check her balance, so I pushed her over!
- 6: I start a new job in Seoul next week. I thought it was a good Korea move!
- 7: I was driving this morning when I saw a parked RAA service van. The driver was sobbing uncontrollably and looked very miserable. I thought to myself that guy's heading for a breakdown.
- 8: The fattest knight at King Arthur's round table was Sir Cumference. He acquired his size from too much pi.
- 9: She was only a whiskey maker, but he loved her still!
- 10: A rubber band pistol was confiscated from algebra class today, because it was a weapon of math disruption.
- 11: No matter how much you push the envelope, it'll still be stationery.
- 12: A dog gave birth to puppies near the road and was cited for littering!
- 13: Two silk worms had a race. They ended up in a tie!
- 14: The midget fortune-teller who escaped from prison was a small medium at large!
- 15: There was a person who sent ten puns to friends with the hope that at least one of the puns would make him laugh. No pun in ten did!



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As I Get Older I Realize:

- 1: I talk to myself, because sometimes I need expert advice!
- 2: Sometimes I roll my eyes out loud!
- 3: I don't need anger management. I need people to be sensible!
- 4: My people skills are fine. It's my tolerance of fools that needs work.
- 5: The biggest fib I tell myself is "I don't need to write that down, I'll remember it!"
- 6: When I was a child I thought nap time was punishment, now it's like a holiday when I get the chance to have a nana nap!
- 7: The day the world runs out of wine is just too terrible to think about!
- 8: Even duct tape can't fix stupid, but it can muffle the sound!
- 9: Wouldn't it be great if we could put ourselves in the dryer for ten minutes and come out wrinkle-free and three sizes smaller!
- 10: "Getting Lucky" means walking into a room and remembering why I'm there!



When people hurt you over and over, think of them like sand paper.

They may scratch and hurt you a bit but in the end, you end up polished they end up useless!



A Valuable Lesson



One day, a school teacher wrote the above sums on the chalkboard....

When he finished he looked to his students and the class began to laugh.

When he asked them why, one student pointed out that the first equation was wrong.

The teacher responded by saying, "I wrote the first one wrong on purpose to show you something very important.

You can see that I wrote 5 other RIGHT answers, but none of you gave me recognition for that.

This is how the world will treat you. The world will not always appreciate the good that you do, but it will put you down for the one wrong mistake you make.

You all laughed and criticized me for the one wrong thing that I did.

Always rise above the criticism and stay strong!"

A positive attitude may not solve all your problems, but it will annoy enough people to make it worth the effort.

Seven Things Every Child Needs to Hear:

- 1) I Love You
- 2) I am Proud of You
- 3) I'm Sorry
- 4) I Forgive You
- 5) I'm Listening
- 6) This is Your Responsibility
- 7) You've got what it Takes!





Friends of Para Wirra Volunteers of the Park meet twice a month every 1st Wednesday and 3rd Saturday at 9.00am at Park Office (via main entrance off **Humbug Scrub Road**) If you love the bush and would like to join our happy crew, please contact us between 9,000am & 9,000pm any day

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Senior Citizens

One Tree Hill Senior Citizens. Gatherings are held each Tuesday afternoon at the One Tree Hill Institute, starting time is 130pm and finishing time is 4.00pm.

There is a variety of activities to join in, including carpet bowls. cards, outings in the bus or just a general chat.

Please feel welcome to join the Senior Citizens if you are new to the town, recently retired or just want an outing.

It's a great way to meet new friends.

Please phone Phil Waldegrave for further information on

0419 374 813



COMMUNITY DIRECTORY

Hall Hire Ph: 8280 0000 or 0459 105 045

Council Member Joe Federico 0417 016 164 **Andrew Craig** C/Member & JP 0417 016 160 Cricket Club **Brian Walter** 0418 815 047 Federal MP Nick Champion 8254 2422 Friends of Para Wirra Patsy Johnson 8280 7279 **Home Assist** Playford Council 8256 0355 Nth Hills Pony Club Sharon Xanthopoulos0401 214 950 **OTH Grapevine Editorial Team** 8280 7095 OTH Country Market Enquiries 0448 208 338 OTH Institute Enquiries & Bookings 8280 0000 OTH Progress Ass Secretary 8280 7095 **OTH Playgroup** Monday 0417 140 574 **OTH Playgroup** Wednesday 0428 829 988 **OTH Primary School** Front Desk 8280 7027 **Playford Band** Ivor McLatchie 8280 7214 **Scout Group** Mike Branson 0430 422 895 Senior Citizens Phil Waldegrave 0419 374 813 Soccer Club Registrar Jules 0418 326 477 State MP Jon Gee 8254 1023 **Tennis Club** Gary 8280 7067 or 0415 399 658 Walking Club (Walkie Talkies) Helen 8280 7035

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Playford Council Contact Details

24 hour Emergency & Lost/found dogs 8256 0333 General Enquiries and Burning Permits (seasonal)

8256 0333 Email: playford@playford.sa.gov.au Libraries: Elizabeth 8256 0334

When telephoning council with a request please remember to get a Customer Registration Number (CRN) to ensure registration and easy identification of your communication. You can also phone or email your local Councillors.

Joe Federico Ph: 0417 016 164 Email: crifederico@playford.sa.gov.au

Ph: 0417 016 160 Andrew Craig Email: adcraig@playford.sa.gov.au



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Because one day, you might wake up and realize, you lost the moon while counting the stars!



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Do you have an upcoming Community event or a special announcement that you would like printed on this page? Please keep notices as brief as possible.

Email or call with your details. Email: oth.grapevine@bigpond.com

Phone: 8280 7095 Please note deadline date on the front cover for each edition.



MOBILE LIBRARY FEBRUARY DATES

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The Playford Mobile Library will be at the OTH Institute on Friday 3rd and 17th February. The van parks outside the OTH Institute from 3.00 to 4.00pm.

The Mobile Van will also be in attendance at the OTH Country Market on the 4th February from 10am.











The annual One Tree Hill Ladies Lunch will be held on Friday 24th February, 2017 at the Blacksmith's Inn.

Did your children attend OTH Primary School during the 50s, 60s, 70s, and 80s? If so, please join us for lunch and a chat. Feel free to spread the word and encourage past and present residents of One Tree Hill to attend and catch up with past friends and enjoy the day.

Please contact Heather Fischer to book your seat.
Phone 0427 454 160
or 8280 7104

OPEN GARDEN DAY AT AL-RU FARM

The gardens at Al-Ru Farm will be open to the public on Sunday 19th and Monday 20th March from 10.00am until 4.00pm

Refreshments will be available and provided by the OTH Uniting Church

The Garden should be quite blue, with Plectranthus and Asters stealing the show. Mirabellus with their perfume come into their own and sedums galore abound

Ruth and Allen Irving hope that the One Tree Hill community supports them again. They have planted quite a few Dahlias to add to the Autumn colour for the Garden and the Cannes should still be looking good. Ruth has been busy converting the Veggie garden to a herb garden as well All welcome, the OTH CFS will have the proceeds of entry to Al-Ru Farm













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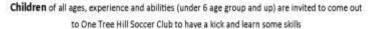
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ONE TREE HILL SOCCER CLUB



Tuesday 7th of February 2017

Between 5,00 - 7,00pm



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One Tree Hill Soccer Club is an EDJSA affiliated club and we offer:

- · A friendly , family-oriented club which aims to be inclusive, with one low yearly fee
- · A focus on player participation, teamwork and skills development, as our main aim

Any questions please contact our Registrar (Jules) othsc.registrar@gmail.com or phone after hours: 0418 326 477

NEXT ONE TREE HILL COUNTRY MARKET

The next market will be held on Saturday 4th February at the OTH Institute, 1009 Black Top Road. Lots of new stall holders as well as the regulars with an assortment of goods available including plants, arts and crafts and items for your home.

If you are feeling hungry or just want a nibble on something we have Farmhouse Bakery products with hot food for sale and Raya and her team have Piroshkis in the kitchen.

For stall enquiries please call Bev 0448 208 338 or Email oth.market@bigpond.com

Next PROGRESS GENERAL MEETING is Thursday 9th February at 7.30pm. Venue: One Tree Hill Institute, 1009 Black Top Road, One Tree Hill.

grow and make One Tree Hill an even better place to live.

New members welcome, Progress is at present a small group but with your input we can