

GRAPEVINE

NOVEMBER
2024

VOLUME 47
EDITION 10



ONE TREE HILL
PROGRESS ASSOCIATION
COMMUNITY MAGAZINE

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Welcome to the November Grapevine, bursting with articles as usual.

I hope that you enjoy this month's magazine and as always, feel free to send me any information on things that are happening locally to share.

Kelly Fischer - Grapevine Manager

GRAPEVINE ONLINE

Website: onetreehill.org.au



- Select the 'Grapevine' page link
- Scroll to 'Read the Grapevine Magazine Online'

A large number of past editions are also available to download.

Facebook: facebook.com/othgrapevine

**THE DEADLINE FOR THE
DECEMBER EDITION IS
NOVEMBER 15TH 2024**

grapevine@onetreehill.org.au

Ph/SMS: 0458 208 823

To advertise in the Grapevine you must live in One Tree Hill (or surrounding areas), or operate a business that provides a unique service to the district.

The views expressed in the One Tree Hill Grapevine are not necessarily those of the One Tree Hill Progress Association. Whilst every effort has been made to ensure that information in this publication is fair and accurate, One Tree Hill Grapevine cannot be held responsible for any content or advertisement, including errors or omissions.

Just a friendly reminder that the Grapevine is a great way to share local news, views and events. It is funded and produced by the One Tree Hill Progress Association. a donation towards the cost of production would be greatly appreciated. The 'Piggy Banks' around town are located at:

- | | | |
|-----------------|----------------------|------------|
| • GENERAL STORE | • POST OFFICE | • PHARMACY |
| • FODDER STORE | • OTH COUNTRY MARKET | |

ONE TREE HILL PROGRESS ASSOCIATION—PRESIDENT REPORT

Wow it is November already and work is moving along quickly at the McGilp Recreation Park. During last month's progress meeting, we discussed potential ways to acknowledge the history of the site as part of the upgrade. I invite you to provide your feedback on this.

Regular users of the One Tree Hill Institute expressed privacy concerns regarding the recent facilities upgrade. We have been working with the council to address these issues, and we're happy to inform you that frosting has been applied to the interior glass door, and reflective tinting has been added to the exterior of the building

One Tree Hill has a rich history, and I've heard that Stephen Hill's sketchbook beautifully captures that heritage. If anyone has a copy, please get in touch—I'd love to see it!

As always, stay connected through the Grapevine and our socials. You can also reach out to us via email, website or coming along to our monthly meetings.

Take Care ,

Tabatha Pettigrew— President One Tree Hill Progress Association Inc.

president@onetreehill.org.au



Dear Grapevine,

“A lot is happening in our community and we'd all like to hear about it
- send us a short letter about something going on locally”



Glossy Black Conservancy

The Glossy Black Conservancy is bringing together Australia's **Glossy Black-Cockatoo projects** to maximise outcomes for our beloved Glossies.

Register now: <https://bit.ly/glossyforum24-register>

Working with Glossy Black-Cockatoos?

Join conservation volunteers and ecologists for two days of panel discussions, presentations and networking around conservation of the Glossy Black-Cockatoo at a national forum taking place 100% online, 19 & 20 November. You'll hear about the latest research, how technology is being used in the field, habitat mapping, citizen science, policy and planning and what we need to do collectively to drive recovery of this iconic species.

Find out more:

<https://glossyblack.org.au/national-forum>

Andi Williams— Willow Wellness Fitness Club

I am so excited to announce that I have launched Group Outdoor Fitness classes in One Tree Hill. I am a Personal Trainer and Health Coach with over ten years experience. My passion is to inspire a healthy lifestyle and way of living.

We all know exercise is vital for maintaining physical and mental health. I enjoy making the experience with exercise fun and enjoyable. I love to make clients feel comfortable with sessions tailored to their individual fitness abilities.

Regular physical activity helps improve cardiovascular health, build strength, boost endurance, and enhance flexibility. It also supports weight management and reduces the risk of chronic diseases. Keeping active can play a huge role in improving mental well-being by reducing stress, anxiety, and depression. The benefits are endless!

Having a personal trainer can enhance the effectiveness of your training. I enjoy providing guidance at our classes to make sure exercises are performed correctly, this assists in avoiding injury and maximises results. I love to make each client feel comfortable and confident with the exercises performed in the sessions.

Contact details on advert (Page 20!)

PLAYFORD COUNCIL - LOCAL COUNCILLOR'S REPORT

Dear Fellow Ratepayers and Residents,

I hope this edition of the Grapevine finds everyone well.

As the bushfire season is approaching it is important to note that the General Notice - Burning Permits ends on the 30th of October 2024. This is a month before the actual fire danger season starts on the 1st December 2024, unless the date is moved forward to an earlier time. It is important to note that residential areas are excluded from burning permits and this includes the OTH township.

For further information please visit the City of Playford's web page.

Uley Road Cemetery

After many discussions and the completion of the ground penetrating (GPR) survey the city operations team have included the Uley Road Cemetery in their work program regarding ongoing maintenance and repairs. The further items such as shelters, signage and seating will need to be determined through the Annual Budget process.

One Tree Hill Cemetery

The City of Playford is now planning the engagement of the contractor for the GPR survey. It is unfortunate that there have been so many delays in this process however we will continue advocating for the desired outcomes.

The heritage wall and the stormwater to the cemetery was included in this year's ABP, and depending upon the design outcomes, it is intended that construction will be included in the 2025/26 renewal program.

McGilp Recreation Park: Summary to update as of mid-October 2024

The City of Playford has been monitoring progress and reports:

- Steelwork and reinforcement for the changeroom footings complete. Concrete slab being completed.
- Carpark subgrade earthworks – completed
- Tennis court subgrade earthworks – completed
- New irrigation line to oval extension – completed
- Stormwater to northern end of oval – partially completed

The City of Playford provided the school with an information leaflet for the recommencement of the term and will continue to monitor the traffic flows and effectiveness of the traffic management measures.

Speeding in the OTH Township

Residents are continuing to raise their concerns of speeding through the township with suggestions of larger 50 signs and 50 approaching signage to be installed. Please give me your feedback. I'll be raising your feedback and advocating with our local MP Rhianon Pearce as Blacktop Road is a Department road.

If you have a community matter, I am here to listen and advocate however I would also encourage you to join or visit the One Tree Hill Progress Association (OTHPA). I attend the OTHPA monthly meetings where the community volunteers represent and are the voice of the community.

Kind regards,



Cr David Kerrison - City of Playford

Page - Adelaide, SA, Australia - Public figure - Community • Public & government ...

Cr David Kerrison / Phone: 0478283879 / Email: crdkerrison@playford.sa.gov.au



CFS INCIDENT REPORT OCTOBER 2024

OTH CFS Brigade attended 11 callouts this past month, including 2 burn offs, 4 vehicle fires, 4 vehicle accidents, and one spill

clean-up callout. The 17th and 22nd of September were our busiest day this month with two incidents on each day.

The past month saw two incidents on the 17th of September, the first when crews were called to an oil spill on Yorktown Rd near Yelki Rd. A truck had spilled oil for approx. 50m. The crew used a spill kit to soak up and clean the road. The same day OTH34P turned out to a Motor Vehicle accident (MVA), Car v Motorbike. The incident occurred on Humbug Scrub Rd near the Bassnet Rd intersection.

Crews attended a car fire on the 22nd of September. The occupant of the car noticed smoke from the bonnet and dash. Crew quickly extinguished the vehicle without further incident.

Another MVA involving two cars occurred on Blacktop Rd on the 22nd of September.

We believe that the notorious uneven surface of Blacktop Rd-Williams Rd intersection was the cause of another MVA on 26th of September.

Crews were called to another MVA on the 28th of September at Blacktop Rd past the quarry entrance.

September 30th saw the brigade called out to a structure fire. Upon arrival crews found a boat on a trailer going well. The boat was fully involved, and crews quickly extinguished the fire making the area safe.

The Brigade assisted a local resident with a controlled burn of feral olives on 4th of October. Feral olives are a high fuel source vegetation, when green or dry. Crews gained valuable experience of managing high fuel load burns.

Crews also attended a MVA involving 2 car at the Tyeka and Cornishmans Hill Rd intersection. Upon arrival crews noticed smoke coming from the bonnet of a vehicle. Crews made the scene safe.

On the 12th of October crews attended another structure fire at the intersection of Cornishmans Hill Rd and Blacktop Rd.

On arrival crews found a boat on fire next to a home. Crews extinguished the boat and returned to the station.

Brigade activities.

Our 2025 Calendars are on sale from the station every Monday night (except public holidays) at 7pm as well the OTH Post Office. Thanks to Wain for his support of our fundraising efforts.

The calendars are \$20, with all proceeds going towards the proposed standpipe installation.

Once again, the Brigade assisted ALRU farm, providing parking assistance for their guests at the ALRU Family Day on the 29th of September. The parking proceeds being generously donated to the OTH CFS Brigade. Thank you to the members that generously volunteered their time.

OTH CFS Cadets attended the State Cadet Championships on the 12th of October competing against other Cadet brigades from around the state at Stockport. The cadets competed in drills and team building exercises including two lines, two lengths, hose and hydrant, knapsack response, and portable pump relay.

Monday October 14th saw all appliances attend Fraser Fire and Rescue to tour the facility and look over the latest builds of CFS trucks. The night was well attended and crews were able to inspect and ask questions about the latest innovations for the SACFS newest trucks.

The warmer weather has seen north facing vegetation starting to dry off and cure. The slight brown tinge is evident in OTH and the surrounding areas.

If you haven't done so, now would be a good time to get firebreaks cut, feral olives removed, and excessive growth areas cleared from around your homes.

Stay safe and drive carefully.



**For general information please contact
OTH Duty Phone on 8280 7055.
You can also visit the CFS website at
<http://www.cfs.sa.gov.au> or
phone 1800 362 361**

CRIME REPORT – ONE TREE HILL RURAL WATCH

Offences reported between 15/9/24 and 14/10/24

Between 31 August and 1 October Vehicle stolen from address Blacktop Road GOULD CREEK

Vehicle located on 12 Oct in rear yard of an Elizabeth Grove address – enquiries continuing with suspect person nominated.

Between 17 September & 13 October Vehicle stolen from address Miles Road ONE TREE HILL

Vehicle stolen from property.

Overnight on 27 September Theft and Property Damage Medlow Road ULEYBURY

Solar lights stolen and damaged along with tyre on vehicle slashed. Incident has been allocated for investigation with person of interest nominated.

Overnight on 3 October Property Damage & Unlawfully on Premises Blacktop Road GOULD CREEK

Padlocks cut with angle grinder and gates forced open.

Police continue to respond to several serious motor vehicle accidents (including roll overs) in the One Tree Hill area over the last month. Please ensure you drive to the road/weather conditions and keep safe!

As always if you have any information to assist with any crime issues in the area please call Police

Communications on 131444 or the undersigned.



**SOUTH AUSTRALIA POLICE
SAFER COMMUNITIES**

Darren McCue

Senior Sergeant First Class

Elizabeth Police Station

KOALA RESCUE NEWS - Bronwyn Wilton

REMEMBER: Do not pick up a sick koala, it can still inflict serious injuries with its teeth and claws. If you see an injured, sick or orphaned koala please ring our free 24/7 hotline on 0474 737 283



KOALA SCAT MOTH-SCATOCHRESIS EPISEMA

This moth uses koala scats as its larval host where it will lay its eggs, the caterpillar will spend its time feeding inside the scat and once it emerges as a moth with pale grey-brown with some dark markings, including a narrow broken back band near the base, two other further along the wing, and four prominent black spots on the costa. The hind wings are plain grey fading towards the base with a wing span of about 2 cms.

Koalas are an umbrella species, meaning their survival is pivotal to the survival of other species.

Given this, it's been suggested that the koala scat moth could be close to extinction in Australia, due to the drastic reduction in koala numbers due to bushfire and other factors.

The species has been found in South Australia, Queensland, New South Wales and Victoria.





What's flowering in my garden?

Wow! So many ground cover plants, bushes and trees are in flower with each plant contributing to a wonderful garden full of brightly coloured spaces. There's the dainty pink and cream pendulous flowers of *Correa Carpet Layer*, the large bronze yellow red spires of *Grevillea Coconut Ice*, the mass of hot pink star shaped flowers of *Calytrix tetragona*, the many drooping sprays of pale pink *Thryptomenes* as well as the bold pinks and purples of the *Geralton Wax Flowers*.

It is mid Spring and at this time of the year many gardens are at their best showing off so many flowers from so many plants.

The Roses are just beautiful and the late flowering Daffodils are a delight to enjoy. If you have some Bearded Iris, enjoy the tall colourful stems of this hardy plant as it has a short flowering season.

Many Natives are in flower at the moment including the *Prostantheras*. With the common name of Mint Bush, these aromatic plants are covered in many flowers.

Prostanthera rotundifolia has small round dark green leaves and many pale to mid pink pendulous flowers held on narrow stems. This very hardy plant will grow up to 1.5 m high and up 1m wide in well drained loamy soils and will respond well with new growth after pruning.

Mint bushes, being aromatic, emit a strong mint scent when touched but can be smelt in a garden even without brushing past these most interesting bushes.

As *Prostanthera rotundifolia* is a small rounded plant it is one that can be planted as a fill in plant in a small space between larger plants.

Honey bees and other pollinators enjoy flitting around this delightful plant which is available from most good nurseries. Plant one or more to enjoy and have a go at striking cuttings from these Mint Bushes.

Just beautiful.

Which grass you ask?

Well, Chilean needlegrass of course. Yep, it's that time of year when landholders should be undertaking seasonal control.

Chilean needlegrass (*Nassella neesiana*) is regarded as one of the worst weeds in Australia because of its invasiveness, negative impact on farm productivity, cause of injury to stock, and displacement of native grasses.

Chilean needlegrass (CNG) is a long lived tussock grass, often remaining green for longer into summer. It is best identified by its large red-purple glumes (seed husk), the typically drooping seed heads and the small, sharp, needle-like seeds with a distinct ring of densely packed hairs at base of the seed.

Care needs to be taken to identify the grass correctly as it can be confused with native spear grasses, as well as other exotic grasses that have similar seeds and a drooping form.

It's always best to look twice or check the seed for confirmation.



Mowing and verge controls

Property bushfire prevention mowing is best done in late September to early October before CNG plants start to send flowering seed stalks out in mid to late October.

Once you have looked for and controlled any CNG throughout November, it would then be safe to slash again in late November, when you are confident no seeds are going to be spread.

Did you know that council modifies its verge mowing program on some rural roads during peak CNG season to accommodate for monitoring and control work from October to December?



Variation in CNG of unripened seed colouring but still distinctive constricted neck, swollen base, hairy tip and hairless body. Photo M. Seiler

Please be aware that road verge mowing by landholders or alterations on roadsides requires permission from council. Some roadsides also contain native vegetation and council takes care to conserve them. If you wish to mow your road verge outside of CNG control season, please contact City of Playford on 8256 0333 to arrange for a permit. If you obtained one last season please be reminded not to mow during the months of October and November.

For advice on chemical options please refer to **Controlling declared weeds in SA** at: www.pir.sa.gov.au/biosecurity/weeds.

Observations of weeds can be entered into **iNaturalist**, an app which can assist with identification. www.inaturalist.org/

For more information on this weed and control advice contact Rebekah Przygoda on 0418 841 615 or rprzygoda@playford.sa.gov.au

BIRDS IN MY BACKYARD Julie Buttery, Humbug Scrub

This issue I want to write about three species that have a distinctive eyebrow. One I am sure you are familiar with, the other two maybe less so.

Willie Wagtail is so well known he barely needs introduction. We had a breeding pair here when we arrived but with more bushes and a reliable water supply there is now at least two pair, on opposite sides of the dam. *Rhipidura leucophrys* is black and white, although the juvenile may have buff markings on the wing coverts, giving it a mottled appearance. Their voice has been described as “chitta chitta” but some years ago I was told a Kuarna name for them was “chucka chucka” and that fits for me. My Chucka seems to recognise me, for when he gets all upset about my presence and I say “It’s okay Chucka” he calms down and stops swooping me. I know there is an active nest close by when he begins his swooping – nearly as disconcerting as a magpie swoop although with less possibility of serious damage.

Willie’s tail wag is thought to be to drive prey from the leaf litter. And if you think he is frowning at you, you may be right. He varies his eyebrow according to mood. It may appear to be wider or longer and also changes shape from almost straight to a curve. Male and female are identical in all respects.

The **Grey Fantail** is a close relative of Willie Wagtail. *Rhipidura albiscapa* is smaller than Willie, about two thirds the size, and grey rather than black. There are six subspecies but the one around here is *R a alisteri* and has a buff tinted belly. Their white eyebrow (actually called the supercilium) is shorter than Willie’s but they have a spot behind the eye. They also have white markings on the wing feathers. The grey fantail also hunts insects by driving them with the wagging tail. I kept mistaking them for Willie Wagtails until I took photos. In shaded areas at a distance, they can be deceptive.

The third eyebrow species is the **White-browed scrubwren**. *Sericornis frontalis* is much the same size as the fantail but with short wings and tail. They like dense undergrowth, denser than the previous two species. Their supercilium meets above the beak and here is another line below the eye. With ten subspecies and three being in this area, I am not going to hazard a guess. Variations are in colour density. Their alarm call sounds like a buzz with a more musical call to friends. They are insectivores and more closely related to thornbills than to fantails.



SETTING BOUNDARIES - NATASHA STEEN

Setting Boundaries:

A Key to Healthy Relationships with Self and Others

I am always looking for simple things that support people to be at their best. To be at their best with their physical and mental health.

Over many years it has become clearer that “Setting Boundaries” is one of most useful skillsets we can have in our tool kit. Many of my clients are in crisis with self or others because they did not have clear self + interpersonal boundaries in place.

Setting boundaries is an essential skill for maintaining healthy relationships, both with ourselves and others. It involves communicating our limits clearly and respectfully, which can lead to improved mental well-being, reduced stress, and more fulfilling interactions.

What Are Boundaries?

Boundaries are the physical, emotional, and mental limits we set to protect our personal space and well-being. They can pertain to various aspects of life, including:

- **Emotional Boundaries:** Protecting your feelings and emotional health.
- **Physical Boundaries:** Maintaining your personal space and physical autonomy.
- **Time Boundaries:** Allocating your time according to your priorities and needs.

Material Boundaries: Defining how you share or lend your belongings.

Why Are Boundaries Important?

1. **Promote Self-Care:** By setting boundaries, you prioritize your needs, helping you to maintain your mental and emotional health.
2. **Enhance Relationships:** Clear boundaries foster trust and respect in relationships. They allow for honest communication and help prevent resentment.
3. **Prevent Burnout:** In both personal and professional contexts, boundaries help you manage your workload and avoid overwhelming situations.

Encourage Personal Growth: Setting and enforcing boundaries encourages self-awareness and assertiveness, key components of personal development.

It seems that many people struggle with finding the skills and confidence to do this. I notice that often this comes from fear of offending other people, fear of conflict, fear of losing relationships or even fear of anything unknown. Guilt can also be a challenge when we try to set boundaries. It's normal to feel guilty when setting boundaries, especially if others react

negatively. Remember that your well-being is a priority. Cultural background can impact also - some cultures discourage boundary-setting, viewing it as selfish. You may need to recognise these influences but focus on what feels right for you.

There is certainly a lot to consider when it comes to knowing what your boundaries are and then who this might impact and how on earth you then communicate these!

Here are a few steps that may help you with Setting Boundaries

1. **Make sure your motivations are clear:** Boundaries should be about your own wellbeing – not about controlling other people!
2. **Identify Your Limits:** Reflect on what makes you feel uncomfortable, stressed, or overwhelmed. Consider what areas of your life need clearer boundaries.
3. **Communicate Clearly:** When expressing your boundaries, be direct and honest. Use “I” statements to convey your feelings without placing blame (e.g., “I feel overwhelmed when...”). It is important to understand a little bit about how you can communicate in an assertive style rather than aggressive or passive. This can be a big learning need for many people.
4. **Be Consistent:** Consistency is crucial for boundaries to be respected. If you waver or compromise too easily, others may not take your limits seriously.
5. **Practice Self-Compassion:** Understand that setting boundaries is a process. It's okay to feel uncomfortable initially, and you may need time to adjust.
6. **Be Prepared for Pushback:** You may have to prepare for a little discomfort with how others react to you. Not everyone will respect your boundaries immediately. Be firm but polite and remind others of your limits as necessary.

Evaluate and Adjust: Regularly assess how your boundaries are working. Are they effective? Do they need to be adjusted? Growth is an ongoing process.

Setting boundaries is a vital part of nurturing your mental and emotional health. By clearly communicating your limits, you can foster healthier relationships and create a life that aligns with your values and needs. Remember, boundaries are not walls; they're guidelines that help you navigate your interactions with respect and clarity. Embrace the process and give yourself permission to establish the boundaries that serve you best.



NATASHA STEEN

BA (Psych), GradDipSocSc (Counselling) M.A.C.A.
Counsellor | Coach | Speaker | Founder

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ONE TREE HILL UNITING CHURCH



SUNDAY MORNING SERVICE 10.00 AM

JAM (JESUS AND ME) **THE CHILDREN'S CHURCH PROGRAMME**

We ended Term 3 on a high as the JAM kids group and their families helped to pack shoeboxes for Operation Christmas Child. We packed an amazing 50 boxes! - which will be gifted in love to children overseas.

JAM has now returned for a new term as we head towards the end of the year. We are continuing to learn about how God can use even our very bad days for good. Then we will be following Advent and the celebrations that led to the birth of our Saviour and the Hope and light He gives us in our world today.

Any school age child is welcome to join us when we meet at 10am during school terms.

BIBLE STUDY/ GROUPS

Men's Bible Study Group

Held Fortnightly, Wednesday evenings
7.00 pm - at the Church

WEDDINGS, BAPTISMS & FUNERALS

The church is available for any of the above Services. For further information regarding bookings, please leave a message on the
Church phone - 82807 951

RED BIRD OP SHOP

Opening hours 9.30 am-4pm, Monday - Friday.

Address - 4 Hilcott Street,

Rosewood Village, Elizabeth North.

Donations of second hand clothing are always appreciated, and can be dropped off at the shop.

Enquiries – Maureen – 8280 7368



'SHOEBOX'—OPERATION CHRISTMAS CHILD

Children from One Tree Hill Uniting Church's 'Jesus and Me' Kids' Church had a mammoth session packing shoeboxes for Operation Christmas Child this month. I'm delighted to report that the children and their families packed an amazing 50 shoeboxes which more than doubled the number packed last year! These shoeboxes containing toys, games, clothes, notepads, pens, crayons and hygiene supplies like soap and face washers will be sent all over the world to children aged from 2 to 14 who would otherwise never receive a gift.

It was a wonderful opportunity for the JAM community to come together, and for the children to learn about the importance of giving and the lasting difference that charities can make. Children and adults alike had great fun choosing the age group and gender for each box, (2-4, 5-9 and 10-14), selecting items with the child in mind, and then writing a message in a card which included a polaroid photo showing who had packed each box.

If you would like to contribute towards next year's effort (and attempt to beat this year's record!), please keep an eye out for any items that would fit in a shoe box, particularly when there are sales on (operationchristmaschild.org.au/gift-ideas) for suggestions. Any number of items will be gratefully received; there is no requirement to fill a complete shoebox. Feel free to contact Kendrie (0419 994 332) for more information.

Samaritan's Purse has been running its Christmas shoebox campaign for more than 30 years. Last year Australia and New Zealand sent 218,215 shoeboxes to Cambodia, Ukraine, Philippines, Fiji and Papua New Guinea. Find out more at <http://operationchristmaschild.org.au>



COUNTRY MARKET



• CRAFT • COOK • GROW • FRESH

Do you want to have a stall at the market?

Contact Heather for information on **0457 107 817** or **EMAIL: market@onetreehill.org.au**

NEXT MARKET:

SATURDAY

NOVEMBER 2nd 2024

8.30 am - 12.30pm

COUNTRY MARKET REPORT

The Country Market was held on Saturday October 5th and was well supported by stallholders despite the weather forecast of some blustery showers. The market was well patronised by many visitors, some of whom were out and about doing a spot of Christmas shopping.

Every one is most welcome to visit, to catch up with a local and to stock up on various items.

Do come along to purchase quality Riverland dried fruit, assorted nuts and sweets, Bonnie's biscuits, Maureen's cards, Chris's wooden boards, Mandy's eclectic recycled bits and pieces and much more.

See you there on Saturday November 2nd.

ONE TREE HILL INSTITUTE HALL HIRE

The One Tree Hill Institute is a beautifully maintained building with two inter-joining large halls, a complete kitchen and bar area. The hall has a new surround sound system, TV, microphone facilities, and heating and cooling.

Outside you will find a sheltered playground & picturesque garden areas which are ideal for photos.

An ideal location for Weddings, Engagement Parties, Birthday Parties, Reunions and Meetings.

Why not come and have a look or check us out?

PH: 0459 105 045 EMAIL: hall@onetreehill.org.au

<https://onetreehill.org.au/index.php/hall>



What's on in NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Term 4—Week 3					1	2 
3 	4 	5 	6 	7	8 	9 
Term 4—Week 4						
10 	11 	12	13 	14 	15 	16 
Term 4—Week 5						
17 	18 	19	20 	21	22 	23 
Term 4—Week 6						
24 	25 	26	27 	28	29 	30
Term 4—Week 7						

Saturday	2nd	OTH Country Market
Tuesday	5th	Melbourne Cup
Monday	11th	Remembrance Day
Thursday	14th	Progress Assoc Meeting
Friday	15th	Grapevine Deadline
• School weeks - SA Government Schools		

REGULAR COMMUNITY EVENTS

Mondays 9.30am-11.30am

OTH Playgroup



Saturdays 8.00am-12.00pm

Mt Pleasant Farmers Market



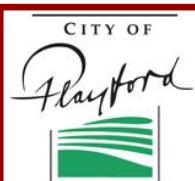
Mon, Wed, Fri & Sun 8.00am

The Walkie Talkies



Thurs/Fri

Which Bins go out



Mobile Library

Opposite Blacksmith's Inn
Black Top Rd, One Tree Hill

Alternate Fridays:

3:00pm—4:00pm

Contact 8256 0333 for information

YOUTH IN EMERGENCIES PROGRAM

Henry Brown, One Tree Hill

INTRODUCTION

My name is Henry, and I have been part of the Youth in Emergencies Programme run by the Red Cross for several months where I am working towards my Bronze Duke of Edinburgh Award. This is a new programme, and I am part of the first group of teenagers taking part. For the skills section of the award, the Red Cross has created a series of online learning modules that teach us about natural disasters that effect Australia and how to prepare for them. The main point of the programme is learning how young people can help their community become more resilient during an emergency or disaster. For this project I have chosen to learn about bushfires as it is something that greatly effects One Tree Hill, and I am writing some articles in the Grapevine so that I can use my knowledge to help my community. This month I am reminding people what to do when a bushfire happens.

GETTING NEWS

When a bushfire has started, getting news about it is vital because you need to know where it is heading and if you need to evacuate or not.

You can stay up to date with the news about bushfires by first using the AlertSA app and setting up a watch zone, so you are notified when a fire starts. The CFS posts updates about fires on Facebook (@CountryFireService) and X (Twitter) (@CFSalerts) and these will show you warning messages for a bushfire and the area it applies to. There are 3 warning levels – advice, watch and act, and emergency warnings – but they are not progressive so if a bushfire started it could be an emergency warning straight away. You might get a text or voice message telling you to evacuate sent by +61 444 444 444 which is the number used by Emergency Alert, the national telephone warning system. However, this is not always used, and you should not wait to receive a message before you evacuate.

You can also call the bushfire information hotline (1800 362 361), however be warned that the mobile phone signal may go down during a fire if the power goes off or the infrastructure is damaged, and landline phones might not work either. You can use a handheld battery-powered radio to monitor local news and emergency alerts on ABC Radio Adelaide (891 AM), FIVEaa (1395 AM) or Triple M (104.7).

It is important not to rely on only one source and make sure you are checking multiple sources before acting.

WHERE TO GO

Before a bushfire strikes, identify safe locations where you can seek refuge. This might include homes of friends or family outside the danger zone of the bushfire, going to a Bushfire Safer Area (Adelaide suburbs and central Gawler) or as a last resort if your first plan has failed and you have nowhere else

to go, going to a last resort refuge (but remember that there isn't a last resort refuge in One Tree Hill). Knowing where these places are is important in helping you to leave swiftly and not having to make decisions in the moment when you are under pressure which can lead you to make the wrong choice.

CHECKING ON NEIGHBOURS

Checking on neighbours is crucial during emergencies, especially bushfires, to see if they know what to do and where to go, especially those who may need extra assistance, such as the elderly or those with mobility issues. Encouraging everyone to look out for each other can make a significant difference in ensuring everyone's safety in the community.

WHAT TO BRING

When preparing to evacuate, ensure you already have all essential belongings in your bushfire survival kit and it is easy to grab and go in a bushfire. This includes important documents like identification, insurance information, and any other vital records, as well as your pets, and any leads, carriers and food etc. With pets like cats keeping them inside the night before a catastrophic fire day is recommended so you are not panicking looking for them when you need to be leaving the house. Having these items ready to go can save you precious time and reduce stress during an evacuation.

WORST CASE SCENARIO

If you find yourself caught in a bushfire, your best chance of survival is to seek shelter in your home or a solid brick building. Avoid sheltering in bathrooms, as they usually have only one exit and can trap you if the fire spreads, and you can't see through the frosted window. Instead, try to stay inside the building, ensuring you have two points of exit, including one direct route outside. Remember that radiant heat is the most significant danger, so protecting yourself from its effects is crucial for your safety. Wear long sleeve natural fabrics which won't melt in the heat.

CONCLUSION

As bushfire threats loom, it is crucial for individuals and families to take proactive steps to ensure their safety. By sticking to a well-prepared bushfire plan, having essential belongings and your survival kit ready, staying informed, knowing when and where to evacuate, checking on neighbours, you can better protect yourself and your family during a bushfire emergency. Finally, remember it is always better to leave early than waiting too long and then not being able to evacuate. Don't wait until you can see smoke or embers as then it is too late to leave.



Are you bushfire ready?

Prepare your home or workplace now

You must

- Clear 20 metres around your house.
- Clear 5 metres around other buildings and structures on your property.
- Cut long grass on your property (occupied and vacant land allotments)
- Create fire breaks.
- Prune tree limbs and branches which overhang your home.

We encourage

- Removal of dead branches, dead undergrowth and leaf litter from your property.
- Removal of bark, heavy mulch, wood piles and other flammable materials close to your home and shed.
- Regularly cleaning your gutters.

Going the extra mile

- Clearing vegetation further than 20 metres from your house for fire prevention with a permit from the CFS. (Native vegetation is protected by law, under the *Native Vegetation Act*, and permission is required to clear it on your property.)
- A swimming pool or additional water tank (of at least 5,000 litres) can act as an alternative water supply in a fire emergency.

If you're planning any mowing or alterations on roadsides, bear in mind that this requires permission from Council in accordance with the *Local Government Act 1999*. The City of Playford will conduct flammable undergrowth inspections prior to the fire danger season to ensure landowners comply with the *Fire and Emergency Services Act*.

For more information

Dave Watson, Fire Prevention Officer, City of Playford, on **8256**

0333 CFS Bushfire Information Hotline on **1800 362 361**

Visit www.cfs.sa.gov.au



Collect a CFS Fact Sheet from
Playford Civic Centre Reception,
10 Playford Boulevard, Elizabeth

playford.sa.gov.au/stayconnected

Emergency Apps Workshop



ONE TREE HILL

Bring your smartphone, tablet and/or laptop to learn where to find information during an emergency, useful apps to use, and the CFS website.

In this hands-on workshop, you will learn how to:

- navigate the CFS website effectively
- use the Alert SA app to set up a watch zone
- use Emergency Plus app to report an emergency
- keep yourself informed using technology

WHEN: 7:00pm - 8:30pm Tuesday 19th November 2024

WHERE: One Tree Hill CFS Station
Blacktop Road, One Tree Hill

CONTACT: Bindi Hawkey - Region 2 CFS Community Engagement
8521 6715 / CFS.Region2CommEngage@eso.sa.gov.au



To register visit the CFS website or use the QR code.



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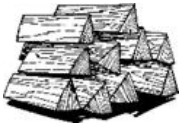


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