GRAPEVINE





ONE TREE HILL
PROGRESS ASSOCIATION
COMMUNITY MAGAZINE

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Dear readers,

I hope you had a lovely March, welcome to April!

This edition has all the information regarding the One Tree Hill ANZAC day service for all those that wish to attend.

Also on that theme are the puzzle and colouring activities on page 24.

Don't forget that there are loads of local businesses that advertise in our Grapevine so make sure to look there before you go anywhere else.

Enjoy your Easter break and have a great school holidays. I can't believe it's the end of Term 1 already!!

Well, enjoy this edition!

<u>Kelly Fischer</u> - Grapevine Manager

GRAPEVINE ONLINE

Website: onetreehill.org.au

- Select the 'Grapevine' page link
- Scroll to 'Read the Grapevine Magazine Online'

A large number of past editions are also available to download.

Facebook: facebook.com/othgrapevine

grapevine@onetreehill.org.au

Ph/SMS: 0458 208 823





<u>Just a friendly reminder that the Grapevine is a great way to share local news, views and events.</u>
<u>It is funded and produced by the One Tree Hill Progress Association. A donation towards the cost of production would be greatly appreciated. The 'Piggy Banks' around town are located at:</u>

GENERAL STORE

POST OFFICE

PHARMACY

FODDER STORE

OTH COUNTRY MARKET

To advertise in the Grapevine you must live in One Tree Hill (or surrounding areas), or operate a business that provides a unique service to the district.

The views expressed in the One Tree Hill Grapevine are not necessarily those of the One Tree Hill Progress Association. Whilst every effort has been made to ensure that information in this publication is fair and accurate, One Tree Hill Grapevine cannot be held responsible for any content or advertisement, including errors or omissions.

COMMUNITY DIRECTORY

ONE TR	EE HILL PROGF	RESS ASSOCIATION	COUNCIL MEMBERS			
President	Tabatha Pettigrew	president@onetreehill.org.au		David Kerrison	0478 283 879	
Secretary	Charlotte Brown	secretary@onetreehill.org.au	Local Councillors	Tanya Smiljanic	0467 576 611	
Treasurer	Paul Mayes	treasurer@onetreehill.org.au		Andrew Craig (JP)	0417 016 160	
Grapevine Manager	Kelly Fischer	grapevine@onetreehill.org.au	State MP	Rhiannon Pearce	08 8288 8218	
	0458 208 823		State MP	Ashton Hurn	08 8563 3636	
Hall / Institute Manager	Pat Jones	hall@onetreehill.org.au	сом	TACTS		
	0459 105 045		General Store		08 8280 7020	
Market Manager	Heather Fischer	market@onetreehill.org.au	Post Office	Wain Walker	08 8280 0090	
	0457 107 817		Pharmacy	Shekhar	08 8483 4721	
FLORA / FAUNA CONTACTS			Senior Citizens	Louise Niva	0409 315 625	
Friends of Para Wirra		friendsofparawirra@gmail.com	Walkie Talkies	Helen Turvey	08 8280 7035	
Para Wirra Conservation Pk		08 8336 0901	Uniting Church	Maureen Hill	08 8280 7368	
Koala Rescue Hotline		0474 737 283	Scout Group	(Group Leader)	0430 422 895	
Fauna Rescue		08 8289 0896	EDUCATION			
LOCAL SPORTING CLUBS			Primary School	Principal	08 8280 7027	
Cricket	Ben Schmidtke	0421 711 626	Playgroup	Krysia	0419 863 077	
Soccer	lan Shaw					

EMERGENCY NUMBERS

AMBULANCE, COUNTRY FIRE SERVICE OR POLICE: 000

Bushfire Info Hotline (24hr): 1800 362 361 General Business: 8280 7055

Police (non emergency): 131 444

CFS Station (When Staffed): 8280 7412

Hospital: 8182 9000





PLAYFORD COUNCIL CONTACTS

24HR EMERGENCY & LOST/FOUND DOGS

GENERAL ENQUIRIES & BURNING PERMITS

Phone: 8256 0333 / Home Assist: 8256 0355

Email: playford@playford.sa.gov.au

When telephoning council with requests, please remember to get a Customer

Reference Number (CRN) to ensure

registration and easy identification of your communication.



What's on in APRIL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		FOOI'S	2	3	4	5 OTH Market
Term 1—Week 11	7	8	9	Progress Association Meeting	Last day of term !	12
13 School Holidays	14	15	16	17	18 GOOD FRIDAY	19 HOLY SATURDAY
School Holidays	21 Happy Easter!	22	23	24	25 ANZAC DAY By to use friends	26
27 Term 2—Week 1	28	29	30			

Tuesday 1st April Fool's day

Saturday 5th OTH Country Market

Sunday 6th Daylight Savings Ends

(clocks go back 1 hour)

Thursday 10th Progress Assoc Meeting

Friday 11th Last day of Term 1

Fri-Mon 18-21st Easter Weekend

Friday 25th ANZAC Day

Monday 28th First day of Term 2

* School weeks - SA Government Schools

REGULAR COMMUNITY EVENTS

Mondays 9.30am-11.30am

OTH Playgroup

Mon, Wed, Fri & Sun 8.00am

The Walkie Talkies

Thurs/Fri- Which Bins go out





Mobile Library

Opposite Blacksmith's Inn Black Top Rd, One Tree Hill Alternate Fridays:
3:00pm—4:00pm
Contact 8256 0333 for information

COUNTRY MARKET



DO YOU WANT TO HAVE A STALL AT THE MARKET?

Contact HEATHER for information on 0457 107 817 or Email: market@onetreehill.org.au

COUNTRY MARKET REPORT

Are you a creative person?

Some people create beautiful bowls from a piece of wood. Some people grow plants from seeds. Some people mould a piece of clay into a coffee mug.

The OTH Market is always looking for stallholders to offer their creations for sale at the Market.

For all Market stallholder enquiries, please call Heather 0457 107 817.

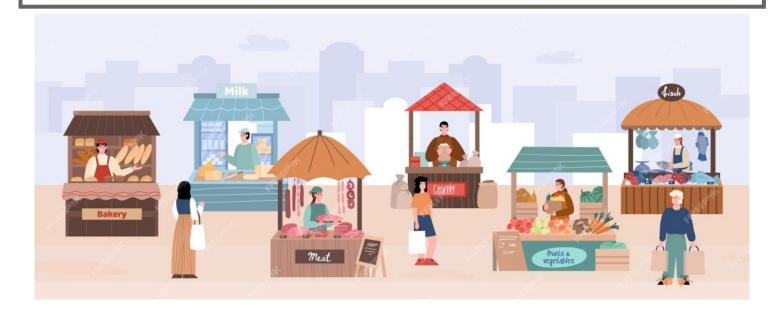
Easter is mid-April this year and there will be plenty of provisions available to purchase. Come along for your supply of quality nuts and dried fruits, biscuits and slices, preserves.

There's much more to see and many locals to catch up with.

NEXT COUNTRY MARKET:

SATURDAY 5th APRIL

8:30am-12:30pm



ONE TREE HILL PROGRESS ASSOCIATION—PRESIDENT'S REPORT

We would like to extend our thanks to the 189 members of our community who participated in our community feedback about the reduction of the speed limit on Black Top Road from 100 km/h to 80 km/h. The feedback was reviewed and discussed at the OTH Progress meeting on Thursday 13 March. Majority of respondents, 91% do not agree with the speed limit change, with 81% indicating their daily commute has been impacted. Overall the sentiment expressed by the community is that this change has had a negative effect on road safety, causing frustration, inattentive driving and increased tailgating. However those in support of the reduced speed limit have expressed feeling safer, stating they can now exit their driveways without fear, feel more secure driving on the degraded roads near the Para Substation, and generally feel more at ease with the slower speed. Thank you all for your feedback, we will now summarise this information including survey results to represent our community's voice.

A proposal was tabled and accepted on the condition of grant funding being approved, to host a community event at McGilp Recreation Park to celebrate the recent upgrades to the facilities. We believe this event will provide valuable opportunities for individuals and families in the community to come together, build relationships, and celebrate the much anticipated reopening of the

McGilp Recreation Park.

I invite you to join us for the One Tree Hill Progress Association Inc. AGM 7:30pm, Thursday 8th May 2025 at the One Tree Hill Institute. The upcoming AGM will include an amendment to our constitution section 8.4 from "The treasurer shall present audited accounts to the Annual General Meeting." to read "The treasurer shall present prepared accounts to the Annual General Meeting."

Finally our ANZAC Day preparations are well underway. If anyone is interested in volunteering to help set up the hall we will be there on Thursday 24th of April from 2pm, otherwise if you would like to bake some ANZAC Biscuits for after the service please get in touch. Please don't hesitate to reach out if you require reserved seating or any other assistance on the day.

As always you can also reach out to us via email, website or coming along to one of our monthly meetings. Meetings are held at 7:30pm on the second Thursday of the month, you are welcome to come at 7pm for a coffee and chat before the meeting.

Tabatha Pettigrew

President One Tree Hill Progress Association Inc. president@onetreehill.org.au



One Tree Hill Progress Association invites you to join us for the 2025

ANZAC DAY DAWN SERVICE

FRIDAY 25 APRIL
ONE TREE HILL INSTITUTE
SERVICE STARTS AT 5:55AM

Proudly hosted by the One Tree Hill Progress Association with support from the City of Playford.

ANZAC Day Dawn Service

The One Tree Hill Progress Association will be hosting its annual ANZAC day dawn service.

Following the service, refreshments including a gunfire breakfast will be available at the institute for a gold coin donation.

If you would like to help by making ANZAC biscuits that can be used as part of the refreshments for offer after the service, please contact Tabatha on 0433 118 689 (SMS preferred).

PLAYFORD COUNCIL - LOCAL COUNCILLOR'S REPORT

Dear Ratepayers and Residents,

I hope you are all doing well and making the most of 2025, patiently praying for rain.

Temporary Domestic Bulk Water
Collection Point - Thank you to the
residents who reached out expressing the
need for a convenient water collection
point. The City of Playford is pleased to
confirm that, through support from the
South Australian Government and the
Department of Environment and Water
(DEW), a temporary domestic bulk water
collection point is now available.

The site, located adjacent to the Eastern Park Football Club (eastern side), opened on Saturday, 15 March 2025, and will be operated by DEW staff from 7am to 7pm daily. Access is via the newly installed driveway from the Adams Road and Yorktown Road roundabout.

While I don't agree with the high cost of the emergency water, I do appreciate

that it is available for people in urgent situations when water carriers cannot keep up with demand. The water is intended for domestic supply; however, if you have a farm fire appliance, you may also access this clean water source.

Annual Business Plan 2025/2026 - The City of Playford is currently finalising the Annual Business Plan and Budget for the upcoming financial year. The plan is scheduled to come before the Ordinary Council Meeting on 22 April 2025. If passed, it will be released for 28 days of public consultation.

Regional Planning Program - The State Government has recently launched Australia's first fully digital and interactive planning portal. You can access it by visiting: regional.plan.sa.gov.au. If you have questions, you can contact PlanSA on 1800 752 664. Residents in our hills community—particularly those in Bibaringa and Yattalunga—may wish to view the proposed Northern Park Lands and how its implementation may affect private property.

Roadside Management and Presentation - On 28 February 2025, I had the opportunity to meet with our General Manager and Acting Senior Manager of City Operations. Together, we inspected local roads and discussed community feedback on roadside management and illegal dumping. I'm hopeful we will see some improvements soon.

Although the Kersbrook Road roundabout falls under the care and control of the Department of Infrastructure and Transport (DIT), the City of Playford has created a Customer Request Service (CRS) to have weeds removed and sprayed. The damaged



guard rails, which have remained unrepaired for some time, have been flagged again in a new request to the department.

Community Voice: Speed Limit Change on Blacktop Road -

Thank you to the One Tree Hill Progress Association for undertaking a community survey on speed limits. I will be attending next month's OTH Progress Meeting to learn about any future plans.

Motion on mRNA Vaccine Safety - If you are happy to support a Royal Commission into discrepancies between TGA advice and independent research regarding mRNA vaccine safety, please let me know. I feel this motion will not succeed without strong community support **-Your Voice Matters.**

Thank you and kind regards,

<u>Cr David Kerrison - City of Playford</u>

Page - Adelaide, SA, Australia - Public figure - Community • Public & government ...
Phone: 0478283879

Email: crdkerrison@playford.sa.gov.au







ONE TREE HILL PROGRESS ASSOCIATION

CRIME REPORT – OFFENCES REPORTED BETWEEN 12/2/25 AND 14/3/25

Between 1 February and 10 March Non Serious Criminal Trespass Gulfview Drive ONE TREE HILL

Vacant shed on property entered and copper cable stolen

13 February Arson of Motor Vehicle Williams Road GOULD CREEK

Vehicle stolen from Salisbury Park and set on fire at above location.

16 February Scrub Fire <u>Williams Rd & Blacktop Rd GOULD CREEK</u>

Small grass fire at location – Crime Scene Investigator attended – nil evidence to conduct investigation

17 February Paddock fire Alexander Avenue BIBARINGA

Small fire in paddock as a result of power tool use

24 February Arson of Motor Vehicle Kersbrook Road HUMBUG SCRUB

Vehicle stolen from Brahma Lodge and set on fire at above location

25 February Scrub Fire Kentish Road ULEYBURY

3 small grass fires deliberately lit. Approximately 100sqm burnt

4 March Unlawfully on Premises Glenburnie Road YATTALUNGA

Males located on property after jumping fence. Spoken to by homeowner and left area.

Pollice continue to respond to several serious motor vehicle accidents in the One Tree Hill area over the last month. Please ensure you drive to the road/weather conditions and keep safe!

As always if you have any information to assist with any crime issues in the area please call Police Communications on 131444 or the undersigned.

<u>Darren McCue</u> <u>Senior Sergeant First Class — Elizabeth Police Station</u>

One Tree Hill Institute Hall Hire

The One Tree Hill Institute is a beautifully maintained building with two inter-joining large halls, a complete kitchen and bar area. The hall has a new surround sound system, TV, microphone facilities, and heating and cooling.

Outside you will find a sheltered playground & picturesque garden areas which are ideal for photos.

An ideal location for Weddings, Engagement Parties, Birthday Parties, Reunions and Meetings.

Why not come and have a look or check us out?

PH: 0459 105 045 EMAIL: hall@onetreehill.org.au https://onetreehill.org.au/index.php/hall



SOUTH AUSTRALIA POLICE

CFS INCIDENT REPORT FEBRUARY 2025



Since the last report, One Tree Hill CFS has responded to a number of callouts as well as deployments locally and interstate.

15/2 – Grass fire in the Gawler River bed near Angle Vale. All 3 OTH trucks and the Bulk Water Carrier (BWC) were responded from One Tree Hill, along with a number of other brigades. The BWC re-attended the following day to assist with extra water for mopping up large trees and heavy timber.

16/2 – Grass fire at Anstey Hill. OTH 34 and BWC were responded to assist with mopping up around 7am along with Salisbury CFS brigade to relieve Tea Tree Gully and Athelstone crews who had been responded around 2am to a fire in steep terrain caused by a burning vehicle.

16/2 – Small tree fire near the Blacktop Road Substation.

17/2 – OTH 34 and BWC responded to assist the Metropolitan Fire Service with a grass/scrub fire at Gulfview Heights. This was reported in the media and had a few local residents concerned as well as being in close proximity to a school. Locals got great video footage of the Blackhawk water helicopter filling at a local dam.

17/2 – OTH Logistics (car) responded to a Grass fire Alexander Road, Bibaringa.

18/2 - Tree down Gould Creek.

21/2 – Smoke sighted at Hillbank, nothing found. While the crews were leaving the scene, a "vehicle smoking" was reported nearby, crews found the dash hot, and disconnecting the battery resolved the issue, with instructions left to engage a mechanic.

22/2 – Due to a Total Fire Ban, the station was opened for Active Standby. Active Standby means any available members are based at the station pre-allocated to trucks and ready to respond immediately to any incident. Fortunately, there were no incidents, and the members were able to action a few odd jobs around the station. The brigade also enjoyed catering from our "Kitchen Crew" which was thoroughly enjoyed.

24/2 – Vehicle fire, Kersbrook Road.

26/2 – Vehicle accident, Hillbank.

27/2 – Tree down, Burg Road, Gould Creek.

10/3 – One of our members answered the call for members to respond to Queensland to assist with the emergency response

to Cyclone Alfred. This involved 3 days of working with local emergency services with a day of travel to/from as well.

11/3 – Tree down, Snake Gully Road, Gould Creek. This tree completely blocked the road around 6.20AM. Crews with assistance from some local truckies who were stuck due to the tree, were able to clear the road in about 40 minutes.

12/3 – Car fire contained to engine bay, Kersbrook Road

12/3 - 2 members deployed to the Ngarkat fire, and 2 to the Reedy Creek fire (now known as Woolmit fire). Both of these fires in the south east were caused by lightning. This area of the state was hit by 1000s of lightning strikes on the previous day starting a lot of fires, many of which are still burning at the time of writing this report.

13/3 – Another member deployed to the Woolmit fire for 5 days.

In general news, our Captain, Mike Hawkey, visited a number of local businesses to thank them for their support to the brigade. We also drew our raffle, thanks again to all the sponsors who donated prizes, you can find more information about our raffle and the winners on our facebook page.



Pictured left, Mike Hawkey (Brigade Captain) presenting a certificate of appreciation to the OTH General Store to employee, Lucy Fordham.

Pictured below, members of CFS with local residents in Queensland. Our local brigade member, Steve Taylor is pictured 5th from the right.



For general information please contact OTH Duty Phone on 8280 7055. You can also visit the CFS website at http://www.cfs.sa.gov.au or phone 1800 362 361



MARCH GRAPEVINE COMPETITION:

DON'T FORGET TO GET YOUR ENTRIES IN

BEFORE THE 15TH OF APRIL! CAN EMAIL

YOUR ENTRY TO THE GRAPEVINE OR

DELIVER IN PERSON TO BRONWYN AT

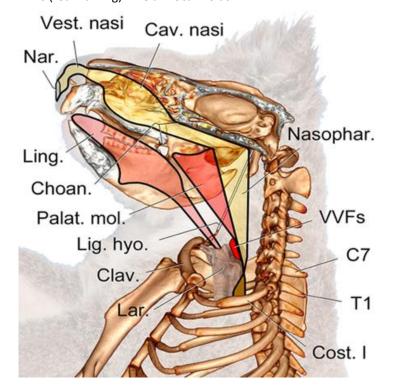
THE APRIL OTH COUNTRY MARKET



COMMUNICATION

- Males have been found to have velar vocal folds, or VVFs which lies outside the larynx – not known to exist in any other land mammal
- Communicate with loud bellows: louder and deeper = alpha male
- Low frequency travels far
- Signals male's body size as well as exaggerates it
- Diagram of a Koala with VVF

VVFs (red marking) - Velar Vocal Folds



ONE TREE HILL UNITING CHURCH



SUNDAY MORNING SERVICE 10.00 AM

The children's church program - "Jesus and Me" (JAM) is held each Sunday morning during the service.

Children aged 6-12 are always welcome to join us at 10 am during the School term.

Any enquiries please call Kendrie -0419 994 332

BIBLE STUDY

Held every Wednesday evening 7.00 pm at the Church

April Meetings

2nd, 16th, 30th – Men 9th, 23rd, – Ladies & Men

WEDDINGS, BAPTISMS & FUNERAL

The church is available for any of the above Services. further information, please leave a mo

If you would like further information, please leave a message on the **Church phone – 8280 7951** and someone will call you.

RED BIRD OP SHOP

Opening hours
9.30 am–4pm, Monday - Friday.
Address - 4 Hilcott Street,
Rosewood Village, Elizabeth North.
Donations of second-hand clothing are always appreciated and can be dropped off at the shop.

All Enquiries - Maureen - 8280 7368



April 17th 7.00 pm Maundy Thursday Service

April 20th 10.00 am Easter Sunday Service

Tea, Coffee, & Hot cross buns will be served after the Sunday Services

APRIL 2025

BIRDS IN MY BACKYARD

Julie Buttery, Humbug Scrub

On that very hot (40+ degrees) day in mid-February I took the time to clean and add cold water to the bird baths. They had become very warm yet a few small birds were still trying to bathe in them. In the next twenty minutes I was privileged to watch eighteen species and a total of at least 62 individuals. It is very hard to get an accurate count when groups of 6 to 10 arrive, bathe, drink and depart to be replaced by a group of the same species.



Two Common Bronzewings *Phaps chalcoptera* were among those who took a bath. The Common Bronzewing (CB) is closely related to the rarer Brush Bronzewing and the dry country Flock Bronzewing. The Common Bronzewing inhabits most of Australia while the Brush is restricted to the southern coastline.

Pigeons are some of the few birds that drink by sucking water, as if through a straw. Other birds fill their beak and tip their head back (magpies are an easy reference bird for this style of drinking).

The rather plump CB appears at first glance to be a rather ordinary bird but when the light catches the wing feathers you see the iridescent colours. The male has a buff or off-white forehead whereas the female has a stripe from bill to eye. Both have a stripe under the eye and extending well back. The crown of the male is dark brown while the female is a paler shade of brown.



When disturbed, they take flight with a whirr of clapping wings. This is an alarm flight, not their normal manner of moving when relaxed.

They feed on the ground on seeds, especially acacia seed. They walk in to their watering points but do take refuge in trees when disturbed. They nest low in trees but occasionally on the ground, usually against something solid (like rocks or tree trunk) and well camouflaged as bark litter. Pigeons have a gland in their crop that produces "crop milk" which they raise their young on. Both male and female pigeons produce crop milk. The "milk" is created in specialised cells which rupture and the nutritious substance, including part of the cell, is released in a secretion which the young (called squib) ingest.

Next time you see our native Common Bronzewing, take a moment for angle of the light to show the amazing colours.



WHAT'S FLOWERING IN MY GARDEN

Heather Fischer, Humbug Scrub

What is flowering in my garden? Not much.

It's early Autumn and usually at this time of the year, most plants have finished flowering and have set seed for collection as well as for the birds to enjoy.

What is flowering in your garden?

If you have access to a regular but reliable source of water you may have a few plants that provide some colour. Perhaps some beautiful Dahlias or some brilliant yellow and gold Marigolds. Have your Petunias survived our Summer heat and drought? Some

residents living in the greater One Tree Hill area that covers Gould Creek, Sampson Flat, Humbug Scrub, Yattalunga, Bibaringa, Uleybury and adjoining areas are not connected to mains water and rely on rainwater, bore water and dam water for personal needs and outdoor needs ie water for animals and garden.

As we all know, the heavens have not been kind to us during the past 18

months and longer. Rain water storage tanks have run dry or are very low, dams have dried up or may have just a muddy puddle and the aquifer levels are under stress. Everyone's trees and shrubs desperately need a good drink not just once but a regular drop or two or three to replenish the topsoil and subsoil. Many of my plants have died. I am not on mains water and there is no water in my dam to speak of. I have never seen my dam with so little water in it. Fortunately, we have an adequate but large rain water storage capacity.

There were no home grown vegetables this past Summer. The thought of another dry Winter and Spring is, quite frankly, very scary for many residents. We have lived here for 49 years and I have never known it to be dry. Let us hope that there will be some rain soon through Autumn followed by much more during Winter and Spring.

Although many treasured and much admired plants have died, some very hardy plants are just hanging on. It is interesting to note and record which plants are surviving and even appear to be thriving. Grevillea Robyn Gordon is just one of those tough Grevilleas that has survived the 24/25 drought without any extra water and has even produced a few flowers. Amazing!



The New Holland Honeyeaters have fought over the nectar that this good ol' favourite has produced. This hybrid Grevillea will grow in well drained loamy soils to about 80cms high and may spread to 2 m. Given regular rainfall Grevillea Robyn Gordon will flower all year round and will prolifically produce large toothbrush type flowers of a beautiful red shade especially during Spring. It is just so good to see a few flowers on Grevillea Robyn Gorden despite the lack of rain. I think I may need to grow a few more of this hardy Grevillea. This Grevillea is available from most good nurseries. If you plant now be prepared to water often, even twice a day, until the plant is established. Grevillea Robyn Gordon is winner in any garden, just an absolutely beautiful hybrid Grevillea.

Just beautiful.

FRIENDS OF PARA WIRRA CONSERVATION PARK

The threat of bushfire and the destruction it causes is a great concern in this very dry season.

Fires in western Victoria, Tasmania, WA and in SA at Mt Remarkable NP have had a lot of publicity and huge environmental impact.



Eucalyptus trees recover from epicormic growth along the branches or from basal shoots. Yaccas shoot out leaves and within months are flowering, providing nectar to birds and insects. Shrubs like Guinea flower shoot from underground bases and Slaty Sheoak dies but seeds protected in woody capsules shower down later to germinate when rain comes.

What we don't hear much about is the resilience of our bushland and its ability to recover from fire.

Many other species are safely protected underground as tubers or seeds and will grow again after rain.

At Para Wirra there are great examples of recovery to see, in this case from a prescribed fuel reduction burn on Humbug Scrub Rd last spring.

Some yacca flower spikes form weird shapes as insects feed on them as they develop. All part of the post-fire landscape and on show at Para Wirra across Humbug Scrub Rd from the Mack Creek carpark.















PERSONAL ALERT SYSTEMS

GETTING HELP IN AN EMERGENCY WHEN YOU LIVE ALONE.

Are you familiar with DRSABCD? It is used to help people prioritise actions and manage emergency medical situations and stands for Danger, Response, Send for help, Airway, Breathing, CPR and Defibrillate. People who live alone, and their family and friends often have questions about how to "S" send for help if alone. Personal Alert Systems have been around for a long time and offer the ability to alert a third party in emergencies. Unlike a mobile phone, the idea is that the user wears the device, usually a pendant or watch and that an alert is sent after a button is activated, or a fall is detected. There are many types of personal alert devices and individuals should consult their allied health professional about their individual circumstance, but there are some common considerations.

Older people may be eligible for government assistance to purchase their devices either through MyAged Care or SA government rebate scheme https://www.sa.gov.au/topics/care-and-support/concessions/health-concessions/personal-alert-systems/approved-systems

As there are different types of personal alert systems speaking to your allied health professional or considering your personal situation is important. However, some general things to consider include:

What type of device? A smart device or a personal alert with a pendant and base unit; and what type of Pendant?

There are many options and aps now built into smart devices (such as mobile phones, smart watches and tablets) that do a similar job to personal alerts. It can be useful to consider the user and ensure that in a stressful situation they have confidence to navigate their smart device and that they will have access to it in an emergency. A mobile phone is useful but may not be within reach if you have a fall in the bathroom or if it's on a bench when you need it. A smart watch can be worn in more circumstances which is helpful, often these can come with a special SOS button and falls detection reducing the need to navigate any aps or smart tech. Smart watches and phones need to be charged regularly; so ensure you have a plan for how and where you will do that.

Personal alerts have a single pendant that you wear and that connects remotely to a base unit which is located elsewhere in the home. They can be a very simple to use item, even for





people who use their smart devices for other activities. In addition these systems give the user a choice of a pendant that can be worn around the

(example only of a personal alert system with a pendant source: tunstell.com.au) neck or on the wrist. A pendant around the neck allows peo-



ple to activate it with either hand, where as a pendant worn on the wrist, or a smart watch is activated with the opposite hand only. This may not appear important unless you are unlucky enough to have only one working hand after a medical event. Many devices have a falls detector that can assist.

Can I wear them in the bathroom?

Wearing in the bathroom: most personal alert pendants can be worn in the bathroom as they are waterproof. This is especially useful as risks associated with trips and falls increase in wet environments.

Will the device work in my area?

Coverage: check where the personal alert pendant works around the home or property, especially in more rural areas. If you have a personal alert with a pendant that connects to a base unit check how far away from the base unit you can be for it to still activate (usually about 80-100 mtrs). In the past the base unit may have had to be plugged into a phone line, but for a long time now the base unit itself connects to help over the mobile phone network. Many personal alert systems are 4G or 5G compatible; but you should check what sort of "sim" the device uses. Ensure older devices have been checked and get in touch with the supplier if they appear to no longer work, as they may have been set up for systems that are no longer supported. Often the supplier can assist you to understand how the device will connect to the mobile network. Most systems come ready to go, which means the base unit just needs to be plugged into a power source.

Monitored or non-monitored: Personal Alert systems can be monitored or unmonitored. Monitored devices connect to a 24/7 third party monitoring service that is able to raise the alarm based on the persons predetermined plan or if the person is unresponsive. Non — monitored devices usually send out a message or phone pre-determined numbers in a list order and can take longer at times to reach help if people listed do not respond or see the messages.

Staying independent at home can include making some plans for when things go wrong, including how to raise the alarm to "S" send for help; and having a way to alert people in a emergency can give you and your loved ones piece of mind.

Leah Meier-Director

M: 0430 517 372

E: leah@enveloptraining.com.au



(example only of a personal alert system with a pendant source: tunstell.com.au) (example only of a smart watch: source: mePacs.com.au)

Email: grapevine@onetreehill.org.au

APRIL 2025

Stem the Flow of Fountain Grass

Fountain Grass may look elegant in full flower, but the light fluffy seeds are quick to spread!

Fountain Grass (*Cenchrus setaceous*) is moving out of our urban gardens and across the landscape. Originally from Africa and Asia it was once widely planted in people's gardens as a decorative grass. Unfortunately, its resilience and ability to spread quickly causes big problems today.

It invades grasslands, pastures and woodlands threatening biodiversity, reducing pasture quality and increasing fire risk. Fountain Grass is fast growing and drought tolerant, but low in nutrition and unpalatable to stock.



Fountain grass can grow up to 1 metre high and flower any time of the year. Its cream, pink, or purple flow-

ers are between 8 and 30 cm long and contain hundreds of feathery, bristled seeds that are easily picked up by wind or water, moving to new areas.

Small outbreaks have been seen kilometres from main infestations so continued vigilance on your property and managing new outbreaks will prevent it from establishing.

For advice on control please refer to **Controlling declared weeds in SA** at: www.pir.sa.gov.au/biosecurity/weeds.

Fountain Grass is declared under the *Landscape South Australia Act 2019*. It is prohibited from sale, can't be transported along public roads, and landowners are required to control it.

To minimise ongoing environmental and agricultural impacts we encourage landholders to remove this weed from their property and consider replacing it with some native species such as:

- •Native lemongrass Cymbopogon ambiguus and C. obtectus
- •Kangaroo Grass Themeda triandra
- •Poa labillardieri var. labillardieri
- •Spear grasses (e.g., Austrostipa elegantissima, A. mollis, A. nodosa, A. setaceae or A. blackii Wallaby grasses (e.g., Rytidosperma caespitosum, R. geniculatum or R. setaceum)

For more information on these weeds and control advice contact Rebekah Przygoda on 8256 0411 or by email at rpzzygoda@playford.sa.gov.au







Event series #21

Where the Wild Things Are

Surviving in a changed environment





Our environment is a true wonder and has seen some significant changes over time. Our animal species are learning to adapt, some thriving, others clinging to those remnant environments as best as they can. Species like the Square Tailed Kites are soaring nationwide searching for those small pockets where their needs can be met, the Flinders Worm Lizard is secluded within rocky outcrops of our foothills silently hidden avoiding the thunder of hooves from non-native species such as feral deer, even delicate plants with unique life cycles are all trying to survive in the ever-changing environment. Could you have the home our threatened species are looking for? Want to help provide a suitable place and protect our precious wildlife? Then come and join us and hear from our expert guest speakers.

This information evening will include:

- ♦ What species are being monitored in your area
- Habitat needs and ecology of the threatened species
- ♦ Impact of non-native animals on threatened habitats
- Peri Urban Deer Management

Guest presenters:

Jack Casley-Smith – Ecologist, delivering a range of threatened species and threatened ecological community recovery projects in Green Adelaide. Special interest in flora and especially in the recovery of threatened orchid species.

Marty Bower - Senior Stewardship Officer, Feral Deer and Goats. Working with landholders and the community to support the eradication of highly impacting feral deer across Green Adelaide and the Hills & Fleurieu landscape regions.

For enquiries and registration

Please RSVP: Rebekah Przygoda at

nflcg@outlook.com or Ph: 0423 392 009

Tuesday 6th May 2025

Time: 6:45pm for 7pm

Where: One Tree Hill Institute

Cost: Gold coin donation

After hearing from our guest speakers please stay to enjoy meeting other like-minded people over a delicious light supper.



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Everything was perfect and they did such an amazing job making the whole process stress free and beautiful! The staff all went above and beyond for us and were

absolutely lovely! If you're looking for a wedding venue we highly recommend the blacksmith inn!

Thank you Wendy, and staff for all your help and amazing hosting of Nichole's birthday! Many attendees had never been to The Blacksmiths Inn before but promise they will be back again! Big shout out to Emma who provided fantastic service to the whole party with positive feedback from all. Thanks again Blacksmiths! See you again soon



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If you're considering **purchasing an investment property**, it's important get the right advice on *financials*, *insurances* and *minimum housing standards* before you buy. If you already have a property, you may want to know how to **boost your rental income** without overcapitalising. Here's a few simple yet effective ways to increase your property's appeal and value:

Street Appeal & Gardens: Keep it low-maintenance, provide essential tools and consider seasonal gardening services. A well-kept garden shows tenants you care.

Bathroom & Kitchen Refresh: Fresh paint, updated fixtures, bright lighting, and mould-free spaces make a big difference in attracting quality tenants.

Outdoor Living Spaces: A tidy deck, pergola, or paved area can add value and enhance your tenant's lifestyle.

Safety & Efficiency: Install energy-efficient appliances, sensor lights and security screens to create a secure and cost-effective home.

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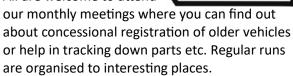
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