



Lest We Forget

# One tree hill I grapevine



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**Deadline for the MAY edition is Tuesday 26th April 2016.  
APRIL - Volume 39 - Edition 3 - 2016**

## Congratulations to the OTH Under 12s Cricket Team



The OTH Team won the Grand Final against Pooraka on the weekend of the 19th & 20th. Photo of the team and coaches, parents and Lance Walters. The article appears on page 4

### **EMERGENCY NUMBERS**

Police: 131 444

Ambulance & Other Emergencies:

Country Fire Service: 000

Station: (When manned) 8280 7412

Hospital: 8182 9000

000

General Business: 8280 7055

Bushfire Info Hotline (24hr): 1300 362 361



[www.cfs.org.au](http://www.cfs.org.au)

## From the Desk

Hello and welcome to the April edition of The Grapevine, it is amazing how far our little newsletter travels, we have people all over the place that read The Grapevine and can't wait for the next edition. Not only is it read by Australians it is posted, emailed and read online at the Institute web page. I know it is always posted up to Port Pirie where it is passed around in a retirement complex and taken over to the hospital for people to read while waiting to see a Doctor!

This month One Tree Hill can really boast about our local sportspeople. Not only did the Under 12s cricket team win their grand final, the A & D sides were in the grand finals but unfortunately they were unsuccessful. We also had winners in the tennis finals with the details on page 4. Well done to all, you have made One Tree Hill very proud.

On page 5 we have the ladies lunch reunion, it's a lovely get together for the school mums of the 60s, 70s and 80s. Apparently they are trying to organise a mid year lunch because several ladies had other commitments and couldn't attend. We will keep you updated when we get confirmation.

We've been wondering how you are getting along with the South Australian quiz, let us know by emailing or posting us a note. It is amazing to think that we forget or don't know a lot of things about South Australia. Our quiz is on page 7 and answers on page 10.

Page 8 has an article about scams, it's very interesting to read. Another scam that only happened yesterday was an email from a scammer in Malaysia who said that verification was needed for a parcel with Australia Post that had been sent. A zipped attachment was with the email, of course it wasn't opened and it was blocked for any future emails. Please don't open anything that you think may be a virus or do not give any personal details to people on the phone or via an email.

**"Life doesn't always introduce you to the people you want to meet. Sometimes, life puts you in touch with people you need to meet to help you, to hurt you, to leave you, to love you, and to gradually strengthen you into the person you were meant to become".**

Due to there being no Progress meeting in March, there are no issues to report this month.

The Anzac Day Dawn Service is the main focus of the Association with all aspects of this event currently being finalised. Details of the Service are on the back page.



To contact OTH Progress Association  
Email: [oth.progress@bigpond.com](mailto:oth.progress@bigpond.com) Ph: 8280 7095  
or by post: P.O. Box 196 One Tree Hill, SA 5114

## Read the Grapevine on line

If you haven't had a chance to see an online edition of the Grapevine please go to the site: [www.onetreehillhall.com.au](http://www.onetreehillhall.com.au) click on "About Us", scroll to the bottom of the page where you will be able to select the edition of your choice, the Grapevine will open up as a PDF. We have as many back editions of the Grapevine online as possible, if you can't find the one you are looking for, email us and let us know. This is a great way to share local news with friends and family who can't get a hard copy of the Grapevine. The Grapevine now has a facebook page. Check it out and have your say about your newsletter.



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This newsletter is published by the One Tree Hill Progress Association. Email: [oth.progress@bigpond.com](mailto:oth.progress@bigpond.com) Ph: 8280 7095

The views expressed in this newsletter are not necessarily those of the One Tree Hill Progress Association.

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# ONE TREE HILL GRAPEVINE CFS REPORT MARCH 2016

## Incident Report

We have had a relatively quiet month, with only 4 incidents, 2 car accidents and 2 fires. One of the car accidents involved closing off Black Top Road during the afternoon peak hour while the occupant of the car was cut free. The patient had sustained serious injuries and was transported to hospital by ambulance. Early in the month we were involved with the large industrial fire in Burton which saw more than 20 Semi-trailers burnt resulting in around two million dollars damage.

Fortunately the trucks were empty at the time but the burning (and exploding) tyres and fiberglass resulted in a cloud of thick black smoke that could be seen from many parts of Adelaide.

Late in March we had a 2-3 hectare grass fire that was sparked by lawn mowing activity. The property, which also suffered damage during the Sampson Flat fire, proved difficult to access allowing the fire to grow larger than otherwise may have been the case and took a couple of hours to make safe. Fortunately no structures were involved and the bombers were on hand as well as units from other local brigades to provide assistance. As reported last month although the paddocks are starting to show a tinge of green, it shows that we still have to remain vigilant.

True to form the autumn storms have started and despite making for a damp race at the Clipsal 500 many of us were happy to finally get some relief from the heat and also some much needed water into those rainwater tanks. Despite heavy rain, there were no call-outs in the local area but other areas of the state were not so lucky.

On that subject, it is surprising the number of 000 calls that are made during major storms for "water coming out of light bulbs". While that presents a humorous picture, the reality is that water in the roof is not much fun for the occupants and can result in power shorts and maybe blackouts, fire and costly damage. Your roof is probably the last thing on your mind and it is only when

the worst happens that we think about roof maintenance. Loose sheets, cracked or broken tiles and blocked gutters are all culprits and for those of us surrounded by trees, leaves are a major problem. If you have some free time, autumn is a good time of the year to get out the ladder and check the conditions of your roof and gutters.

At this time of the year it is timely to remind you that the first rains of the year are often the most dangerous. Roads build up a layer of oil and grime over the summer and become particularly slippery when they are wet. Add that fact that we have not driven on wet roads for several months and it can be a recipe for disaster.

As always please drive to conditions and stay safe on our roads.

For general information please visit the CFS website ([www.cfs.sa.gov.au](http://www.cfs.sa.gov.au))  
or contact OTH Duty Phone on 8280 7055

## Councillor's March Report

**S**o! As always the bus failed to engage the rise to One Tree Hill and surrounding areas. However, we did get to see two rural roads that were sheeted and ready for resealing in Virginia. Two short roads, no houses along them, only dust sensitive crops?? Of which most of the dust would be shaken off during the harvesting and packaging process. It was interesting that negotiating the road leading from these two lucky roads was a short, dusty jaw jarring exercise (out of sight out of mind, perhaps why the bus didn't come to the One Tree Hill area). So where I am leading with this? Guess what? The rural road resealing programme has no recurrent funding so once again I will have to fight to secure funding for yet another year as I do every year. These funds then become part of the rate increase so I hope my fellow elected members support my bid for rural road resealing funding. Councillor Craig and Musolino have voiced support but nothing is concrete until the final plan is accepted by Council. Such were my comments that a motion is being put to Council that the rural road resealing programme be reinstated as a recurrent budget item moving forward until all rural roads are resealed, I will keep you posted on the outcome.

The Bushfire Prevention Committee met for the first time this year and I was re-elected Presiding Member. The committee looked at its budget and allocated funds required as a priority and will identify other priorities and funding to mitigate as much risk as possible, however \$49K doesn't go a long way throughout the whole of the City which also included educational flyers and meetings.

At our Country Market people were asking as to why there was a lack of progress at the Kersbrook roundabout? The holdup was partly due to the weather, we have had an extremely dry and hot summer making everything tinder dry and highly likely to ignite with a spark induced by construction. Given the Sampson Flat and Pinery bushfires, construction erred on the side of caution, however work

should have restarted by the time this edition is out, speed limit reductions will be in place with works scheduled to be completed late June or early July.

Council is also undertaking its periodic review of Council Representation, in lay terms, the amount of people represented by one elected member per ward, the size of wards and the term, role and name of the head of Council e.g. Mayor, Presiding Member, Chairperson etc. Smaller wards may be in trouble, keep a watch on this space.

If you have any concerns or issues with or about our City, please in the first instance phone Council's 24 hour phone number **"8256 0333"** and or email [playford@playford.sa.gov.au](mailto:playford@playford.sa.gov.au), and cc your email to me at [crjederico@playford.sa.gov.au](mailto:crjederico@playford.sa.gov.au). When speaking to Council please remember to get a Customer Reference Number to ensure registration, and easy identification of your communication. If you have a pressing concern you can talk to me at the OTH Country Market, or pop a note into my letter box or email it to me. It is necessary and appreciated if you put your concerns in writing, this is so as I have a hard copy of your issue to give the Council for actioning, however I will not turn anyone away if you don't have it in writing. Please be aware that if you phone me and I miss your call, and you use the no caller ID function, I cannot return your call.

**Cr Joe Federico**

**Fax: 8280 7963**

**Phone: 0417 016 164**



**Anyone can love you when the sun is shining.**

**In the storms is where you learn who truly cares for you.**

# Winners of the Under 12s Grand Final

On the weekend of 19th and 20th March the One Tree Hill Cricket Club hosted the Para Districts Under 12 South Grand Final between One Tree Hill and Pooraka.

In ideal weather the Pooraka team won the toss and elected to bat.

One Tree Hill applied pressure early to the visitors with opening quick bowlers, Bradley Thiele and Jakob Schmidke, giving little room for the visiting batsmen to make their mark. A change in the bowling attack brought in Jackson Penrose who had early success taking the first wicket clean bowled and leaving the visitors at 1/11.

The pressure applied by the One Tree Hill bowlers continued through both mixed pace and spinners. Although they lost another wicket, Pooraka started hitting the ball more freely and put some quick runs on the board. The momentum of the game however then swung quickly back to One Tree Hill with Archer Collis taking the wicket of their heavy hitter, caught and bowled. Pooraka wickets fell with regularity throughout the remaining overs, aided by some exceptional fielding by the One Tree Hill team taking 7 catches for the innings and a couple of punishing deliveries by Jakob Schmidke striking the stumps.

Pooraka were dismissed for 84 runs within 37 overs.

One Tree Hill commenced their batting innings confidently with their openers Jackson Penrose and Sukman Singh getting the scoreboard to 1/21 with the seven overs they had through to the close of play.

With plenty of time to chase down the remaining runs, One Tree Hill started slowly on Sunday morning, getting comfortable at the crease. Taking their singles where they could, but hampered by a slow outfield, One Tree Hill steadily built their total.

One Tree Hill chased down the total in the 34th over with Bradley Thiele hitting the winning run.

During the presentation after the game Coach Beau Revell said he was proud of the team for their well deserved win, by a hard working team who were clearly the best side in the competition all season. Presentations were made to Jaxon Revell who hit his 500th club run and Archer Collis who secured his 50th club wicket during the final.

Bowling: A. Collis 3/16 - B. Arias 2/7 - J. Schmidke 2/11

Batting: A. Collis 13 - J. Penrose 12

## TENNIS PREMIERS FOR ONE TREE HILL

One Tree Hill certainly has its share of winners with the local Cricket Club and also the Tennis Club reporting on wins.

One Tree Hill Tennis Club had 2 junior and 1 senior team competing in the NETA this summer. With both junior teams winning their respective grand finals. The Division 2 Girls and the Division 7 boys. This was a fantastic result for the kids and well deserved because a lot of hard work training and sportsmanship on match days helped them achieve top results.

The Seniors made of mostly junior players battled hard each week, and never gave up on a contest. Well done to club coach Shane Evans, he had an outstanding season overseeing all the on court duties.

The OTH Tennis Club thank the following sponsors State Wide Roofing (The Philip Family), Timco Timber & Hardware (The Easom Family) and Kamcheyenne Limousin Cattle (Sarah Popow).

**NEXT SEASON:** The club will be hoping to recruit more Junior and Senior players for next season to continue the tradition of the One Tree Hill Tennis Club. For further information please contact Garry Evans 0415 399 658 (President), Tracy Philip 0417 865 785 (Secretary) or Shane Evans 0400 379 809 (Coach) Also Private Coaching is available by phoning Shane.



Pictured above are Lance and Hazel Walters at presentation day.  
Middle: Div. 2 Girls Premiers from left: Tanya Dobrejevic, Sophie Gameau, Lauren Philip and Natasha Dobrejevic.  
Bottom: Div. 7 Boys Premiers from left: Patrick Lister, Bowen Hawkey, Flynn Hawkey, Kane Voigt and Tom Bain.



# Ladies Reunion Lunch a Success

The One Tree Hill Ladies Lunch Reunion was held at the Blacksmith's Inn on Friday 26th February, 2016.

Attendance at the lunch brings together mums of children who attended One Tree Hill Primary School during the 60s, 70s and 80s. It is an opportunity to catch up and reminisce. Many memories of school life are shared as 20 to 40 years ago. One Tree Hill was a much smaller close knit community. There is always one person present who eagerly awaits news on past students and that is the one and only Faye Hensel. Faye spent many years at the OTHPS until her retirement and is remembered fondly for many lovable reasons especially her Art Shed. Need more be said? She marvels at the many varied successes of so many students who spent their primary school years at OTHPS.



Attendees this year were Joylene Bateman, Colleen McKenzie, June McKenzie, Margaret Tilley, Jenny McKenzie, Deb Baohm, Ann Young, Lorraine Hughes, Glenice Leonard, Kay Ellis, Nan Reid, Faye Hensel, Kathie Anderson, Heather Fischer.

The next Ladies Lunch will be held again on the last Friday in February 2017 but watch this space the ladies are hoping to organise a mid year gathering as some mums were unable to attend due to other commitments.  
All enquiries please phone Heather on 8280 7104.

### ADVERTISING RATES FOR THE GRAPEVINE 2016

**COLOUR ADS:**

Eighth Page	\$35.00	To advertise in the Grapevine you must
Quarter Page	\$70.00	be a One Tree Hill resident or have
Half Page	\$175.00	a business in the town
Full Page	\$375.00	PLEASE NOTE ALL ADVERTISING IS TO BE PAID
		BY PUBLICATION DATE UNLESS OTHER
		ARRANGEMENTS HAVE BEEN MADE

**BLACK & WHITE**

Eighth Page	\$25.00	PHONE: 8280 7095
Quarter Page	\$50.00	EMAIL: oth.grapevine@bigpond.com
Half Page	\$120.00	All advertisements must be in by the
Full Page	\$275.00	deadline which is shown on the front
CLASSIFIEDS:	\$10.00	page of each edition of the Grapevine



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# ONE TREE HILL UNITING CHURCH



## OUR VISION

**"People of Faith, sharing God's Love as we Worship and Serve in the Community"**

### SUNDAY ACTIVITIES 10.00am

#### Sunday Service and Sunday School

Visiting children are welcome to join our children attending Sunday School which takes place during the Service.

#### SMYG (Sunday Morning Youth Group) & Young Adults

Meet every Sunday at 10.00am with their leaders whilst the Service is taking place. Throughout the year they enjoy various activities - paint-ball, 10 pin bowling, weekend camps, cinema evenings, and more.

New members are very welcome, just come along to their room located behind the church in the shed!

#### OP SHOP

Our church, together with three other local churches, runs the Red Bird Op Shop in Elizabeth North, with all proceeds going to the Churches and Mission. Donations of second hand clothing are always appreciated, and can be dropped off at the shop at Hillcott Street, Rosewood Village, Elizabeth North between 9.30am and 3.00pm Monday to Friday.

#### MARKET STALL

Our ladies run a stall each month at the One Tree Hill Country Market selling a variety of home-made cakes, slices, and biscuits, plants, bric-a-brac, games, and much more. Drop on by, we'd love to see you.

#### CAR BOOT SALE at the ONE TREE HILL UNITING CHURCH

#### SATURDAY 7th MAY - 9.00am - 1.00pm

Home made produce and cakes, plants, bric-a-brac, games, books, 2nd hand goods and much more.



#### MONTHLY FELLOWSHIP MEETINGS

Come along and join us on **Wednesday 27th April, 2016.**  
Morning tea will begin at 10.00am.

**For further information please phone  
Maureen on 8280 7368**

#### 5 Rules to Remember in Life

- 1: Money can't buy you happiness, but it's more comfortable to cry in a Mercedes than on a bicycle....
- 2: Forgive your enemy but remember their names....
- 3: Help someone when they are in trouble and they will remember you when they are in trouble again....
- 4: Many people are alive only because it is illegal to shoot them....
- 5: Alcohol does not solve problems but neither does milk....



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# How Well Do You Know South Australia?

- 1: What was special about the liquid flowing in the Rundle Mall fountain when it opened?
- 2: How were the streets of Adelaide first lit?
- 3: Why is Rundle Mall unique?
- 4: The Adelaide Casino became SkyCity in which year?
- 5: How many public squares are in the city square mile and what are their names?
- 6: Where is the highest land point in the city of Adelaide?
- 7: How many streets radiate from Victoria Square?
- 8: Who named Mt Lofty?
- 9: Where and when was the first lock on the River Murray opened?
- 10: Who was the first Governor of South Australia?
- 11: Name the first country town to be proclaimed a city.
- 12: What made the South Australian Police Force unique in 1915?
- 13: Where was the first lighthouse erected in South Australia?
- 14: What was the name of Matthew Flinders' ship in which he mapped the coastline of South Australia?



15: What was the name of the ship which brought the first Governor to South Australia?

- 16: What does the Granite Horse Trough commemorate (corner of East and North Terraces)?
- 17: Where are cannons fired and rifle drill re-enactments carried out each month between September and May?
- 18: Early settlement of South Australia set it apart from the Australian penal colonies in existence. What was special about South Australia?
- 19: What significant role did the Terowie Railway play during World War II?
- 20: What was the main role of the Treasury Building during early settlement? (Now a hotel with apartments in Flinders St)
- 21: Where is the site of Captain Matthew Flinders' landing in 1802?
- 22: Where was the first school in South Australia?
- 23: When was milk last distributed, as part of education policy to infant and primary schools in South Australia?
- 24: Who was the first person to travel from Adelaide to Perth following the coastline of the Great Australian Bight?
- 25: On 2nd January 1914, the first successful aeroplane flight over Adelaide took place, but the plane was forced to make a crash landing. Where did it take off from and crash land?



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## Crime Report – ONE TREE HILL Rural Watch – Offences reported between 19th February and 20th March 2016

Between 20th December & 26 February

Theft

Adams Road, ULEYBURY

Unknown persons gained entry to shed and stole a quantity of wool bales. Approximate value \$18,000.

Overnight 24th February

Theft

Burnett Drive, ONE TREE HILL

Unknown persons have entered unlocked vehicle and stole electrical items.

*It's great to see that there were so few offences committed over the past month or so. Let's hope that we can keep the number of incidents down by always being alert, take down details of a vehicle in an unusual place and report it. By staying vigilant we can keep the community safe and trouble free.*

**As always if you have any information to assist with any crime issues in the area  
please phone Police Communications on 131 444**

*Many thanks to Darren McCue (Senior Sergeant First Class) - One Tree Hill Rural Watch Liaison Officer for this information.*



## Scams

What are scams? Well these days they come in all shapes and sizes. Have you ever received an offer that seems too good to refuse? Perhaps a request to help someone in trouble or donate to a good cause? Or even an invitation to "befriend" or connect with an online admirer? Scammers know how to press the right buttons and get a response.

Scammers are increasingly sophisticated in their activities, moving with the times to take advantage of new technology, communicating methods, emerging products or services and major events to create plausible stories that will convince you to part with your money or personal details.

Thanks to scamming reports received by ACCC every year they have all the latest scams on their website.

For example, if you are asked to provide payments in advance to receive goods or money, think twice. Advance fee fraud is the most common scam around, accounting for more than half of the scams reported to the ACCC. It includes any scam where a scammer requests fees upfront or personal information in return for goods, services, money or rewards that they never supply. They often ask for payment via international wire transfer. These scams are commonly mass-marketed, with scammers sending them out simultaneously to thousands of people all over the world, usually by mail or email.

The Nigerian 419 scam is the best example, a scammer offers you a reward in exchange for helping transfer money overseas, all you have to do is give your bank account details and pay fees or taxes. The fake inheritance scam, where a scammer claims that you have been left a huge inheritance from a long lost relative, is also very common. If you fall for advance fee fraud, you will never receive the promised benefit and lose any money sent.

Other common types of advance fee fraud include Lottery, Sweepstakes and unexpected prize scams, dating and romance scams and classifieds scams.

You really need to protect yourself by avoiding stranger's requests for upfront payment via money order, bank transfer, it is rare to recover money if sent this way.

Don't be lured by a surprise win, the scammer is the only one who will take home a windfall. Scammers typically claim that you need to pay fees or taxes before your 'winnings' or prize can be released. You may also have to call or SMS a premium rate phone number to claim your prize. Be prepared as the scammers use official looking documents and brochures that appear to have government approval etc.

Remember, you can't win money in a lottery or competition unless you entered, or someone else did so on your behalf. A legitimate lottery does not require you to pay a fee to collect winnings. Think twice before calling or text messaging a phone number that starts with '19' these are numbers with premium rates.

Computers are an indispensable part of our lives these days. The details stored on computers are often very personal, making them valuable to scammers. Phishing emails are commonly used by scammers to trick you into giving them access to your computer. They 'fish' for your personal details by encouraging you to click on an attachment. If you click, malicious software will be installed and the hacker will have access to files and information stored on your computer. A phishing email often appears to come from an organisation that you know and trust like a bank or financial institution. Always keep it in mind that a bank or business will not ask for personal details via email.

Always keep your computer security up to date with a good anti-virus and anti-spyware software and a good firewall and only buy software from a reputable source. Be cautious if you receive a phone call or email out of the blue claiming to be from a well known company, use their official contact details to verify that it is legitimate. Never, never click on links or open an attachment in an email from an unverified sender. By following all these golden rules you should keep your computer clean and free of the scammers.

On line buying has it's fair share of scammers too, before you shop online, do some research to check if the seller is reputable and what protection the website offers against fraud.

### GOLDEN RULES TO PROTECT YOURSELF FROM SCAMS

- 1: Watch out for scams, scammers target you anytime, anywhere, anyhow.
- 2: Don't respond, ignore suspicious emails, letters, house visits, phone calls or SMS messages, press delete, throw them out, shut the door or hang up.
- 3: Don't agree to an offer straight away, do your research and seek independent advice if it involves significant money, time or commitment and get the offer in writing.
- 4: Protect your identity, your personal details are private and invaluable, keep them that way and away from scammers.
- 5: If you've spotted a scam, spread the word!

Tell your family and friends, and report it to SCAMWATCH [www.scamwatch.gov.au](http://www.scamwatch.gov.au) or Ph: 1300 795 995

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# Something For The Birds!



Nothing beats watching bird life in your backyard and this plastic bottle is sure to please your feathered friends, especially in the cooler months when natural food supplies are diminishing. It's easy to make and a great way to teach kids about recycling. They'll love watching the birds fly in for their food.



All you need is a plastic bottle and a couple of wooden spoons to make this bird feeder so it couldn't be much easier or cheaper and it looks amazing. Sunflower seed is one of the best seeds to add into the mixture along with peanuts.

Drill some holes and poke a wooden spoon through (as shown in picture) and thread a piece of string through a small hole made in the lid of the bottle to hang it up. Now all you have to do is fill the bottle up with your bird mix, screw the lid closed and hang it up. If you don't have a place to hang it, simply place the bottle on to a saucer, if you want a feeder with a tray to hang up fix a saucer to the top of the bottle.



This is a great idea to use up the left over toilet rolls. Simply cover them in peanut butter or honey and then pat them down with bird seed. Hang them on the branches of your trees and watch the wildlife flock in.



This is another great idea to use up those discarded orange peels. You can use them to attract even more feathered friends to your garden. They will love this all natural Orange Bird Feeder. Hang it in a favourite part of your property and watch them flock.

They are very easy to make and the kids will really enjoy making them. All that you need to do is scoop out the pieces of orange and poke a hole either side for the string to hang with a mixture of bird seed and a little peanut butter.



We hope you have plenty of visitors to your garden over the cooler months with these great bird attractors.

## Mini Lemon Meringue Pies

### Ingredients:

- \* 100grams of shortbread biscuits (About 6 Scotch Fingers)
- \* 3 Eggs, separated
- \* 1 can sweetened condensed milk
- \* 1/2 Cup lemon juice freshly squeezed
- \* zest of lemon, finely grated
- \* 55 grams of castor sugar
- \* Small amount of butter to mix with crumbs.

**Method:** Preheat oven to 170°. Line 8 holes of a muffin tray with paper cases. Finely crush the biscuits in a food processor or use a rolling pin. Press crumbs into the base of the muffin cases. Add a little butter to crumbs to help hold the crumbs together. Combine the egg yolks, condensed milk, lemon juice and zest in a bowl and mix well. In a separate bowl, whisk the egg whites until stiff peaks form. Then gradually sprinkle in the castor sugar and continue to beat for a few more minutes until the sugar is dissolved. Pour the lemon filling on top of the crumb bases. Spoon the egg whites on top of the lemon filling. Bake for 10 minutes or until the meringue is golden. Cool before serving. Store in an airtight container (not in the fridge) for up to two days. (As if there will be any left!) Serve with fresh raspberries. Enjoy.



### A joke for big kids!

A couple go into an art gallery. They find a picture of a naked woman with her private parts covered in leaves. The wife doesn't like it and moves on but the husband keeps looking. The wife goes back and asks "What are you waiting for?" The husband replies: "Autumn!"

## How Well Did You Know South Australia?

### ANSWERS TO QUESTIONS ON PAGE 7

- 1: There was champagne flowing, rather than water!
- 2: The streets were first lit by oil lamps, gas was introduced in June 1867.
- 3: It was the first traffic-free shopping mall in Australia.
- 4: 2001.
- 5: Five squares. Victoria, Hurtle, Hindmarsh, Light and Whitmore.
- 6: The north-east corner of the Victoria Racecourse, it is 50metres high.
- 7: Seven. They are King William (runs both ways), Flinders, Franklin, Wakefield, Gouger, Grote and Angas Streets.
- 8: Mt Lofty was named by Matthew Flinders while charting the South Australian coastline in 1802.
- 9: Blanchetown in 1922.
- 10: Captain John Hindmarsh, RN.
- 11: Port Pirie in 1953.
- 12: The SA Police Force was the first in the British Commonwealth to introduce women police officers.
- 13: Cape Willoughby, Kangaroo Island.
- 14: The Investigator.
- 15: The H.M.A.S. Buffalo in the year 1836.
- 16: The horses of the First World War.
- 17: Fort Glanville, Semaphore Park. Built in 1878 - 80 as a defence against possible Russian invasion, Fort Glanville is the most completely restored fort in Australia.
- 18: The vision of settlement proposed by Edward Gibbon Wakefield was for a society of free people, the sale of land, the subsequent use of such income for bringing out immigrants and the bestowing of self-government were part of his plan.
- 19: General Douglas MacArthur (after his escape from the Philippines) gave his first press conference to the free world press gathered on the railway platform.
- 20: A storage for gold brought from the Victorian Goldfields.
- 21: McLellan Lookout near Port Augusta.
- 22: Kangaroo Island in 1836.
- 23: 1973.
- 24: Explorer Edward John Eyre. In doing so he opened up a new stock route.
- 25: Cheltenham Race Course.

We hope you did well with the answers this month.

# From The Past - Assorted Clippings From The Early Days

## PICNIC AT ONE TREE HILL - Saturday 23 November, 1872

On Monday, 18th inst., Mr and Mrs. Kelly, of Gould's Creek, gave a picnic to the Wesleyan Sunday School. The children assembled at the chapel at ten o'clock, from thence they were driven to Mr Kelly's residence, carrying two handsome banners made and presented by Mrs. Everal. A dinner in Mr Kelly's usual style of doing such things awaited the young people and friends; games, foot racing, singing, and various amusements, occupied the afternoon, which seemed all too short. Tea over, short addresses were given by Mr Kelly (superintendent), Messrs Emerson, W. R. Graham and S. Stevens. A thorough day's enjoyment was terminated by giving the kind host and hostess three cheers, and about eight o'clock the children arrived safely at the chapel, from thence returning to their respective homes.

## Advertisement from Friday 23 April, 1897

### Cured by Ayer's Sarsaparilla

Mrs. E. Wyatt, of Port Road, West Hindmarsh, SA writes of the sad condition of her little daughter, whose portrait she also sends:

"My daughter was afflicted with Eczema of the most aggravated type. The disease first appeared in eruptions on her head, then her hair began to fall out, and in spite of the best medical advice and treatment she grew steadily worse. Her eyes became affected, and she was, in truth, in a terrible state. My neighbours were very sympathetic and took great interest in the case. They persuaded me to try Ayer's Sarsaparilla, and I am most thankful to be able to say that this wonderful medicine completely restored my daughter's health. She now has a good head of hair as anyone could wish, her eyes are perfectly well, and she is a fine girl of eight years with every prospect of growing up to be a strong and healthy woman."



**AYER'S Sarsaparilla**  
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**AYER'S Sarsaparilla**

## AMATEUR HOUR AT ONE TREE HILL - Friday 17 May, 1946

A full house on Saturday, April 27th, enjoyed an Amateur Hour staged by the One Tree Hill Institute Committee. Fourteen items were presented, the prize winners being Miss B. May 1st: Miss M. Ormsby 2nd: Mr. Ifould 3rd: (Impromptu speech).

Entrants were - Misses Chinner and Ormsby, Mr. Ron Turner (vocal solos). Messrs. Finch, Harmer and W. Kelly, Mrs. Tamblyn (instrumental); Miss M. Tamblyn. Barry Lang and Diana Lange (recitals); Misses Walter and May (piano solos). A dance followed, Mr. Harmer providing the music. Institute funds benefitted by £2, proceeds from the evening.

## CRICKET AT ONE TREE HILL - February, 1946

College (pink) by gaining full premiership points at the expense of One Tree Hill, has strengthened its position in the leading four, although it is still possible for the team to drop to fifth position. The afternoon's play saw One Tree Hill have two innings and still be 14 runs short of the College first innings score. Best performers were Clucas batting (OTH) and the bowling of College players, I. Hichinbotham, Thompson, Nankivell and Mertin.

COLLEGE (Pink) 1st innings 214. ONE TREE HILL 1st innings 112, J. Clucas 68, F. McKenzie 17; D. Thompson 5 for 58; J. Mertin 3 for 12, 2nd innings 88; R. Walter 20; B. Nankivell 4 for 14, I. Hichinbotham 4 for 23.

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If you have an item of interest from the past and would like to see it published in The Grapevine please contact the team. Details are on page 2.

## ONE TREE HILL - April 14, 1897

The usual monthly meeting of our local temperance society was held on Tuesday 14th, the programme being provided by members of the Gawler Y.M.C.A. and friends Messrs. Skewes and Follett gave recitations, while the musical portion of the evening's entertainment was ably carried out by Misses Limb (2), Gartrell (2), Marchant, Quarton, and Mr. Thomas.

The items by Misses Limb and Quarton, were especially enjoyable. Mr. S. Bailey, the chairman, delivered a short address. After partaking of refreshments, and receiving the hearty thanks of the committee the friends started on their return journey.

## ONE TREE HILL FFCF - Friday 23 April, 1943

A full attendance of the members of the One Tree Hill unit gathered for the April meeting on the 15th inst. Considerable business having been attended to, a move was made to a gaily decorated and well laden table which members had provided as a special greeting to their president, Mrs. F.L. Ifould, the occasion being her birthday. Mrs. T.S. Harvey in a few well chosen words voiced the congratulations of all present and presented Mrs. Ifould with a shoulder spray, Mrs. Ifould suitably responded. Mrs. Kelly entertained with songs at the piano; and a thoroughly enjoyable time was spent.

## A SOLDIER'S LETTER FROM ABROAD - 1941

A South Australian soldier overseas writes: "India, what a wonderful country it is. One sees just enough to whet his appetite and not too much of the squalid side to sicken him. It's going to be strange getting back to pennies and shillings again after using Indian money - pie, pice, anna, rupee etc. I hope I don't have to learn another currency too soon, as I'm just getting into the habit of this. Now, for instance, I don't have to think "Four rupees-oh, about 7/6 or 8/-.

A long train journey was very interesting, some of the scenery being stupendous, so to speak. Never before have I seen anything to come near it. The line surrounded by beautiful, rich green, tropical forests, through which could be seen, miles below, warm yellow crops extending for miles right up to the foot of the surrounding mountains. I can't explain it, but you know what I mean. We passed a number of native towns, gangs, all crying something like "Bukezi, Sahib" which means as you might guess, "Give, Sahib". You can't get away from it. The English residents (yes, there are a few) have some word "ja" or "jon", or something similar, meaning "Scram". Few of us manage to get the correct pronunciation of the word, and the effect is ludicrous.

What a country for an artist! The oldest scaggiest and filthiest beggar will hobble along the road in a brilliant scarlet turban, and even though his robes aren't ever "near white", gracefully draped, as only the native knows how. Houses, even though reeking and nearly sagging to the ground, are painted blue or violet or pink.

The village bazaar, about half a dozen small streets tightly packed with people all day and half the night. You beat the dealers down to about a quarter of their price, and they still wrap up the article quickly in case you change your mind. Genuine ivory stuff is prevalent, but nearly everything else in the arts line - silk, carpets, etc, are English or Jap. Made. I didn't like the bazaar much - so bustling and smelly - and I found a place right in the camp where genuine things were sold at standard prices.

We saw a lot of the buffalo water wagons - rode in them, in fact - only if they dignified by the possession of passengers they were taxis. The buffaloes' horns are dyed in various colours, and bells and beads are hung around their necks so that you can hear them a long way off, especially at night. We saw the temples and other mosques, they're very interesting - old and full of religious feeling. Two were quite close to the camp, one of them guarded by a wizened old priest whom we paid two annas to be shown around. Dave had an idea we did not see the most interesting parts, and when we got outside again we could see air vents into the ground to prove him right.

# Kids Page

Hello again, well at last our summer seems to be over and it won't be long until we are all complaining about the cold, wet weather. With school holidays in the middle of the month I guess you are all hoping for more sunshine so that you can get outside to play.

I'm still feeling a little disappointed with the kids of One Tree Hill, we haven't had any members join our Kookaburra Club this year, don't forget if I don't get support from you all we won't be able to continue with your special pages in the Grapevine. All it takes is a few minutes of your time to write to me and tell a fictional story or something you and your family have recently done. I hope that you will all make the effort to keep the Kookaburra Club going.

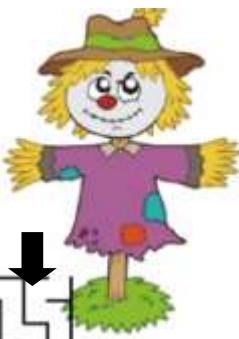
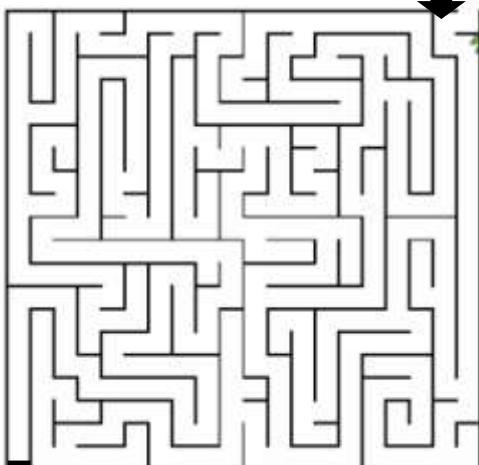
I wonder did any of you attend the Humbug Scrub Sanctuary on Easter Monday it was lovely to see so many children up there enjoying the beautiful surroundings.

Until next month Auntie Bev. Email: [oth.grapevine@bigpond.com](mailto:oth.grapevine@bigpond.com) or drop me a line at the Grapevine, Postal address is OTH Grapevine P.O. Box 196 One Tree Hill Post Office, SA 5114.



## Hungry Scarecrow!

Can you help the scarecrow find his way out of the maze to the apple?



## New Zealand Word Search



Alps  
Aotearoa  
beehive  
fern  
island  
kiwi  
Maori

mountains  
pavlova  
rugby  
tuatara  
volcano  
waitangi  
Wellington



A team of little animals and a team of big animals decided to play football. During the first half of the game, the big animals were winning. But during the second half, a centipede scored so many goals that the little animals won the game. When the game was over, the dog asked the centipede, "Where were you during the first half?" He replied "Putting on my footy boots!"

Q: What did the tree say to Autumn?  
A: Leaf me alone!

Q: What did one autumn leaf say to another?  
A: I'm falling for you!

Q: Why did summer catch autumn?  
A: Because autumn is fall!

Q: How does an elephant get out of a tree?  
A: Sits on a leaf and waits till Autumn!

Q: Where do orca whales hear music?  
A: At the Orca-stras!

Q: Why did the cow cross the road?  
A: To get to the udder side!

Q: What do you do if your dog chews a dictionary?  
A: Take the words out of his mouth!

Q: What do you call a cold dog sitting on a bunny?  
A: A chili dog on a bun!

Q: Why do fish live in salt water?  
A: Because pepper makes them sneeze!

Q: Where do mice park their boats?  
A: At the hickory dickory dock!

Q: Where do sheep go for their holidays?  
A: The baaaaahamas!

Q: Why does a dog wag its tail?  
A: Because there is no one else to wag it for him!

Q: Why did the lamb cross the road?  
A: To get to the baaaarbers shop!

Q: How does a mouse feel after a shower?  
A: Squeaky clean!

Q: What has four legs and goes "Oom, Oom"?  
A: A cow walking backwards!

Q: What is a cat's favourite movie?  
A: The sound of Mew-sic!

Q: How do you make a goldfish old?  
A: Take away the "g"!

Q: Where do you put barking dogs?  
A: In a barking lot!

Q: What do you call a pig that has been arrested for dangerous driving?  
A: A road hog!

Q: What does a cat say when somebody steps on its tail?  
A: Me-ow!

If money did grow on trees, Autumn would be the best season ever!

It's so strange that Autumn is so beautiful, because everything is really resting in the



A couple of weeks ago I went to milk the cow but the cows wouldn't get up. I told my parents and we had to get the vet to come out and have a look at them. Then we worked out they had acidosis. We had to give them bicarb soda with water and injections every day. The one cow didn't get better. Soon she had pulled herself almost down to the bottom of the paddock. We had to get someone from up the road to bring his front end loader and lift her back up the paddock. We put a bale of hay next to her and a board behind her so that hopefully she could push against that and stand up but that didn't work.

Almost a week later we had to get someone to put her down and bury her.

We all miss having two cows. She has a calf that is only 6 weeks old. We have to try and bottle feed her now.

Samuel 13 years.

Such sad news Samuel,  
I hope the little calf takes  
to the bottle.



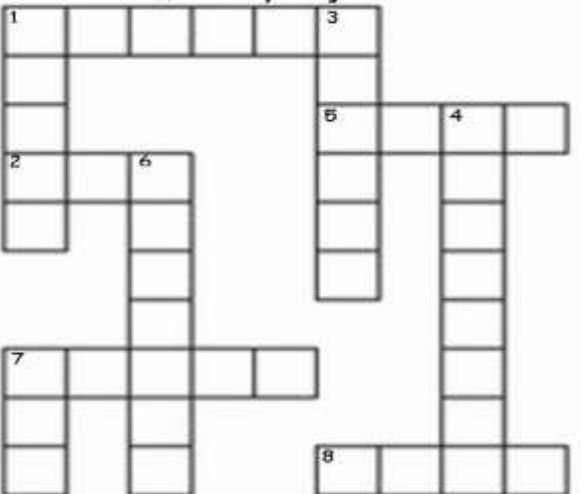
You'll have to send me photo of her so that I can share it with our readers.

Not long ago, we watched Ice Age 3. We made popcorn with our new popcorn machine. It wasn't a very good machine. So we used our old one that doesn't have a top anymore. We tried to use the new top on the old one. We had popcorn going everywhere. We also had some chocolate and biscuits as well. I had a great time watching it.

Daniel 9 years.



Transportation Puzzle, fill in the words that describe different ways we get around.



ACROSS

- 1: T... Chug along on tracks.
- 2: Most families drive a c...
- 5: A b... Travels on water.
- 7: A b... Is an airship filled with gas.
- 8: We ride a s... down snowy hills.

DOWN

- 1: Movers drive a T...
- 3: The s... Travels underground.
- 4: A pilot flies an a...
- 6: R... Is moving fast with your Feet.
- 7: A b... Takes kids to school.

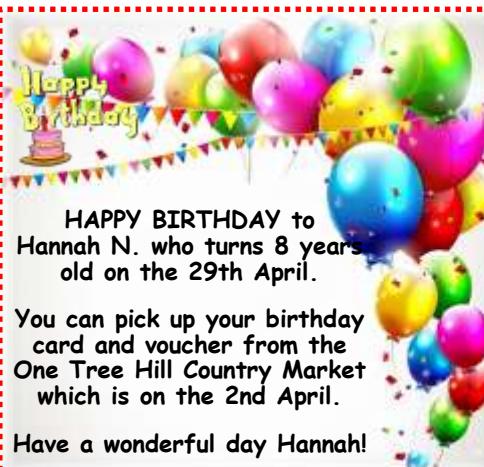
Q: What do you do if your cat swallows your pencil?  
A: Use a pen!

## OTH-Kookaburra Club



The Kookaburra Club is open to all children 13 years and under. If you would like to become a member email or post your name, address, birthdate and a story or jokes to the grapevine. (Details are on page 2 of this edition) We have a monthly prize for the best story or jokes, this is a \$10 voucher. Birthday cards and a \$10 voucher will be awarded for your birthday but please note that if you don't submit something for 6 months you will not receive your birthday gift. I hope to hear from lots of you this year.

Thank you to OTH Progress for the awards.



Q: What is as big as an elephant but weighs nothing?  
A: Its shadow!



Q: What do you call a pig who knows karate?  
A: A porkchop!

Q: Where does an elephant hide his luggage?  
A: In his trunk of course!

Q: There were 10 cats in a boat and one jumped out. How many were left?  
A: None, because they were copycats!

Q: What do you call a baby bear with no teeth?  
A: A gummy bear!

Riley D. 4 years.

Q: What does a calf become after it is 1 year old?  
A: 2 Years old!

Q: Why does a giraffe have such a long neck?  
A: Because his feet smell!

Q: What is a dog's favourite food for breakfast?  
A: Pooched eggs!

About a week ago, our 2 jersey cows couldn't get up. Our mum phoned the vet and we asked our friend to come over to help us. The vet said they had acidosis. He gave both of the cows a drench of bicarb and a 4 in 1 injection. One of the cows got up and we were waiting for the other one to get up. Through the night she kept trying to get up but just went further and further down the hill near to where we had pine trees down the bottom. We called our friend over who had a digger. He came and lifted the cow back up the hill and put her on flat ground. We put a bale of hay behind her and two sheets of wood on each side so she couldn't slide down the paddock again. Every day we gave her an injection and more bicarb. She looked fine in herself but she still couldn't get up. Her back legs seemed like they were paralysed.

The next day we went to State Little Athletics but Samuel stayed home to keep an eye on our cow. At State I was doing a 1500m and High Jump. For the 1500m I broke my record and my time was 5 minutes 30 seconds. Later on I did my high jump where I only jumped 1.31 metres. I came fourth in the high jump.

When we got home the cow's legs didn't look too good and her spine was dipped. When our mum was out our dad phoned the man who came and moved her before. He asked him if he would put her down. We didn't want her to be in any pain. My mum, brothers and sister went out when they put her down and buried her.

We were all very sad because she was our favourite cow. A few years ago I wrote a story how we got her and I was put on the front cover of the Grapevine with her standing next to me. I will really miss her.

Joshua 11 Years.

I am so sorry to hear about Hannah-Bell Joshua she looked a lovely dairy cow. I've found the cover from The Grapevine, it was in July 2013 that you appeared on the cover.



You are our winner again Joshua.  
You really do write some great stories.

One day our mum had to go out. She was backing out from under the carport and hit the post by accident. It pulled the bumper off of the car. We pushed it back on. Now we have to get our car fixed and it costs a lot of money.

Hannah 7 Years.

Oh, poor mum, she really is having some bad luck, lucky she has good kids to help her. I hope the car is fixed soon.



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### Difference Between & Leader



Boss

- Drives employees
- Depends on authority
- Inspires fear
- Says, "I"
- Places blame for the breakdown
- Knows how it is done
- Uses people
- Takes credit
- Commands
- Says, " Go "



- Coaches them
- On goodwill
- Generates enthusiasm
- Says, " We "
- Fixes the breakdown
- Shows how it is done
- Develops people
- Gives credit
- Asks
- Says, " Let's go "

## Horse Care - Float Training a Difficult Horse

- ♦ Lead at walk toward the float. If he gets anxious, or you think he might because of your past experience with him, stop before he resists. Wait a short time. Turn away or back up. Go forward. You are not going to load him, just walk toward the float. You might be 50 metres away.
- ♦ Walk past the float, well to one side. Some horses sweat up at this point.
- ♦ Go the other way past. If you are between the float and him you should be able to get closer than if you ask him to be the closer one.
- ♦ Walk across the ramp - with you on the ramp but not the horse. Distance needs to be adjusted so he is calm. Maybe you don't step on the ramp at all.
- ♦ Keep working on getting closer to the ramp until he will step onto it with one foot. Allow a sideways shuffle so only one hoof goes on the ramp. Give him a rest.
- ♦ Ask again. Expect more. More feet on ramp, more steps on ramp, longer standing on ramp. Each movement closer is a try. Reward each of them.
- ♦ Point his head where you want him to go. If you ask for forward, use the whip to tap until you get it. One step is a try if he is resisting. Reward every try. Even lifting a foot and putting it back where it was may be a try if he is really nervous.
- ♦ If he backs without you asking, tap until he steps forward. Go with him. You do not have to stop the backward motion, just do not reward it. Keep up a little pressure on the lead rope. If he travels too fast, let the rope slip through your hand but only slowly, so you keep up pressure. (Good reason to wear gloves).
- ♦ Always: slowly. Reward every try. Some horses never cause problems to load. Others are nervous wrecks as soon as you hitch the float to the car. Yes, they do watch and notice this. Each must be handled as suits them at this time.
- ♦ After 200 repetitions, (one hoof on the ramp is a repetition he has the idea. Give him a rest if he has resisted.
- ♦ After 600 repetitions, he will load most times.

### A small anecdote

My Renegade was a terrible loader. He had travelled in trucks but not floats and mine was a small float. After slow and patient training he loaded with few problems. I always had to let him back off after a try, then poop. He would then self load while I stood on the ramp. One night we had finished a clinic and were loading in the dark. There were no lights inside my float. He was being difficult and someone offered to help. They brought a whip to emphasise the point. But I knew my boy by then and something was bothering him. I walked into the float, allowing him to stand outside, and realised it was VERY dark. Tied him to the side of the float, went and turned my car lights on and tried again. He loaded with no problem at all. The car lights had lit up the inside of the float enough that he followed me on (I walked up the other side of the centre board).

If a good loader stops, ask why.



If you have any horse query for Julie please email or post to the Grapevine and we will pass it on. P.O. Box 196, OTH, 5114 Email: [oth.grapevine@bigpond.com](mailto:oth.grapevine@bigpond.com)

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## Mobile Phone Safety

Let everyone know about this problem with losing your mobile phone, it may prevent a whole series of loss to your family.



A lady has now changed her habit of how she lists her contacts on her mobile phone. Her handbag which contained her mobile, credit cards, purse etc. was stolen.

20 minutes after her bag was stolen she called her husband from a pay phone telling him what had happened. He husband said “I received your text asking about our Pin number and I replied a little while ago”.

When they rushed down to the bank, the bank staff told them all the money was already withdrawn. The thief had actually used the stolen mobile phone to text ‘hubby’ in the contact list and got hold of the pin number. Within 20 minutes he had withdrawn all the money from their bank account.

Lesson to be learnt:

- 1) Always lock your keypad with a password if your phone allows it.
- 2) Don't disclose the relationship between you and the people in your contact list. Avoid using names like Home, Honey, Hubby, Sweetheart, Dad, Mum etc.
- 3) Very importantly when sensitive information is being asked in a text message confirm by ringing back.
- 4) Also, when you are being texted by friends or family to meet them somewhere unusual, be sure to call back to confirm that the message came from them. If you don't reach them, be very careful about going places to meet family and friend who have sent you a text.



# Goats - Breeding Season Arrives

- As the cooler weather arrives, you may notice your doe is changing her nature. She may be looking for a buck. Bucks will start to get smelly (if they have been clean all summer) and this is the scent that the doe is looking for. It tells her that a viable buck is around. Does usually will not mate with a buck that does not smell – yep, I've had that happen.
- I hope you have been thinking about the choice of buck and made contact with the owner. If not, get a move on.
- No matter why you are breeding, you should choose the buck you need: meat, milk, colour, fibre, or just a nice nature if the kid is to be a pet. Choose the buck with the characteristics you want, not something that is way the other way from your doe. Over tall will not solve a short doe's problems. It will just increase your chance of getting either a tall or a short kid. Genes do not average.
- Check the health of the buck: you do not want him giving your doe an STD. This includes chlamydia, uterine infections and CAE. Of course, the buck's owner does not want their buck infected either.
- A doe ready to be mated will show one or more of several signs:
  - Wagging tail - the tail wags left to right while held upright, often curling over her rump. This is not the quick swat at flies which is usually with the tail clamped down.
  - Pink vulva.
  - Bleating, more vocal than is usual for the doe.
  - Standing as close to bucks as possible. Be aware that the doe may be able to smell a buck 1km away, so if she keeps standing in one particular corner, she may be trying to tell you something.
  - A slight smell - similar to the stink of a buck in full season, but not so pungent. Sometimes it is detectable in the milk when milking, or as a slight off taste. It usually lasts 2 days or less.
  - Change in milk production - it can be more, or less. No rhyme or reason.
  - Mounting other does, or having the dominant doe mount her.
  - PMT - yes, she may be more difficult to deal with. Avoiding being caught, refusing to get on (or off) the milking stand), pushy.

The actual timing of the mating needs to be pretty quick. Don't think – I will do that tomorrow, because that will probably be too late.

Does cycle for about 24 to 48 hours every 3 weeks. That is, they can get pregnant for only 24 to 48 hours in each cycle and they cycle every 3 weeks. Of course, they would not be goats if 3 weeks was accurate. So work on 18 to 25 day cycles. Each doe will have her own rhythm and stay fairly close to it.

I had a doe who cycled for 18 hours every 25 days, and another that was 48 hours every 20 days.

The actual breeding season only runs for about 5 months, here in One Tree Hill it is about March to August but it is weather dependent.

The act of mating takes: well, if you read this while waiting it would all be over.

Sometimes a buck will take quite a while courting the doe. This is especially true if the buck is older and the doe is young. He seems to spend time wooing her. Occasionally young does are not sure what they are there for, even when they seemed to be keen initially. Older bucks seem to sort them out more gently than young ones.

A buck may be fertile from 6 weeks old. Does are usually closer to 4 months but I have heard of much younger ones. Too young and the doe will struggle to carry the kid(s) and may suffer health problems. My recommendation is wait until the doe is at least 12, preferably 15 months old before mating.

Don't think he can't reach. I saw an older doe push a young buck to a stump, push him onto it and reverse toward him. Kids arrived 5 months later. Bucks have also been known to take a flying leap, and slide off, having managed in that short time.



*Please email the Grapevine if you have any queries on goat care and we will pass your correspondence on to Julie Buttery who wrote this article.*

[oth.grapevine@bigpond.com](mailto:oth.grapevine@bigpond.com)  
or P.O. Box 196 One Tree Hill, 5114.

**Apparently,  
When you treat people  
the same way they treat  
you they get offended!**



## An Amazing Way To Soften Feet

**Are your feet feeling rough at  
the bottoms through wearing  
sandals and thongs all summer?  
Well here is a treat for your feet!**

**Mix  $\frac{1}{4}$  Cup of Listerine Mouth  
Wash - Any type but the blue is  
prettier,  $\frac{1}{4}$  Cup of white vinegar  
and  $\frac{1}{2}$  Cup of warm water.**

**Soak feet for 10 minutes of so, depending on how bad  
your feet are and when you take them out of the  
mixture the skin will practically wipe off.**



*Maybe this will work on elbows and hands if they are rough too!*

### Slow Down Mummy - A Poem by R. Night

Slow down mummy, there is no need to rush,  
slow down mummy, what is the fuss?  
Slow down mummy, make yourself a cup of tea,  
slow down mummy, come spend some time with me.



Slow down mummy, lets pull boots on for a walk,  
let's kick at piles of leaves, and smile and laugh and talk.  
Slow down mummy, you look ever so tired,  
come sit and snuggle under the duvet, and rest with me.

Slow down mummy, those dirty dishes can wait,  
slow down mummy, let's have some fun - bake a cake!  
Slow down mummy, I know you work a lot,  
But sometimes mummy, it's nice when you just stop.

Sit with us a minute, and listen to our day, spend a cherished moment, because our childhood won't stay!

### **12 Responses to Use with Telemarketers**

1: If they want to loan you money, tell them you just filed for bankruptcy and you could use some more money.

2: If they start out with, "how are you today?" say, "I'm so glad you asked because no one these days seems to care, and I have all these problems. My arthritis is acting up, my eyelashes are sore and my poor little cat just died.....".

2: If they say they are John Doe from XYZ Company. Ask them to spell their name. Then ask them to spell the company name, followed by where the company is located, how long they have been in business etc. Continue asking them personal questions or questions about the company for as long as is necessary.

4: This works great if you are a male. Telemarketer "Hi my name is Judy and I'm with XYZ Company". You, "wait a second and with a real husky voice ask "What are you wearing?".

5: Cry out in surprise, "Judy is that you, oh my Judy, how have you been?" Hopefully this will give a brief moment of terror as she tries to figure out where she knows you from.

6: Say "No" over and over, be sure to vary the sound of each one, and keep a rhythmic tempo, even as they are trying to speak. Keep doing it until they hang up.

7: Tell the Telemarketer that you work for the same company and they can't sell to employees.

8: Ask them to repeat everything several times.

9: Ask them to fax the information to you, and make up a number.

10: Tell them to talk slower because you want to write everything down.

11: Say that you have a hearing problem and ask them to speak louder, louder, louder....

12: Tell them that it is dinner time, but ask if they could hold, put them on your speaker phone while you eat at your leisure and talk to your family while clicking a fork on a plate.

**NOTICE:** All of the above have been tested and approved for use on a Telemarketer. No Telemarketer was harmed during testing.

### **CHOOSE TO BE HAPPY NOW**

Don't procrastinate happiness, waiting for the mythical future day when you finally have enough money, lose enough weight, have the right job, there's peace in the world, and so forth.

Be happy first, and then you'll attract all of those circumstances.



# **Skin Cancer**

Now that summer is finally over, it may be a good opportunity to check your skin for any tell tale signs of skin cancer. It won't be long and we'll be covering up again and the chance of noticing any changes are less.

As we all know the sooner a skin cancer is identified and treated, the better your chance of avoiding surgery or, in the case of a serious melanoma or other skin cancer, potential disfigurement or even death. It is also a good idea to talk to your doctor about your level of risk and for advice on early detection.

It is important to get to know your skin and what is normal for you, so that you notice any changes. Skin cancers rarely hurt and are much more frequently seen than felt. Develop a regular habit of checking your skin for new spots and changes to existing freckles and moles.



Make sure you check your entire body as skin cancers can sometimes occur in parts of the body not exposed to the sun, for example soles of your feet, between fingers and toes and under nails. Undress completely and make sure you have good light. Use a mirror to check hard spots, like your back and scalp, or get a family member or friend to check it for you.

**What to look for:** There are three main types of skin cancer, melanoma (including nodular melanoma) basal cell carcinoma and squamous cell carcinoma.



**Melanoma** is the most deadly form of skin cancer. If left untreated it can spread to other parts of the body. It appears as a new spot or an existing spot that changes in colour, size or shape. It can appear on the skin not normally exposed to the sun.



**Nodular Melanoma** grows quite quickly and looks different from common melanomas. It is raised and even in colour. Many are red or pink and some are brown or black. They are firm to touch and dome shaped, after a while they begin to bleed and crust.



**Basal Cell Carcinoma** is most common and the least dangerous form of skin cancer. It is red, pale or pearly in colour, and appears as a lump or dry, scaly area. They may ulcerate or fail to completely heal. They grow slowly, usually on areas that are often exposed to the sun.



**Squamous Cell Carcinoma** is a thickened, red scaly spot that may bleed easily, crust or ulcerate. They usually grow over some months and are normally on areas often exposed to the sun, if you are over 50 years of age they are more likely to occur.

### **ABCD Melanoma Detection Guide**

**A** is for **Asymmetry** - Look for spots that lack symmetry. That is, if a line was drawn through the middle, the two sides would not match up.

**B** is for **Border** - A spot with a spreading or irregular edge.

**C** is for **Colour** - Blotchy spots with a number of colours such as black, blue, red, white and/or grey.

**D** is for **Diameter** - Look for spots that are getting bigger.

These are some changes to look out for when checking your skin for signs of any cancer.

**New moles**, Moles that increase in size, an outline of a mole that becomes notched. A spot that changes colour from brown to black or is varied, a spot that becomes raised or develops a lump within it, the surface of a mole becoming rough, scaly or ulcerated. Moles that itch or tingle, moles that bleed or weep, spots that look different from the others.

*We hope that this information proves helpful for you.*

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# April in Your Garden

As we live in a temperate zone of Australia where we have an occasional frost it's time to start planting our winter crops.

Now is a good time to plant because the weather has cooled down a bit and the ground is still warm. Why not try some cabbage, Asian greens, lettuce, spring onions, spinach, carrots, celery, cauliflower, French beans, leek, onions, radish, turnips and swedes.

It is also a good time to top up the herb garden with some parsley, basil, coriander, rosemary, marjoram and thyme. You could also give mint and lemon balm a go as well but be warned if you don't contain them they will take over your herb garden.

Why not try planting some flowers to brighten up your garden in spring, you could put in some cornflowers, dianthus, pansies, violas, snapdragons, stock, verbena and marigolds for extra colour.

Before planting you will need to mulch your gardens with a low environmental impact mulch, this will enrich your soil as it breaks down.

Plants feel the need for a feed at this time of the year. Seaweed tea is an ideal fertiliser although it does get a bit smelly. Apply to the soil in the early morning and follow the directions when mixing, don't kill everything with overdosing your plants.

Weeding, we never seem to be able to get rid of the weeds on our properties, spray with a good quality weed killer or put common salt down on paths to stop the surge in weeds during the winter.



If you have evergreen trees or shrubs that are in the wrong spot, now is your chance to transplant them while they are most dormant.

Autumn is a fantastic time to be out and about in your garden. If your summer flowering perennials like lavender need to be tidied up now is the time to do it. Do not prune your roses until it cools down even more or they will start to grow back and will not perform as well in the warmer months. Ideally your roses should be pruned from June until August.

Spring bulbs need to be planted now, this will give them plenty of time to get set and grow ready for a beautiful showing in September. There are so many bulbs to choose from, daffodils are always a favourite but be sure to have a look at other bulbs when you are buying as there are some wonderful ones available.



## Eggs - How to Cook Them

'As easy as boiling a egg' is never quite as easy as it sounds but now you can learn how to cook the perfect eggs with these foolproof instructions.

**FRIED EGGS:** For perfect fried eggs, heat oil in skillet over medium-high, add egg and salt and pepper and fry for 2-3 minutes.

**SCRAMBLED EGGS:** Beat 2 eggs with salt and pepper, small amount of butter and a dash of milk. Place a dessertspoon full of butter in nonstick skillet over medium-high heat and pour in egg mixture. Stir continuously especially around the edge of the skillet with an egg flip. In 2 minutes you will have perfect scrambled eggs.

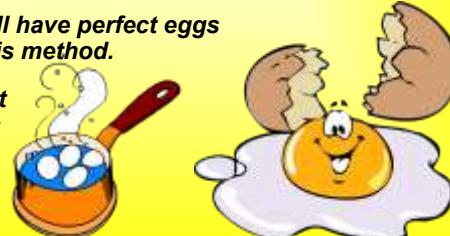
**POACHED EGGS:** Add 1 tablespoon of vinegar to simmering water, add cracked egg, cook for 2 minutes on medium-high.

**SOFT BOILED EGGS:** Place eggs in enough water to cover them by about 2.5cm. Set the pan over medium-high heat and as soon as the water reaches a brisk simmer, start timing. As the eggs cook, adjust the heat as needed to maintain a brisk simmer. After 2 minutes remove from heat. You should have a perfect soft boiled egg.

**HARD BOILED EGGS:** Follow instructions for soft boiled egg but leave it on a brisk simmer for approximately 5 minutes.

*It's nice to know you will have perfect eggs every time if you use this method.*

*Maybe the kids will want to practice for Mother's Day Breakfast next month.*



## Natural Cat Repellent

Now that you have made your lovely bird feeders you'll want to keep the neighbour's and your cat away from the birds who come to visit.

This recipe for repellent is great for training your cat or repelling the town's cats.

This spray is safe to use on your furniture and all other indoor outdoor items and plants.

All you need is white distilled vinegar, lemon juice and rosemary (fresh or dried) along with a spray bottle.

This is a friendly and safe cat repellent so why not give it a try.

Use about 3 parts vinegar, 1 part lemon juice and 1 part rosemary. Exact measurements are not too important as cats hate the smell of all the ingredients.

To keep cats out of your garden spray around the edge of garden beds and of course around the bird feeder.



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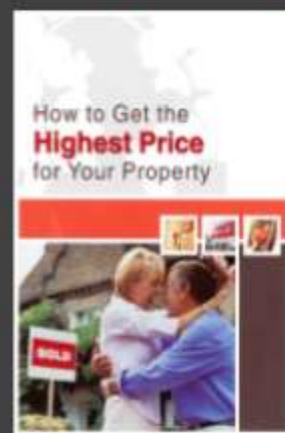
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May 7th	October 1st	Candles & Soaps	Books	Brian Walter	0418 815 047
June 4th	November 5th	Jewellery	Baby wear	Nick Champion	8254 2422
July 2nd	December 3rd	Knitted Items	Wooden Toys	Patsy Johnson	8280 7279
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General Enquiries and Burning Permits (seasonal)

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Andrew Craig Ph: 0417 016 160

Email: [adraig@playford.sa.gov.au](mailto:adraig@playford.sa.gov.au)



## SENIOR CITIZENS

If you are over 50 years of age you are welcome to attend the One Tree Hill Senior Citizens. It is held each Tuesday afternoon at the One Tree Hill Institute, starting at 1.30pm and finishing at 4.00pm.

There is a variety of activities to join in, including carpet bowls, cards, outings in the bus or just a general chat and sing-a-long.

Please feel welcome to join the Senior Citizens if you are new to the town, recently retired or just want an outing.

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**COMMUNITY NOTICE BOARD**  
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 Email or call with your details. Email: [oth.grapevine@bigpond.com](mailto:oth.grapevine@bigpond.com)  
 Phone: **8280 7095** Please note deadline date on the front cover for each edition.



### HOW DID WE SURVIVE?

- 1: Our sandwiches filled with leftover chicken, there were no fridges in the classrooms or ice bricks in our lunch boxes. But we still didn't get food poisoning!
- 2: We rode our bikes without helmets or adult supervision or bike paths but we mostly just ended up with scarred knees.
- 3: Our mothers wiped our faces with spit on a hanky not an antibacterial wipe.
- 4: The school canteen (if we had one) sold sausage rolls and cream donuts but kids were wiry and fast.
- 5: Our parents rarely knew our teachers' names, let alone their NAPLAN prep strategy.
- 6: When our teachers would whack us, we wouldn't tell our parents for fear of getting punished again, so we avoided trouble in the first place.
- 7: Our trampolines were didn't have nets around and were sometimes hosed with water and a squirt of dish washing liquid for extra slipperiness.
- 8: We went on excursions without 18 forms to be signed and witnessed.
- 9: We got ourselves to sports instead of being dropped off. Parents would only come when there was a final.
- 10: Cubby houses were built by kids not bought from a toy shop!

# **ANZAC DAY DAWN SERVICE ONE TREE HILL**

The annual Anzac Day Dawn Service will be held on Monday April 25th at 6.00am at the One Tree Hill Institute.



The RAAF Edinburgh will be coordinating the ceremony. One Tree Hill Progress is once again asking for a loan of memorabilia or items of interest for display in the Institute.

Volunteers for set up on Sunday 24th April from around 2.30pm would also be appreciated.

Last year we said that 'many hands make light work', and the generosity of those who turned up to assist on the 24th as well as those who stayed back to help pack away after the breakfast certainly proved that saying! A big thank you to all and we hope that this same generosity happens this year.

The usual after service refreshments of Anzac Biscuits (many baked by local groups and individuals) and Tea/Coffee will be at the Institute, along with the free sausage sizzle cooked by our wonderful OTH Scouts.

If you have items to loan or are able to help out with setting up or baking Anzac Biscuits please contact our secretary, June Owens, on **8280 7095** or by emailing [oth.progress@bigpond.com](mailto:oth.progress@bigpond.com)

*We hope everyone will make the effort to come along and remember our fallen heroes.*



## **Northern Foothills Land Care Group**

The Northern Foothills Land Care Group have a field day on Watercourse Management (including the smallest gully which only "runs" once or twice a year!).

It is being held on May 7th at Lower Hermitage and Paracombe from 10am until 12.30pm. For further information and registration please phone Sandy Harbison on **0428 824 219** or email: [harbison2@bigpond.com](mailto:harbison2@bigpond.com)

### NEXT ONE TREE HILL COUNTRY MARKET

The next market will be held on Saturday 2nd April at the OTH Institute, 1009 Black Top Road. Lots of new stall holders as well as the regulars with plenty of goods available including freshly grown veggies and fruit, plants, arts and crafts and items for your home. If you are feeling hungry or just want a nibble on something we have the Scouts cooking their BBQ, the scrumptious Russian cooking and Farmhouse Bakery products for sale.



For stall enquiries please call Bev 0448 208 338 or Email [oth.market@bigpond.com](mailto:oth.market@bigpond.com)

**Next OTH PROGRESS GENERAL MEETING** is Thursday 14th April at 7.30pm.

Venue: One Tree Hill Institute, 1009 Black Top Road, One Tree Hill.

We would love to see you there, Progress is at present a small group but with your help we can grow and make One Tree Hill an even better place to live.

