

One tree hill grapevine



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Deadline for the SEPTEMBER edition is Monday 22nd August 2016.

AUGUST - Volume 39 - Edition 7 - 2016

Our Ever Changing Landscape



From Ashes to This!

EMERGENCY NUMBERS

Police: 131 444
Ambulance & Other Emergencies: 000
Country Fire Service: 000
Station: (When manned) 8280 7412

Hospital: 8182 9000
General Business: 8280 7055
Bushfire Info Hotline (24hr): 1300 362 361



www.cfs.org.au

From the Desk

We hope that you are all managing to keep warm, winter is certainly here. Hopefully you haven't had trees down like many in the Adelaide Hills and down South.

We have a great series of photos on the front cover showing how the landscape has changed so much since the bushfires. It's really surprising to see the greenery and new trees and plants that have risen from the ashes.

This month we have quite a collection of stories and ideas. We have information on page 4 about a new attendee at the OTH Country Market on 6th August. You really must make the effort to come along and see the adorable pony and perhaps let your children ride Jasper. The market has a lot of new stall holders, you just never know what you will find there and of course the Piroshkis are back again.

A reminder is also on page 4 about NAWMA's hard refuse collection, don't forget to ring to book if you have items to get rid of.

Page 5 has a great idea for kids, we probably should have printed it last month while the children were on holidays but with all this wet weather around they are probably asking what to do on weekends when they can't go outside. The sponge house is a great project, we hope that you enjoy helping the kids make it.

We have an article about small pets for children on page 9, it's bunnies versus guinea pigs. We hope that it helps you decide what to get the children if you are thinking about getting a small pet for them.

Page 10 has lots of gardening tips, did you know that coffee grounds are good for your garden? We also have a list of veggies and herbs that can be grown from scraps, again the children may get interested in re-growing and it costs nothing.

On page 13, our Kookaburra Club page we have lots of very interesting stories that the kids have sent in along with photos. Well done to the kids of One Tree Hill. They all did very well but unfortunately there can only be one winner who is awarded a certificate and voucher for the best story. We think they all deserved a prize.

For those of us who have a sweet tooth there is a great recipe for Chocolate Lava Cakes on page 15. They would make a great dessert for a special occasion.

Page 16 has some ideas for washing caps and hats, we hope that you will find this useful.

Erma Bombeck's poem about life appears on page 17, it's a poem that really makes you think about how you live your life. On the same page we also have some uses for pencils and the erasers on the end of them. Baking Soda is also explained.

Page 18 has some tips for wooden cutting boards, it's amazing how we never think about giving them a good clean, it will make you think about the germs that could be living on the board. We will all be getting out the vinegar or lemons to give them a good clean now.

Educated Smiles Project, have you heard about it? We hadn't until recently. The article on page 19 gives the outline of what the project is all about. We think you will all be thinking about sponsoring a child in Bali when you read it.

On the back page we have information about the OTH Scouts and the personalised pavers they are offering. Don't forget to get in touch with Nat if you would like to have one.

We hope you enjoy this edition, please let us know about things happening around the town that may be of interest to our readers.

Until next month, The Grapevine Team.

Email: oth.grapevine@bigpond.com

Post: P.O. Box 196 One Tree Hill, S.A. 5114.

Phone: 8280 7095



President's Report July 2016

Like most people in the district, we are hibernating and trying to keep warm during our quiet time of the year. We will not have an August meeting this month as the level of items due for discussion is minimal.

Normal meeting for September will be held on the first Thursday of the month, 7.30pm, at the Institute.

We are currently awaiting quotations for our new audio/visual system for the hall - this will benefit a wide range of hall users and potential hirers and update current facilities dramatically.

Cheers Ian Slater
President of OTH Progress Association.



To contact OTH Progress Association
Email: oth.progress@bigpond.com Ph: 8280 7095
or by post: P.O. Box 196 One Tree Hill, SA 5114



Read the Grapevine on line

If you haven't had a chance to see an online edition of the Grapevine please go to the site: www.onetreehillhall.com.au click on "About Us", scroll to the bottom of the page where you will be able to select the edition of your choice, the Grapevine will open up as a PDF. We have as many back editions of the Grapevine online as possible, if you can't find the one you are looking for, email us and let us know. This is a great way to share local news with friends and family who can't get a hard copy of the Grapevine. The Grapevine now has a facebook page. Check it out and have your say about your newsletter.



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This newsletter is published by the One Tree Hill Progress Association. Email: oth.progress@bigpond.com Ph: 8280 7095

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ONE TREE HILL GRAPEVINE CFS REPORT JULY 2016

Incident Report



The Brigade attended two road accidents this month on Uley Road, a single vehicle lost control and tangled with a stobie pole. The driver had left the scene apparently uninjured. Another accident occurred after slight rain, the driver lost control of the vehicle on One Tree Hill Road at Gould Creek and became embedded in a tree. The driver was taken to hospital while the tree had to be cut down to remove the vehicle.

The OTH CFS sent two fire vehicles to attend a structure fire at Virginia at 5.00am. The crews had to deal with heavy smoke, two sheds burning, shortage of water and potential chemical hazards. Crews mopped up for over 12 hours until the debris had been dragged out by heavy machinery and extinguished.

Recently we received the government roll-out of the new digital VHF tactical radios. These are expected to have improved quality, better coverage and better noise reduction. The new radios have the safety ability (via GPS) to be identified with exact location on the fire-ground by operational command.

The station formed part of the Para Group Strike Team which supported the State Emergency Services during the recent violent storms. Crews dealt with removing fallen trees and assisted residents with storm damage.

Crews worked from 05.30am for over 8 hours, covering 200 kilometres.

At one stage in Inglewood, trucks had to pull off the road due to heavy hail, poor vision and icy road conditions.

The car park at the Inglewood Bakery looked like a winter wonderland.

The Brigade has a team of hard working Auxiliary Volunteers, whose countless hours of work behind the scene, support our Fire-Fighters. We are sincerely thankful for your ongoing Support.

Record attendances for OTH Brigade

Our Brigade has attended 117 call outs for the 2015/2016 year, this is almost normal for a year.
It still equates to thousands of man hours volunteering.

Members spend many hours volunteering for garden clean-ups, vehicle cleaning, station maintenance and BBQ's (i.e. Bunnings and at the Voting Poll).

Reminders

Do you live in the Township or nearby area, just a few minutes away from the CFS Station?

THE CFS NEEDS YOU

It's that time of the year the CFS starts to accept new recruits into the service, especially those who are available during the day time. For the next fire season, we like to take on new members, as it can take up to 6 months to train an individual to become competent in fire ground techniques. If you are over 18 years of age, like being a part of a team, please consider joining us at the One Tree Hill Station. We train every Monday night at 7.30pm. (excluding holidays)

For general information please contact One Tree Hill Duty Phone on 8280 7055.
You can also visit the CFS website (www.cfs.sa.gov.au) or Phone 1300 362 361.

Councillor's July Report

A lot is happening, or about to happen in the City of Playford, sadly and unfortunately everything is classed as "commercial in confidence" and as such cannot at this point in time be released to the public however once Council debt on borrowings is made available it may generate some discussion.

Port Adelaide Council has announced a \$280 Million refurbishment of the Port. Port Adelaide Council no doubt has had to contribute to secure the development and in turn jobs and confidence for its residents. With the imminent closure of Holdens, Playford may find itself in a similar position in having to contribute to or instigate development to revitalise the City.

Sorry for the short report, sometimes it is prudent to let things simmer before bringing them to the boil.

Wow, did we experience a few windy rainy days, I hope everyone fared well throughout the storms and although we didn't have snow we certainly had hail.

I will not be in attendance at the One Tree Hill Country Market in August or September due to family commitments. I have arranged to have a friend man my stall at the market at least for August, however if you have urgent concerns please forward them to Cr. Andrew Craig on 0417 016 160 for the first two weeks of August or jot them down and leave them in my letter box as my son will get in contact with me if it is urgent.

If you have any concerns or issues with or about our City, please in the first instance phone Council's 24hour phone number "8256 0333" and or email playford@playford.sa.gov.au, and cc your email to me at crjfederico@playford.sa.gov.au. When speaking to Council please remember to get a Customer Reference Number to ensure registration, and easy identification of your communication.

Cr Joe Federico

Fax: 8280 7963

Phone: 0417 016 164



Pony Rides at the One Tree Hill Country Market

The One Tree Hill Country Market welcomes the Lockwood family with their beautiful Welsh pony called Jasper.

Gillian, the Lockwood's daughter began riding on young Jasper when she was learning to ride horses but she eventually grew out of him and moved on to a bigger horse.

The family were at a loss with what to do with Jasper because he had become family to them all. They just didn't have the heart to sell him and so the "Pony Party Hire" story began.

The business was established in 2012 with Jasper and a Shetland pony called Milo, they attended Rotary markets in the Salisbury area. With the good feedback they decided to branch out as they had numerous enquiries about attending children's birthday parties and so the business grew....

Since moving to the One Tree Hill area last year they have also been able to offer pony tuition and riding lessons on their property.

Jasper doesn't mind dressing up as a princess, a unicorn, or dressing for whatever theme the party is. Hire is available 7 days a week and they come to you.

Come along and bring the kids to the market on the 6th August to meet Tracy who will have Jasper. Rides will be available and bookings made if you would like to have a Pony party for your child's birthday party or any other functions you may have planned.

Page 22 has contact details for Tracy if you can't make it to the market.



Household Hard Waste Collection Service 2016

The annual household hard waste collection service will continue in 2016.

Check the back of your wheelie bin shaped collection calendar;

Bibaringa, Humbug Scrub, One Tree Hill, Sampson Flat, Uleybury & Yattalunga are all due for collection in September ...

we will take bookings from 1st August until mid September

****Please note this does NOT include:**
building materials ie
tiles, bricks and fibro
sheeting, gas bottles,
garden organics, or tyres.



BOOKINGS ARE ESSENTIAL.

For bookings contact NAWMA
on: free-call 1800 111 004.

*fees may apply for mobiles.

NO COLLECTION WILL TAKE PLACE WITHOUT PRIOR BOOKING

Brochures with further information will be delivered, where possible, within the next couple of weeks, there will also be some available to be picked up from the One Tree Hill Post Office. Once your booking has been made a letter will be posted out to confirm your collection date.



Responsible Waste Management

Northern Adelaide Waste Management Authority serving the Councils of Gawler, Playford and Salisbury.



Grow Your Amazing Grass Seed Sponge House

If you are looking for a fun project to do with the kids and one that is also educational, this Grass Seed Sponge House ticks all the boxes.

It is the perfect experiment the whole family will love. The houses are really easy to make and ideal for younger children.



You probably all remember growing things on the kitchen window sill when you were a child, carrot tops as mentioned on page 10 were very popular years ago. Remember the craze on potato heads too, it was so much fun watching to see the progress it had made on a daily basis.

Now you can share a wonderful project with your children and you will love the results.

You will need 4 household sponges, they should be new ones in various colours. A marker pen, ruler for measuring up, large plastic storage container, a sharp pair of scissors and a craft knife. Finally you will need some fast growing grass seeds, a lawn mixture works well.

To make your grass sponge house, rinse the sponges in water and wring them out but leave some moisture in them. You do not want them to be fully dry, take your marker and draw the shapes as outlined in the photo. Cut out the shapes using scissors (supervision is required with smaller children as you will need a sharp pair of scissors).

The container is going to be used to cover your grass house, this will act like an incubator for the seeds. The lid will be used as a base to build your house. You need to use a craft knife to create the roof, walls and lawned areas that form your house.

Once you have all the pieces cut you can arrange them on the

lid of the container, it doesn't matter if it isn't perfect as the seeds will grow and cover any mistakes.

When your sponge house is complete you need to spray it down with a water bottle until it is nice and damp. Be careful not to soak it through. It still needs to absorb. Now you can sprinkle your seeds over the house and spray some more water.

When covered the container will have a glass house effect and it will promote growth. Secure the base to the container lid and place the container in a nice sunny place. You will see it start to sprout very soon. As the grass grows you can trim it. Be sure that you keep it well watered.



We hope that you enjoy making this little project.



Because the seeds are fast growing the kids won't lose interest and it will teach them how to grow things.



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OUR VISION

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SUNDAY ACTIVITIES - 10.00 AM

Sunday Service & Sunday School

Visiting children are welcome to join our children attending Sunday School which takes place during the Service.

SMYG (Sunday Morning Youth Group) & Young Adults

Meet every Sunday at 10.00 am with their leader whilst the Service is taking place. Throughout the year they enjoy various activities – paint-balling, 10-pin bowling, weekend camps, cinema evenings, and more.

New members are very welcome, just come along to their room located behind the church in the shed!

OP SHOP

Our church, together with three other local churches, run the Red Bird Op Shop in Elizabeth North, with all proceeds going to the Churches and Mission. Donations of second hand clothing are always appreciated, and can be dropped off at the shop at Hilcott Street, Rosewood Village, Elizabeth North, we are open between 9.30 am – 3.00 pm Monday-Friday.

MARKET STALL

Our ladies run a stall each month at the One Tree Hill Country Market at the Institute selling a variety of home-made cakes, slices and biscuits, plants, bric-a-brac, games, books and much more.

MONTHLY FELLOWSHIP MEETING

10.00am Wednesday 24th August

SIMON BRYANT - TV CHEF



COOKING DEMONSTRATION

Once again Simon will be giving us a demonstration of his cooking skills. **MAKE SURE TO MARK THIS IN YOUR DIARY!**

For further information please phone
Maureen on - 8280 7368

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because once you realize you had the best,
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How Well Do You Know South Australia?

Transport and Communications:

- 1: The Overland Telegraph was constructed between 1870 and 1872. To which city did this telegraph link Adelaide?
- 2: Where is Australia's largest and most important collection of motor vehicles?
- 3: Can you name the only surviving river passenger steamer in South Australia?
- 4: What were Adelaide's most popular electric trams?
- 5: What was Adelaide's main airport before Adelaide Airport was opened?
- 6: Where did the British Empire's second government owned steam railway run?
- 7: Which Adelaide suburbs had the first horse tramway and the first electric tramway?
- 8: Where and when did Australia's first public railway, using iron rails open?
- 9: Why was "The Ghan", the train which runs from Port Augusta to Alice Springs, so named?
- 10: The first road constructed in South Australia connected which two areas?
- 11: Why does Military Road run behind the sand hills in the metropolitan area?
- 12: When was the first telephone trunk line opened in Australia?

13: When was the first transcontinental race for solar-powered cars run between Darwin and Adelaide?

14: How many kilometres of road does South Australia have?

15: How long is the Hindmarsh Island Bridge?

16: What is unusual about the Heysen Tunnels on the South Eastern Freeway?

17: Where is the Pichi Richi Pass?

Answers appear on page 14.



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Crime Report – ONE TREE HILL Rural Watch – Offences reported between 20th June and 20th July 2016

Daylight 20th June Serious Criminal Trespass - Residential
Entry to house by smashing glass. Electrical items stolen.

Gawler - One Tree Hill Rd, YATTALUNGA

Overnight June 21st Theft
Roadside Delivery Letterbox Stolen.

Kentish Road, ULEYBURY

Overnight 26th June Theft
2 x 54 kg gas bottles stolen from property.

Humbug Scrub, ONE TREE HILL

Afternoon/Evening 28th June Arson of Motor Vehicle
Vehicle on property located on fire - cause unknown.

Kaiser Drive, ONE TREE HILL

Overnight 2nd July Theft
Motorbike stolen from property.

Williams Road, GOULD CREEK

Overnight 4th July Illegal Use of Motor Vehicle
Vehicle stolen from property.

Black Top Road, ONE TREE HILL

As always if you have any information to assist with any crime issues in the area
please phone Police Communications on **131 444**

Many thanks to Darren McCue (Senior Sergeant First Class) - One Tree Hill Rural Watch Liaison Officer for this information.



LOVE does not consist in gazing at each other,
but in looking **TOGETHER** in the same direction.



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(Opposite Bunnings Parafield)

Guinea Pigs V Bunnies As A Pet

Guinea Pigs

Guinea pigs might be the gentlest of all pets. Happiest in small groups, these rodents are delicate but reasonably easy to care for. These little creatures also known as "cavies", are rotund rodents from South America. They are affectionate and gentle, and well-suited for households with children. However, as true herbivores that are very low on the food chain, they should be kept away from dogs, cats, ferrets and rats. They can't jump more than about 10cm into the air, so you will have to make sure they are not in danger of falling off the edges of tables, beds, stairways or other hazards.

You will need to have a cage or hutch for them as well as food and water dishes, bedding, nail trimmers and a brush plus a safe piece of fruit wood to chew and a hidey hut in the cage.

Guinea pigs do not require much exercise, do not be tempted to put in an exercise wheel because they may damage their backs or injure their feet using them.

They are very messy so be prepared for them to foul their food and water dishes, a drink bottle hung on the side of the enclosure is a good back-up for the water bowl. Guinea pigs need fresh hay, this should be available at all times. They love to nibble on fresh veggies such as carrots, broccoli leaves and radish greens.

Guinea pigs have fur coats so they need to be brushed regularly, some of the Peruvians need to be brushed at least once or twice a day. Their nails need to be trimmed regularly, use nail clippers that are designed for humans. Probably for the first trim take them to the vet so that you can see the technique used.

The best and safest bedding is made of shredded paper, this will need to be changed each day to maintain a healthy environment. Do not use softwood shavings such as pine or cedar because the oils from these woods are very unhealthy for your pet's lungs.

Good ventilation is important, especially in warmer weather, these animals do best at temperatures below 27°. On very hot days, it is a good idea to put some ice at one end of the enclosure to keep them cool.



Guinea pigs are delightful little pets that enjoy the company of their humans and of their fellow Guinea pigs. They are great pets for children and can be handled easily. They can live very long lives, unlike mice and rats that may live just a couple of years, Guinea pigs can live from five to eight years. They are very excitable so don't be alarmed if they jump upwards in the air like popcorn, this is quite normal. There are many different shapes and sizes available, from short to long haired with a multitude of coloured patterns and colours.

Both Rabbits and Guinea Pigs make great pets, but they still require all the responsibilities of pet ownership. Their needs can differ from owning a dog or cat, but they still require good nutrition and health care. If you purchase a rabbit or guinea pig, it is recommended that a health check be done by a vet to ensure it is healthy.

Q: Why aren't Guinea pig jokes funny?
A: Because all their jokes are wheek!



Q: How many rabbits does it take to change a light bulb?
A: Only one if it hops right to it!



Bunnies

Rabbits are pretty easy to take care of, so long as you keep in mind that they are rabbits and not treat them like a vegetarian cat. They are cute, furry and snuggly, right? But keep in mind that they are quite different to cats. For instance, they need to wear down their teeth and have constant access to good hay. Unlike a cat, they can't spit up their food (i.e. vomit).

There are many varieties of domestic rabbits. Some of them are a sandy brown colour like a wild rabbit, some are white, some have blotches in distinctive patterns and some even have Himalayan points like a Siamese cat.



In addition to the many coat patterns, there are also several sizes to choose from. For example, dwarf lops and mini lops are very popular, and they are small. The mini doesn't get bigger than about 1.6kg and the dwarf only gets to 2.5kg. These are the rabbits whose ears are very long and droop down to the ground. By contrast, the Flemish giant is well-named. Often topping 6kg, this rabbit is larger than most pet cats and many kinds of dogs. Unlike the lops, Flemish giants have ears that stand upright.

All breeds are suitable as pets, but young children must always be supervised when they are handling the bunny. It is very easy to injure a rabbit by handling it awkwardly, and it is even easier to scare her.

What do you need to keep your bunny happy? A rabbit enclosure is essential, this is called a hutch. Your rabbit needs enough room to make three or four full hops, on average this will be in the range of two metres for most bunnies. Outdoor hutches need to include a shady area and protection from wind. Food and water dishes are obvious equipment for any animal, of course and you will also need a brush for grooming. Last, but certainly not least, your rabbit needs a litter box, yes just like a cat. Spread paper based cat litter on the bottom, and then cover with hay, your rabbit will use one end of the hutch for her toilet and the other end as a kitchen.

When it comes to exercise your bunny should be ok just hopping around its home, they might like to explore as well so place a playpen on your lawn and throw in some balls and let them have some fun.

Rabbits may be the easiest pet to feed but they do need plenty of fresh hay, good commercial rabbit pellets and well washed fresh vegetables. You will need to give around half a cup of pellets per day depending on the size of the rabbit. As for vegetables, provide approximately 1 cup of greens per half kilo of your rabbits weight. Carrots are great chew-toys but contrary to belief, most rabbits don't enjoy carrots. Provide clean fresh water in a sturdy bowl, a drip bottle is ideal to ensure there is always water in the hutch.

Rabbits groom themselves but you will need to help or your rabbit will make its self sick by swallowing huge amounts of fur. Brush regularly, at least a few times a week and more when it is moulting.

Most rabbits are very smart. They can be toilet trained and can use a litter tray. They can also be taught to do tricks just like dogs. Rabbits are ideal for indoors or in a rabbit hutch. Bunnies can be fully house trained and don't need a big garden to run around in. You also don't need to take them for walks and they won't bark at the neighbours! (Although you could train them to walk with a lead just like dogs).

3: Food, bunnies like to have fresh hay or grass available at all times, this makes up 80% of their diet. The remaining 20% of their diet should include fresh vegetables.

4: Rabbits make very good companions, they can interact, they can play, cuddle and even give kisses. They often follow owners around their houses especially when treats are involved. They can also bond very closely with their owners and can recognise particular people and voices.

What to do with Coffee Grounds?

The next time you finish your morning coffee, think twice before you toss those used coffee grounds into the bin. Coffee grounds have many uses in the garden. They enrich the soil with nitrogen, potassium and other minerals, improve soil quality, and plant growth.

Here we list 7 ways to use coffee grounds in your garden, you will be amazed at how versatile this item is!

1: Composting: Add coffee grounds to your composting bin, they are a valuable sources of nitrogen.

2: Pest Control: A barrier of coffee grounds around plants may protect them from slugs and snails.

3: Cat Repellent: Put coffee grounds in the soil to keep cats away from digging in your garden.

4: Acid Loving Plants: Place coffee grounds around the soil of your acid-loving plants such as roses, rhododendrons, holly, gardenias etc. Coffee grounds increase acidity and nutrients to the soil.

5: Easy Fertiliser: Add 2 cups of coffee grounds to a bucket (about 3.5litres) of water and allow it to steep overnight. Mixing these two ingredients is one of the simplest ways to make your own homemade fertiliser.

6: Mulch: Using coffee grounds as mulch can help control weeds and keep your vegetables plants more hydrated during the heat of the day.

7: Boost Carrot & Radish Harvest: Double your harvest of carrots and radishes by mixing your carrot and radish seeds liberally with coffee grounds.



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Grow Your Veggies and Herbs From Scraps

Before you throw out your vegetable or herb scraps why not plant them out instead of purchasing seeds or seedlings to grow them.

There are a multitude of plants that can be regrown over and over again. They are quite easy to grow without a lot of fuss, all you need is a little bit of time and patience to take care of the new plants and make sure that they have the necessary water and sunlight. The benefits are enormous, you will have your own organic vegetable garden with a regular supply at essentially no cost. In addition, projects like these will be great activities for children. They will have fun watching the scraps sprout and regrow. It's a great way for the kids to learn about recycling and how plants and food can grow.

Basil: just put a few stems in a jar of water and wait for roots to appear, when that happens pop them into your veggie plot or pot.



Romaine Lettuce: Just put the lettuce stumps in about 3cm of water for a few days. Refill water if the level has dropped over half. When new leaves start to regrow, you can transfer and plant them in soil.



Green Onion: Green onions are probably the easiest vegetables to grow. You can regrow them by cutting them in about 3cm from the roots and placing them in a jar of water. When they start to grow new roots transfer to veggie plot.

Garlic: This is also very easy to regrow even from a single garlic clove. Just place the sprouted garlic cloves in a jar of water and wait for the shoots to grow taller. Alternatively, you can plant garlic cloves directly into the soil.



Celery: You can regrow celery by cutting off the base of the celery and placing in a bowl of warm water in a sunny spot. The new leaves in the middle of the base will begin to grow and thicken within 5-7 days. You can then place in a pot or straight into the garden.



Bok Choy: This can be regrown by placing the root face up in water. Spray every few days with water. In a few days you will see it start to regrow and in 1-2 weeks, you can transfer it to the garden.



Lemon Grass: This is used in a lot of Asian cooking, you can regrow the lemongrass by placing the stalks in water. Try to change the water daily. When the roots come out in 2-3 weeks, you can plant it out in a pot or a sunny place in the garden.



Ginger: You can regrow ginger by soaking ginger chunks overnight in water and then transferring them in a pot with soil in a warm and sunny place.

Sweet Potato: These are very easy and results are seen fairly quickly. Place pieces of sweet potato with (at least two eyes) in a jar of water in direct sunlight, when the sprouts look well-rooted plant in soil.



Onions: You can regrow onion from the bottom part of the onion. Just cut and let it dry, place in soil and before you know it you will have onions in your veggie plot.



Leeks: Re-growing leeks works the same as green onions. Just cut them about 5cm from the roots and place them in a jar of water.

Rosemary: This can be propagated and regrown by cutting 5-6cm from the tops of the rosemary stalks and placing them into water. When the new roots sprout, you can transfer them into soil-filled containers.



Carrots: The leaves of carrots are actually edible and you regrow them by putting tops in water in a well-lit position. When roots appear put into containers or in the veggie plot.

We hope you have enjoyed our gardening segment this month, at least it won't cost you anything to try these ideas.!

From The Past - Assorted Clippings From The Early Days

Printed Wednesday 23 October, 1901

A LEGISLATOR CRICKETER

Our One Tree Hill correspondent wrote on October 21:- "Mr. Coombe, M.P., when thanking Barossa electors after his successful contest as candidate for the district representation, assured his cricketing friends that his advent to Parliament would not interrupt his association with them, and that he would be found among the boys on the cricket field as usual.

Agreeably with this promise he appeared recently among a Gawler team (The Unions) to do battle with the local club on the historic Sampsons Flat, where his club has unsuccessfully struggled for the supremacy for 20 years or more.

On the occasion in question, mainly owing to the superb effort of Mr. Coombe, who carried his bat right through the innings, the visitors made the running painfully close for their opponents.

Though Mr. Coombe in flannels has been a familiar figure on the One Tree Hill Cricketing Oval for two decades or more, on the present occasion he was accorded quite an ovation on walking up to the batting. He was credited as being the first M.P. who had ever wielded the willow there.



When the annual contest between the alliterate teams press and Parliament veteran cricketer who represents Barossa, if given the option, will enjoy a unique position. Whichever side he elects to favour will have a big chance of winning, so that his decision will amount to something like a casting vote.

If he throws in his lot, as he likely will, with the legislator, he will be a worthy substitute for the late Mr. Griffiths."

Printed Saturday 13 August, 1887

Mr. Drakard, of Gawler, delivered his lecture on "The comic side of life" here at One Tree Hill on Monday evening, August 8.

The discourse was listened to with marked attention, and was frequently applauded. Several ladies and gentlemen from Gawler contributed songs and duets.

The proceeds were devoted to the circuit fund.

Printed Friday 16 August, 1895

The annual festival in connection with our local band of hope took place on Wednesday the 7th inst.

In the afternoon a cricket match between the local team and one of all-comers, resulted in favour of the home team.

At 5 p.m., a large number of people assembled in the church, to do justice to an ample tea, catered for by Mrs. H. Dean, of Gawler, who seems always at her best when catering for One Tree Hill.

An entertainment was given in the evening to a crowded audience, who seemed to thoroughly enjoy the music. Mr. Hambridge sang, Jude's "Better Land" and Sullivan's "Lost Chord", with violin obligato by Miss Elsie Riggs; Mr. Doley gave "Land Ahead" and "Thee you'll remember me" the Misses Riggs gave "Music and her sister song", and "The Holy City".

A pleasant break in the programme were two readings given by the Rev. V. Roberts. At the close of the meeting a very hearty vote of thanks was given to the visitors who had come from Adelaide and Gawler, and to all who had helped to make our festival a success.

Printed Friday July 25th 1941

AGRICULTURAL BUREAUS

Present—Messrs. Bowman (chair), Hogarth, Ifould, Kelly, Smith and Clucas (hon. Sec) and four visitors. Various matters in connection with dairying were discussed.

For bulls disposed to get through the fences a short hobble had been found effective, and at the same time it saved trouble in managing the herd. The danger of giving separator milk too freely to calves was referred to by a member who had lost a calf recently from no other reason that he could suggest.

Young lucerne should be fed gradually until the cows were used to it, otherwise cases of bloat or hoven would occur.

Carbonate of soda was found an effective drench in cases of bloat.

The Cape tulip was described by some of the members, but as far as known it did not exist in the district.

Printed Friday 30 March, 1917

At a meeting held in August, 1916, it was decided to form a branch of the Red Cross Society at One Tree Hill, the officers elected were:- Mrs. H.H. Blackham (President), Mrs. R. Fiebig (Hon. Treasurer), Mrs. F.L. Ifould (Hon. Secretary).

Meetings have been held monthly, and although a small circle they have been able to send a substantial parcel of comforts for the soldiers to the Red Cross depot each month. Mrs. H. H. Blackham gave a good start by presenting a parcel of material (two rolls of flannelette, cotton, tape, etc.). Mrs. Frank Barritt, of Yattalunga, also gave rolls of flannelette and flannel. Other gifts of socks, mittens, scarves, etc. have been received from Mr. J. S. Harvey jnr., Miss D. Stuart, Mrs. Skewes, and Misses D. and E. McBride. Mrs. Frank Bowman presented a sheep-skin to be disposed of in any way the members decided upon.

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Kids' Page

Hello, it looks like it has been a busy school holidays for some of you, from visiting SeaWorld to playing in the snow and Sovereign Hill. Thank you to the Kookaburra Club members who contributed this month, it sounds like you all had a great time. Thank you for all the lovely photos too. Because we have several coloured photos we are going to print your pages in colour this month. Don't forget if you don't belong to the Kookaburra Club and would like to be part of it drop me a line along with a story, photos, jokes or puzzles.

Try to stay warm and enjoy the great animal jokes I have this month along with a Wordsearch for animals.

Until next month Auntie Bev. Email: oth.grapevine@bigpond.com or drop me a line at the Grapevine, Postal address is OTH Grapevine P.O. Box 196 One Tree Hill Post Office, SA 5114.

OTH Kookaburra Club



The Kookaburra Club is open to all children 13 years and under. If you would like to become a member email or post your name, address, birthdate and a story or jokes to the grapevine. (Details are on page 2 of this edition) We have a monthly prize for the best story or jokes, this is a \$10 voucher. Birthday cards and a \$10 voucher will be awarded for your birthday but please note that if you don't submit something for 6 months you will not receive your birthday gift. I hope to hear from lots of you this year. Thank you to OTH Progress for the awards.

WORD SEARCH

CAN YOU FIND ALL THESE ANIMALS?

G E S U O M H N W R B W C W L
X D A Q H J X O O M L T H W J
B W S H N L H T P I C R A W M
Y W M E F F A R I G L K D O G
R C K R R R S Y K T H I P P O
J T O W I E F B X X L Q R J E
D R O T A G I L L A E B Z H X
T H N X P I C L F C R V Z S Z
V N H R S T H E T D R I B I Q
N Z A C S T Y X L W I N H F L
W U Q H K L J A E A U F A H F
V Q Q D P O Y K N V Q Z A T V
X M T L Q E T J Y E S Y R C H
T A C K Q C L K M O N K E Y R
P T S H W L Y E T D R A H T L

CAT DOG BIRD ELEPHANT HIPPO SQUIRREL GIRAFFE FISH MOUSE MONKEY ALLIGATOR LION TIGER

Q: What do you get if you cross a crocodile with a flower?
A: I don't know, but I'm not going to smell it!

Q: How do you find where a flea has bitten you?
A: Start from scratch!

Q: What do you call an elephant in a phone box?
A: Stuck!

Q: What do you get when you cross a porcupine with a balloon?
A: POP!

Q: Why are igloos round? A: So polar bears can't hide in the corners!

Q: What do you give an elephant with big feet? A: Plenty of room!

Q: Why aren't elephants allowed on beaches?
A: Because they can't keep their trunks up!

Q: What has six eyes but can't see?
A: Three blind mice!

Q: What happened to the cat who swallowed a ball of wool?
A: She had mittens!



Q: What is small and cuddly and bright purple?
A: A koala holding his breath!

Q: What happens when a cat eats a lemon?
A: It becomes a sour puss!

Q: What happens to cows during an earthquake? A: They give milkshakes!

Q: What do you get if you cross a fish with an elephant? A: Swimming trunks!

Q: Where do cows go on holiday?
A: Moo York!

Q: What do you call a bear with no ears?
A: B!

Q: Where do cows go on Saturday nights?
A: To the MOOO-vies!

Q: Why is it hard to play cards in the jungle?
A: There are too many cheetahs!

Q: When is it bad luck to see a black cat?
A: When you are a mouse!

Q: What time is it when an elephant sits on your fence? A: Time to get a new fence!

Q: What does a kitten become after it is three days old? A: Four days old!

Q: What do you get when you cross a parrot with centipede? A: A Walkie talkie!

Q: What kind of animal goes OOM?
A: A cow walking backwards!

Q: What animal has more lives than a cat?
A: A frog, he croaks every night!

Q: What does a teddy bear put in his house?
A: Fur-nature!

Q: What happens when a frog's car breaks down? A: He gets it toad away!

Q: What do you get when you cross a parrot with a pig? A: A bird who hogs the conversation!

Q: What did one flea say to the other flea?
A: Shall we walk or take the dog?

Q: What is the difference between an injured lion and a wet day? A: One pours with rain, the other roars with pain!

Q: What is the difference between a flea and a wolf? A: One prowls on the hairy and one howls on the prairie!

Q: What did the clean dog say to the insect?
A: Long time no flea!



When I went to Melbourne, we went to the snow at Lake Mountain. On the way there, we saw the snow falling. We went tobogganing and threw snowballs at each other at the park.

When we went tobogganing, David always fell off when he went down the hill. One really big hill we went down had some water and slush at the bottom and I almost fell into it. My socks started getting wet, then I got a heap of snow in them so I took my boots off and my socks were completely wet.

When we went tobogganing, Dad, Joshua and I had a race. Joshua beat all of us. Half way down the hill I fell off. Then I hopped back on and I came last in the race.

Hannah, Age 8 years.

Great story Hannah, it sounds like you had great fun.

When we went to the Chocolate Factory in Yarra Valley with our friends Abigail, Brianna and Mrs. Collin, our mum and dad bought us a big icecream. It was huge!

When we had finished our icecream, we went outside and it started raining. We got drrrrrenched, and I mean drrrrrenched!

My jacket and jeans were soaking wet so we went back inside and played. Abigail, Hannah and I coloured in a picture.

It was great fun there, I want to go again!

Daniel Age 10 years.

What a fun time you must have had on your holiday Daniel, perhaps you had better start saving for your next trip since you enjoyed it so much.

Not long ago we went to the Yarra Valley Chocolatier and Icecreamery. We went with some of our friends. When we arrived we walked in and could have 1 spoonful of each, milk, white and dark chocolate tasting. It was delicious!! Then we got to have the biggest icecream ever! It was about the size of 2 humungous oranges. Once I finished licking it my tongue was sore. Then I went outside with Brianna and played soccer for a bit. It started to rain and we were running around a swirly area of dirt and she fell in into one of the big puddles on the side, A bit later I fell in too. We were drenched! Then we had to go home. It was great fun there.

A few days later we went to the snow on Lake Mountain at Marysville. We were all so excited when we saw the first bit of snow because we had never seen snow before, apart from our mum.

While we were driving to the park, all the snow had been pushed to the side of the road. It looked great. When we got our snow gear on, my brother Daniel and I started throwing snow at each other. It was quite hard but the fresh snow was fluffy. It was great fun to play in the snow for once. When we found the toboggan run, we went down the hill but we couldn't turn the toboggans but I stuck out my right hand and it turned to the right. It was great fun playing on the toboggan. After I was used to the slow track, I went on the fast one. At the bottom of the fast track was a hill to stop you.

When I went down the hill I was going so fast that when I got to the bottom I started going up the hill. I went over the safety net but I quickly grabbed hold of one of the poles in the ground. I was lying on the snow for a while and one guy asked if I was okay. I said "I'm fine". When you went down the fast one you had to lean to one side of the toboggan when you hit the hill so it wouldn't hurt your bottom. Daniel and I made a humongous snowman. It was great fun playing in the snow. A friend of ours said to take a before and after photo. Here they are!

Joshua Age 11 years.

Thank you for sharing your wonderful holiday with us Joshua. What a great experience it must have been for you. I hope you didn't get too many bruises from the tobogganing! Very well written Joshua.



Two weeks ago we went to Ballarat with our friends. We went to Sovereign Hill for Christmas in July. When we arrived we started having a look around at some of the houses and shops. We had already been there once.

We went to watch an act at the theatre about horses on the goldfields. After that we went to the sweet making demonstration where they made raspberry drops. We tried panning for gold and I found some gold and so did my brothers and our friends.

We had pies and pasties for lunch baked at Sovereign Hill. They were the best pies I have ever tasted.

Afterwards we watched snow white at the theatre. We also had a look at the school and the red coat soldiers. We all had tea and played until it was dark. Once it was dark, there was a light show. The buildings at Sovereign Hill were lit up and the ones on the main street had moving pictures on them and every 3 minutes the picture would change. All the houses up the top of the hill were lit with Christmas lights and there was a massive Christmas tree that had a big light that was a star on top of it. It looked really cool.

Samuel Age 13 years.

Samuel also sent a photo to go with his story. It is pictured below. Thank you for your great story.

Dear Auntie Bev, we have lived in One Tree Hill even since we were born and just love life up on the hill. We are not sure why we have taken so long to join the kids' club but we are finally on to it! There is so much to do living in One Tree Hill.

We love riding our bikes down to the post office to collect the mail and playing with our dog Dusty. Mum is always asking us to help in the garden and mostly this is fun. We have just planted some more veggies and during the holidays we even put some flowers from our garden into vases.

Not long ago our One Tree Hill friends - Peter and Ann Warner hand raised a calf called Bob. It was great getting to visit Bob as we could feed him and run around the yard playing chasey! Bob got bigger and bigger and strong enough to return to live with the other cows at his home - Malcolm Creek Winery at Kersbrook (where Pete works).

People like to visit us at One Tree Hill and we enjoy doing lots of baking for our visitors. We love our home but we really liked going to the Gold Coast this school holidays as we got to meet a dolphin called Coen at SeaWorld!

We have sent you a few pictures and hope you like them.

From Lucy S. Age 8 years
and Lily S. Age 5 years.



Welcome to the Kookaburra Club girls. A big thank you for the lovely letter and all of these photos. It sounds like you had a lovely holiday in Queensland, what lucky girls you were to have spent some time with Coen. I hope to hear from you again soon. Regards Auntie Bev
You have the winning article for this month, a certificate and voucher can be picked up from the OTH Country Market on August 6th.

Pictured below is Samuel and his family and friends at Sovereign Hill.



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How Well Did You Know South Australia?

Answers from page 7

- 1: Darwin.
- 2: The National Motor Museum at Birdwood
- 3: P.S. Marion - a wooden vessel built in 1887.
- 4: The Dropcentre, or F Class tram, of which eighty four were built. They had a capacity of 170 passengers, and ran from 1925 until 1958.
- 5: Parafield Aerodrome. Adelaide airport opened in 1947.
- 6: Adelaide to Port Adelaide railway opened on 19th April, 1856.
- 7: Horse trams commenced operation from the city through Norwood to Kensington along The Parade on 10th June, 1878. Adelaide's first electric tramway opened between the city, Norwood and Kensington on March 9th, 1909.
- 8: The line ran between Goolwa and Port Elliot, in South Australia, from 18th May, 1854. The line used horse power until 1884. One of the original horse drawn carriages is on display today in Goolwa's main street.



- 9: The Ghan, is an abbreviation of Afghan and it was used in honour of the Afghan camel drivers who once trekked the train's route carrying provisions to the outback.
- 10: Adelaide and Port Adelaide. The road was built in 1839.
- 11: It was built as a precaution to shift troops in the event of an enemy landing.
- 12: It was opened between Adelaide and Port Adelaide, a distance of 16km, in 1886.
- 13: 1987. The 3,200km race took 5.5 days.
- 14: South Australia has more than 95,000kms of roads, of which about 25,000kms are sealed. More than 2,400 are classified as national highways.
- 15: 319 metres.
- 16: The 500 metre tunnels are the first twin tube tunnels on the National Highway.
- 17: This gruelling track runs through the Flinders and gave access from Pt Augusta to settlements east of the ranges. Bullock teams were the early users of this corridor.

Horse Care - Worming Horses - New Theories

New research is bringing several new ideas to best practice for worming horses.

- We are worming for the wrong pests. Thirty years ago, the biggest worm burdens were the large strongyles. These days it is the small strongyle that causes most of the problems.
- The life cycle of these includes time as cysts. While it is encysted, most worming pastes cannot kill the worm. Wormers containing moxidectin may kill some cysts. Using fenbendazole for 5 consecutive days is also useful. However, this is not recommended on the label and should be supervised by a vet. Dose rate is critical.
- Killing large amounts of active larva will encourage the encysted worms to break out of their cysts. As they do so, they release large amounts of toxins. These toxins, in sufficiently large quantities, will cause colic, diarrhoea and similar gut issues, including damage to the gut wall. The more larva you kill, the greater numbers of cysts are released.
- Rotation of wormers causes resistance by selecting for resistant worms. Most chemical classes are no longer effective for equine worms, especially against the small strongyles.
- Worm counts (counting the number of eggs and worms in the manure) will not show how many are encysted. They may be a guide to how many worms the horse has and is therefore a useful tool.
- Worms die on pasture in high temperatures (over 32°C). They also need humidity of 80%. This means that our hot dry summers work to kill equine worms. (Incidentally, this is true for most livestock worms). Temperatures under 12° C slow growth and maturation of worms.
- Cysts can survive inside horses for years. They may overwinter in the colder countries, or oversummer in hot ones.
- Some horses have natural resistance. They do not need to be wormed as frequently. Only worm the ones with high egg counts, even in the same herd. Worming all horses increases resistance.
- Most worms are picked up from pasture, off grass or hay that has been dropped on manure.
- Manure piles, even in dirty stables, will kill worms. But fresh droppings may carry worms that are then eaten, so clean the stables anyway.
- Dung beetles are very helpful. They prefer large piles of manure, not squashed ones. They bury nutrients into the soil, aerate the soil and remove the manure so worms cannot survive. Moxidectin does not harm them.
- Harrowing the manure into the pasture spreads the worms. Horses naturally seek the lawns and avoid the roughs. They do their droppings in the roughs. Thus they avoid most of their manure, and the worms. Small pasture areas, harrowing (spreading the manure) and otherwise forcing horse to eat the roughs increases their worm burden.
- Harrowing can be useful if done immediately before a hot spell, then keep the horses off for several weeks. Worms are killed during the hot spell and the horses go back onto relatively clean pasture.

Thanks to Hoofbeats magazine for this information.
For a more in depth article, read "Hoofbeats" vol 38, no 1,
(June/July 2016 edition).



If you have any horse query for Julie please email or post to the Grapevine and we will pass it on.
P.O. Box 196, OTH, 5114
Email: oth.grapevine@bigpond.com

Lava Chocolate Molten Cakes

Winter is a favourite time to indulge in some delicious comfort food. We are sure that you will love this beautiful lava cake that can be whipped up in a muffin tin, you'll be head over heels for these ooey, gooey Chocolate Molten Lava Cakes!

This is a simple recipe and you can garnish with cream and fresh berries or leave them just as they are.

Ingredients:

- * 115grams of sweet chocolate, roughly chopped
- * 50 grams of bittersweet chocolate, roughly chopped or substitute white chocolate for an extra sweet cake
- * ¾ cup (168g) unsalted butter, diced into small pieces plus a little more butter for the pan.
- * 1½ cups (190g) caster sugar
- * Tiny pinch of salt
- * 3 large eggs
- * 3 egg yolks
- * 1 tsp vanilla extract
- * ½ cup (70g) self raising flour
- * Vanilla ice cream, sweetened whipped cream, raspberries, chocolate sauce for serving.



Method:

Preheat oven to 180deg. Butter 6 wells of a jumbo muffin pan or ramekins with softened butter (cover well if you don't want these to stick), set aside.

Place chocolate and butter in a medium microwave safe mixing bowl and heat on high power for 30 seconds, remove and stir. Return to microwave and heat a further 30 seconds longer, stir well. If it's still not melted continue to heat in 15 second

intervals until melted. Let cool slightly.

Stir in castor sugar and salt (it will be quite thick at this point) then mix in eggs, egg yolks and Vanilla (it will take a bit of stirring to get them fully mixed).

Stir and fold in flour until combined.

Divide batter among prepared muffin wells (or ramekins) filling each about two thirds full (about a half cup in each). Bake in preheated oven until edges are set but centre is still soft, about 11 to 12 minutes.

Remove from oven and cool 1-2 minutes (run a knife around the edge if they don't seem loose), invert onto a cutting board or other surface then transfer to dessert plates and top as desired, serve warm.

We bet your mouths are really watering after reading this delicious recipe. The Lava cakes don't keep well so you may have to eat more than one if there are not 6 in your family!



Goats - Types of Milking Goats, A Tongue in Cheek Guide



- ♦ **Consistent Milker:** She will keep up her production day after day, come rain, hail or shine.
- ♦ **Insistent Milker:** She will produce milk even if she has not been mated. Called a "Maiden Milker", they tend to come from good milking genetics.
- ♦ **Persistent Milker:** One you just cannot dry off. She will milk right through her pregnancy no matter what you do. It's tough luck if you are trying to go away and want to leave her in someone else's care.
- ♦ **Desistent Milker:** The one you have to chase around the paddock to get her in to be milked, even if she is nearly bursting with milk.
- ♦ **Resistant Milker:** She kicks and fights on the milking stand and will try anything even laying down if she thinks it will stop you milking her.

Thanks to Doreen Sandley, who wrote this for the "Goatkeepers Club" newsletter many years ago.

I have had them all. Even if we did have to invent the word "Desistent". The insistent may become the consistent and even the persistent milker but unfortunately the desistent may become the resistant one. It seems to have more to do with their character and genetics than your handling. Otherwise, why would I get some of each in the same year?

Please email or write to the Grapevine if you have any queries on goat care and we will pass your correspondence on to Julie Buttery who wrote this article.

oth.grapevine@bigpond.com
or P.O. Box 196 One Tree Hill, 5114.



How To Wash Hats Without Ruining Their Shape

If you or a family member wear hats regularly, it can be difficult cleaning them properly without losing their shape. This will show you how to give your favourite hat or cap a new lease of life without ruining them and you won't believe that you can do it in a plastic container instead of using your washing machine. All you need is dry laundry detergent, a balloon, a towel and a large plastic container with a lid. Use the inflated balloon as a base to put the damp hat on, this will stop them shrinking as they dry. If they are really grubby try sprinkling with baking soda and then spray some white vinegar. Leave for 10 minutes or so, then using a toothbrush carefully rub over the grubby marks.

Put hat into a container of warm water, (not hot) before adding the dry detergent, put the lid on your plastic container and shake it all up. You'll be amazed at how quickly the water turns brown.

Another way to clean your baseball caps is to put them in your dishwasher after spraying with vinegar and baking soda. Put the dishwasher through a heavy duty cycle with your normal dishwashing detergent. Hats will come out looking like new, just place over a ball or balloon to hold their shape whilst drying.



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If I had My Life To Live Over



This was written by the late Erma Bombeck after she found out she had a fatal disease.



If I had my life to live over, I would have talked less and listened more.
I would have invited friends over to dinner even if the carpet was stained and the sofa faded.
I would have eaten the popcorn in the "Good" living room and worried much less about the dirt when someone wanted to light a fire in the fireplace.

I would have taken the time to listen to my Grandfather ramble about his youth.
I would never have insisted the car windows be rolled up on a summer day because my hair had just been teased and sprayed.
I would have burned the pink candle sculpted like a rose before it melted in storage.

I would have sat on the lawn with my children and not worried about grass stains.
I would have cried and laughed less while watching television - and more while watching life.

I would have shared more of the responsibility carried by my husband.
I would have gone to bed when I was sick instead of pretending the earth would go into a holding pattern if I weren't there for the day.

I would never have bought anything just because it was practical, wouldn't show soil or was guaranteed to last a lifetime.
Instead of wishing away nine months of pregnancy, I'd have cherished every moment and realized that the wonderment growing inside me was the only chance in life to assist God in a miracle.

When my kids kissed me impetuously, I would never have said, "Later. Now get washed up for dinner."

There would have been more "I love you's".... More "I'm sorries"

But mostly, given another shot at life, I would seize every minute Look at it and really see it Live it And never give it back.

Although this poem was written almost 20 years ago it is a good read and oh so true! Live everyday as if it were your last....

10 Unusual Uses For Pencils

As we type more and write less, pencils are slowly losing their place of importance in our lives. Here we give you some unusual uses for pencils around the home.

- Erase crayon from your walls:** If children have drawn on them, simply use the eraser on the end of the pencil, it is particularly good on any satin or gloss paint. Note: Do a test area first to make sure the friction won't remove or dull your paint.
- Ease a new key into a lock:** Is your new key being stubborn, rub a pencil along the key's teeth and the graphite should help ease it in.
- Repel Moths:** Pencil shavings are a great moth deterrent. Keep your jumpers hole-free by placing a small cloth bag filled with pencil shavings in your wardrobe.
- Fix a Door:** Here's one of the few tips that actually involves writing! To determine where your (wooden) door is stuck, scribble up and down the latch edge. Close and open the door and check for the areas where the pencil has smudged.
- Use an Eraser as a Makeshift Earring Back:** Lost your earring back? Make a replacement with an eraser. As an added bonus, an eraser is easier on your skin than earring backs that contain nickel.
- Clean a Muddy Shoe:** Boots can get really muddy in this type of weather, and the million little treads can be a pain to clean. Ease the pain with the help of a pencil, both the eraser end and the sharp end to get that gunk out.
- Remove Stickers:** You don't need any special cleaners to remove sticker glue, just rub a pencil eraser along the affected area to remove it.
- Clean Keyboards & Mobile Phones:** Clean your electrics without damaging them, simply rub a pencil eraser over the keys.
- Mend a Stubborn Zipper:** If you have a zipper that is always getting stuck, simply rub along the teeth of the zipper this should lubricate it enough to stop the problem.
- Stop Tilted Picture Frames:** Never have a tilted frame again with this clever trick, glue a few pieces of an eraser to the bottom corners of the back of the frame.



Baking Soda?

How many times have you come across a recipe requiring bicarbonate of soda and you aren't sure what to use?

What is the difference between baking soda and bicarbonate of soda? What are their different applications?

Baking soda and bicarbonate soda are different names for the same thing; in Australia, we mostly refer to it as bicarbonate of soda, but overseas, especially America, it is referred to as baking soda.

They aren't interchangeable, but bicarbonate of soda and baking powder are both leavening agents. When included in a batter, the leavening agent causes air bubbles (produced by stirring, whipping or beating) to expand when cooked - causing it to 'rise'.

In Australia, we usually just cook with self-raising flour when a leavening agent is required, unless the specific qualities of bicarbonate of soda are required.

Bicarbonate of soda imparts a slightly different quality to that of baking powder when used in cooking. It can have a slightly 'tangy' taste and it makes a lovely golden colour. It also makes a very specific texture not achievable with baking powder.

It is very important to sift bicarbonate of soda well as it gets lumpy and to use very exact measurements as the 'tangy' taste can quite easily become bitter or soapy if too much is used.



Friend or Foe

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The Best Way to Clean a Cutting Board Oiling Your Cutting Board

We all know how important it is to keep our cutting boards clean but do you do it on a regular basis?

Washing with soap and hot water can damage the wood over time, causing the surface grain to swell and become rough - and after time split the board clean through.

This article is going to show you the best way to sanitize, deodorize and maintain your expensive wooden cutting boards without having to use dish soap or lots of water.

Cleaning and Disinfecting - This should be daily maintenance if you use your board everyday. Prepare a small labelled spray bottle full of the following on hand (but out of reach of little hands) to help make the cleaning process quick and easy. Distilled White Vinegar plus a bottle of pharmacy grade 3% hydrogen peroxide. If you have stains on the board sprinkle a little bi-carb soda over the areas and rub it well in before spraying with vinegar.

After using your board for vegetables and general use (not meat cutting), remove debris with a slightly damp cloth and spray the surface with the vinegar, wiping it dry with a clean kitchen towel. Alternately use a fresh lemon if you have some.

After meat and poultry you will need to clean with the vinegar as above, (or lemons) then spray on an even surface of hydrogen peroxide, making sure to cover the entire surface. Leave for 2-3 minutes, then wipe again with a damp paper towel and let air dry.

The hydrogen peroxide is a champion at killing bacteria, so its powers combined with those of vinegar or lemons = a germ free cutting board.

Personally we think that using a glass or marble cutting board for meat is the way to go if you don't want to use peroxide in your home.

Oiling a cutting board is a very important part of kitchen maintenance. Oiling a cutting board helps it fend off odours and stains and keeps it from cracking. It also makes it easier to wash!

Try to oil your boards at least every couple of weeks depending on how much you use your board. It's very easy so you really don't have an excuse to not do them, an oiled cutting board lasts much longer than one that's hurting for want of moisture.

What you will need: a dry cutting board, it should look dull, the colour should be lighter than normal, cutting board oil and a clean cloth. Keep in mind that it is important to use the correct oil, if you use cooking oils they can go rancid, they also can be very sticky. Mineral oil is cheap and safe, but you can also use walnut or coconut oil or even melted bees wax. Use what works best for you, or what you have on hand.



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Educated Smiles Project

A project of the Rotary Club of Gawler Light



The Grapevine team recently came across a project that we thought may be of interest to our readers.

Have you heard about the Educated Smiles Project? It has been around for almost 10 years now, the programs original founder was Jacqui Slater who brought the concept to the Rotary Club.

The Rotary Club of Gawler Light in conjunction with the Rotary Club of Bali Sanur provide an opportunity for underprivileged children to gain a Primary School education in the remote rural village of Bontihing on the northern side of the island in Bali.

Around 80 students are helped with things that many of us take for granted. Rotary with help from locals and many contributors have built a library, improved dental hygiene with regular education to the children and made sure that the children have school books, uniforms and so much more.

Recently they had discussions with the Head of the Village about the Rotary Club providing micro loans to the village. The idea being that the club would provide \$500 AU to be used by one or more to purchase something to increase their income and pay back over time interest free to be used again.

For example recently 10 young pigs were purchased for \$50, they were then fattened up and sold for \$150 or more after 6 months. 10 villagers were given this benefit. They then returned \$50 back to the Village Chief to distribute to another villager. The profit can then be used to buy another pig thus giving the villagers an income.

Sustainability is something that will help the people of the village to survive. The Rotary Club is encouraging more projects like this to help the people of Bontihing.

Last year 20 dentists from Denpasar were arranged to do Dental Checks. The dentists were very impressed because there weren't as many extractions as the previous year.

A presentation had been given previously on oral hygiene and obviously they all listened and took better care of their teeth.

On one of their previous visits, members of our local Rotary (who incidentally pay for their own fares to Bali) noticed the women carrying water up a steep hill. So in 2010 and in conjunction with the Rotary Club of Bali Sanur they installed a water pump and tank at the top of the hill which makes their lives much easier.



If you are interested in helping a child in the village of Bontihing drop the Rotary Club of Gawler Light a letter or email.



Postal address: PO Box 1800, Gawler, South Australia, 5118

Email: esp@gawlerlightrotary.org

There is also a facebook page, just search for Educated Smiles Project and you will be able to find it.

If you would like to sponsor a child the cost is \$110 per year or perhaps you would like to make a donation.

This is a non-profit project with all donations and sponsorship going directly to the village of Bontihing.

Photos appearing on this page were taken in July 2016 at the village, isn't it lovely to see them all so happy.



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This photo was taken on Black Top Road recently and was sent in by a reader. Please, if you see anyone dumping their rubbish take the details of the vehicle and notify Playford Council.

We are all getting sick and tired of the lack of respect of the people who think that the country side is a dumping ground.

Let's try to keep this beautiful part of the world clean and tidy. Plastic bags are a danger to wildlife and a dreadful eyesore.

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What our clients say about our services:

We write to commend the Country Estates Team on the outstanding service we received for the sale of David's property in Craigmore.

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We will gladly recommend Margarete Ehrhardt and the Country Estates Realty Team to family, friends and colleagues and will use Country Estates for any future house sales.

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you, because
one day, you
might wake
up and
realize,
you lost the
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the stars**



An elderly couple walk into a fast food restaurant. They order one hamburger, one serve of fries and one drink.

The old man unwraps the plain hamburger and carefully cuts it in half. He places one half in front of his wife. He then carefully counts out the fries dividing them into two piles and neatly placing one pile in front of his wife. He takes a sip of the drink, his wife takes a sip and then sets the cup down between them. As he begins to eat his few bites of hamburger, the people around them keep looking over and whispering "That poor old couple - all they can afford is one meal for the two of them".

As the man begins to eat his fries a young man comes to the table. He politely offers to buy another meal for the old couple. The old man replies that they are just fine - they are used to sharing everything.

The surrounding people noticed the little old lady hadn't eaten a bite.

She sits there watching her husband eat and occasionally taking turns sipping the drink. Again the young man comes over and begs them to let him buy another meal for them. This time the lady says "no, thank you, we are used to sharing everything". As the man finishes and wipes his face neatly with the napkin, the young man comes over again and the lady who had yet to eat a single bite of food and he asks "May I ask what it is you are waiting for?" The old woman answers.... "THE TEETH".



COMMUNITY NOTICE BOARD

Do you have an upcoming Community event or a special announcement that you would like printed on this page? Please keep notices as brief as possible.

Email or call with your details. Email: oth.grapevine@bigpond.com

Phone: 8280 7095 Please note deadline date on the front cover for each edition.



One Tree Hill Scout Group



The One Tree Hill Scout Group is creating a paved parade area with a flag pole for outdoor ceremonies and activities.

The Scout Group is extending the offer to purchase personalised engraved pavers to all past OTHSG members as well as residents and businesses of One Tree Hill and surrounding areas.

Single pavers start at just \$25.

For further info and paver options available please contact Nat on 0448 864 261(AH)

or email: othfundraising@googlegroups.com

Senior Citizens

If you are over 50 years of age you are welcome to attend the One Tree Hill Senior Citizens. Gatherings are held each Tuesday afternoon at the One Tree Hill Institute, starting time is 1.30pm and finishing time is 4.00pm.

There is a variety of activities to join in, including carpet bowls, cards, outings in the bus or just a general chat.

Please feel welcome to join the Senior Citizens if you are new to the town, recently retired or just want an outing.

It's a great way to meet new friends.

Please phone Phil Weddegrave for further information on

0419 374 813

One Tree Hill Country Market

This Saturday 6th August
8.30 - 1.00pm



NEXT ONE TREE HILL COUNTRY MARKET

The next market will be held on Saturday 6th August at the OTH Institute, 1009 Black Top Road. Lots of new stall holders as well as the regulars with an assortment of goods available including freshly grown veggies, plants, arts and crafts and items for your home.

If you are feeling hungry or just want a nibble on something we have the Scouts cooking their BBQ, Farmhouse Bakery have hot food for sale and Raya and her team have Piroshkis in the kitchen.

Next PROGRESS GENERAL MEETING is Thursday 8th September at 7.30pm.
(Please note there is no August meeting).

Venue: One Tree Hill Institute, 1009 Black Top Road, One Tree Hill.

New members welcome, Progress is at present a small group but with your input we can grow and make One Tree Hill an even better place to live.

