



ONE TREE HILL PROGRESS ASSOCIATION

Community Magazine

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Dear readers,

October was a great month with lots of activities going on around the place. Term 4 started at school, hard to believe that it's nearly the end of the year for school.

I hope you enjoy November, don't forget the December Grapevine is the last one until February 2026.

<u>Kelly Fischer</u> - Grapevine Manager

# **GRAPEVINE ONLINE**

Website: onetreehill.org.au

- Select the 'Grapevine' page link
  - Scroll to 'Read the Grapevine Magazine Online'

A large number of past editions are also available to download.

Facebook: facebook.com/onetreehillprogressassociation grapevine@onetreehill.org.au Ph/SMS: 0458 208 823





Just a friendly reminder that the Grapevine is a great way to share local news, views and events.

It is funded and produced by the One Tree Hill Progress Association. A donation towards the cost of production would be greatly appreciated. The 'Piggy Banks' around town are located at:

• GENERAL STORE

POST OFFICE

PHARMACY

• FODDER STORE

OTH COUNTRY MARKET

To advertise in the Grapevine you must live in One Tree Hill (or surrounding areas), or operate a business that provides a unique service to the district.

The views expressed in the One Tree Hill Grapevine are not necessarily those of the One Tree Hill Progress Association. Whilst every effort has been made to ensure that information in this publication is fair and accurate, One Tree Hill Grapevine cannot be held responsible for any content or advertisement, including errors or omissions.

Email: grapevine@onetreehill.org.au

# **COMMUNITY DIRECTORY**

ONE TR	EE HILL PROG	RESS ASSOCIATION	COUNCIL MEMBERS			
President	Tabatha Pettigrew	president@onetreehill.org.au		David Kerrison	0478 283 879	
Secretary	Beth Scott	secretary@onetreehill.org.au	Local Councillors	Tanya Smiljanic	0467 576 611	
Treasurer		treasurer@onetreehill.org.au		Andrew Craig (JP)	0417 016 160	
Grapevine Manager	Kelly Fischer	grapevine@onetreehill.org.au	State MP	Rhiannon Pearce	08 8288 8218	
	0458 208 823		State MP	Ashton Hurn	08 8563 3636	
Hall / Institute		hall@onetreehill.org.au	СОМ	IMUNITY CONTACTS		
Manager	0459 105 045		General Store	ViJay Voore	08 8182 5163	
Market Manager	Heather Fischer	market@onetreehill.org.au	Post Office	Prad	8280 0090	
	0457 107 817		Pharmacy	Shekhar	08 8483 4721	
FLORA / FAUNA CONTACTS			Senior Citizens	Louise Niva	0409 315 625	
Friends of Para	Wirra	friendsofparawirra@gmail.com	om <b>Walkie Talkies</b> Helen Turvey 08 8280 70			
Para Wirra Conservation Pk		08 8336 0901	Uniting Church	Maureen Hill	08 8280 7368	
Koala Rescue Hotline		0474 737 283	Scout Group	(Group Leader)	0430 422 895	
Fauna Rescue		08 8289 0896	LOCAL SPORTING CLUBS			
EDUCATION			Tennis	Garry Evans	0415 399 658	
Primary	Principal	08 8280 7027	Soccer	Luke Matthews		
Playgroup	Krysia	0419 863 077	Cricket	Luke Lister	0406 788 425	

# **EMERGENCY NUMBERS**

# **AMBULANCE, COUNTRY FIRE SERVICE OR POLICE: 000**

Bushfire Info Hotline (24hr): 1800 362 361 General Business: 8280 7055

Police (non emergency): 131 444

CFS Station (When Staffed): 8280 7412

Hospital: 8182 9000





# PLAYFORD COUNCIL CONTACTS

24HR EMERGENCY & LOST/FOUND DOGS

GENERAL ENQUIRIES & BURNING PERMITS

Phone: 8256 0333 / Home Assist: 8256 0355

Email: playford@playford.sa.gov.au

When telephoning council with requests,

please remember to get a Customer

Reference Number (CRN) to ensure

registration and easy identification of your communication.



Find us on Facebook: One Tree Hill Progress Association

# What's on in NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1		OTH Market
2	3	4	5	6	7	8
Term 4—Week 4		Melbourne CUP 2025				
9	10	11 LINENBRANCE OAL	12	13	14	15
Term 4—Week 5		Lest We Forsi		Progress Association Meeting		
16	17	18	19	20	21	22
Term 4—Week 6						
23	24	25	26	27	28	29
Term 4—Week 7						
30						
Term 4—Week 8						

Saturday 1st OTH Country Market

Tuesday 4th Melbourne Cup

Thursday 13th Progress Assoc Meeting

Saturday 15th Grapevine deadline

Tuesday 11th Remembrance Day

School weeks - SA Government Schools

# **REGULAR COMMUNITY EVENTS**

Mondays 9.30am-11.30am



OTH Playgroup

Mon, Wed, Fri & Sun 8.00am



The Walkie Talkies

Thurs/Fri- Which Bins go out





# **Mobile Library**

Opposite Blacksmith's Inn Black Top Rd, One Tree Hill Alternate Fridays: 3:00pm—4:00pm Contact 8256 0333 for information

# COUNTRY MARKET



# DO YOU WANT TO HAVE A STALL AT THE MARKET?

# **Contact HEATHER for information** on 0457 107 817 or Email: market@onetreehill.org.au

Christmas is almost here.

Why not start your Christmas gift shopping at your local market?

There is a selection of cards, bird baths, pottery pots and mugs, crocheted rugs, jewellery, bags, wood turned pens and much, much more.

Come along to the market, support the many talented craft makers.

**PLANTS** 

**PRODUCE** 

CRAFT

**PLANTS** 

**PRODUCE** 

# **NEXT COUNTRY MARKET:**

SATURDAY NOVEMBER 1st 2025

8.30 am - 12.30pm



# ONE TREE HILLOnstitute

Host unforgettable events in our stylish, flexible venue perfect for weddings, parties, and meetings.

- © Commercial Kitchen Ideal for catering.
- natural lighting
- special events
- Tables & chairs provided







Contact Us

Phone 0459 105 045

Email hall@onetreehill.org.au Website

www.onetreehill.org.au/hall

# ONE TREE HILL PROGRESS ASSOCIATION—PRESIDENT'S REPORT

One Tree Hill Community Day. We are proud to have the opportunity to work alongside Playford Council and our wonderful community groups and local farmers to provide Thank you to the members of One Tree Hill Progress Assoa fun and inclusive event for all ages. It was a great opportunity to bring a bit of history back to the oval by providing running races, relays and reintroducing the One Tree Hill Gift race as a 50m community dash — a fun way to honour tradition and bring people of all ages together. Thank you to the team at Mowers Plus Salisbury for your generous sponsorship and congratulations to Carlos who claimed victory, continuing the legacy of this community spirit.

We have so many amazing volunteers here in One Tree Hill, many of you volunteer across multiple community groups. One of our commitments to this event was to ensure our community group volunteers were able to focus on running programs and activities for our community on the day. The One Tree Hill Progress Association volunteers put their hand up to host the community BBQ with the commitment that the funds raised would go directly back to our community groups. I am excited to say the funds raised from this BBQ (\$1,400 in total) will be equally divided amongst the following community groups: One Tree

Thank you to everyone who was able to come along to our Hill Playgroup, One Tree Hill CFS, One Tree Hill Scouts, One Tree Hill Cricket Club, One Tree Hill Tennis Club, One Tree Hill Soccer Club and One Tree Hill Primary School. ciation and Kamcheyenne Limousin who generously donated 300 sausages towards the BBQ.

> This event was a great opportunity to showcase our township and it truly captured the spirit of the One Tree Hill community. On behalf of the One Tree Hill Progress Association, we hope to be able to work with our community to provide opportunities like this for many years to come.

As always you can also reach out to us via email, website or coming along to one of our monthly meetings. Meetings are held at 7:30pm on the second Thursday of the month, you are welcome to come at 7pm for a coffee and chat before the meeting.

#### TABATHA PETTIGREW

**President One Tree Hill Progress Association Inc** president@onetreehill.org.au

# CRIME REPORT – OFFENCES REPORTED Offences reported between 12/9/25 and 12/10/25

**Arson of Motor Vehicle** 17 September

Williams Road GOULD CREEK

Vehicle stolen from Mt Barker and destroyed by fire at above location.

Between 8 and 10 October Theft **Blacktop Road ONE TREE HILL** 

Several motors and attachments for various farm machinery stolen from property between above dates

Police continue to respond to several serious motor vehicle accidents (including roll overs) in the One Tree Hill area over the last month. Please ensure you drive to the road/weather conditions and keep safe!

As always if you have any information to assist with any crime issues in the area please call Police Communications on 131444 or the undersigned.

<u>Darren McCue</u> - <u>Senior Sergeant First Class</u> **Elizabeth Police Station** 

**SOUTH AUSTRALIA POLICE** SAFER COMMUNITIES

Email: grapevine@onetreehill.org.au

"A lot is happening in our community and we'd all like to hear about it - send us a short letter about something going on locally"

## **OUR POST OFFICE CHANGES MANAGEMENT AFTER 10 YEARS** years to come. As I re-

~ farewell Wain and welcome Prad ~

I moved to the One Tree Hill area (Humbug Scrub) over 21 years ago. After reassessing my working career, I became the owner of the One Tree Hill Post Office. This opportunity allowed me to meet and get to know many of the local residents within our community. I have thoroughly enjoyed the last ten years getting to know many of you. Those who have been here most of their lives, others who have since moved away, and those who have only recently moved into the area. After providing almost ten years of retail and postal services to the area it is time for me to move onto the next chapter of my life. I have made many friends and although I have recently sold the Post Office, I hope to catch up with you over the

tire from the workforce, many of you know the passion my family has for native wildlife rescue, it's now time to spend more time caring for our injured animals.



I would like to welcome Prad, the new owner of the Post Office to the area. Stop in and say hello. Thank you for supporting your local Post Office.

As a famous actor once said "I'll be back."

Wain Walker – Postal Manager/Owner (Retired)

#### FRIENDS OF PARA WIRRA & GREEN ADELAIDE

On Wednesday 18<sup>th</sup> September, the Friends of Para Wirra had the pleasure of hosting a visit from the Grade 3 and 4 students, staff and parents from One Tree Hill Primary School, in

a visit organised by Green Adelaide. In consultation with the Friends. Green Adelaide organised a varied program that immersed the students in the unique environment around the Para Wirra Lake. After an Acknowl-

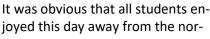


try, Ranger Georgie talked about the Para Wirra Conservation Park and answered the students' many questions about the

park, plants and wildlife.

We all enjoyed an exploratory walk around the lake, where the students spotted lots of different wildflowers, weeds and birds. After lunch, they rotated through three activities.

- Bushcare, in which the students further explored the lake surrounds, removing some invasive weeds.
- · Macro Water Quality investigations, in which the students investigated samples of water taken from the lake shoreline.
- Art Journaling, which enhanced the students' appreciation of this unique environment.



mal classroom and an opportunity to study our

wonderful environment. Most would have gone home with a greater appreciation of the Para Wirra Conservation Park.

#### HORSES AND HORSEMANSHIP

"I've been asked to write about horses and horsemanship. All suggestions welcome.

The first thing I believe you need to understand is that every instructor could be useful and every instruction should be understood in context.



If you disagree with an instructor, work out why. It may lead you to a better understanding of your own requirements. It may lead to an "oh &\*#t" moment where you realise you have been missing an important point.

Regarding context in instruction I have a favourite example. I was told to stand on my little toes (when riding). Why? Because I had my heels down and tucked hard against my horse. They could see the soles of my boots. No, the instructor did not want me to actually stand on my toes but hoped the image would help me flatten my feet in the stirrups. It worked then and still works today when I get anxious and lock up my ankles.

Don't blindly follow what an instructor has told another person. It may not be applicable to you.

What are other things you would like to have a tip about?" Julie Buttery

# PLAYFORD COUNCIL - LOCAL COUNCILLOR'S REPORT

#### Dear Fellow Ratepayers and Residents,

I hope this edition finds you well. The change of season is upon us, and I encourage everyone to stay on top of fire season preparations.

It's been an interesting year — most regions have received more rainfall than last year's dry conditions, giving us a longer growing season with increased biomass and fuel loads, although the rainfall remains below average.

What an awesome day it was at the official opening of the McGilp Recreation Park upgrade. It was great to see everyone enjoying the day. It's a great example of what the community can achieve when we work and advocate together. Well done and thank you to everyone involved along the way. A special mention and thank you to the One Tree Hill Progress Association and volunteers who assisted in the planning and the delivery of the day. It was an awesome effort on the BBQ as well.

What's Happening in Playford? The 2024/25 Annual Report has been tabled, which highlights both opportunities and challenges arising from strong population growth.

- 10 new residents move into Playford every day equal to 3.8 new families and 3.7 new dwellings.
- 22% of residents were born overseas, bringing cultural diversity and new perspectives.
- The top five languages spoken at home (other than English) are Nepali, Hazaraghi, Vietnamese, Dinka, and Swahili (ABS 2021).

The top five countries of birth are **United Kingdom, Afghanistan, Philippines, India,** and **Vietnam**.(ABS 2021)

Playford's health care and social assistance sector remains our largest employer. Continued growth in the commercial and employment sectors will be vital for our northern communities.

Our customer service team handled 111,314 interactions last year — a 3.7% increase — and responded to 39,247 customer requests, reflecting a growing and engaged community.



It is also important that we continue to advocate for State and Federal Government investment to support growth. The cost impacts of growth underpinned by immigration should be minimised upon the ratepayers through assistance. I have said for many years, it's the State Government's growth plan and we the ratepayers should not be paying for the State's growth.

**Preserving Our Local History** -I'd like to invite residents to share their thoughts on preserving and celebrating One Tree Hill's history. Two ideas have been raised for community discussion:

1.A memorial wall at the One Tree Hill Cemetery to recognise residents who contributed to the district, even if not buried or interred there.

A monument at McGilp Recreation Park honouring the community's heritage and those who donated the land for public use.

Please come and visit me at the One Tree Hill Market on Saturday, 1 November, between 9:30am and 12:00 noon at the community table to discuss these ideas. Alternatively, join me at the One Tree Hill Cemetery at 12:30pm after the market to continue the conversation.

Your input helps shape how we honour our community's history and ensure it's remembered for future generations.

#### Kind regards,

## <u>Cr David Kerrison - City of Playford</u>

Page - Adelaide, SA, Australia - Public figure - Community • Public & government ... Email: crdkerrison@playford.sa.gov.au

Phone: 0478283879





Email: grapevine@onetreehill.org.au



# COUNTRY FIRE SERVICE REPORT

OTH CFS Brigade has welcomed some respite over this past month. This period has allowed members to

upskill and hone their firefighting techniques before the Fire Danger period begins (yet to be published). Check <a href="https://www.cfs.sa.gov.au/warnings-restrictions/restrictions/fire-danger-season-dates-permits/#dates">www.cfs.sa.gov.au/warnings-restrictions/restrictions/fire-danger-season-dates-permits/#dates</a> for more information. The Brigade attended 4 incidents, including a grass fire, vehicle accident, vehicle fire and one private alarm. Volunteers continued to display their devotion to duty, with substantial and timely turnouts to all incidents.

Sept 16<sup>th</sup> saw the Brigade respond to a private alarm, however after a thorough investigation the property was deemed safe. On Sept 17<sup>th</sup>, the Brigade responded to an early morning vehicle fire on Williams Rd, Gould Creek. OTH34P and 34 crews quickly extinguished the vehicle. On Sept 27<sup>th</sup>, the Brigade responded to a grassfire (out of control burn off) on Potts Rd, Evanston Pk. Para BW10 attended, providing CAFS and supporting crews from Dalkeith CFS Brigade. Oct 9<sup>th</sup> crews attended a Car v Tree incident on Yorktown Rd. Upon arrival they assisted SA Police to make the area safe.

#### **Brigade activities.**

The Brigade supported the AL-RU open garden day on Sunday 21<sup>st</sup> of Sept. The rain didn't dampen attendance and the crews assisted with parking and recovery of a few bogged vehicles over the day. The Brigade attended the McGilp Com-

munity Open day, with many children and those young at heart enjoying climbing over the fire trucks and putting out our simulated fires at the

OTH Primary School. The Brigade joined with Salisbury CFS Brigade for valuable intra-group Structure fire training at the St Kilda playground. Breathing apparatus (BA) and non-BA firefighters gained valuable inter-brigade experience in the combined Structure fire training exercise.

Additionally, our newest volunteer firefighters, Emily and Jazz, completed their Basic Firefighter course, BF1. They can now respond with the Brigade, and we look forward to seeing them both on the trucks over the coming months. Several other courses have been completed by members, including BA operators, First Aid, Advanced Resuscitation and Tactical Command Level 1, in preparation for the Fire Danger season. All members completed their annual Skills Maintenance Drills to ensure they are prepared and safe to respond over the Fire Danger season. The Brigade is still looking for volunteer firefighters to bolster our membership. If this sounds like you, please contact the Duty member on 8280 7055 for more details. Thanks to Bill and the VIP Cleaning Blakeview team for deep cleaning the station

Blakeview team for deep cleaning the station ahead of the Fire Danger Season. Now is a great time to prepare and be Bushfire Ready. <a href="https://www.cfs.sa.gov.au/plan-prepare/bushfire-ready/">https://www.cfs.sa.gov.au/plan-prepare/bushfire-ready/</a>



# **KOALA RESCUE NEWS - Bronwyn Wilton**



#### AGEING KOALAS BY TOOTH CLASS

Koalas have a specialised dental structure and we can estimate a koalas age by examining patterns of tooth ware. As koalas process millions of tough eucalyptus leaves over their lifetime, their incisors, premolars, and molars show gradual signs of erosion and flattening.



Young koalas display sharp unworn cusps and clearly defined ridges, while older koalas often have teeth that are smoothed and shortened. By analysing the extent of this dental wear experienced vets and career's can make an accurate assessment along with a tooth ware chart and photo documentation of a koalas age.



# ROMEO LOOKING FOR JULIET

Its that time of the year where we see male
Koalas on the move looking for love, making
them vulnerable to car strikes and dog attacks.
Please do your bit to ensure they make our
next generation of koalas!

# WHAT'S FLOWERING IN MY GARDEN

Heather Fischer, Humbug Scrub

It's that time of the year when the birds are twittering, the warmer days means that the grasses are growing rapidly and the snakes and lizards are on the move after their Winter hibernation. The pair of beautiful Grey Shrike Thrush parents are busy feeding their youngsters with worms, slugs and bugs. The Blue Fairy Wrens are also very busy scouring plants for moths, bugs and insects for their baby birds. The "murder" of Crows are very attentively rearing their young with whatever they can scavenge. The baby Magpie is learning how to look for worms but Mum and Dad are still feeding the squawking baby. What an interesting time of the year to watch and observe so many birds especially after the drought of the past two Summers.

There are a few plants which have survived the drought that are flowering. Hakea franscisiana has been flowering during the past month and itss display of crimson red long brushes have been a delight. The brilliant red elongated brushes of Hakea bucculenta are just a glorious sight. Flowering for the first time is the cream and pale pink form of Hakea franscisiana. This plant, also known as Hakea coriacea, will grow into a small shrub/tree in full sun to part shade in well drained soils. This very hardy drought tolerant shrub has long narrow thick leaves and produces the most magnificent cream and pale pink long cylindrical but dense brushes that are full of sweet nectar. The nectar lov-

ing birds such as the New Holland Honeyeaters and the Lesser Honeyeaters can be seen foraging the dense brushes throughout the day. Hakea franscisiana can be grown as a feature plant or planted amongst other cream and pink flowering plants. It will grow up to 2 -4 m high by 2-3 m wide. The mature seed pods can be collected and the easily germinated seed should result in more seedlings to plant. Flowering stems can be cut for an indoor vase arrangement with other flowering stems for a beautiful arrangement. This Hakea franscisiana is such a magnificent flowering plant to admire and enjoy. I need to plant some more. Although not generally seen at good nurseries it is available from nurseries that specialise in Australian natives.

Hakea franscisiana, Just beautiful.

# **BIRDS IN MY BACKYARD**

Julie Buttery, Humbug Scrub





To round out the last of the water birds, this article is about the Australasian Grebe and the Grey Teal.

I love the tiny Grebe. It's name is longer than the bird. Tachybaptus novaehollandiae is one of three grebes that are said to inhabit the area but it's the only one I have seen here. It floats very low, an indication it dives very well. But it is clumsy on land and prefers to dive than to fly when disturbed. With a wing length of about 100mm and a weight of 170 to 270 grams, it is similar in size to a Rainbow Lorikeet but with shorter wings.

The breeding male is quite striking with his head of rufous and yellow iris. The non-breeding plumage tends more to rusty black with some greying around the head. Feeding mainly on fish or occasional invertebrates they like small isolated wetlands. Occasionally mistaken for a chick, their feathers can be quite fluffy. The photo shows a male in breeding plumage.

The chick has striped patterning on the face and may be seen riding on the back of its parent.

The Grey Teal Anas gracilis (a duck) is common throughout Australia and is often seen in Humbug Scrub. The head may be mistaken for being larger than it is because of the dark grey over a very pale throat. The body is basically grey, with colour variations to darker greybrown. The Teal is nearly twice as big as the grebe, around 350 to as big as 600 grams in weight and a wing length of about 200mm. They may filter feed or dabble for small invertebrates.



# -um/Manayu

# Northern Foothills Land Care

## **Event series #22**

# Group Presents:

Based on Isabella Tree's best-selling book by the same title, this documentary tells

the story of how Isobella and Charles Burrell transform their failing four-hundred-year-old, 3,500 acre estate into a self-sustaining ecosystem by removing fences and allowing nature to take over.

Whilst based on a European landscape, we can learn the importance of biological connections in our environment and interpret how we could best transform **our** degraded Australian landscapes. This is something we feel is worth considering.

The film has received rave reviews all over the world and the Northern Foothills Land Care Group is delighted to bring it to our northern community. All are welcome. Invite your family and friends to be inspired, informed, and enjoy a memorable evening. Watch this 2-minute movie trailer for an insight https://www.youtube.com/watch?v=Wha\_qRugTw.

**To book tickets** online visit https://www.gawlercinema.com.au/special-events

**OR** use the QR Code **OR** purchase at the Candy Bar on arrival



For enquiries contact Rebekah Przygoda

at nflcg@outlook.com

or ph 0423 392 009

BOOKINGS RECOMENDED

When: 6:45pm Friday 7th Nov 2025

Where: Gawler Cinema, 11 Murray St, Gawler

**Cost:** \$10pp details above



# ONE TREE HILL UNITING CHURCH

SUNDAY
MORNING
SERVICE
10.00 AM

#### JAM (Jesus and Me) Happenings

As a new term kicks into gear we will complete working our way through Psalm 23 and then aim to learn the verses by heart.

We'll then focus on Advent as we learn about the lead up to Christmas and the events foretold in the Old Testament - that a Saviour would be born to save us and bring the promise of eternal life.

We have just completed our Shoeboxes of Love packing party and amazingly were able to complete 86 boxes! They will be transferred to NSW for processing before these seeds of love are sent out to children in remote areas. A huge thank you to everyone who diligently collected items all year and also those who came to pack on the day. I pray you were blessed as you gave your time and heart.

As always, school-aged children are welcome to join us at kids church, when we meet at 10am on Sundays during school terms.

Any enquiries please call Kendrie - 0419 994 332

#### **BIBLE STUDY GROUP**

Held Wednesday evenings 7.00 pm at the Church.

#### **WEDDINGS, BAPTISMS & FUNERAL**

The church is available for any of the above Services. If you would like further information, please leave a message on the **Church phone – 8280 7951** and someone will call you.

# AL-RU FARM - OPEN GARDEN DAY



Despite persistent wet weather, the Al Ru Farm Open Garden welcomed approximately 850 visitors on Sunday, 21st September — a remarkable turnout that speaks volumes about the love and support surrounding this popular event. This year's gathering was held in memory of Ruth, celebrating her life and her deep love for nature.

A huge thank you to our incredible team of volunteers who worked tirelessly to prepare and serve Devonshire teas and light lunches.

Rain or shine, they delivered soup, scones, & cake to tables scattered across the grounds — often under challenging wet conditions.

We also extend our heartfelt thanks to our local CFS volunteers, who braved the cold and rain to 'man the gate' and direct traffic, with warmth and cheer. Their presence ensured the day ran smoothly and safely for all.

# ONE TREE HILL CRICKET CLUB

begun. At time of writing, the Under 14's and the senior teams had played their first game, and the Under 10's and Under 12's will have begun by the time you read this.

For the first game, the Under 14's were assisted by some of our under 12's and even an

Under 10's player to get the first Under 14's game OTHCC has played for a very long time—so big thank you to all of them. Sadly though, despite their valiant efforts, they did not prevail. That afternoon the senior A and B teams got their seasons underway with wins against Adelaide Warriors in Division 3, and Para Vista in Division 7. This was followed by an evening of live music from the Acoustic Rattlers and barbecue to celebrate

MATCH WEEK 1 RESULTS					
Team	<b>Opposition</b>	Summary	Result		
Under 14	Angle Vale	OTHU14 67 (Morgan 9) v	AVU14		
		AVU14 68/2 (Fordham 1/6)	won by 8 Wickets		
One	Auelalue	OTHA 158 (Lister 57) v	OTHA		
Tree Hill A		AWB 146 (Snow 3/19)	won by 12 Runs		
One		Para Vista 131 (Holman 3/14) v	ОТНВ		
Tree Hill B	Para Vista	OTHB 132/4 (Holman 40*)	won by 6 Wickets		

One Tree Hill Cricket Club's 150th Season has our return to McGilp Recreation Park after the redevelopment, which was widely attended by many players past and present.

> As always, if you, or anyone you know is interested in playing (especially at junior level, but we'll take seniors too) feel free to reach out.

UPCOMING HOME FIXTURES					
Date	Team	Opposition	Time		
1 Nov	One Tree Hill B	TBC	1pm		
7 Nov	OTHCC Under 12	Eyre Royals	5pm		
8 Nov	One Tree Hill B	TBC	1pm		
14 Nov	OTHCC U10 Gold	Eyre Royals	5pm		
14 Nov	OTHCC U10 Green	Central United	5pm		
15 Nov	OTHCC U14	Eyre Royals (Wk 1)	8:30am		
15 Nov	One Tree Hill A	Parafield Gardens B	1pm		
21 Nov	OTHCC U12	Craigmore Navy	5pm		
22 Nov	OTHCC U14	Eyre Royals (Wk 2)	8:30am		
22 Nov	One Tree Hill B	TBC	1pm		
28 Nov	OTHCC U12	Virginia Black	5pm		
29 Nov	One Tree Hill A	Central United	1pm		

# ONE TREE HILL PLAYGROUP & PRIMARY SCHOOL





Now taking enrolments for 2026 08 8280 7027



# MANAGING A HEART ATTACK, DON'T DELAY: GET HELP! Leah Meier—Envelop Training



Recently my husband became one of the 57,000 people in Australia each year to experience a heart attack. Luckily for us he recognised the signs early and an ambulance was called immediately, meaning he got to hospital care and appropriate surgical

treatment quickly. With appropriate medications and some changes to lifestyle he is expected to make a full recovery. Phew! We have bought a lottery ticket feeling very lucky and incredibly grateful.

It is not lost on us how lucky he was to have RECOGNISED and NOT IGNORED the symptoms. A delay in getting hospital care would have meant more heart muscle dying or going into full cardiac arrest.

Many people expect a heart attack to look very dramatic, and don't feel confident to recognise the less dramatic symptoms and make a call to 000. It is understandable, after all a heart attack is a medical emergency, so we may expect it to show up in a pronounced and dramatic way, or expect that it will look the same as a cardiac arrest with an unconscious non-breathing person. However, whilst it certainly can show up in this way, common symptoms of heart attack can vary.

What are the signs and symptoms of a heart attack?

Pain and pressure in the chest can be one sign of a heart attack. People may feel pain or pressure in arms, neck or jaw or back or shoulders. People may look unwell, experience sweating, nausea or shortness of breath. If any of these symptoms are worse or not better after 10 min call 000, or if in doubt at anytime call 000. Remember, it is so much better to have had a "false alarm" than delay getting help.

A heart attack is a blockage within one or more of the blood vessels that supplies the heart muscle itself, sometimes likened to having a blocked pipe. This means that the muscle isn't getting enough oxygen damaging the heart muscle. The heart usually keeps beating during a heart attack but urgent treatment is needed.

A cardiac arrest, whilst often associated with a heart attack, is different. It involves something going wrong with the electrical circuits of the heart causing the heart to stop beating properly and doing its critical job of pumping blood around the body. The person can quickly become unconscious and stop breathing and will require immediate CPR and defibrillation to survive. Both Heart Attack and Cardiac Arrest are life threatening and require immediate treatment to increase the chance of survival.

If you suspect someone is having a heart attack, don't delay ringing an ambulance. The operator will be able to assist you in deciding what to do next. And remember follow DRSA-BCD. Stay calm, get someone to collect a defibrillator, be prepared to perform CPR if a person becomes unconscious and stops breathing.

Also make sure you have someone to talk to after witnessing a medical event. It is important that you are able to process any feelings or stress that arise. Unexpected events can bring up unexpected feelings. Get help if you need to. Speak to your GP or ring lifeline 13 11 14 (Lifeline).

To learn more about how you can recognise medical emergencies such as Heart Attacks keep your First Aid Training up to date, and learn more about heart health by visiting <a href="https://www.heartfoundation.org.au/">https://www.heartfoundation.org.au/</a>.

This article is intended as information only. This is not medical advice, never ignore medical advice based on something you have read in this article.

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Leah Meier

Director- Facilitator

M: 0430 517 372 E: leah@enveloptraining.com.au





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# **Inaugural Community Day attracts large crowd**

More than 2300 people joined the City of Playford and One Tree Hill Progress Association to celebrate the official opening of the upgraded McGilp Recreation Park on 28 September, marking a proud moment for the One Tree Hill community.

The partnership delivered the One Tree Hill Community Day and offered something for everyone. From delicious food trucks to family activities and market stalls, the event showcased that through collaboration, McGilp Recreation Park's new facilities and playground could be enjoyed by everyone!

It brought together many of our sporting clubs and community groups that call McGilp Recreation Park home – further recognising the positive impact of partnerships on community pride and connectedness.

City of Playford Mayor Glenn Docherty believes the community day's strong turnout reflects the widespread sense of connection we have here in Playford.

"Events like this bring people together and remind us of what makes our City so special – the people and the shared commitment to creating a great place to live," Mayor Docherty said.

"One Tree Hill has always been a close-knit community, and this event highlighted how much can be achieved through partnerships. Spaces like this, along with the hard work that goes into delivering these events, help connect people – and it's all made possible through partnerships

like the one between Council and the One Tree Hill Progress Association."

The One Tree Hill Progress Association Gift was also revived at the event, having first been run in 1979 as a 100-metre race thanks to a donation from E. R. Hicks.

This year, a 50-metre community race brought locals together in the spirit of friendly competition and Carlos claimed victory, further helping to continue the much-loved community tradition.

One Tree Hill Progress Association president Tabatha Pettigrew is pleased to return this part of One Tree Hill's history to the community.

"It was a fun way to honour tradition and bring people of all ages together," Ms Pettigrew said.

"We are proud to have the opportunity to work alongside our community groups to provide a fun and inclusive event for all ages. This event truly captured the spirit of the One Tree Hill community."

This community day was made possible through the strength of our partnership with One Tree Progress Association and the steadfast support of the community. Special appreciation goes to the One Tree Hill Primary School and Playgroup, CFS and Scouts, as well as the One Tree Hill Sports Association, cricket, soccer and tennis clubs, No Eye Deer Farm, Kamcheyenne Limousin Cows and Knotty Ash Miniature Donkeys – for their support and participation.



Celebrating the newly upgraded McGilp Reserve



# INFORMATION SESSION BUSHFIRE READY



A free bushfire awareness and information session for everyone.



# WHEN

7:00pm - 9:00pm Tuesday 18 November 2025

# WHERE

One Tree Hill CFS Station 1015 Blacktop Road, One Tree Hill

# CFS Regional Community Engagement Officer Bindi Hawkey

Phone 08 8521 6715 Email bindi.hawkey@eso.sa.gov.au







#### You must

- · Clear 20 metres around your house.
- Clear 5 metres around other buildings and structures on your property.
- Cut long grass on your property (occupied and vacant land allotments)
- Create fire breaks.
- Prune tree limbs and branches which overhang your home.

# We encourage

- Removal of dead branches, dead undergrowth and leaf litter from your property.
- Removal of bark, heavy mulch, wood piles and other flammable materials close to your home and shed.
- Regularly cleaning your gutters.

# Going the extra mile

- Clearing vegetation further than 20 metres from your house for fire prevention with a
  permit from the CFS. (Native vegetation is protected by law, under the Native Vegetation
  Act, and permission is required to clear it on your property.)
- A swimming pool or additional water tank (of at least 5,000 litres) can act as an alternative water supply in a fire emergency.

If you're planning any mowing or alterations on roadsides, bear in mind that this requires permission from Council in accordance with the *Local Government Act 1999*. The City of Playford will conduct flammable undergrowth inspections prior to the fire danger season to ensure landowners comply with the *Fire and Emergency Services Act*.

#### For more information

Dave Watson, Fire Prevention Officer, City of Playford, on **8256 0333** CFS Bushfire Information Hotline on **1300 362 361** Visit **www.cfs.sa.gov.au** 





Collect a CFS Fact Sheet from Playford Civic Centre Reception, 10 Playford Boulevard, Elizabeth

playford.sa.gov.au/stayconnected

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Marcus

Thank you Wendy, and staff for all your help and amazing hosting of Nichole's birthday! Many attendees had never been to The Blacksmiths Inn before but promise they will be back again! Big shout out to Emma who provided fantastic service to the whole party with positive feedback from all. Thanks again Blacksmiths! See you again soon



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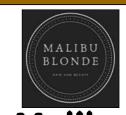
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