



ONE TREE HILL GRAPEVINE

This is a free community Newsletter. However a Gold Coin Donation towards the cost of production of the Grapevine would be most appreciated.

Please place your gold coin donation in the Piggy Banks at the General Store, Post Office, Fodder Store or OTH Country Market when you pick up your copy.

Deadline for the September edition is Monday 24th August 2015.

AUGUST - Volume 38 - Edition 7 - 2015



Monument Erected at Sambell Road



Pictured are many of the One Tree Hill CFS volunteers who joined local residents for the unveiling of the new monument to honour the many firefighters during the fires that ravaged the area earlier this year. Full story page 5.

EMERGENCY NUMBERS

Police: 131 444

Ambulance & Other Emergencies:

Country Fire Service: 000

Station: (When manned) 8280 7412

Hospital: 8182 9000

000

General Business: 8280 7055

Bushfire Info Hotline (24hr): 1300 362 361



www.cfs.org.au

From the Desk



Well here we are again, two thirds of the year have passed already, where oh where has the time gone!

Hasn't the weather been very icy cold lately, only a month to go and we will into our favourite time of the year, Spring. Most people love Spring because the trees are blossoming and gardens look delightful. I guess the only people who don't like it are the ones who suffer with hayfever.

This edition is full of articles that should be of interest to you, the cover and page 4 let us know about the monument erected by the residents in Sambell Road. What a great gesture as a thank you to our heroes of the January fires.

Page 5 has photos of the recently updated Institute, it's looking so much better now so make sure you come in on market day to have a look if you haven't already done so.

Page 9 we tell you how to create a wonderful memory of your children by casting their hands or feet into a stepping stone. I'm sure you will all be keen to try it out.

Page 10 tells of the Mystery Tour by the Blacksmith's Inn's Patron Club on the 11th July (the coldest day so far). They managed to capture some photos of the ice or snow near Kersbrook.

On page 17 we have some useful things to do with lemons. They make a great cleaning product and you can make a lemon delicious pudding with the easy recipe on page 21, we also talk about heartburn on this page.

Page 23 brings us a reminder about what is good and not so good for dogs to eat. Don't forget chocolate can make dogs really sick too.

On the back page we have a notice from Anne Ellis telling us about the program that will be running in late July and in August. If your child is still fearful of the fires that swept through, then this is an ideal time to deal with it by helping your child to take some big steps. We encourage you to enrol your child if they are having any emotional problems from the impact of the fire.

We also have a thank you from a resident for the help she received after losing consciousness while walking near OTH. It makes you feel proud that we still boast kind, helpful people in the area that don't mind getting involved. Keep it up good people!

Until next month, The Grapevine Team.

Email: oth.grapevine@bigpond.com

Post: [P.O. Box 196 One Tree Hill, S.A. 5114.](#)

Phone: [8280 7095](tel:82807095)

President's July Report 2015

The start of July saw the handover of the Hall from Playford Council back to the Lessee - The One Tree Hill Progress Association.

There are a few finishing touches yet to be completed, but we are thrilled with the final outcome. I am sure those from the community who have been using the hall are finding the up-graded facilities well worthwhile.

A big thank you to Jon Roberts and Guy Trace and their team from Playford Council for their efforts in the smooth installation of all the new equipment. Their patience and understanding whilst we worked out just what was really needed for the up-grade has been a great benefit to all.

We now have an Institute with extensive facilities to attract a wider range of hirers.

Further works to be carried out by Playford Council will include the outside façade, which will complete a very fresh and modern package we can all feel proud of.

The committee is also looking to upgrade the PA system to a modern AV system for digital presentations and this will also add to the final package we are able to offer.

Do come along to the One Tree Hill Country Market on the 1st August and you will be able to see our lovely Institute with its fresh face-lift.

A request has been received from a resident for Progress to consider erecting a permanent "Thank You Tribute" to the CFS on the roadside leading into the township. This is not something the Association can put to the committee for consideration without input from the community. It is your town, so if you have any suggestions, ideas and comments please email or post them to the addresses below. Remember that this type of project involves us all so please have your say.

That's about it for current news for the month of July.

Regards Ian Slater,
President of OTH Progress Association.



To contact OTH Progress Association

Email: oth.progress@bigpond.com Ph: [8280 7095](tel:82807095)

or by post: [P.O. Box 196 One Tree Hill, SA 5114](#)

You'll never be brave, If you don't get hurt!

You'll never learn, If you don't make mistakes!

You'll never be successful, If your don't encounter failure.



Read the Grapevine on line

If you haven't had a chance to see an online edition of the Grapevine please go to the site: www.onetreehillhall.com.au click on "About Us", scroll to the bottom of the page where you will be able to select the edition of your choice, the Grapevine will open up as a PDF. We have as many back editions of the Grapevine online as possible, if you can't find the one you are looking for, email us and let us know. This is a great way to share local news with friends and family who can't get a hard copy of the Grapevine. The Grapevine now has a facebook page. Check it out and have your say about your newsletter.



Like Us on Facebook: <https://www.facebook.com/pages/One-Tree-Hill-Grapevine/379556192156386>
This newsletter is published by the One Tree Hill Progress Association. Email: oth.progress@bigpond.com Ph: [8280 7095](tel:82807095)

The views expressed in this newsletter are not necessarily those of the One Tree Hill Progress Association.

Its purpose is to share local news, views and events. Advertisers are responsible for the accuracy of the content of their advertisement.



ONE TREE HILL GRAPEVINE CFS REPORT JULY 2015



Incident Report

One unusual call, a tree down and one minor accident have made for a quiet month so far in July. The unusual call came at the end of June with a request to assist SA Ambulance with a patient who had fallen into a tank. This gave us an opportunity to test some skills that we don't use very often and also to make use of some of the equipment we have purchased recently. The vehicle accident involved a driver losing control and hitting a stobie pole at relatively low speed, fortunately with no serious injuries.

The members of the OTH Country Fire Service continue to be overwhelmed by the goodwill in the community, most recently attending the unveiling of a statue on the corner of Sambell and Bassnett Roads on 12th July. The statue is a silhouette of a firefighter and was erected by the residents of the local area in recognition of the efforts of firefighters; particularly those involved in saving the "Sambell Island" during the January fires. The brigade sincerely thank the residents for this generous gesture.

Snow or Hail?

The recent extreme cold weather has introduced us all to a new weather term, the "Antarctic Vortex". The cold snap led to motorists on the Kersbrook Road being treated to the rare sight of the local hills covered in a coating of white, but was it snow or hail? Local residents assure us that it was snow but either way, ice on the roads in any form is extremely treacherous and it was pleasing that we had no call-outs during this icy period.

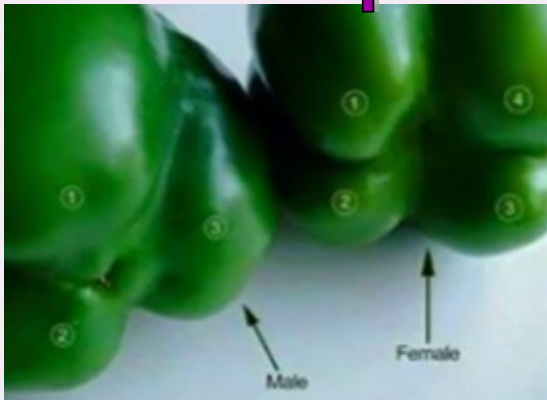
It is now seven months since the January fires and while we are all wondering where that time went, it means that we are not far from next fire season. We shouldn't become complacent because we had a bad year last year and we would remind you that it is never too early to get prepared.

Members should be aware that the AGM will be held on Monday 3rd August and that this year is a voting year. See one of the officers for more information.

For general information please contact One Tree Hill Duty Phone on 8280 7055.

You can also visit the CFS website or phone 1300 362 361.

Know Your Capsicums



Flip over the capsicum to check their gender before buying. The ones with four bumps are female and those with three bumps are male.

The female capsicums are full of seeds but sweeter and better for eating raw.

The males are better for cooking.

Bet you didn't know this!

GRAPEVINE FOUND IN TEXAS!

Joe Federico sent in this photo of his son Domenic who is presently touring the U.S.A.

We thought it was worth showing you all that the little golf cart at the Dallas AT & T Stadium is called "The Grapevine". The stadium is the home ground for the Dallas Cowboys.

Now why can't we have one of those to get around in?



Have a
Nice Day



Monument Honours Firefighters

Residents of One Tree Hill along with many local firefighters from the OTH CFS and members of Command Headquarters recently attended a get together to honour the efforts of firefighters in the air, on the ground and locals who stayed to defend "Sambell Island" in the January, 2015 fires.

A fabulous monument was unveiled in front of the 80 (approx.) people who attended. The monument is in appreciation for the courageous efforts of all that were involved in fighting the devastating fires that raged through the area in January.

The monument is located at entrance of Sambell Road from Bassnett Road where there are 11 families residing, none of whom lost their homes in the fire but obviously lost fences and trees around their properties.

The following local residents contributed to this great gesture to thank our heroes: The Bailey family, The Cawthorne family, The Davies family, The Ross & Henson family, The Harding family, The Kozien family, The McLeod family, The Oye family, The Rice family and The Williams family. Everyone felt the need to build the monument as a lasting reminder of how lucky they were to escape the fires. Every time they come home, they are reminded of the dedication and bravery of those who risked their lives to save the properties of others.

As you can see with some of the photos there were a lot of laughs at the get together with locals hooking a hose to the monument.

The residents acknowledge the assistance provided by Computercut Laser cutting services and Munno Para Shoe Repairs & Engraving.

Thank you to Peter Oye for the photos and information.



Pictured above are residents of Sambell Road. Below: Various photos taken on the day including the comical photo of water spraying from the monument.





Your New Look Institute

For those of you who haven't had a chance to visit the One Tree Hill Institute to see the amazing new facelift we thought you may like a quick look at the transformation from a very tired well used Institute to a fresh and bright community gathering place.

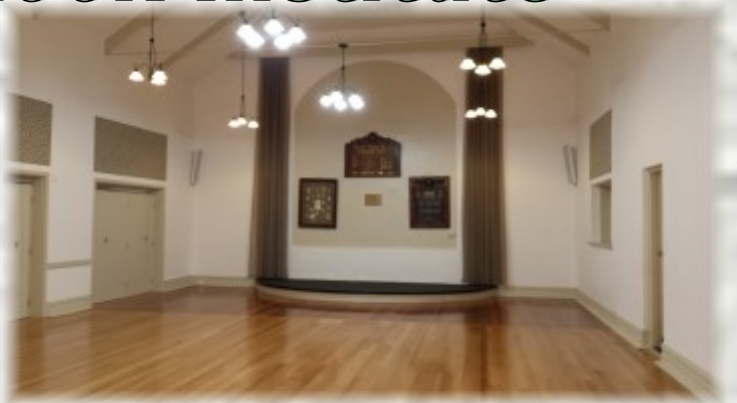
The kitchen has been completely renovated with loads of storage space, new stainless steel benchtops and moveable tables for preparation of food. Along with the slick new cooktop and full size oven it should make it much easier for kitchen staff to use when catering for a large gathering.

The supper room has also been upgraded with storage cupboards and OTH Progress have bought a new 3 door fridge for use during functions. The servery area is fully equipped with storage and is much more professional for serving drinks.

The soft furnishings are beautifully done with a neutral tone to suit most people's tastes, a large curtain covers the memorial plaques if people require them to be covered for functions. A smaller and lower stage is ideal for a presentation platform or perhaps the music side of things at an event.

Reverse cycle air conditioners have been installed for year round comfort, there were comments at the market last month that it was a bit warm inside so that has made a pleasant change for all the keen stall holders and patrons.

We hope that you all enjoy your new Institute as much as the community groups who hire it and the OTH Country Market. Come along to the market on the 1st August to have a look for yourself at what Playford Council have achieved in the two months that the Institute was closed.



Left: The new 3 door fridge, Looking back to kitchen from supper room and the new stage.

Pictured Far top : view from the main front door with curtains drawn and opened to reveal plaques.

Right: The sparkling new kitchen with stainless steel moveable tables

Right: The new look Supper Room with plenty of storage and bar area.

Bottom: The 2nd hall, and view from the back of the hall looking to the front door.

If you are looking for a venue to hold a Wedding, Engagement, Special Birthday, Reunion, Meeting, Naming Day or other event then why not consider the One Tree Hill Institute.

Competitive rates, the hall now boasts modern, neutral décor suitable for most tastes.

Tables and chairs plus tablecloths etc. available to hire.

Call 8280 0000 or Email: oth.hall@bigpond.com
Or check the website out at www.onetreehillhall.com.au

One Tree Hill Institute



ONE TREE HILL UNITING CHURCH



OUR VISION

"People of Faith, sharing God's Love as we Worship and Serve in the Community"

SUNDAY ACTIVITIES - 10.00am

Sunday Service & Sunday School

Visiting children are welcome to join our children at Sunday School which takes place during the Service.

SMYG (Sunday Morning Youth Group)

Our Youth Group and Young Adults meet every Sunday at 10.00am with their leader whilst the Service is taking place. The youth share food (popcorn, chocolate and lollies are all favourites!) while discussing relevant issues. Throughout the year they also enjoy various activities - paint-balling, 10-pin bowling, weekend camps, cinema evenings, and lots more.

New members are very welcome, just come along to their room located at the back of the church.

WEDDINGS, BAPTISMS AND FUNERALS

The church is available for the above Services. For further details please phone Edna on 8255 7987.

OP SHOP

Our church, together with three other local churches, runs the Red Bird Op Shop in Elizabeth North. Donations of second hand clothing are always appreciated, and can be dropped off at the shop in Hilcott Street, Rosewood Village, Elizabeth North between 9.30am and 3.00pm Mon-Fri.

*Our ladies will be there with their usual variety of home-made cakes, slices, and biscuits, as well as plants, bric-a-brac, games, books and much more. Come along, have a look and say hello, we'd love to see you.

FELLOWSHIP MEETING



WEDNESDAY 26th AUGUST

Speaker: Simon Bryant

Cooking Demonstration

Don't miss this opportunity to come and watch Simon's great cooking skills! Make sure to mark this date in your Diary!

ALL WELCOME

For further information please phone Maureen on 8280 7368

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	Quarter Page	\$70	
	Half Page	\$175	
	Full Page	\$375	
Black and White:	Eighth Page	\$25	
	Quarter Page	\$50	
	Half Page	\$120	
	Full Page	\$275	

Classified Ads: Just \$10.00

These are great for promoting your Business, Garage Sale
or Items for Sale. All ads need to be in by the deadline
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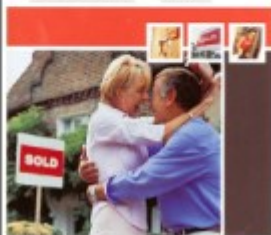
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Crime Report – ONE TREE HILL Rural Watch – Offences reported between 17th June and 20th July, 2015

Between 22nd & 25th June

Illegal use of Motor Vehicle

Kestel Road, HUMBUG SCRUB

Vehicle stolen from front yard of premises.

June 23rd

Interfere with Motor Vehicle

Black Top Road, ONE TREE HILL

Female person located seated in vehicle but decamped upon being confronted by owner.

As always if you have any information to assist with any crime issues in the area

please phone Police Communications on **131 444**



Stepping Stones Full of Memories

Homemade concrete stepping stones are a practical DIY project as well as an inexpensive, kid-friendly activity. To give each stone a personalised touch, have your child imprint their hand or foot, add decorations and write in the concrete before it sets.

In addition to defining your garden walkway, you can use these stones to record and chart your child's growth, simply make a stone each year with an imprint of their hand and foot.

Each one of a kind stone not only provides a permanent record of your child's hand or foot, it also makes a welcome gift for grandparents.

Things you'll Need

Tape Measure	Large Mixing Bucket	Trowel
Permanent Marker	Utility Knife	Water
Powdered cement colour (optional)		Dust Mask
Non-stick cooking spray	Rubber Gloves	
Decorations - Flat sided marbles, mosaic tiles, leaf imprints, shells or beads		
	Bag of pre-mixed quick setting concrete	
Wooden stick	Plastic garbage bag	
Plastic planter saucer, aluminum pie pan, old cake pan or mould from a craft shop (optional)		

Step 1: Thoroughly wash your mould, if it's an old plant saucer make sure all the dirt is removed.

Step 2: Wear a dust mask and put on rubber gloves for protection. To determine how much quick setting concrete mix you'll need for the stone, pour the dry concrete mix into your mould, then tip into a large mixing bucket, add water, - small amounts a little at a time. Mix the water and concrete together with a trowel, continue to add water until the mixture has the consistency of thick cookie dough. If you require colour, add powdered cement colour to the mixture.

3: Spray the mould with non-stick cooking spray before filling it with the mixed concrete. It will make it easier to remove the cured concrete from the mould. Pour half of the mixture into the mould, grasp the sides and jiggle for a few seconds to help release any air bubbles and settle the concrete. Pour the remaining concrete into the bowl, jiggle again and smooth the surface with your trowel.

Step 4: Let the concrete set for 30 - 60 minutes, or until it will hold an impression of your finger or thumb, then begin personalizing the stone with a hand or foot imprint. Spray the child's hand or foot with cooking spray before placing in concrete. Tell your child to spread their fingers and rest their hand flat on the concrete and push downward until the concrete is halfway up the sides of their fingers. Use a similar process to imprint their foot. Thoroughly wash skin after imprinting.

Step 5: Complete the project with decorations, such as flat sided marbles, beads, etc. Arrange the items and depress until they are almost flush with the surface of the concrete. If you want to write in the concrete, wait another 20-30 minutes, use a wooden stick to put child's name, age or date.

Step 6: Place the mould in a dry, shaded area and cover with plastic garbage bag. Let it sit undisturbed for 24 hours. Grasp the sides of the mould, flip it over and carefully push on the bottom to pop the stone out of the mould. Before using it as a stepping stone, allow it to cure for another seven days.



We hope you enjoy making a gift to enjoy for many years.

Horse Care - Horse Care in Cold Weather

Shelter and feed are the key issues.

Shelter from wind, hail, rain and snow. Note it is the wind that is the most important. Wind chill factor is a key. Horses will find shelter from wind before worrying about shelter from rain. A damp horse may be uncomfortable but a damp one in wind will be cold.

Shelter may come in the form of a stable, a solid fence, trees or a rug. If a horse is young and has grown a thick winter coat, a wind break may be adequate. A three sided roofed shelter will give some protection in most weather. It does not have to be enclosed: the shelter described in May's issue (120 degrees around a centre pole) will give shelter from winds and that is the key.

If you want to rug be careful what you use and how. It should be waterproof. A rug which is wet through will make a horse cold. (Surprisingly, good quality woollen rugs can be wet and still leave the horse dry and warm. But canvas ones that leak will not work.) During the recent "Antarctic Blast" I used a woollen rug under the synthetic combo for my old pony. Previous horses would not have needed the extra wool. When putting rugs over other rugs, do not tangle the leg or belly straps. If you have to get them off in a hurry, or straps break and the rug falls off, they should come free without tangling. So do up all straps before putting the second layer on. Then ensure the straps are outside/below the previous rug's straps, not through them.

Do not over rug, that is, don't use more rugs than is necessary. Better for the horse to be slightly cool than too hot. Ideally we should be changing rugs at least morning and night, removing for warmer days and replacing for cooler nights. Unless there is severe weather (hail, driving rain, wind) when we may need to leave more rugs on.

Feed is essential in cold weather. The digestion of hay creates internal heat ("heat through fermentation"). While you may think that more grain based feed will help, it is not as important as plenty of good, dry hay due to the fermentation effect. A general rule of thumb is to feed half as much again as you feed in early summer. My feeding regime for my old pony is one in summer, one and a half for most of winter and two on the coldest days. Cold, wet, slow growing grass is not an effective feed. Come spring and it suddenly gains in value, so be careful to drop the extra as soon as the days warm up.

Beware that over indulging in hay may trigger colic. This is because there is less water in the gut to keep things moving (impaction colic). Check the water intake of your horse. Give warmed water, add a dash of molasses to encourage drinking if necessary, if he is not drinking enough. Some people use salt to encourage drinking but this occasionally just makes things worse if the water is very cold. Check the consistency of the droppings. If the main lump does not break into smaller pieces when they hit the ground, get water into the horse somehow. If the droppings are very wet, and do not break open, the horse is possibly eating a weed that may cause other problems: Cape weed, Salvation Jane, Sour Sobs are the most likely culprits in our area.

If you have any horse query for Julie please email or post to the Grapevine and we will pass it on.

**P.O. Box 196, OTH, 5114
or Email:
oth.grapevine@bigpond.com**



Mystery Turns Cold!

The cold snap on the 11th July had members of the Blacksmith's Inn Patrons Club facing an icy start for the Club's latest outing, a mystery bus tour through the Adelaide Hills.

Setting off early the happy crew were treated to an unexpected bonus with the hills above Kersbrook covered in white. Many speculated on whether it was ice or snow, who knows, nobody wanted to venture out of the bus to find out.

The secret locations kept members guessing and included establishments in Oakbank, Hahndorf and Lobethal, with a stop for lunch at the Hahndorf Old Mill.

Needless to say, a great day was had by all!

If you want to share in some fun times with the Patron's Club come along and join at the local Blacksmith's Inn.



Pictured above, it was black and white in the hills around Kersbrook. Photos taken from the bus so excuse the hazy quality of the pictures.

Members of the One Tree Hill Patron's Club huddled together in the cold at Hahndorf. Don't forget if you would like to be a member just ask about it at the Blacksmith's Inn. Many thanks to Garry Walsh for photos and information.



From The Past - Assorted Clippings From The Early Days at OTH

Saturday August 13, 1887

ONE TREE HILL, August 9.

Mr. Drakard of Gawler delivered his lecture on "The comic side of life" here on Monday evening, August 8. The discourse was listened to with marked attention, and was frequently applauded. Several ladies and gentlemen from Gawler contributed songs and duets. The proceeds were devoted to the circuit fund.

Friday August 16, 1893

Country Correspondence

ONE TREE HILL, August 12.

The annual festival in connection with our local band of hope took place on Wednesday the 7th inst. In the afternoon a cricket match between the local team and one of the all-comers, resulted in favour of the home team. At 5 p.m., a large number of people assembled in the church, to do justice to an ample tea, catered for by Mrs. H. Dean, of Gawler, who seems always at her best when catering for One Tree Hill. An entertainment was given in the evening to a crowded audience, who seemed to thoroughly enjoy the music, etc. Mr. Hambridge sang, Jude's "Better Land" and Sullivan's "Lost Chord", with violin obbligato by Miss Elsie Riggs; Mr. Doley gave "Land Ahead" and "Thee you'll remember me;" the Misses Riggs gave "Music and her sister song" and Miss Riggs "Whisper and I shall hear;" Mr. F. W. Thomas, "The Mighty Deep" and "The River of Years;" Mr. W. Rhodes. "She wore a wreath of roses" and "The Holy City." A pleasant break in the programme were two readings given by the Rev. V. Roberts. At the close of the meeting a very hearty vote of thanks was given to the visitors who came from Adelaide and Gawler, and to all who had helped to make our festival a

Friday August 21, 1896

ONE TREE HILL CLUB, August 18.

The annual meeting of the local cricket club was held at One Tree Hill on Friday evening, August 14th. The meeting was not largely attended and one or two innovations were duly sanctioned. Mr. F. L. Ifould occupied the chair. The secretary (Mr. Geo. Bowman) in presenting the yearly report congratulated the club upon the distinction it had achieved in winning the premiership of the Gawler Association for the first time after a creditable record as "runner-up." The treasurer's (Mr. Rudolph Fiebeg) financial statement which showed a credit balance of £5 4s. 2d elicited laudatory comment, and was unanimously adopted. The officers for the ensuing season were elected as follows: - President, Mr. E.L. Ifould; vice-presidents, Messrs F. Barritt, R. Patterson, T.I. Williams, F and A. Thomas, W. Kelly, A. Kelly, J.S. Harvey, J. H. Elliker, and R. Loftes; captain, Mr. Hermann Bischof; vice-captain, Mr. F. L. Ifould, secretary, Mr. Geo Bowman; treasurer, Mr. R. Fiebig; delegates to the Association, Messrs G. Bowman, Bischof, and Ifould; match committee, Messrs G. Bowman, Ifould, and Loftes. The retiring officers were heartily thanked for their services, and Messrs Bowman and Fiebeg suitably replied. A trophy to be awarded by Mr. H. Bischof to the member of the club who is pronounced by his compeers the most deserving fieldsman was voted to Mr. Geo Bowman after a tie with Messrs F. Ifould. The last business the meeting had to dispose of was the historic dinner in connection with the club. The annual fete has had peculiar local interest, and cricket alone was erat while enshrined by our forbears at the foot of the old gum tree contiguous to the cricket ground with an enthusiasm in keeping with the popularity and importance of the great national pastime. Subsequently the venue of demonstration has been placed to suit the convenience of the locality. It was decided that the festival this year should take place on Friday next before full moon in October, when no doubt the traditions of the Munno Para East cricket club will be revived.

Saturday 10 October, 1903

AGRICULTURAL BUREAUS

One Tree Hill, August 6. Present Messrs. Bowman (chair), Hogarth, Ifould, Kelly Smith, and Clucas (honorable secretary), and four visitors. Various matters in connection with dairying were discussed. For bulls disposed to get through the fences a short hobble had been found effective, and at the same time it saved trouble in managing the herd. The danger of giving separator milk too freely to calves was referred to by a member who had lost a calf recently from no other reason that he could suggest. Young lucerne should be fed gradually until the cows were used to it. Carbonate of soda was found an effective drench in cases of bloating. The Cape tulip was described by some of the members, but as far as known it did not exist in the district.

Friday March 30, 1917

ONE TREE HILL, March 28.

At a meeting held in August 1916, it was decided to form a branch of the Red Cross Society at One Tree Hill, the officers elected were: Mrs. H.H. Blackham (President), Mrs. R. Fiebig (hon. treasurer), Mrs. F.L. Ifould (hon. Secretary). Meetings have been held monthly, and although a small circle they have been able to send a substantial parcel of comforts for the soldiers to the Red Cross depot each month. Mrs. H.H. Blackham gave a good start by presenting a parcel of material (two rolls of flannelette, cotton, tape, etc.) Mrs. Frank Barritt, of Yattalunga, also gave rolls of flannelette and flannel. Other gifts of socks, mittens, scarves etc., have been received from Mr. J. S. Harvey, jur., Miss D. Stuart, Mrs. Skewes, and Misses D. and E. McBride. Mrs. Frank Bowman presented a sheep-skin to be disposed of in any way the members decided upon.

Monday October 26

IN MEMORY OF: WATSON:

In loving remembrance of our loving father, who passed away at One Tree Hill on October 25th, 1913. Often there our thoughts do wander, To a spot not far away; Where they laid our loving father, Just twelve months ago to-day.

Inserted by his loving son and daughter and granddaughter, Jean, H. and V. E. Watson.

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Kids Page

Hello and welcome to your own special pages once again. Hasn't it been cold lately, I wonder did you see the ice on the ground on that really cold day we had. We have a picture in the Grapevine showing it if you happened to be curled up in bed asleep early in the day. See if you can find the picture. I hope you all enjoy your monthly puzzles, let me know if you like any particular puzzles and I will do my best to put them in.

How about writing a story of sending in some jokes to share with other young readers. Sometimes it's hard to know what you like and I sure hope that I am not repeating myself with some of the jokes.

I hope you enjoyed your break from school and have settled back to your studies for a few more months.

Until next month, Auntie Bev. Email: oth.grapevine@bigpond.com or drop me a line at the Grapevine, Postal address is OTH Grapevine P.O. Box 196 One Tree Hill Post Office, SA 5114.

Q: What new crop did the farmer plant this year?

A: Beets me!

Q: Why shouldn't you tell a secret on a farm?

A: Because the potatoes have eyes and the corn has ears!

Farmers earn a meagre celery, come home beet and just want to read the pepper, turn-ip the covers, en-dive into bed!

Q: What did the baby corn say to the mummy corn?

A: Where's Pop?

Q: What is a sheep's favourite game?

A: Baa-dmington!

Q: Why did the cabbage win the race?

A: Because it was ahead!

Q: Why was the cucumber mad?

A: Because it was in a pickle!

Q: Why did the scarecrow win the Nobel Prize?

A: Because he was out standing in his field!

Q: What day do potatoes dislike the most?

A: Fry-days!

Q: What is orange and sounds like a parrot?

A: A carrot!

Knock, knock! Who's there? Lettuce, Lettuce Who? Lettuce in, we are freezing cold!

Q: What does a mixed-up hen lay?

A: Scrambled eggs!

Q: Where do tough chickens come from?

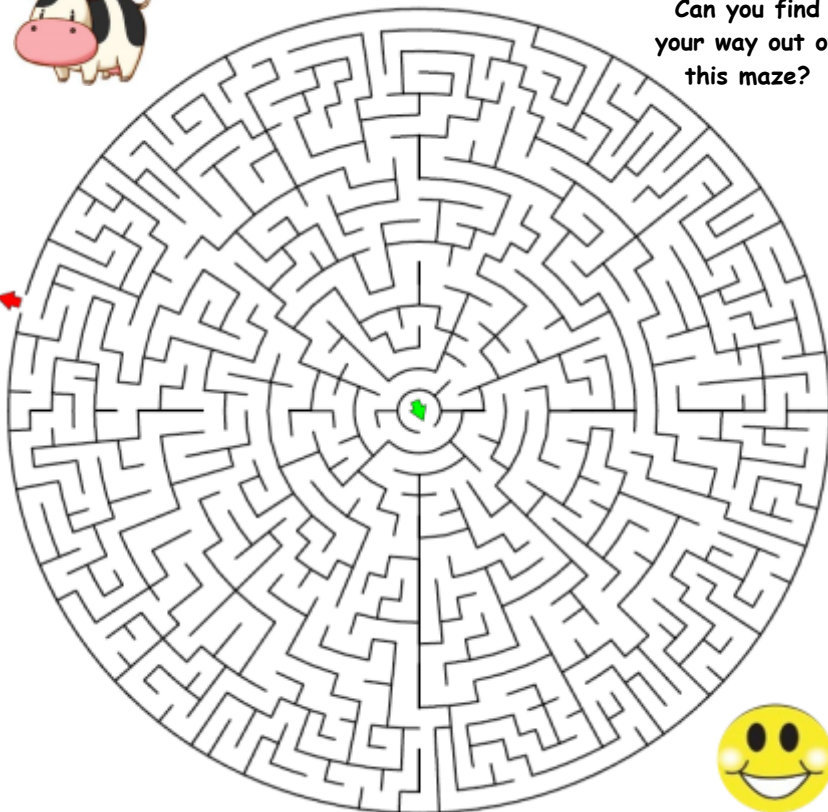
A: Hard boiled eggs!

Q: What do you get if you cross a chick with a cow?

A: Roost beef!

Q: Susie: Why does your brother say "Cluck, cluck?" Sam: Because he thinks he's a chicken. Susie: Why don't you tell him he's not a chicken? Sam: Because mum says we need the eggs!

Q: What do you get when you cross an octopus and a cow? A: An animal that can milk itself!



Can you find your way out of this maze?



Farm Animals Crossword Puzzle

Word List: cat, chicken, cow, dog, duck, goat, goose, horse, pig, rooster, sheep, turkey

Across



Q: Which animal grows down?

A: A duck!

Q: When a duck has no money, what does it tell the waiter?

A: Put it on my bill!

Q: How do you get down off an elephant?

A: You don't, you get down off a duck!



WINNING LETTER FOR AUGUST

Kids Page

A few weeks ago, I went away with my Grandpa to Victoria. We went in a 1934 Wolseley Hornet Special. It didn't go that Fast so we didn't get there the first day. My Grandpa's friends came as well in a 1934 Lagonda Rapier. When we were on the highway we stopped for morning tea. My Grandpa's friend picked up an owl that was dead. It looked really pretty. It had dots over its wings that were brown and the rest of it was grey. Underneath was white. Then we continued on our way. We got to Naracoorte that day and arrived at Hamilton the next day.

We went to a Kelpie muster. A whole group of people came in their old cars. We had a look around at the cars and we saw this car that had really big fins on the back. Then we went and had a look at the Kelpies. They were trying to see which kelpie could run a distance the quickest. Then afterwards they showed us how kelpies can jump up and over an eight foot fence.

The next day we went to an old building that was in original condition. Afterwards we went to a shearing shed. They showed us where they sheared the sheep and where they pressed the wool.

The next day we left in the morning for home. It was very bumpy. We went up through the Grampians. There were some really big hills there. My grandpa showed me where they stayed when they went in the caravan. They said everything was soaked because it was just after the floods. We almost hit a few kangaroos on the way too. We had to keep stopping on the way because my Grandpa's back was sore. It was good fun and I want to go again next year.

Joshua, Age 10 years.

Excellent story Joshua, congratulations, you are our winner this month.



My Mum and Dad bought a combustion heater. Ronald and Greg came and put it together for us. They were doing the chimney so Greg drilled a hole through the roof. Then they put the flue together. Then they pushed it up in the roof where Greg cut a hole. Then it was finished. Now it is really nice and warm.

Daniel Age 9 years.

I bet it is burning day and night Daniel with all the cold weather we have had. Nice to know you are all nice and warm.



On Monday of the long weekend in June, we went for a picnic. There was a really big rope swing between two giant gum trees. You would climb up one of the gum trees and then grab onto a thick rope and swing off of the tree. You would go really high in the air. It was great fun. While we were there we played chasey with our friends. I won it a couple of times. We played some soccer and cricket. There was a little campfire there and someone bought some marshmallows. They were about 12 times the size of regular marshmallows. I had a great time.

Samuel, Age 12 years.

Sounds like a really good day out for the family Samuel.



One day we went ice skating for Daniel's birthday. I couldn't skate but then I could. It was very cold. When I started skating there was snow on the big one so we picked it up with our hands and threw it at each other. It was fun.

Hannah, Age 7 years.

Brrrr, I bet it was cold Hannah. It sounds like it was lots of fun and it must have been very cold! Aren't you clever being able to skate.



OTH Kookaburra Club



If you would like to be a member of the Kookaburra Club and enjoy a monthly prize of a \$10 voucher along with a voucher and card for your Birthday then please email or post your name, address, birthdate and a story or joke to me.

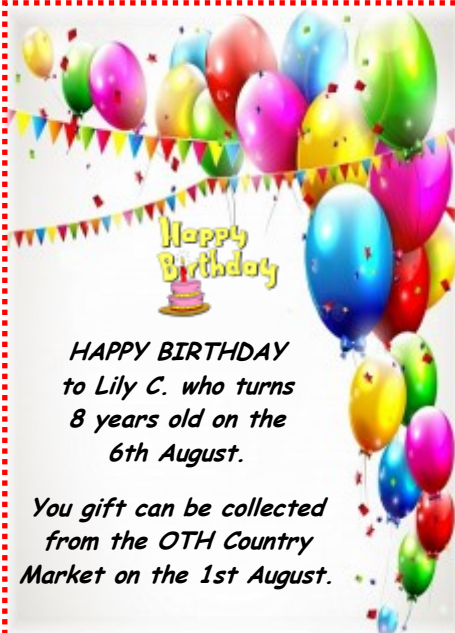
Postal address & email are on page 2.

Please note that if you do not contribute to the Kookaburra Club page after 6 months of joining you will not be receiving a gift for your birthday.

It's very disappointing that we don't hear from you kids much, I would like to keep this page running but if you don't write or send some jokes in to the Kookaburra Club will be discontinued.

Auntie Bev

Welcome to our newest member of the Kookaburra Club, Riley D. Riley is 3½ years old and has sent us a photo of a car he coloured in. Well done Riley. We hope that you continue to send us some of your work.



HAPPY BIRTHDAY
to Lily C. who turns
8 years old on the
6th August.

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Momentous Events Throughout Time

AUGUST

August 2nd, 1939: Albert Einstein wrote a letter to President Franklin D. Roosevelt concerning the possibility of atomic weapons. "A single bomb of this type carried by boat and exploded in a port, might very well destroy the whole port together with some of the surrounding territory." Six years later, on August 6, 1945, the first Atomic Bomb, developed by the U.S., was dropped on the Japanese port of Hiroshima.



August 3rd, 1492: Christopher Columbus set sail from Palos, Spain, with three ships, Nina, Pinta and Santa Maria. Seeking a westerly route to the Far East, he instead landed on October 12th in the Bahamas, thinking it was an outlying Japanese island.



August 4th Birthday: Jazz trumpet player Louis Armstrong (1901-1971) was born in New Orleans, Louisiana. Known as "Satchmo" he appeared in many films and is best known for his renditions of *It's a Wonderful World* and *Hello Dolly*.



August 4th Birthday: Barack Obama the 44th U.S. President was born in Honolulu, Hawaii, on August 4, 1961. His father was from Kenya. Upon completing his college education, young Obama moved to Chicago, becoming active in community affairs. He then attended Harvard Law School, becoming the first African-American president of the Harvard Law Review in 1990. He returned to Chicago, worked in a law firm, then entered politics. Elected to the Illinois State Senate in 1996, he went on to become a U.S. Senator in 2004. Four years later, he successfully challenged former First Lady Hillary Rodham Clinton for the Democratic presidential nomination and went on to defeat Republican John McCain in the general election on November 4th, 2008, thus becoming the first President of African-American origin.



August 5th, 1962: Film star Marilyn Monroe died at age 36 on August 5th from an overdose of sleeping pills. She made 29 films during her career and came to symbolize Hollywood glamour.



August 6th Birthday: British poet, Alfred Lord Tennyson (1809-1892) was born in Somersby, Lincolnshire, England. He was appointed Poet Laureate in succession to William Wordsworth. Memorable poems by Tennyson include *Ode of the Death of the Duke of Wellington* and *The Charge of the Light Brigade*.



August 6th Birthday: Penicillin discoverer Alexander Fleming (1881-1955) was born in Lochfield, Scotland. By accident, he found that mould from soil killed deadly bacteria without injuring human tissue. He received the Nobel Prize in 1954.



August 8th, 1945: Soviet Russia declared war on Japan and sent troops into Japanese-held Manchuria.

August 8th Birthday: African American explorer Matthew Henson (1866-1955) was born in Charles County, Maryland. He accompanied Robert E. Peary on several Arctic expeditions and reached the North Pole on April 6, 1909.



August 13th, 1961: The Berlin Wall came into existence after the East German government closed the border between east and west sectors of Berlin with barbed wire to discourage emigration to the West. The barbed wire was replaced by a 12 foot-high concrete wall eventually extending 103 miles (166km) around the perimeter of West Berlin. The wall included electrified fences, fortifications, and guard posts. It became a notorious symbol of the Cold War. Presidents Kennedy and Reagan made notable appearances at the wall accompanied by speeches denouncing Communism. It was eventually torn down in 1990.

August 13th Birthday: Annie Oakley (1860-1926) was born in Darke County, Ohio. Famous for her shooting ability, she joined Buffalo Bill's *Wild West Show* in 1885 and was one of the star attractions for 17 years.



August 14, 1945: V-J Day, commemorating President Truman's announcement that Japan had surrendered to the Allies.

August 15th, 1969: Woodstock began in a field near Yasgur's Farm at Bethel, New York. The three-day concert featured 24 rock bands and drew a crowd of more than 300,000 young people. The event came to symbolize the counter-culture movement of the 1960s.



August 24th, 79 AD: Vesuvius, an active volcano in southern Italy, erupted and destroyed cities of Pompeii, Stabiae, and Herculaneum.



August 26th, 1883: One of the most catastrophic volcano eruptions in recorded history occurred on the Indonesian island of Krakatoa. Explosions were heard 2,000 miles away. Tidal waves 120ft high killed 36,000 persons on nearby islands, while five cubic miles of earth were blasted in the air up to a height of 50 miles.



August 27th Birthday: Mother Teresa (1910-1997) was born (as Agnes Gonxha Bojaxhiu) in Skopje, Yugoslavia. She founded a religious order of nuns in Calcutta, India, called the Missionaries of Charity and spent her life working to help the poor and sick of India.



August 29th, 1792: In one of the worst maritime disasters, 900 men drowned on the British battleship *Royal George*. As the ship was being repaired, a gust of wind allowed water to flood into open gun ports. The ship sank within minutes.



August 30th Birthday: Frankenstein author Mary Shelley (1797-1851) was born in London.



August 31st, 1997: Princess Diana died at age 36 from massive internal injuries suffered in a high-speed car crash, reportedly after being pursued by photographers. The crash occurred shortly after midnight in Paris inside a tunnel along the Seine River at the Pont de l'Alma Bridge, less than a half mile north of the Eiffel Tower. Also killed in the crash were Diana's companion, Dodi Fayed, 42, and chauffeur Henri Paul. A fourth person in the car, bodyguard Trevor Rees-Jones, was seriously injured.



I CAN READ IT ! CAN YOU???

fi yuo cna raed tihs, yuo hvae a sgtrane mnid too.
Cna yuo raed tihs? Olny smoe plepoe can.
i cdnuolt blveiee taht I cluod aulacly uesdnatnrd
waht I was rdanieg. Thephaonmneal pweor of the
hmuan mnid, aoccdnrig to a rscheearch at
Cmabrigde Uinervtisy, it dseno't mtaetr in waht
oerdr the ltteres in a wrod are, the olny iproamtnt
tihng is taht the frsit and lsat ltteer be in the rghit
pclae. The rset can be a taotl mses and you can
sitll raed it whotuit a pboerlm.
Tihs is bcuseae the huamn
mniddeos not raed ervey lteter
by istlef, but the wrod as a wlohe.
Azanmig huh? yaeh and I awlyas
tghuhot slpeling was ipmorantt!



Uses For Lemons Around The Home

Now that lemons are in plentiful supply it may be the ideal time to start your spring cleaning.

You'll be surprised just how handy lemons are for all purpose cleaning around your home.

1: You can bring your tapware and shower heads back to their glistening best with a simple rub.

2: Sanitising your cutting boards after use by rubbing down with a lemon. Rinse thoroughly and air dry.

3: Soap scum can be a problem but if you cut a lemon in half and rub fruit side of the lemon over soap scum it should come off quite easily. Repeat if there is a build up and rinse.

4: Lemon is a natural bleach, squeeze the juice of a lemon (about ½ cup) and add to 2 litres of hot water. Add whites and let soak for 1-2 hours. Wash clothes as usual.

5: To make up an all purpose cleanser add together ½ cup white vinegar, juice of 1 lemon, 2 cups water. Mix to combine and pour into a spray bottle. Spray, wipe, clean.

6: Grout cleaner, combine 2 teaspoons cream of tartar and lemon juice. Make to a thin paste, apply to grout and scrub with a small cleaning brush. Rinse off.

7: Room freshener: Mix together the following: 4 cups water, peel from one lemon, 3 cinnamon sticks, whole nutmeg, 10 whole cloves, dash of vanilla extract. Combine all ingredients in saucepan and let simmer on low for 1-2 hours. Pour into a spray bottle. You can vary some of the ingredients by adding rosemary and lavender combined with lemon, powdered spices are fine to use if you don't have whole spices.

8: Window cleaner: Mix together 4 cups water, ½ cup white vinegar, ¼ cup lemon juice. Mix to combine, spray on windows or mirrors and wipe clean with a soft cloth.

9: Sink cleaner: Required, lemon juice and salt. Mix the two ingredients together into a paste like consistency. Apply to metal, scrub and rinse clean.

10: Clean your microwave: Put a bowl of water and the juice of a lemon along with the two halves of lemon and run the microwave until the water boils (3 minutes approx.) Leave the bowl in the microwave for about 15 minutes. After a wipe down it should look like new and smell divine.

11: Furniture polish: Mix ¼ cup of lemon juice, ½ cup oil, (almond, coconut or olive oil), and lemon peels (natural essential oils). Mix until well combined and keep in an air tight container for up to one week.

12: Garbage bin deodoriser: These are ideal if you have a stinky bin. Slice up lemon and also a lime if you have some, place at the bottom of cup and cover with water and freeze. When frozen place into a freezer bag. Next time your bin is a bit on the nose use one to eliminate the odour.



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Goats Need Shelter

Did you know you can be charged with animal cruelty if you do not provide adequate shelter for a goat?

The Australian Code of Practice on keeping goats rules that shelter must always be provided for goats. This means that the RSPCA can prosecute if it is deemed that the goat does not have adequate shelter.

Always have some shelter for your goat. It might only be a shed with two sides and a roof. The sides should be set so that they stop the worst wind, usually the west and south in South Australia. It is preferable to have a closed shed large enough for her to lay full length on her side, with room for her companion there as well. If you build a full shed, with 4 sides, use a narrow doorway. They seem to prefer to be in a snug hole. Trees can be adequate shelter in mild weather if there are quite a few. Shelter needs to protect a goat from wind, rain, hail, and sun. A little rain never hurt any goat, but if she gets chilled as a result, then you may get a sick goat. Be aware of the chill factor of the wind.

A style of shelter that I have seen work very well is the half rain water tank (corrugated iron, which is getting rare). Cut so it is a half cylinder shape, stood on the cut edges and fastened down, it gives good shelter for one or two goats. Make sure you do fasten it down so it does not blow away.

Another that works is the triangular coop style. As long as the goat can stand up in it with her head at a comfortable level, (a bit above wither height) it is high enough. These can be made so they are easy to move if you are tethering your goat.

Be aware that goats (kids in particular) will jump onto the roof if they can. This may give them the height they need to clear the neighbouring fence. Worse, they may fall through the roof and cut themselves. Make sure the roof is high enough that they can't jump on it or steep enough that they slide off rather than fall through.

Goats with thick fleeces do not need as much protection as those with fine coats. We used to find that our Saanens would run for shelter as soon as there was the slightest trace of rain, well before we ran.

Every shed should have a little bedding in it. As goats tend to waste some of their hay, this can be left to become their bedding. If it is cleaned out early in summer it becomes a valuable mulch and fertiliser for the garden, and will accumulate over summer, ready for her to have a warm bed in winter.

For ease of removing accumulated bedding, have the shed either moveable or high enough that a human can stand and work inside it.

Please email the Grapevine if you have any queries on goat care and we will pass your correspondence on to Julie Buttery who writes the articles.

oth.grapevine@bigpond.com
or P.O. Box 196 One Tree Hill, 5114.



Easy Lasagna

INGREDIENTS:

9 Lasagna Noodles
2 cans of Pasta Sauce with beef
250grams Cottage Cheese
1 Egg
¾ Cup Parmesan Cheese
3 Cups Mozzarella Cheese grated.

METHOD:

In a square oven proof dish spoon in a little of the pasta sauce. Place 3 layers of lasagna noodles on the sauce. Mix cottage cheese, egg and parmesan cheese in a bowl. Spread about a third of this mixture over the noodles, followed by about a third of the sauce. Sprinkle with 1 cup grated mozzarella cheese. Now, add 3 more layers of noodles, a third more cottage cheese mixture and a third more sauce. Add 1 cup more of mozzarella cheese. One more time, do the layers as before.

Bake in a oven on 180 deg. for about one hour. Top should be light brown and bubbly.

Serve with a salad and crusty bread rolls or on its own. Delicious for the whole family. Serves 4- 6



How to Clean Your Oven Without Using Chemicals

What you need for non-toxic oven cleaning:

Spray Bottle with a mixture of 1 third vinegar and 2 thirds water, Coarse Salt and Baking Soda

Remove the oven racks (you can clean these the same way). Spray the whole of the oven including the inside door with the vinegar/water solution. Get it very wet all over. Sprinkle baking soda all over the oven and in particular anywhere there is a build up of food particles. Sprinkle a thick layer of coarse salt over the baking soda. Spray again with the vinegar/water solution. You'll hear a bubbling sound from the reaction of the vinegar and baking soda. Leave it to sit overnight. With the coarse side of a sponge scrub the oven. You'll see how easily everything comes off. Spray again with vinegar/water to help remove everything. Wipe with old towels or paper towels. That's it, you should have a nice shiny oven. It doesn't take long and it is much better than breathing in chemical cleaners.





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Do's & Don't of Heartburn



DO'S

DO find out the root cause of your heartburn, many things - stress, food allergies, structural problems with your esophageal sphincter - can cause or exacerbate the problem.

DO consider raising the head of your bed. Elevating your head keeps the contents of the stomach from sliding up against the LES (the sphincter that separates the esophagus from the stomach) while you sleep. Put a 4-by-4 inch piece of wood under the top two legs of your bed. A foam wedge under the mattress may also work.

DO chew thoroughly. Chewing aids digestion by breaking down food and mixing it with digestive enzymes and probiotics in the mouth.

DO consider natural chewing gum after each meal. In two recent randomised controlled studies, people prone to heartburn who chewed a piece or tow of gum after a heartburn provoking meal sidestepped the telltale symptoms. Researchers think it's because the gum stimulated saliva production, which is alkaline. The saliva goes down the esophagus and helps protect the food tube and neutralise some of the acid in the stomach. (Avoid peppermint -flavoured gum which can actually increase the odds of reflux.)

DO chew a tablet or two of DGL (deglycyrrhizinated licorice) 15 minutes before a meal. It is the advice of a well known Dr. that licorice contains substances that decrease swelling) a swollen sphincter won't close correctly) and increases the body's ability to heal ulcers and inflammation.

DO eat smaller meals. The greater the volume of your meal, the higher the odds it will give you heartburn simply because of the mechanical pressure the weight of the food puts on the LES.

DO continued:

Do encourage the proliferation of dietary enzymes and good bacteria by eating fermented foods rich in protein, such as yoghurt, raw cheeses, sauerkraut etc.

DO take a cue from ancient culinary traditions and build a digestive boost into the meal. Nibble of shavings of pickled ginger, spoon up some tangy Indian chutney. Somewhere along the way Western cuisine lost those built in digestive aids, so try bringing them back into your diet.

DON'T

DON'T wear your skinny jeans too tight. Constrictive clothing can put pressure on the abdomen. The squeeze can press the stomach's contents up against the sphincter at the base of the esophagus, which can lead to heartburn.

DON'T eat within two hours before vigorous exercise. Too much exercise (like jumping rope or fast paced jogging) can induce acid reflux, even in people who usually don't suffer from the condition. If you are at the gym on a full stomach, choose the cycling class over the hip-hop-yoga.

DON'T lie down within two to three hours of eating. Gravity is your friend. Give the stomach plenty of time to empty its contents before you get horizontal.

DON'T eat foods that may irritate the inflamed lining of the esophagus, such as citrus juice, tomato juice and spicy foods.

DON'T suck on peppermints to combat the sour taste in your mouth. Peppermint can relax the esophageal sphincter muscle, which could exacerbate your problem.



Lemon Delicious Pudding

This will become a family favourite especially at this time of the year when lemons are plentiful.

INGREDIENTS:

Melted butter to grease
4 Eggs separated
1 Tablespoon Finely grated lemon peel
160ml reduced fat milk
150 g (1 cup) Self Raising Flour
215g (1 cup) Castor Sugar
Pure Icing Sugar for Dusting
Extra thick cream (optional)



METHOD: Preheat oven to 180°C. Brush six 250ml (1 cup) capacity ovenproof dishes with melted butter.

Whisk the egg yolks, lemon rind, lemon juice, milk, flour and two thirds of a cup of castor sugar in a bowl until smooth and combined. Use an electric beater to beat the egg whites in a clean, dry bowl until soft peaks form. Beat in the remaining caster sugar until egg white is thick and glossy.

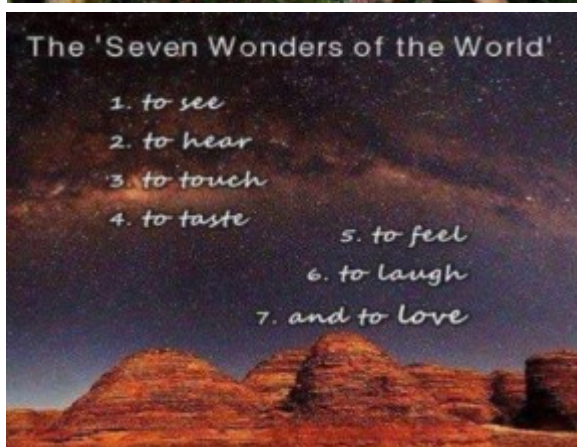
Fold one quarter of egg white mixture into lemon mixture. Fold in remaining egg white mixture. Divide among the pre-greased dishes. Place in a roasting pan. Add enough boiling water to the pan to come halfway up the sides of the dishes. Bake for 35 minutes or until golden. Dust with icing sugar and serve with cream, if desired. (Also lovely served with custard).

Be selective in your battles,
sometimes peace is
better than being right.



The 'Seven Wonders of the World'

1. to see
2. to hear
3. to touch
4. to taste
5. to feel
6. to laugh
7. and to love



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COMMUNITY DIRECTORY

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Council Member	Joe Federico	0417 016 164
C/Member & JP	Andrew Craig	0417 016 160
Cricket Club	Brian Walter	0418 815 047
Federal MP	Nick Champion	8254 2422
Friends of Para Wirra	Patsy Johnson	8280 7279
Home Assist	Playford Council	8256 0355
Nth Hills Pony Club	Sharon Xanthopoulos	0401 214 950
OTH Grapevine	Editorial Team	8280 7095
OTH Country Market	Bev Campbell	0448 208 338
OTH Progress Ass	Secretary	8280 7095
OTH Playgroup	Monday	0417 140 574
OTH Playgroup	Wednesday	0428 829 988
OTH Primary School	Front Desk	8280 7027
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State MP	Jon Gee	8254 1023
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The OTH Institute is a great venue for an Engagement, Wedding, Special Birthday, Naming Day or other. Competitive Rates. Check us out on the web: www.onetreehillhall.com.au

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Life is too short to wake up in the morning
with regrets.
So, love the people who treat you right
and forget about the ones who don't.
And believe
that everything happens for a reason...
if you get a chance - take it;
if it changes your life - let it.
Nobody said that it would be easy...
They just promised
it would be worth it.

SENIOR CITIZENS

If you are over 50 years of age you are welcome to attend the One Tree Hill Senior Citizens. It is held each Tuesday afternoon at the One Tree Hill Institute, starting at 1.30pm and finishing at 4.00pm.

There is a variety of activities to join in, including carpet bowls, cards, outings in the bus or just a general chat and sing-a-long.

Please feel welcome to join the Senior Citizens if you are new to the town, recently retired or just want an outing.

It's a great way to meet new friends.

Please phone Phil Waldegrave for further information on 8522 2228



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STRAWBERRIES

High in fiber and antioxidants

YES, BUT ...

APPLES

... don't let him eat the seeds!

LEMONS

... he may not like the bitter taste.

ORANGES

... they're high in natural sugar; give in moderation.

PEACHES

... remove the pit; it can cause intestinal blockage.

WATERMELON

... remove the rind first!

NO

AVOCADOS

Can cause vomiting

CHERRIES

Can cause cyanide poisoning in large quantities

GRAPES

Can cause kidney failure

RAISINS

Can cause kidney failure

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Mature aged (7years+) FEMALE DOG as a companion for an elderly lady. Medium size, short hair, de-sexed, calm and gentle, friendly, not too energetic. Not a runner and house trained. Please phone Jane on **0412 802 278**

Playford Council Contact Details

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Email: playford@playford.sa.gov.au

Libraries: Elizabeth **8256 0334**

When telephoning council with a request please remember to get a Customer Registration Number (CRN) to ensure registration and easy identification of your communication.

You can also phone or email your local Councillors.

Joe Federico Ph: **0417 016 164**

Email: crjfederico@playford.sa.gov.au

Andrew Craig Ph: **0417 016 160**

Email: adcraig@playford.sa.gov.au





COMMUNITY NOTICE BOARD

Do you have an upcoming Community event or a special announcement that you would like printed on this page? Please keep notices as brief as possible. Email or call with your details. Email: oth.grapevine@bigpond.com Phone: 8280 7095 Please note deadline date on the front cover for each edition.



MOBILE LIBRARY

A reminder to all residents that the Playford Council Mobile Library Service now comes to One Tree Hill on Friday afternoon, once a fortnight. AUGUST visiting dates for the Mobile Library are the 7th and 21st August, 2015. The van parks outside the OTH Institute from 3.00 to 4.00pm.



New Stretton Centre Opens

The new Stretton Centre is officially opening on the 1st August.

The centre is located on the corner of Peachey Road and The Parkway in Munno Para's new town centre.

This beautiful new building will have the new Playford Library (which was previously at Munno Para Shopping Centre). The complex will also be used for a meeting place (Community Hub).

The building has had a lot of thought go into it with a 5 star equivalent in Green Rating, it features many environmentally sustainable features throughout. We will have additional information next month.



On Monday evening of June 1st, I was walking just outside of our township on Black Top Road when I collapsed and was unconscious on the side of the road. Fortunately for me our town is full of fantastic people, a lot of whom stopped that evening and assisted. After regaining consciousness they were all very caring, supportive and reassuring and they all waited for the ambulance to arrive. I wish to take this opportunity to thank all those people for their help. I don't know your individual details to thank you personally so hopefully you will be reading this. Rach Pearson, Resident of One Tree Hill.



Stormbirds® Growing through Natural Disaster

Is your child still having scary dreams?
Feeling sick, worried or frightened in the aftermath of the Sampson Flat Bushfire?

The **Stormbirds®** Program consists of 3 x 1hour small group sessions, which aims to support children process their experience of the recent Bushfire which has been devastating within our community.

Your child will:-

- Examine the personal impact of change.
- Understand that their feelings, attitudes and behaviour are normal.
- Develop skills for coping, problem solving and decision making.
- Learn positive social and emotional health/well-being strategies that build resilience and strengthen supportive relationships.

We are pleased to be able to offer this **FREE** program for children aged 6 to 10 years. Small groups are a maximum of 4. Please contact Anne for further information and registrations.

Dates:- Wednesdays July 29th, August 5th, August 12th
Time:- 4pm to 5pm
Where:- Kersbrook Public Hall
13 Scott Street, Kersbrook
Bookings:- Anne Ellis - aellis@ahc.sa.gov.au or 0437 817 358

NEXT ONE TREE HILL COUNTRY MARKET

The next market will be held on
Saturday, August 1st.

Lots of new stall holders as well as the regulars with plenty of goods available including freshly grown veggies and fruit, plants, arts and crafts and items for your home.

If you are feeling hungry or just want a nibble on something we have the Scouts BBQ, Russian cooking and Farmhouse products for sale.

For stall enquiries please call Bev 0448 208 338
or Email oth.market@bigpond.com



Next OTH PROGRESS GENERAL MEETING is Thursday 13th August 7.30pm.

Venue: One Tree Hill Institute, Black Top Road, One Tree Hill.

We would love to see you there, Progress is at present a small group but with your help we can grow and make OTH an even better place to live.

